

FY20 Agreement Addenda Section III: WIC Deliverable #2-B: Promote Healthy Weights

Percentage of all women* with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2017
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
Statewide Total	20,732	19.99%	29,654	28.60%	50,222	48.43%	3,092	2.98%	103,700
Alamance	421	24.99%	500	29.67%	701	41.60%	63	3.74%	1,685
Alexander	64	19.34%	94	28.40%	170	51.36%	3	0.91%	331
Alleghany	16	18.60%	28	32.56%	41	47.67%	1	1.16%	86
Anson	52	24.64%	58	27.49%	101	47.87%	0	0.00%	211
Ashe	34	18.58%	58	31.69%	90	49.18%	1	0.55%	183
Avery	23	26.14%	22	25.00%	41	46.59%	2	2.27%	88
Beaufort	101	25.44%	116	29.22%	177	44.58%	3	0.76%	397
Bertie	38	26.57%	44	30.77%	59	41.26%	2	1.40%	143
Bladen	74	27.61%	74	27.61%	115	42.91%	5	1.87%	268
Brunswick	170	19.41%	250	28.54%	450	51.37%	6	0.68%	876
Buncombe	416	19.64%	628	29.65%	947	44.71%	127	6.00%	2,118
Burke	197	24.87%	241	30.43%	333	42.05%	21	2.65%	792
Cabarrus	455	20.33%	665	29.71%	1,064	47.54%	54	2.41%	2,238
Caldwell	171	25.00%	192	28.07%	319	46.64%	2	0.29%	684
Camden	16	20.51%	16	20.51%	45	57.69%	1	1.28%	78
Carteret	75	15.31%	155	31.63%	255	52.04%	5	1.02%	490
Caswell	46	26.14%	37	21.02%	84	47.73%	9	5.11%	176
Catawba	282	19.53%	416	28.81%	734	50.83%	12	0.83%	1,444
Chatham	102	17.56%	162	27.88%	271	46.64%	46	7.92%	581
Cherokee	33	17.74%	49	26.34%	104	55.91%	0	0.00%	186

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Statewide Total	20,732	19.99%	29,654	28.60%	50,222	48.43%	3,092	2.98%	103,700
Chowan	25	22.73%	31	28.18%	54	49.09%	0	0.00%	110
Clay	11	14.86%	25	33.78%	37	50.00%	1	1.35%	74
Cleveland	197	21.48%	232	25.30%	472	51.47%	16	1.74%	917
Columbus	122	24.95%	122	24.95%	238	48.67%	7	1.43%	489
Craven	228	18.98%	355	29.56%	616	51.29%	2	0.17%	1,201
Cumberland	954	20.28%	1,280	27.22%	2,424	51.54%	45	0.96%	4,703
Currituck	39	16.96%	66	28.70%	119	51.74%	6	2.61%	230
Dare	71	23.99%	86	29.05%	129	43.58%	10	3.38%	296
Davidson	306	20.72%	395	26.74%	737	49.90%	39	2.64%	1,477
Davie	55	17.63%	105	33.65%	140	44.87%	12	3.85%	312
Duplin	131	23.31%	160	28.47%	266	47.33%	5	0.89%	562
Durham	694	19.24%	1,046	28.99%	1,632	45.23%	236	6.54%	3,608
Edgecombe	109	21.12%	131	25.39%	273	52.91%	3	0.58%	516
Forsyth	670	18.16%	1,015	27.51%	1,800	48.79%	204	5.53%	3,689
Franklin	112	18.42%	178	29.28%	302	49.67%	16	2.63%	608
Gaston	427	19.17%	610	27.38%	1,147	51.48%	44	1.97%	2,228
Gates	16	18.82%	26	30.59%	39	45.88%	4	4.71%	85
Graham	12	19.35%	14	22.58%	35	56.45%	1	1.61%	62
Granville	115	21.90%	122	23.24%	264	50.29%	24	4.57%	525
Greene	46	25.84%	46	25.84%	84	47.19%	2	1.12%	178

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Statewide Total	20,732	19.99%	29,654	28.60%	50,222	48.43%	3,092	2.98%	103,700
Guilford	1,031	19.33%	1,576	29.55%	2,487	46.63%	240	4.50%	5,334
Halifax	127	25.45%	109	21.84%	259	51.90%	4	0.80%	499
Harnett	324	19.66%	479	29.07%	819	49.70%	26	1.58%	1,648
Haywood	109	20.04%	140	25.74%	282	51.84%	13	2.39%	544
Henderson	159	17.17%	312	33.69%	433	46.76%	22	2.38%	926
Hertford	70	35.35%	57	28.79%	67	33.84%	4	2.02%	198
Hoke	174	22.75%	215	28.10%	367	47.97%	9	1.18%	765
Hyde	10	32.26%	7	22.58%	14	45.16%	0	0.00%	31
Iredell	318	19.46%	464	28.40%	835	51.10%	17	1.04%	1,634
Jackson	65	19.76%	109	33.13%	152	46.20%	3	0.91%	329
Johnston	333	16.53%	589	29.23%	1,063	52.75%	30	1.49%	2,015
Jones	25	25.51%	25	25.51%	47	47.96%	1	1.02%	98
Lee	128	19.48%	178	27.09%	308	46.88%	43	6.54%	657
Lenoir	115	21.58%	122	22.89%	286	53.66%	10	1.88%	533
Lincoln	113	15.98%	221	31.26%	367	51.91%	6	0.85%	707
McDowell	90	23.50%	103	26.89%	180	47.00%	10	2.61%	383
Macon	55	19.43%	82	28.98%	143	50.53%	3	1.06%	283
Madison	32	20.78%	36	23.38%	78	50.65%	8	5.19%	154
Martin	44	23.04%	67	35.08%	80	41.88%	0	0.00%	191
Mecklenburg	2,331	18.40%	3,734	29.48%	6,036	47.65%	567	4.48%	12,668

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Mitchell	31	26.72%	33	28.45%	51	43.97%	1	0.86%	116
Montgomery	60	25.86%	65	28.02%	104	44.83%	3	1.29%	232
Moore	227	23.79%	271	28.41%	448	46.96%	8	0.84%	954
Nash	214	22.41%	228	23.87%	505	52.88%	8	0.84%	955
New Hanover	344	17.53%	597	30.43%	1,008	51.38%	13	0.66%	1,962
Northampton	39	22.81%	50	29.24%	81	47.37%	1	0.58%	171
Onslow	661	18.18%	1,112	30.58%	1,841	50.63%	22	0.61%	3,636
Orange	183	17.45%	327	31.17%	449	42.80%	90	8.58%	1,049
Pamlico	16	26.67%	15	25.00%	28	46.67%	1	1.67%	60
Pasquotank	85	20.19%	113	26.84%	219	52.02%	4	0.95%	421
Pender	92	16.40%	169	30.12%	296	52.76%	4	0.71%	561
Perquimans	21	19.27%	28	25.69%	58	53.21%	2	1.83%	109
Person	87	22.77%	87	22.77%	188	49.21%	20	5.24%	382
Pitt	380	21.93%	519	29.95%	828	47.78%	6	0.35%	1,733
Polk	25	17.48%	38	26.57%	77	53.85%	3	2.10%	143
Randolph	276	20.49%	355	26.35%	661	49.07%	55	4.08%	1,347
Richmond	114	24.78%	103	22.39%	237	51.52%	6	1.30%	460
Robeson	455	30.78%	401	27.13%	567	38.36%	55	3.72%	1,478
Rockingham	163	21.94%	202	27.19%	366	49.26%	12	1.62%	743
Rowan	303	21.97%	390	28.28%	671	48.66%	15	1.09%	1,379

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Statewide Total	20,732	19.99%	29,654	28.60%	50,222	48.43%	3,092	2.98%	103,700
Rutherford	136	22.82%	150	25.17%	305	51.17%	5	0.84%	596
Sampson	160	21.89%	199	27.22%	336	45.96%	36	4.92%	731
Scotland	56	14.58%	63	16.41%	265	69.01%	0	0.00%	384
Stanly	127	20.62%	159	25.81%	321	52.11%	9	1.46%	616
Stokes	63	18.16%	89	25.65%	183	52.74%	12	3.46%	347
Surry	125	19.59%	182	28.53%	319	50.00%	12	1.88%	638
Swain	25	18.80%	31	23.31%	75	56.39%	2	1.50%	133
Transylvania	39	17.57%	60	27.03%	116	52.25%	7	3.15%	222
Tyrrell	8	24.24%	8	24.24%	16	48.48%	1	3.03%	33
Union	405	19.23%	606	28.77%	1,063	50.47%	32	1.52%	2,106
Vance	134	26.91%	112	22.49%	225	45.18%	27	5.42%	498
Wake	1,957	17.50%	3,357	30.02%	5,355	47.88%	515	4.60%	11,184
Warren	32	22.07%	31	21.38%	74	51.03%	8	5.52%	145
Washington	30	26.79%	29	25.89%	49	43.75%	4	3.57%	112
Watauga	80	23.74%	108	32.05%	145	43.03%	4	1.19%	337
Wayne	351	25.40%	406	29.38%	621	44.93%	4	0.29%	1,382
Wilkes	125	22.44%	168	30.16%	255	45.78%	9	1.62%	557
Wilson	217	28.18%	193	25.06%	357	46.36%	3	0.39%	770
Yadkin	70	20.53%	89	26.10%	171	50.15%	11	3.23%	341
Yancey	37	23.87%	36	23.23%	76	49.03%	6	3.87%	155

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