

**CREDITABLE GRAINS
IN THE CHILD AND ADULT CARE FOOD PROGRAM**

Creditable Grains	Non-Creditable Grains (Grain-based Desserts)*
Bagels	Brownies
Biscuits	Cakes
Breads	Cereal bars
Bread coating	Coffee cakes
Bread sticks	Cookies
Bulgur/cracked wheat	Doughnuts
Buns	Granola bars
Cereal Grains (barley, oats, quinoa, etc)	Pie crust (for dessert pies, cobblers, fruit turnovers)
Cereal, ready-to-eat (≤ 6 gm sugar per ounce)	Sweet rolls (frosted/ unfrosted)
Cornbread	Toaster pastry
Chow mein noodles	
Crackers, savory and sweet	
Croissants	
Croutons	
Egg roll skins	
English muffins	
French toast	
Macaroni	
Muffins	
Noodles	
Pancakes	
Pasta	
Pie crust (for meat/meat alternate pies only)	
Pita bread	
Pizza crust	
Pretzels, hard and soft	
Ravioli	
Rice	
Rolls	
Stuffing	
Tortillas	
Tortilla chips	
Taco shells	
Waffles	

Effective 10/1/2017, grain-based desserts cannot count towards the grain requirement at any meal or snack (7 CFR226.20(a)(+)(iii)). Sweet crackers (graham crackers and animal crackers), while creditable, should be served on a limited basis because of their higher added sugar content.