

# North Carolina WIC Nutrition Assessment and Care Plan Training Resources

## Part 2: The Care Plan

RESOURCE	DESCRIPTION
<b><i>Nutrition Care Plan Resources</i></b>	
Crossroads Instruction Documents	<p style="text-align: center;"><a href="https://www.nutritionnc.com/wic/crossroads.htm">https://www.nutritionnc.com/wic/crossroads.htm</a></p> <p>Provides step-by-step Crossroads instruction for: Application and Certification, Prescribing Food, Issuing Food Benefits, Inventory, Scheduling, Breastfeeding Care Plan and Supplies, Notifications, Reports, and many others.</p>
Arizona WIC Nutrition Care Guidelines	<p style="text-align: center;"><a href="https://www.azdhs.gov/documents/prevention/azwic/agencies/nutrition-care-guidelines.pdf">https://www.azdhs.gov/documents/prevention/azwic/agencies/nutrition-care-guidelines.pdf</a></p> <p>This resource reviews the ABCDE nutrition assessment components for each participant category and considerations to facilitate effective nutrition education and counseling. Note that some nutrition risk criteria may not be applicable in North Carolina, and should not be used as a reference for assigning nutrition risk.</p>
Taber’s Online List of Medical Abbreviations	<p style="text-align: center;"><a href="https://www.tabers.com/tabersonline/view/Tabers-Dictionary/767492/0/Medical_Abbreviations?q=abbreviations">https://www.tabers.com/tabersonline/view/Tabers-Dictionary/767492/0/Medical_Abbreviations?q=abbreviations</a></p> <p>Standardized resource local agencies may utilize when revising their local agency’s approved abbreviation list.</p>
Stedman’s Medical Dictionary	<p>A resource that can be purchased to provide a list of standardized terms, definitions, and abbreviations used in healthcare.</p>