

## FY18 Agreement Addenda Section III: WIC Deliverable #2: Promote Healthy Weights

Percentage of all women\* with live, term singleton births who gain within the 2009 Institute of Medicine (IOM) Recommended Weight Gain Ranges (*weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).*

County	Inadequate Weight Gain		Adequate or Recommended Weight Gain		Excessive Weight Gain		Unknown Weight Gain		Number of Women Giving Births during CY2015
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
<b>Statewide Total</b>	<b>20,392</b>	<b>19.43%</b>	<b>30,040</b>	<b>28.62%</b>	<b>50,597</b>	<b>48.20%</b>	<b>3,472</b>	<b>3.31%</b>	<b>104,975</b>
Alamance	237	15.98%	417	28.12%	812	54.75%	58	3.91%	1,483
Alexander	52	17.45%	92	30.87%	157	52.68%	3	1.01%	298
Alleghany	16	18.39%	27	31.03%	42	48.28%	1	1.15%	87
Anson	56	27.72%	40	19.80%	103	50.99%	1	0.50%	202
Ashe	43	22.51%	37	19.37%	98	51.31%	0	0.00%	191
Avery	28	28.28%	29	29.29%	66	66.67%	2	2.02%	99
Beaufort	99	25.52%	105	27.06%	185	47.68%	2	0.52%	388
Bertie	38	28.36%	31	23.13%	69	51.49%	0	0.00%	134
Bladen	78	26.35%	86	29.05%	118	39.86%	1	0.34%	296
Brunswick	183	19.39%	249	26.38%	469	49.68%	4	0.42%	944
Buncombe	406	18.44%	636	28.88%	871	39.55%	395	17.94%	2,202
Burke	225	29.22%	231	30.00%	300	38.96%	36	4.68%	770
Cabarrus	450	22.21%	593	29.27%	1,061	52.37%	26	1.28%	2,026
Caldwell	145	20.60%	164	23.30%	383	54.40%	8	1.14%	704
Camden	8	8.60%	32	34.41%	35	37.63%	2	2.15%	93
Carteret	84	16.44%	146	28.57%	288	56.36%	4	0.78%	511
Caswell	26	14.53%	39	21.79%	83	46.37%	8	4.47%	179
Catawba	291	18.38%	455	28.74%	772	48.77%	13	0.82%	1,583
Chatham	85	16.41%	160	30.89%	294	56.76%	56	10.81%	518
Cherokee	35	19.89%	57	32.39%	88	50.00%	2	1.14%	176
Chowan	41	35.96%	46	40.35%	57	50.00%	0	0.00%	114
Clay	14	22.22%	23	36.51%	31	49.21%	0	0.00%	63

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Cleveland	199	21.84%	237	26.02%	485	53.24%	3	0.33%	911
Columbus	127	25.25%	144	28.63%	224	44.53%	24	4.77%	503
Craven	250	19.08%	358	27.33%	657	50.15%	13	0.99%	1,310
Cumberland	903	18.51%	1,264	25.91%	2,407	49.33%	13	0.27%	4,879
Currituck	32	14.29%	63	28.13%	126	56.25%	3	1.34%	224
Dare	56	18.24%	104	33.88%	141	45.93%	3	0.98%	307
Davidson	322	20.79%	383	24.73%	750	48.42%	51	3.29%	1,549
Davie	52	16.20%	96	29.91%	164	51.09%	28	8.72%	321
Duplin	159	23.52%	177	26.18%	300	44.38%	3	0.44%	676
Durham	656	16.88%	1,006	25.89%	1,647	42.38%	339	8.72%	3,886
Edgecombe	120	23.90%	114	22.71%	304	60.56%	9	1.79%	502
Forsyth	627	15.81%	1,012	25.52%	1,694	42.71%	375	9.46%	3,966
Franklin	124	21.31%	172	29.55%	298	51.20%	27	4.64%	582
Gaston	433	19.64%	587	26.62%	1,126	51.07%	30	1.36%	2,205
Gates	19	23.46%	22	27.16%	51	62.96%	0	0.00%	81
Graham	13	17.33%	20	26.67%	31	41.33%	2	2.67%	75
Granville	102	21.56%	124	26.22%	251	53.07%	22	4.65%	473
Greene	42	22.46%	52	27.81%	85	45.45%	2	1.07%	187
Guilford	1,045	19.85%	1,466	27.84%	2,509	47.65%	241	4.58%	5,265
Halifax	97	19.72%	133	27.03%	241	48.98%	5	1.02%	492
Harnett	298	17.62%	436	25.78%	828	48.97%	16	0.95%	1,691
Haywood	117	24.07%	117	24.07%	237	48.77%	51	10.49%	486

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Henderson	187	19.54%	295	30.83%	404	42.22%	64	6.69%	957
Hertford	66	35.87%	57	30.98%	64	34.78%	3	1.63%	184
Hoke	140	16.91%	268	32.37%	408	49.28%	2	0.24%	828
Hyde	8	24.24%	11	33.33%	23	69.70%	0	0.00%	33
Iredell	336	21.39%	504	32.08%	816	51.94%	11	0.70%	1,571
Jackson	57	16.62%	91	26.53%	188	54.81%	11	3.21%	343
Johnston	338	16.83%	546	27.19%	1,014	50.50%	75	3.74%	2,008
Jones	11	12.50%	25	28.41%	40	45.45%	1	1.14%	88
Lee	133	20.43%	168	25.81%	296	45.47%	31	4.76%	651
Lenoir	128	21.88%	134	22.91%	268	45.81%	7	1.20%	585
Lincoln	115	15.95%	200	27.74%	367	50.90%	1	0.14%	721
McDowell	106	28.42%	126	33.78%	176	47.18%	17	4.56%	373
Macon	75	25.86%	81	27.93%	144	49.66%	6	2.07%	290
Madison	41	23.98%	50	29.24%	81	47.37%	27	15.79%	171
Martin	52	26.26%	60	30.30%	115	58.08%	0	0.00%	198
Mecklenburg	2,408	19.13%	4,091	32.51%	6,050	48.07%	327	2.60%	12,585
Mitchell	28	22.95%	37	30.33%	59	48.36%	4	3.28%	122
Montgomery	80	29.85%	74	27.61%	123	45.90%	2	0.75%	268
Moore	147	16.50%	282	31.65%	474	53.20%	10	1.12%	891
Nash	201	22.69%	231	26.07%	463	52.26%	8	0.90%	886
New Hanover	375	18.71%	568	28.34%	1,063	53.04%	17	0.85%	2,004
Northampton	32	23.36%	51	37.23%	67	48.91%	1	0.73%	137

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Onslow	584	14.80%	1,095	27.74%	2,033	51.51%	24	0.61%	3,947
Orange	180	16.73%	342	31.78%	434	40.33%	100	9.29%	1,076
Pamlico	16	21.62%	18	24.32%	38	51.35%	1	1.35%	74
Pasquotank	87	18.87%	111	24.08%	223	48.37%	5	1.08%	461
Pender	95	16.78%	157	27.74%	270	47.70%	5	0.88%	566
Perquimans	20	17.86%	33	29.46%	48	42.86%	0	0.00%	112
Person	76	20.00%	103	27.11%	156	41.05%	14	3.68%	380
Pitt	366	20.36%	530	29.48%	917	51.00%	7	0.39%	1,798
Polk	24	17.65%	32	23.53%	64	47.06%	3	2.21%	136
Randolph	254	17.98%	377	26.68%	691	48.90%	40	2.83%	1,413
Richmond	118	27.44%	110	25.58%	237	55.12%	5	1.16%	430
Robeson	444	29.17%	431	28.32%	606	39.82%	14	0.92%	1,522
Rockingham	164	19.50%	198	23.54%	409	48.63%	16	1.90%	841
Rowan	290	21.21%	397	29.04%	680	49.74%	13	0.95%	1,367
Rutherford	111	18.53%	152	25.38%	331	55.26%	6	1.00%	599
Sampson	162	22.82%	200	28.17%	366	51.55%	11	1.55%	710
Scotland	58	15.85%	52	14.21%	259	70.77%	1	0.27%	366
Stanly	104	16.77%	197	31.77%	274	44.19%	0	0.00%	620
Stokes	68	18.58%	92	25.14%	154	42.08%	33	9.02%	366
Surry	116	16.96%	188	27.49%	307	44.88%	24	3.51%	684
Swain	44	26.35%	53	31.74%	82	49.10%	6	3.59%	167
Transylvania	37	15.04%	72	29.27%	102	41.46%	27	10.98%	246

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Tyrrell	10	30.30%	7	21.21%	18	54.55%	0	0.00%	33
Union	395	18.85%	641	30.60%	1,014	48.40%	8	0.38%	2,095
Vance	132	28.70%	100	21.74%	209	45.43%	16	3.48%	460
Wake	1,971	17.88%	3,494	31.69%	5,290	47.98%	527	4.78%	11,025
Warren	41	25.95%	34	21.52%	80	50.63%	3	1.90%	158
Washington	31	30.39%	28	27.45%	40	39.22%	0	0.00%	102
Watauga	68	20.18%	105	31.16%	131	38.87%	3	0.89%	337
Wayne	354	23.34%	416	27.42%	627	41.33%	7	0.46%	1,517
Wilkes	141	23.23%	179	29.49%	286	47.12%	5	0.82%	607
Wilson	242	31.31%	230	29.75%	342	44.24%	6	0.78%	773
Yadkin	61	20.00%	93	30.49%	169	55.41%	18	5.90%	305
Yancey	31	19.87%	41	26.28%	69	44.23%	17	10.90%	156

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