



**North Carolina Department of Health and Human Services  
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Beverly Eaves Purdue, Governor

Lanier M. Cansler, Secretary

June 5, 2011

**CACFP 11-19**

**MEMORANDUM**

**TO:** Institutions Participating in the Child and Adult Food Program

**FROM:** Arnette Cowan, MS, RD, LDN  
Supervisor, Special Nutrition Programs

**SUBJECT:** Clarification on the Use of Offer Versus Serve and Family Style Meal Service

This memorandum clarifies use of offer versus serve (OVS) and family style meal service in institutions participating in the Child and Adult Care Food Program (CACFP)

The CACFP regulations at 7 CFR 226.20(o) permit the substitution of NSLP meal patterns, including the use of OVS, when meals are prepared by SFAs and served by schools or other institutions participating in the CACFP. Among the CACFP institutions that may benefit from the use of OVS are those caring for school-age children in outside-school-hours care centers or at-risk afterschool care centers. These school or community-based centers could be operated by the school or SFA or by another CACFP institution that contracts with the SFA for meals.

Institutions electing to use OVS must implement it in accordance with the method used by the school providing the meals. OVS may not be used with snack services under the CACFP.

Although adult day care centers may find it advantageous to contract with a school or SFA for meals, OVS for adult meals must follow the requirements described in the CACFP regulations at 7 CFR 226.20(q). These requirements are specific to the CACFP adult meal pattern and permit adult participants to decline certain food items.

Generally, OVS is not considered appropriate for preschool children because it may interfere with Program nutrition goals and the CACFP institution's efforts to introduce new foods to children. Rather, CACFP institutions are encouraged to consider using family style meal service,



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as described in FNS Instruction 783-9, Rev. 2, as a way to provide younger children some choice in the types and amounts of food selected.

If you have questions or need additional information, please contact your regional consultant.

c: SNP Staff