



# North Carolina Public Health Nutritionist Directory

(March 2019)

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Please view the directory: <https://www.nutritionnc.com/wic/pdf/2019-March-NC-NutritionistDirectory.pdf>



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WIC 828-264-6641 ext. 3122

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**Alleghany County Health Department**  
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Courier 15-97-05

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Jenna Greene, BS

**Ashe County Health Department**  
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413 McConnell St. Jefferson, NC 28640  
Courier 15-67-01  
WIC Director

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Maggi Birdsell, RD, LDN, CDE  
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**Ashe County Health Department see Appalachian Health District for WIC services**

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**Avery County Health Department see Toe River Health District for WIC services**

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**Beaufort County Health Department**  
1436 Highland Dr., Washington, NC 27889  
Courier 16-06-01  
WIC Director  
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Sue Hall, BS  
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**Bertie County Health Department see Albemarle Regional Health Services**

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**Bladen County Health Department**  
PO Box 189  
300 Mercer Mill Rd., Elizabethtown, NC 28337  
Courier 04-26-08  
Interim WIC Director/Breastfeeding Coordinator

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WIC Director 910-862-6916  
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Jackie Dennis, RN

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**Brunswick County Health Department**  
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Interim WIC Director

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Cherie Browning, RN  
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**Leland**  
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**Shallotte**

1509 Holden Beach Rd., Eastgate Plaza, Shallotte, NC 28470  
Breastfeeding Coordinator

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**Buncombe County Health Department**

PO Box 7407  
7 Yorkshire Ave., Asheville, NC 28803  
Courier 12-50-07

WIC Director  
Breastfeeding Coordinator

336 New Leicester Highway, Suite 120  
Asheville, NC 28806

119 Hendersonville Rd., Asheville, NC 28803

257 Biltmore Ave, Asheville, NC 28801

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**Burke County Health Department**

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700 East Parker Rd., Morganton, NC 28655  
Courier 15-01-04

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Breastfeeding Coordinator

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WIC 828-764-9213 WIC Director 828-764-9203  
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Courier 05-10-01

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**Caldwell County Health Department**

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Courier 15-24-15

WIC Director  
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WIC Director 828-426-8524

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LaShanda Moore, BS

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**Camden County Health Department see Albemarle Regional Health Services for WIC services**

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**Carteret County Health Department**

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Courier 11-11-01

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WIC 252-222-7710

WIC Director's Email:

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WIC Director  
Breastfeeding Coordinator

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**Caswell County Health Department**  
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**Catawba County Health Department**  
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Courier 09-70-04 WIC Courier 09-70-01  
WIC Director  
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**Chatham County Health Department**  
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PO Box 130, 80 East St. Pittsboro, NC 23712  
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Jessica Hensley, BS

15 High School Drive., Andrews, NC 28901  
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WIC Director/Breastfeeding Coordinator

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Donna LeSane, BS  
Sandy Cothorn, MEd  
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**CommWell Health**  
PO Box 227, Newton Grove, NC 28366  
3331 Easy St., Dunn, NC 28334

Phone 910-567-5662 Fax 910-567-6072  
Clinic 910-567-6194 WIC Director 910-567-7178  
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WIC Director

Kaitlyn Hatcher, BS

**(CommWell Health Continued)**

Breastfeeding Coordinator

Cindy Britt, RN

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**Craven County Health Department**  
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**Craven County Cont'd**  
Breastfeeding Coordinator

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Natara Felton, BS

**Havelock**

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**Cumberland County Public Health Center**  
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WIC Director  
Breastfeeding Coordinator

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Shundale Bracero, BS  
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Quiara McGilberry, BS  
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**Currituck County Health Department see Albemarle Regional Health Services for WIC services**  
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**Dare County Department of Health & Human Services**  
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Angela Graham, BS  
Geovanna Tello, BS  
Madison Pegram, BS

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**Davidson County Health Department**  
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Courier 13-54-24

WIC Director/Breastfeeding Coordinator

**(Davidson continued)**

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**Davie County Health Department**  
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210 Hospital St., Mocksville, NC 27028  
Courier 09-40-06

WIC Director  
Breastfeeding Coordinator

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Courier 11-20-08

Interim WIC Director  
Breastfeeding Coordinator

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Dr. Hervy Koregay  
Alejandra Lopez de Nunez, MS

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**Durham County Health Department see Lincoln Community Health Services for WIC services**

\*\*\*\*\*  
**Durham County Health Department**  
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Courier 17-23-01  
Nutrition Director

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Phone 919-560-7600 Fax 919-560-7373  
Nutrition Director 919-560-7783  
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Elizabeth Herring, MPH, RD, LDN  
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Morgan Medders, MS, RD, LDN  
Jennifer Morwick, MS, RD, LDN, CDE  
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Rebecca Posada, BS, RD, LDN, CDE  
Barbara Rumer, MPH, RD, LDN  
Jasmine St. Denny, MS, RD, LDN  
Kelly Warnock, MPH, RD, LDN  
Kayla Welch, MS, RD, LDN  
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**Eastern Band of Cherokee Indians**  
Qualla Boundary Cherokee Indians  
73 Kaiser Wilnoty Drive, PO Box 1145, Cherokee, NC 28719  
WIC Director  
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WIC Director 828-359-6234 Fax 828-359-0416  
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Kimberly Lambert, BS  
Deborah Lowery, BS  
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**Edgecombe County Health Department**

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**Forsyth County Health Department**  
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**Gates County Health Department see Albemarle Regional Health Services for WIC services**

**Graham County Health Department**  
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Shawn Turpin, RN

**GRANVILLE VANCE PUBLIC HEALTH**

**Granville County Health Department**

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PO Box 367

101 Hunt Drive, Oxford, NC 27565  
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**Vance County Health Department**  
115 Charles Rollins Rd., Henderson, NC 27536  
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WIC Director/BF Coordinator  
(Granville Vance continued)

**Greene County Department of Public Health**  
227 Kingold Blvd. Suite B, Snowhill, NC 28580  
Courier 01-83-16

WIC Director/Breastfeeding Coordinator

**Guilford County Health Department**  
1100 E. Wendover Ave., Greensboro, NC 27405  
Courier 02-17-32

WIC Director  
Breastfeeding Coordinator  
Nutrition Supervisor

1203 Maple St. Room 308  
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501 East Green St., High Point, NC 27260  
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**Halifax County Public Health System**  
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WIC Director  
Breastfeeding Coordinator

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**Harnett County Health Department**

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Lavonda Avery, BS, DTR  
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**Harnett County continued)**

**Haywood County Health & Human Services Agency**

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**Henderson County Health Department**

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**Hoke County Health Department**

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WIC Director  
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**Iredell County Health Department**

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Wendy Freeman, BS  
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**Jackson County Health Department**

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Breastfeeding Coordinator

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**Johnston County Health Department**

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WIC Director  
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Breastfeeding Coordinator  
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**Macon County Health Department**  
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WIC Director/Breastfeeding Coordinator

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**Martin County Health Department see Martin Tyrrell Washington Health District for WIC services**

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**McDowell County Health Department see Rutherford Polk McDowell Health District for WIC services**

\*\*\*\*\*

**MARTIN TYRRELL WASHINGTON HEALTH DISTRICT**

**Martin County Health Department**  
210 West Liberty St., Williamston, NC 27892  
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Breastfeeding Coordinator

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**Tyrrell County Health Department**  
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408 Bridge St., Columbia, NC 27925  
Courier 16-20-16

Phone 252-793-1750 Fax 252-766-3376

**Washington County Health Department**  
198 NC Highway 45 North, Plymouth, NC 27962  
Courier 16-14-01  
WIC Director

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**Mecklenburg County Health Department**  
2845 Beatties Ford Rd., Charlotte, NC 28216  
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WIC Director  
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**Mitchell County Health Department see Toe River Health District for WIC services**  
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**Montgomery County Health Department**

217 South Main St., Troy, NC 27371  
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Courier 03-96-09  
Interim WIC Director

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Nicole Maness, BSN

Breastfeeding Coordinator

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**Moore County Health Department**

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WIC Director  
Breastfeeding Coordinator

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Vanetta Silver, MS

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**New Hanover County Health Department**

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Linda Gould, BS

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**Northampton County Health Department**

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Sheila Person, BS

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WIC Director

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Marissa Phinney, BS  
Barbara Benson, MS, RD  
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Jasmine Thomas, BS  
Andrew Reynolds, BS  
Estelle Rohr, BS

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**Orange County Health Department see Piedmont Health Services for WIC Services**  
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**Pamlico County Health Department**

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**Pasquotank County Health Department see Albemarle Regional Health Services for WIC Services**  
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**Pender County Health Department**

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Melanie Boullion, BS, IBCLC  
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**Perquimans County Health Department see Albemarle Regional Health Services for WIC Services**  
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**Person County Health Department**

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Breastfeeding Coordinator

Jaunice Enoch, MS  
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**PIEDMONT HEALTH SERVICES**  
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**Carrboro Community Health Center**

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WIC Director 336-382-0242 Fax 336-570-1215  
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Breastfeeding Coordinator

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Alisha Bailey, IBCLC  
Sania Masoud, RD, LDN  
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**Prospect Hill Community Health Center**

322 Main St., Prospect Hill, NC 27314

Phone 336-562-3311 Fax 336-562-4444  
Matt Dallas, MS, RD  
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**Moncure Community Health Center**

7228 Pittsboro Moncure Rd., Moncure, NC 27559

Phone 919-542-2195 Fax 919-542-3726  
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Anderson Rodriguez Petit, MS  
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**Hillsborough PHS WIC**

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300 West Tryon St., Hillsborough, NC 27278

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**Siler City Community Health Center**

Phone 919-742-5602 Fax 919-663-1635

**Health Support Services**

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Lauren Porter, MS, RD, LDN  
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**Piedmont Health Corporate Office**

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**Pitt County Health Department**

201 Government Circle, Greenville, NC 27834  
Courier 01-40-01

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**Randolph County Health Department**

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Courier 13-66-24

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**Richmond County Health Department**

127 Caroline St., Rockingham, NC 28379  
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**Polk County Health Department see Rutherford Polk McDowell Health District for WIC Services**

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**Robeson County Health Department**

460 Country Club Rd., Lumberton, NC 28360  
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**Rockingham County Health Department**

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Ruth Gagliardi, MS, RD, LDN  
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**RUTHERFORD POLK MCDOWELL HEALTH DISTRICT**

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**Polk County Health Department**  
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**McDowell County Health Department**  
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Courier 12-92-08

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**Sampson County Health Department**  
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**Scotland County Health Department**  
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**Stanly County Department of Health and Human Services**  
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WIC Director  
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**Surry County Health & Nutrition Center**  
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Courier 09-90-07

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WIC Director

Breastfeeding Coordinator

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Lynn Clayton, RDN, LDN, CDE  
Leslie Barker, BS

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**Swain County Health Department**  
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Samantha Blanchard, BS

WIC Director/Breastfeeding Coordinator

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**TOE RIVER HEALTH DISTRICT**

**Avery County Health Department**  
545 Schultz Circle, Newland, NC 28657  
Courier 12-40-02

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Sabrina Kees, BS, IBCLC, RLC

**Yancey County Health Department**  
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WIC Director

**Mitchell County Health Department**  
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Breastfeeding Coordinator

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**Tyrrell County Health Department see Martin Tyrrell Washington Health District for WIC services**

**Union County Department of Human Services**  
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**Vance County Health Department see Granville Vance Health District for WIC services**

**Wake County Human Services**  
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**(Wake County continued)**

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**Warren County Health Department**  
544 West Ridgeway St., Warrenton, NC 27589  
Courier 07-31-17  
WIC Director/Breastfeeding Coordinator  
Phone 252-257-1185 Fax 252-257-1446  
WIC 252-257-2116 WIC Director 252-257-6004  
WIC Director's Email:  
[elizabethtetley@warrencountync.gov](mailto:elizabethtetley@warrencountync.gov)  
Elizabeth Tetley, BS, MPH  
Ashley Evans, BS

**Washington County Health Department see Martin Tyrell Washington Health District for WIC services**  
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**Watauga County Health Department see Appalachian Health District for WIC services**  
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**Wayne County Health Department**  
301 North Herman St. Box CC, Goldsboro, NC 27530  
Courier 01-15-30  
WIC Director  
Breastfeeding Coordinator  
Phone 919-731-1000 Fax 919-705-6526  
WIC 919-731-1276 WIC Director 919-731-1220  
WIC Director's Email:  
[Stephanie.howard@waynegov.com](mailto:Stephanie.howard@waynegov.com)  
Stephanie Howard, MS, RD, LDN  
Elizabeth Hill, BS  
Anna Richards, RD, LDN  
Ashton Cooper, MS, RD, LDN  
Haylee Wood, BS  
Candace Morris, RD, LDN  
Victoria Barfield, MS, RD, LDN  
Sherrie Edwards, RD, LDN

**Mount Olive**  
Phone 919-731-1680 Fax 919-635-1090  
Nutritionist 919-731-1329  
Marjorie Britt, BS

**Seymour Johnson Air Force Base**  
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Phone 919-705-1779 Nutritionist 919-705-6560

**Wilkes County Health Department**  
232 Jefferson St. N. Wilkesboro, NC 28659  
Mailing Address 306 College St., Wilkesboro, NC 28697  
Courier 15-10-06  
WIC Director  
Breastfeeding Coordinator  
Phone 336-651-7450 Fax 336-990-0620  
WIC 336-651-7451 WIC Director 336-667-0518  
WIC Director's Email: [ecashwell@wilkescounty.net](mailto:ecashwell@wilkescounty.net)  
Erin Cashwell, MPH, RD, LDN  
GraceAnne Main, BS  
Jeri Mayberry, MEd, RD, LDN, CDE  
Kim Jordan, BS  
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**Wilson County Health Department**

1801 Glendale Dr. Southwest  
Wilson, NC 27893  
Courier 01-50-25

WIC Director/Breastfeeding Coordinator  
Breastfeeding Coordinator

Phone 252-291-5470 Fax 252-293-8300  
WIC 252-291-3144 Fax 252-265-5352  
Clinic 252-237-3141 Fax 252-293-8301  
WIC Director 252-237-3141 Ext. 6654

WIC Director's Email: [rkurtz@wilson-co.com](mailto:rkurtz@wilson-co.com)  
Regina Kurtz, MBA, RDN, LDN  
Leslie Tyndall, BS  
Christine Khamisi, BS, IBCLC  
Stephanie Varnell, BS  
Amber Burgess, RD, LDN  
Tivette Davis-Ward, BS, MSHS

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**Yadkin County Human Services**

PO Box 548  
217 East Willow St.  
Yadkinville, NC 27055  
Courier 09-12-20  
WIC Director/BF Coordinator

Phone 336-849-7910 Fax 336-849-7936  
WIC Director 336-849-7603  
WIC Director's Email: [LRoyall@yadkincountync.gov](mailto:LRoyall@yadkincountync.gov)

Laken Royall, BS  
Jenae Deel, BS  
Hayley Shore, BS

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**Yancey County Health Department see Toe River Health District for WIC Services**

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**PEDIATRIC NUTRITIONIST IN EARLY INTERVENTION SERVICES**

**Blue Ridge Catchment Area CDSA**

2359 HWY 105, Boone, NC 28607

Nutritionist  
Nutritionist Email

Counties Served: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, & Yancey

Phone 828-265-5391 Fax 828-265-5394

Jessica Thackray, RD, LDN  
[Jessica.Thackray@dhhs.nc.gov](mailto:Jessica.Thackray@dhhs.nc.gov)

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**Charlotte Catchment CDSA**

Carlton G Watkins Center  
3500 Ellington St., Charlotte, NC 28211

Nutritionist  
Nutritionist Email  
County Served: Mecklenburg

Phone 704-336-7100 Fax 704-336-2423

Kristen Brown, MS, RD, LDN  
[Kristen.Brown@mecklenburgcountync.gov](mailto:Kristen.Brown@mecklenburgcountync.gov)

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**Concord Catchment Area CDSA**

1065 Vinehaven Drive NE, Concord, NC 28025  
Courier 05-06-04

Nutritionist  
Counties Served: Iredell, Rowan, Stanly & Union

Phone 704-786-9181 Fax 704-792-9198

Vacant

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**Cullowhee Catchment Area CDSA**

87 Bonnie Lane, Sylva, NC 28779

Nutritionist  
Nutritionist Email

Counties Served: Clay, Graham, Haywood, Jackson, Macon, Swain, & Qualla Boundary

Phone 828-631-3900 Fax 828-631-9200

Donna McAllister, MHS  
[Donna.McAllister@dhhs.nc.gov](mailto:Donna.McAllister@dhhs.nc.gov)

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**Greensboro Catchment Area CDSA**

122 North Elm St. Suite 400, Greensboro, NC 27404

Nutritionist  
Nutritionist Email  
Counties Served: Alamance, Caswell, Guilford, Randolph, & Rockingham

Phone 336-334-5601 Fax 336-334-5657

Lynnette Schwiegeraht, MEd, RD, LDN  
[Lynnette.Schwiegeraht@dhhs.nc.gov](mailto:Lynnette.Schwiegeraht@dhhs.nc.gov)

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**Greenville Catchment Area CDSA**

Irons Building Charles Blvd., Greenville, NC 27858  
Courier 01-42-08

Nutritionist  
Nutritionist Email

Phone 252-737-1224 Fax 252-737-1113

Cynthia Frazier, MS, RD, ITFS  
[Frazier@ecu.edu](mailto:Frazier@ecu.edu)

Counties Served: Beaufort, Bertie, Greene, Hyde, Martin, Pitt, Wayne

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**Morganton Catchment Area CDSA**

Phone 828-433-5171 Fax 828-433-1127

145 A West Parker Road., Morganton, NC 28655

Courier 15-01-07

Nutritionist

Vacant

Counties Served: Burke, Caldwell, & McDowell

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**Rocky Mount Catchment Area CDSA**

Phone 252-443-0318 Ext. 222 Fax 252-443-5079

141 Storage Rd., Rocky Mount, NC 27804

Nutritionist

Bonnie Przelomski, MS, RD, LDN

Nutritionist Email

[Bonnie.Przelomski@dhhs.nc.gov](mailto:Bonnie.Przelomski@dhhs.nc.gov)

Counties Served: Halifax, Johnston, Nash, Northampton, Edgecombe, & Wilson

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**Sandhills Catchment Area CDSA**

Phone 910-295-3133 Fax 910-295-2723

PO Box 4359

10 Parker Lane Suite 1, Pinehurst, NC 28374

Courier 03-39-01

Nutritionist

Vacant

Counties Served: Anson, Harnett, Lee, Moore, Hoke, Montgomery, Richmond & Scotland





