



Child & Adult  
Care Food Program

### “Is CACFP for Me?” Self-Assessment

	YES	NO
<ul style="list-style-type: none"> <li>• Do you operate one or more of the following?               <ul style="list-style-type: none"> <li>■ <b>Non-profit Child Care Center:</b> Public or private nonprofit child care center or Head Start program licensed or approved to provide day care</li> <li>■ <b>For Profit Child Care Center:</b> Child care center which receives Title XIX funds for at least 25% of enrolled participants or in which 25% of enrolled participants are eligible for free or reduced meals</li> <li>■ <b>At-risk Afterschool Program:</b> a program located in the attendance area of a school where at least 50 percent of the enrolled children are eligible for free or reduced price meals</li> <li>■ <b>Homeless Shelter:</b> an emergency shelter which provides residential and food services to homeless families with children.</li> <li>■ <b>Adult Day Care Center:</b> a public, private nonprofit, and some for-profit adult day care facilities which provide services to adults 60 years of age and over as well as functionally impaired, nonresident adults</li> <li>■ <b>Outside School-Hours Center:</b> Nonresidential public or private nonprofit schools which provide organized child care programs for school children or programs organized for the purpose of providing services to children and is distinct from any extracurricular programs organized primarily for scholastic, cultural, or athletic purposes</li> </ul> </li> </ul>		
<ul style="list-style-type: none"> <li>• Are you licensed, certified, or approved to operate a child care center, adult day care center (except emergency shelters) or outside school hours care?</li> </ul>		
<ul style="list-style-type: none"> <li>• Are you currently open with enrolled children or adults?</li> </ul>		
<ul style="list-style-type: none"> <li>• For non-profits, do you have tax-exempt status?</li> </ul>		
<ul style="list-style-type: none"> <li>• Will you be able to attend on-going training to learn about child enrollment forms, daily meal records, budgeting, menus and other record keeping unique to CACFP?</li> </ul>		
<ul style="list-style-type: none"> <li>• Do you have the means (kitchen, appliances, staff, etc.) to prepare nutritious meals that will meet Federal nutrition standards or work with a food service vendor who can provide healthy meals?</li> </ul>		
<ul style="list-style-type: none"> <li>• Do you have the skills needed to write a detailed annual budget and keep records up to date?</li> </ul>		

If you answered “yes” and are interested in applying for CACFP, then sign up for the next available “Potential Institution Training” on the CACFP website ([nutritionnc.com](http://nutritionnc.com)); click on training.  
(Note: you may still attend training if some answers are “no” or unclear.)