

Building Blocks of a Nutrition Summary Statement

A summary statement is required documentation any time a participant is seen by a CPA (ex: certification appointments, food package adjustments, etc.). Summary statements are required for each participant.

Visit Type	Briefly describe type of encounter
Nutrition Problem	Discuss nutrition status, capacities, strengths, needs, concerns
Nutrition Education	Determine existing knowledge and concerns, evaluate response and understanding
Breastfeeding Support	Document any issuance/return of breast pump/supplies, or supportive services
Goals	Elaborate on any goals or relevant info <i>(not already identified in Maintain Goals Quick Link)</i>
Referrals	Document any referrals <i>(not already identified in Referral Program Quick Link)</i>
WIC Food Package	Describe any tailored adjustments, nutritional needs, cultural practices
Follow-Up Plan	Timeframe, purpose/action

Reminders:

- 1) The nutrition summary statement should be individualized to each participant. It is meant to capture the nutrition assessment and care plan to allow for follow-up the next time the participant visits WIC.
- 2) A summary statement may include all components, or just a few. At a minimum, the summary statement should always include the visit type, nutrition problem, and follow-up plan.
- 3) Clear documentation supports continuity of care in the WIC Program.
- 4) When in doubt, spell it out! Stick to only approved abbreviations in your local agency.