



North Carolina Breastfeeding-Friendly Child Care DESIGNATION APPLICATION

Email application and scanned documents to Jessica.Bridgman@dhhs.nc.gov or Mail application and documents to the address in footer.
Submission Deadlines: January 15th, April 15th, July 15th and October 15th
Questions? Jessica Bridgman: Jessica.Bridgman@dhhs.nc.gov | 919.707.5773

APPLICATION DETAILS

DCDEE License Number (required): _____ CACFP Agreement Number (if applicable): _____

Application Type (choose one):

New (applying for the first time)

Current designee increasing designation level

Current designee renewing (Note: Once achieved, designation is valid for a three-year period)

CHILD CARE CONTACT INFORMATION

The review committee may require additional information or documentation pertaining to this application. Provide contact information of the responsible party.

_____ <p style="text-align: center;">(Print Name)</p>	_____ <p style="text-align: center;">(Title)</p>
_____ <p style="text-align: center;">(Email)</p>	_____ <p style="text-align: center;">(Phone)</p>
Street: _____ City, State, Zip: _____ <p style="text-align: center;">(Mailing Address)</p>	Street: _____ City, State, Zip: _____ <p style="text-align: center;">(Physical Address, if different)</p>

STAFF NUMBERS

# of Infant Teachers:	# of Toddler Teachers:	# of 3-year-old to 5-year-old Teachers:	
# of Administrators:	# of Infant/Toddler Substitute Teachers:	# of Other:	# of Total Staff:

NUMBER OF INFANTS AND CHILDREN (Total Enrolled: ; Total Breastfeeding Onsite:)

Infants <6 months old: _____ (_____ receive only human milk; _____ receive any human milk)

Infants ≥6 months old: _____ (_____ receive only human milk; _____ receive any human milk)

1-year olds: _____ (_____ receive any human milk, in addition to complementary foods)

2-year olds: _____ (_____ receive any human milk, in addition to complementary foods)

3-5-year olds: _____ (_____ receive any human milk, in addition to complementary foods)

SUBMISSION AND PUBLIC LISTING AUTHORIZATION

I, _____ **AND/OR** my designee _____

(Print Name) (Print Name of Designee, if applicable)

reviewed the completed **North Carolina Breastfeeding-Friendly Child Care Designation (NC BFCCD)** application for _____ . I hereby consent to the submission

(Print Name of Child Care)

of the application for review and agree to have the designation level posted on the [NC BFCCD webpage](#).

_____ <p style="text-align: center;">(Print Name of Owner/Director or Equivalent)</p>	_____ <p style="text-align: center;">(Title)</p>
_____ <p style="text-align: center;">(Signature)</p>	_____ <p style="text-align: center;">(Date)</p>

Indicate web address (URL) (if applicable): _____



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Apply for any one or more of the five standards below to earn NC BFCC designation. Strive for ALL five standards! Additional resources to support breastfeeding-friendly child care and designation application are available here: www.nutritionnc.com



WRITTEN POLICY STANDARD:

Have a written policy that reflects the program's commitment to promoting and supporting breastfeeding, especially exclusive breastfeeding, and share with employees as part of orientation/training, and families as part of enrollment.

Required Supporting Documentation to Attach:

- The program's written breastfeeding policy (include employee policy if separate).
- A blank copy of the program's current infant feeding plan *Note: As described in the [North Carolina Child Care Rules 10A NCAC 09.0902\(a\)](#), a detailed feeding plan should be developed, and updated as needs change, for all children up to 15 months of age. ([Click here](#) to access the recommended infant feeding plan.)*

The Written Breastfeeding Policy Includes:

1. Clear statements that the program:

- Welcomes breastfeeding families.
- Supports families to continue breastfeeding as they pursue employment or education.
- Provides appropriate breastfeeding-friendly and human milk storage space(s).
- Promotes exclusive breastfeeding practices for the first 6 months of life. Exclusive breastfeeding means that for the first six months of life, infants only receive human milk: no infant formula, water, juice or solid food.
- Supports and promotes appropriate introduction of solid foods with continued breastfeeding for one year or longer, as desired by families, and as recommended by the [Academy of Pediatrics \(AAP\)](#).
- Maintains current individual infant feeding plans which support breastfeeding practices including:
 - ✓ Recognizing and responding appropriately to infant feeding cues.
 - ✓ Paced bottle feeding.
 - ✓ Active family/early educator coordination of infant feeding to support lactation goals.

2. Descriptions of the following:

- Health benefits of breastfeeding for the child, mother, and family.
- How staff and families are trained in appropriate storage, labeling, and preparation of human milk for feeding.
- How early educators develop skills to support breastfeeding.
- The process for family feedback about the program's breastfeeding support and promotion.

The program's written policy for breastfeeding employees must include:

- Reasonable time to allow the employee to breastfeed or express as needed.
- Access to a breastfeeding-friendly space other than a bathroom. (Note: The location provided must be a functional space for expressing human milk. The space must be shielded from view, and free from any intrusion from co-workers and the public.)



COMMUNITY CONNECTIONS STANDARD:

Offer community breastfeeding resources and information about continued breastfeeding in the child care setting.

Provide culturally-appropriate educational materials, including information on breastfeeding-friendly child care, and a readily available list of local community resources. Materials must not be sponsored by an entity for financial gain such as food or formula manufacturers.

Required Supporting Documentation to Attach:

- Attach culturally appropriate breastfeeding-friendly child care educational materials used and/or citations for publications.
- List of community breastfeeding resources. *Note: It is recommended that the list be updated annually. The list includes the local WIC agency, support groups, International Board-Certified Lactation Consultants (IBCLCs), and other community providers who can answer breastfeeding questions.*

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**PROFESSIONAL
DEVELOPMENT
STANDARD:**

Train early educators in skills to promote breastfeeding and support family feeding choices.

Within 12 months prior to NC BFCCD application, early educators will receive at least 2 hours of cumulative training in topics specific to breastfeeding.

Required Supporting Documentation to Attach:

- Agendas or training descriptions
- Proof of trainings (e.g., sign-in sheets or certificates)
- Name, position and credentials of the trainer for live trainings, or URLs for online trainings

<p>Early educators to be trained must include:</p> <ul style="list-style-type: none"> All infant/toddler teachers and long-term infant/toddler substitute teachers (e.g., 3 months or more) At least one teacher from each 3-year-old to 5-year-old classroom Center Director/Family Child Care Home Operator Food Service Coordinator 	<p>Required Topics:</p> <ul style="list-style-type: none"> Exclusive breastfeeding practices and benefits for child, mother, and family. Recognizing and responding appropriately to feeding cues. Using and updating the infant feeding plan. Storage, labeling, and preparation of human milk for feeding. Appropriate introduction of solid foods with continued breastfeeding for one year or longer, as desired by families. Communication with families to support breastfeeding and lactation goals.
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**ENVIRONMENT
STANDARD:**

Provide a breastfeeding-friendly environment.

NOTE: State law protects a mother's rights to breastfeed anywhere she has a legal right to be.
[North Carolina State Law GS 14-190.9](#)
[North Carolina Child Care Rules 10A NCAC 09.0902\(a\)](#)

Required Supporting Documentation to Attach:

- Scanned or printed photograph(s) of breastfeeding-friendly space(s).
- Scanned or printed photograph(s) of refrigerator and freezer space(s) where human milk is stored.
- Scanned or printed photograph(s) of promotional materials displayed in breastfeeding-friendly space(s).

Note: These materials cannot promote or advertise formula.



**CURRICULUM
STANDARD:**

Provide interactive and developmentally appropriate learning opportunities that normalize breastfeeding for children in the program.

List activities and materials in the curriculum which normalize breastfeeding (i.e., games, storytelling, books, toys)	Describe how, when and where these are used (attach separate document, if needed)

Mail application and documents or Email application and scanned documents to Jessica.Bridgman@dhhs.nc.gov