

Allowable Non-Dairy Beverages in the Child and Adult Care Food Program (CACFP)








USDA Criteria for Required Nutrient Levels to Qualify as Non-Dairy Beverage Substitute		
Nutrient	Required Amount Per Cup	Label
Calcium	276 mg	28%
Protein	8 grams	8 grams
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	6%
Phosphorus	222 mg	23%
Potassium	349 mg	10%
Riboflavin	.44 mg	26%
Vitamin B12	1.1 mcg	19%

The following list of **Potentially Allowable Non-Dairy Beverages** is subject to change and not all inclusive. Please be aware that manufacturers may change formulas at any time. Use the electronic [Non-Dairy Beverage Tool](#) to ensure that the beverage served contains the required nutrients listed above.

Potentially Allowable Non-Dairy Beverages in CACFP

Note: Please be aware that manufacturers may change formulas at any time. The state agency cannot guarantee that all beverages listed below meet the criteria for allowable non-dairy beverages. Use the electronic [Non-Dairy Beverage Tool](#) to ensure that the beverage served contains the required nutrients listed above.

Creditable CACFP non-dairy beverages must be unflavored for children ages 1 through 5 years of age.

							
Product Name	WESTSOY® Organic Plus Plain & Vanilla Soy milk	Silk Original Soy milk – half gallon container only	8th Continent Original or Vanilla Soy milk	Pacific Natural Ultra Soy milk Original or Vanilla	PEARL Organic Soy milk-Smart Original, Smart Creamy Vanilla, or Smart Chocolate	Great Value Original Soy Milk	Kirkland Signature™ Organic Plain Soy milk
Possible Vendors	Wholesale Food Suppliers	Retail Grocers	Retail Grocers	Wholesale Food Suppliers	Wholesale Food Suppliers	Walmart	Costco
Container Size	32 oz. or 64 oz.	Note: Half gallon = OK Quart = Protein is too low	Half gallon or 8 oz. carton (12 or 40/case)	8.25 oz. carton (24/case) or 32 oz. carton	8.25 oz. boxes (24/case)	64 oz. carton	32 oz. container or 12-pack
Shelf Stable	No	No	No	Yes	Yes, 1 year unopened	No	Yes
Storage Tips	Refrigerate	Refrigerate	Refrigerate, use in 7-10 days. 8 oz. has refrigerated shelf life of 30 days.	Refrigerate after opening	Refrigerate after opening	Refrigerate	Refrigerate, use within 7-10 days after opening.
Web Site for More Information	http://www.westssoymilk.com/products/organic-plus/	https://silk.com/products/original-soymilk	http://www.heritagefoods.com/index.php?id=18	http://www.pacificfoods.com/food/non-dairy-beverages/soy-beverages/ultra-soy-original.aspx	http://www.kirkland.com/foodservice/products/products_fs_sub_list.php?dep=2&family=211	https://www.walmart.com/ip/Great-Value-Original-Soy-milk-1.89-l/19500254	https://www.costco.com/Kirkland-Signature%2e2%84%a2-Organic-Plain-Soy-milk-32-oz.-Container-12-pack.product.100129024.html

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NC Department of Health and Human Services Women's and Children's Health Child and Adult Care Food Program

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