

5-Day Grab and Go NC CACFP Meals for Infants 0-5 Months

5 Days

Total amount needed for menu below
12 (8 oz) bottles, Iron-fortified infant formula, ready-to-feed

MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6oz IF* formula
Lunch	4-6-oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula
Snack	4-6-oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula	4-6 oz IF* formula

*IF = Iron-fortified