

Loving Support Glow and Grow in WIC Agenda

Using Loving Support to Grow and Glow in WIC

November 9 – 10, 2010
Sheraton Imperial – Durham, NC

November 15 – 16, 2010
Embassy Suites – Greensboro, NC

Workshop Description: This two-day workshop is a train-the-trainer format. It will enable WIC Breastfeeding Coordinators to train local agency staff using the *Loving Support to Grow and Glow in WIC* curriculum.

Target Audience: Local Agency WIC Breastfeeding Coordinators

Learning Objectives: At the end of this session, participants will be able to:

- Utilize the *Loving Support to Grow and Glow in WIC* curriculum to provide competency-based training in breastfeeding promotion and support
- Identify four principles of adult learning for incorporation into training
- Provide orientation and on-going training local agency staff mandated by the WIC Program

Agenda:

Day 1

8:00-8:30 a.m.	Registration and Networking
8:30-8:45 a.m.	Welcome and Introductions
8:45-9:45 a.m.	Strategies for Training WIC Staff
9:45-10:15 a.m.	Module 1: How WIC Supports Breastfeeding
10:15-10:30 a.m.	Break
10:30-11:00 a.m.	Module 1: cont'd
11:00-12:00 p.m.	Module 2: Feelings About Breastfeeding
12:00-1:00 p.m.	Lunch (provided)
1:00-2:30 p.m.	Module 3: Communicating with WIC Families about Breastfeeding
2:30-2:45 p.m.	Break
2:45-3:15 p.m.	Module 3: cont'd
3:15-4:30 p.m.	Module 4: Barriers to Breastfeeding
4:30-4:45 p.m.	Day 1 Questions and Evaluations

Day 2

8:00-8:30 a.m.	Networking
8:30-10:00 a.m.	Module 5: Promoting and Encouraging Exclusive Breastfeeding
10:00-10:15 a.m.	Break
10:15-11:15 a.m.	Module 6: Promoting Breastfeeding During Pregnancy
11:15-12:00 p.m.	Module 7: New Moms (Birth-1 month)
12:00-1:00 p.m.	Lunch (provided)
1:00-1:30 p.m.	Module 7: cont'd
1:30-2:30 p.m.	Module 8: Helping Mothers Continue the Breastfeeding Relationship (Month 1 to Month 12)
2:30-2:45 p.m.	Break
2:45-3:45 p.m.	Module 9: Talking with Mothers about Breastfeeding When Mother and Baby are Separated
3:45-4:30 p.m.	Module 10: Solutions for Common Breastfeeding Problems
4:30-4:45 p.m.	Day 2 Questions and Evaluations

Faculty:

Cathy Carothers, BLA, IBCLC, RLC, FILCA
Kendall Cox, BA, ICLC, RLC
Every Mother, Inc

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