



LIVE ZOOM SESSIONS

VIRTUAL READY, SET, BABY PRENATAL EDUCATION CLASS

Taught by lactation program graduates and
CGBI team members

This **free** service offers education for pregnancy,
birth and postpartum care. Ready, Set, Baby has
recently been updated to provide COVID-19
guidance and recommendations.

Join the Virtual RSB Class
<https://zoom.us/j/95130930585>
(Meeting ID: 951 3093 0585)

Note: The Zoom platform is compliant with the Health Insurance
Portability and Accountability Act (HIPAA).

OCT - DEC 2021 SESSION TIMES:

MONDAYS*

1:00P-2:30P

3:00P-4:30P

**All times Eastern Standard*

- NO CLASSES ON DEC 20TH OR 27TH

