

Table 3B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Alamance	1,114	41.9	25.5	30.9	0.4	1.3	0.0	0.0
Alexander	240	80.4	3.8	12.1	0.0	3.8	0.0	0.0
Alleghany	68	*	*	*	*	*	*	*
Anson	214	34.6	61.2	1.9	0.5	1.9	0.0	0.0
Ashe	156	90.4	1.3	8.3	0.0	0.0	0.0	0.0
Avery	93	*	*	*	*	*	*	*
Beaufort	354	40.4	42.4	16.9	0.3	0.0	0.0	0.0
Bertie	138	15.2	81.9	2.2	0.0	0.7	0.0	0.0
Bladen	289	43.9	36.3	14.9	4.2	0.7	0.0	0.0
Brunswick	541	67.1	15.9	15.3	0.7	0.9	0.0	0.0
Buncombe	1,231	69.0	14.3	14.7	0.5	1.5	0.0	0.0
Burke	565	72.9	5.8	13.5	0.4	7.4	0.0	0.0
Cabarrus	1,123	43.7	23.7	30.1	0.3	2.1	0.0	0.1
Caldwell	524	81.7	7.1	10.1	0.2	0.8	0.0	0.2
Camden	35	*	*	*	*	*	*	*
Carteret	334	73.1	11.4	13.8	0.3	1.5	0.0	0.0
Caswell	113	52.2	39.8	8.0	0.0	0.0	0.0	0.0
Catawba	978	57.9	13.9	20.7	0.2	7.4	0.0	0.0
Chatham	306	32.4	16.7	50.0	0.3	0.7	0.0	0.0
Cherokee	160	92.5	1.3	5.0	0.6	0.6	0.0	0.0

(1) Reporting period is January 1 through December 31.

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		%	%	%	%	%	%	%
Chowan	103	36.9	59.2	3.9	0.0	0.0	0.0	0.0
Clay	57	*	*	*	*	*	*	*
Cleveland	775	59.7	35.4	3.9	0.3	0.4	0.0	0.4
Columbus	460	47.8	38.3	10.2	3.7	0.0	0.0	0.0
Craven	992	54.8	30.3	10.0	0.4	4.4	0.0	0.0
Cumberland	3,598	40.2	43.5	11.3	2.0	2.6	0.0	0.3
Currituck	73	*	*	*	*	*	*	*
Dare	175	65.7	1.1	31.4	0.6	1.1	0.0	0.0
Davidson	991	67.8	13.2	18.2	0.1	0.7	0.0	0.0
Davie	209	67.0	9.1	22.5	1.0	0.5	0.0	0.0
Duplin	533	27.4	27.8	43.5	0.4	0.9	0.0	0.0
Durham	1,872	10.7	51.9	31.2	0.3	1.9	0.0	4.0
Edgecombe	584	20.4	72.3	7.4	0.0	0.0	0.0	0.0
Forsyth	2,593	24.3	39.3	34.7	0.3	1.0	0.0	0.3
Franklin	326	40.8	39.9	17.5	0.9	0.3	0.0	0.6
Gaston	1,512	58.8	25.9	13.3	0.3	1.5	0.0	0.3
Gates	24	*	*	*	*	*	*	*
Graham	74	*	*	*	*	*	*	*
Granville	349	40.4	41.8	16.6	0.3	0.6	0.0	0.3
Greene	196	30.1	35.2	33.7	0.5	0.0	0.0	0.5

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Guilford	2,625	24.0	54.2	14.1	0.4	5.9	0.0	1.4
Halifax	465	20.9	70.5	1.9	5.8	0.9	0.0	0.0
Harnett	862	52.1	27.0	18.4	1.7	0.7	0.0	0.0
Haywood	314	85.7	1.9	10.5	1.0	1.0	0.0	0.0
Henderson	497	60.2	6.2	30.8	0.2	2.6	0.0	0.0
Hertford	181	19.9	75.1	3.3	0.6	0.6	0.0	0.6
Hoke	462	30.7	32.9	18.6	14.5	1.7	0.0	1.5
Hyde	38	*	*	*	*	*	*	*
Iredell	916	53.8	24.1	20.0	0.2	1.9	0.0	0.0
Jackson	303	63.7	0.3	12.5	22.8	0.7	0.0	0.0
Johnston	1,035	44.5	22.1	31.6	0.6	1.1	0.0	0.1
Jones	69	*	*	*	*	*	*	*
Lee	497	28.4	25.8	44.1	0.6	1.0	0.0	0.2
Lenoir	475	32.6	53.3	12.6	0.0	0.8	0.0	0.6
Lincoln	362	79.0	9.1	10.8	0.0	1.1	0.0	0.0
Macon	332	82.5	4.8	11.4	0.3	0.9	0.0	0.0
Madison	144	72.9	0.7	25.7	0.0	0.7	0.0	0.0
Martin	112	92.0	0.0	8.0	0.0	0.0	0.0	0.0
Mcdowell	166	37.3	57.2	3.6	1.2	0.6	0.0	0.0
Mecklenbur	4,825	14.7	49.9	25.1	0.4	3.9	0.0	6.0

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Mitchell	86	*	*	*	*	*	*	*
Montgomery	239	36.8	26.8	34.7	0.0	1.7	0.0	0.0
Moore	445	52.1	28.8	16.4	1.6	1.1	0.0	0.0
Nash	755	25.7	56.8	16.2	0.7	0.7	0.0	0.0
New Hanove	1,056	51.3	31.1	15.8	0.5	1.3	0.0	0.0
Northhampt	163	15.3	79.8	3.7	0.0	1.2	0.0	0.0
Onslow	2,406	69.6	15.6	11.4	0.8	2.7	0.0	0.0
Orange	482	31.1	29.7	34.0	0.2	4.6	0.0	0.4
Pamlico	78	*	*	*	*	*	*	*
Pasquotank	252	36.5	56.3	6.3	0.4	0.4	0.0	0.0
Pender	294	56.8	25.2	16.7	0.7	0.7	0.0	0.0
Perquimans	72	*	*	*	*	*	*	*
Person	262	45.4	45.4	8.0	0.4	0.8	0.0	0.0
Pitt	1,132	26.9	61.1	10.8	0.3	1.0	0.0	0.0
Polk	84	*	*	*	*	*	*	*
Randolph	963	66.4	7.3	24.6	0.4	1.3	0.0	0.0
Richmond	452	48.5	36.3	11.1	4.0	0.2	0.0	0.0
Robeson	1,486	16.2	26.3	12.8	43.3	0.7	0.0	0.6
Rockingham	597	61.5	23.5	13.4	0.5	1.0	0.0	0.2
Rowan	928	54.3	24.1	19.7	0.1	1.6	0.0	0.1

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Rutherford	450	79.6	13.6	6.2	0.2	0.4	0.0	0.0
Sampson	590	27.1	30.2	40.7	1.5	0.3	0.0	0.2
Scotland	425	28.7	45.9	1.4	23.1	0.9	0.0	0.0
Stanly	392	67.9	17.1	8.4	0.0	6.4	0.0	0.3
Stokes	250	92.4	4.8	2.4	0.0	0.4	0.0	0.0
Surry	491	72.9	4.1	21.4	0.8	0.8	0.0	0.0
Swain	159	57.9	0.6	5.0	35.8	0.6	0.0	0.0
Transylvan	168	87.5	4.2	7.1	0.0	1.2	0.0	0.0
Tyrrell	25	*	*	*	*	*	*	*
Union	1,033	42.6	22.4	33.9	0.3	0.9	0.0	0.0
Vance	462	23.6	62.6	12.6	0.4	0.6	0.0	0.2
Wake	4,140	24.0	39.9	30.0	0.5	3.2	0.0	2.4
Warren	157	19.7	71.3	4.5	3.2	1.3	0.0	0.0
Washington	105	29.5	63.8	5.7	0.0	1.0	0.0	0.0
Watauga	181	84.5	2.8	11.0	0.0	1.7	0.0	0.0
Wayne Coun	953	34.9	39.3	24.4	0.3	0.9	0.0	0.0
Wilkes	486	78.2	4.3	17.1	0.0	0.4	0.0	0.0
Wilson Cou	669	23.2	52.9	22.7	0.1	1.0	0.0	0.0
Yadkin	254	64.2	3.9	31.1	0.4	0.4	0.0	0.0
Yancey	112	85.7	0.9	12.5	0.9	0.0	0.0	0.0

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Unknown Counties	750	31.9	41.3	22.4	0.8	2.4	0.0	1.2
North Carolina	63,236	42.3	33.0	19.6	2.1	2.0	0.0	0.9
Nation (Prior Year)	1,304,320	41.6	24.1	28.3	1.1	3.2	1.2	0.5

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Table 4B
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County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Alamance	1,114	0.4	5.8	13.3	59.7	19.5	1.3	0.0
Alexander	240	0.4	4.2	11.3	65.8	17.5	0.8	0.0
Alleghany	68	*	*	*	*	*	*	*
Anson	214	0.9	11.7	14.5	54.7	18.2	0.0	0.0
Ashe	156	0.0	5.1	11.5	67.9	15.4	0.0	0.0
Avery	93	*	*	*	*	*	*	*
Beaufort	354	0.0	8.8	15.3	56.5	18.9	0.6	0.0
Bertie	138	0.7	5.8	13.8	65.9	13.8	0.0	0.0
Bladen	289	0.0	9.0	13.1	59.2	17.6	1.0	0.0
Brunswick	541	0.0	7.0	13.5	58.4	19.8	1.3	0.0
Buncombe	1,231	0.2	6.3	11.4	60.8	20.3	1.0	0.0
Burke	565	0.4	7.3	12.7	64.8	14.2	0.7	0.0
Cabarrus	1,123	0.6	5.3	13.3	59.0	20.7	1.2	0.0
Caldwell	524	0.2	9.4	19.5	59.4	10.9	0.8	0.0
Camden	35	*	*	*	*	*	*	*
Carteret	334	0.3	3.9	14.7	66.8	13.5	0.9	0.0
Caswell	113	0.0	4.4	15.9	61.9	16.8	0.9	0.0
Catawba	978	0.1	6.5	14.5	60.6	16.7	1.5	0.0
Chatham	306	1.0	6.2	12.1	58.8	19.9	2.0	0.0

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Cherokee	160	0.6	6.9	13.8	60.6	16.3	1.9	0.0
Chowan	103	1.0	8.7	15.5	52.4	21.4	1.0	0.0
Clay	57	*	*	*	*	*	*	*
Cleveland	775	0.3	8.8	14.5	63.2	12.8	0.5	0.0
Columbus	460	0.7	4.6	14.6	64.8	13.3	2.2	0.0
Craven	992	0.2	4.7	15.6	67.4	11.4	0.6	0.0
Cumberland	3,598	0.1	4.7	10.7	68.5	15.1	0.8	0.0
Currituck	73	*	*	*	*	*	*	*
Dare	175	0.0	5.1	4.6	65.1	24.6	0.6	0.0
Davidson	991	0.4	8.4	14.8	59.9	15.7	0.7	0.0
Davie	209	0.0	6.2	17.2	52.2	23.9	0.5	0.0
Duplin	533	0.4	6.4	11.6	61.2	19.1	1.3	0.0
Durham	1,872	0.3	5.3	9.1	59.4	24.3	1.6	0.0
Edgecombe	584	0.3	7.5	16.6	59.9	14.6	1.0	0.0
Forsyth	2,593	0.5	6.3	12.3	58.5	21.5	0.9	0.0
Franklin	326	0.6	6.1	11.3	64.1	16.9	0.9	0.0
Gaston	1,512	0.2	6.8	15.4	60.9	15.4	1.3	0.0
Gates	24	*	*	*	*	*	*	*
Graham	74	*	*	*	*	*	*	*

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Greene	196	0.5	6.6	11.7	62.8	16.8	1.5	0.0
Guilford	2,625	0.3	4.9	10.8	62.1	20.6	1.3	0.0
Halifax	465	0.2	8.8	13.8	62.4	13.8	1.1	0.0
Harnett	862	0.2	6.4	11.6	62.8	18.6	0.5	0.0
Haywood	314	0.0	7.6	13.4	64.6	14.0	0.3	0.0
Henderson	497	0.4	5.0	13.1	61.0	18.9	1.6	0.0
Hertford	181	0.0	9.4	11.6	68.5	9.9	0.6	0.0
Hoke	462	0.2	4.8	10.8	66.0	17.7	0.4	0.0
Hyde	38	*	*	*	*	*	*	*
Iredell	916	0.3	6.9	13.5	58.4	19.4	1.4	0.0
Jackson	303	0.7	7.9	11.6	63.0	16.5	0.3	0.0
Johnston	1,035	0.8	7.1	12.5	58.9	19.7	1.1	0.0
Jones	69	*	*	*	*	*	*	*
Lee	497	0.2	6.8	12.5	57.5	21.7	1.2	0.0
Lenoir	475	0.6	5.1	13.1	63.4	16.8	1.1	0.0
Lincoln	362	0.0	6.9	14.9	61.3	15.7	1.1	0.0
Macon	332	0.3	8.1	15.7	60.2	14.2	1.5	0.0
Madison	144	0.0	2.8	14.6	59.7	20.1	2.8	0.0

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Mcdowell	166	0.6	6.6	19.9	62.0	9.0	1.8	0.0
Mecklenbur	4,825	0.2	5.6	11.0	58.4	23.1	1.6	0.0
Mitchell	86	*	*	*	*	*	*	*
Montgomery	239	0.4	12.1	14.2	53.1	19.7	0.4	0.0
Moore	445	0.0	6.3	11.9	61.6	18.7	1.6	0.0
Nash	755	0.0	8.1	13.8	60.7	16.8	0.7	0.0
New Hanove	1,056	0.2	4.4	12.6	61.5	20.3	1.1	0.0
Northhampt	163	0.0	6.7	18.4	63.2	11.0	0.6	0.0
Onslow	2,406	0.0	2.2	13.9	73.2	10.3	0.3	0.0
Orange	482	0.8	5.4	9.3	55.8	26.3	2.3	0.0
Pamlico	78	*	*	*	*	*	*	*
Pasquotank	252	1.2	4.0	12.7	66.3	14.7	1.2	0.0
Pender	294	0.0	6.1	12.6	63.3	17.7	0.3	0.0
Perquimans	72	*	*	*	*	*	*	*
Person	262	0.8	9.5	16.0	56.5	16.8	0.4	0.0
Pitt	1,132	0.3	5.9	13.5	63.8	15.6	0.9	0.0
Polk	84	*	*	*	*	*	*	*
Randolph	963	0.4	7.4	14.5	57.6	18.6	1.3	0.1

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Richmond	452	1.1	10.2	15.5	56.9	15.7	0.7	0.0
Robeson	1,486	0.6	8.1	15.5	60.6	14.0	1.1	0.0
Rockingham	597	0.7	10.1	16.1	58.0	14.4	0.8	0.0
Rowan	928	0.6	8.6	12.6	60.3	16.6	1.2	0.0
Rutherford	450	0.4	7.6	14.9	62.4	13.6	1.1	0.0
Sampson	590	0.5	7.1	11.4	60.0	19.5	1.5	0.0
Scotland	425	0.7	11.3	13.9	60.0	12.7	1.4	0.0
Stanly	392	0.0	5.4	16.8	62.0	15.1	0.8	0.0
Stokes	250	0.0	5.6	12.4	67.2	14.0	0.8	0.0
Surry	491	0.2	7.7	15.9	56.8	17.5	1.8	0.0
Swain	159	1.3	5.0	12.6	68.6	11.9	0.6	0.0
Transylvan	168	0.6	4.2	18.5	62.5	13.1	1.2	0.0
Tyrrell	25	*	*	*	*	*	*	*
Union	1,033	0.6	4.9	11.6	56.9	23.7	2.2	0.0
Vance	462	0.4	9.1	16.0	57.8	16.5	0.2	0.0
Wake	4,140	0.3	5.0	10.0	58.3	24.6	1.9	0.0
Warren	157	0.0	6.4	17.8	59.9	15.9	0.0	0.0
Washington	105	1.0	4.8	15.2	62.9	16.2	0.0	0.0
Watauga	181	0.0	5.0	9.4	63.5	21.0	1.1	0.0

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County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Wayne Coun	953	0.1	6.7	12.8	64.6	14.9	0.8	0.0
Wilkes	486	0.4	6.6	12.3	63.6	15.8	1.2	0.0
Wilson Cou	669	1.0	8.8	12.6	60.1	16.7	0.7	0.0
Yadkin	254	0.0	7.5	15.7	57.1	18.5	1.2	0.0
Yancey	112	0.0	9.8	12.5	56.3	19.6	1.8	0.0
Unknown Counties	750	0.4	6.9	13.3	56.5	21.7	1.1	0.0
North Carolina	63,236	0.3	6.2	12.8	61.3	18.2	1.1	0.0
Nation (Prior Year)	1,304,320	0.3	5.8	12.3	59.4	20.4	1.5	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Alamance	958	4.0 (21)	59.8 (67)	375	17.3 (5)	46.9 (49)	136	40.4 (18)	400	52.5 (46)	0	*	*	0	**
Alexander	196	4.6 (38)	52.6 (14)	182	25.8 (48)	45.1 (30)	39	*	*	74	*	*	0	*	*
Alleghany	51	*	*	45	*	*	8	*	*	31	*	*	0	*	*
Anson	185	4.3 (29)	56.2 (37)	153	22.2 (28)	47.7 (54)	28	*	*	40	*	*	0	*	*
Ashe	129	7.8 (80)	51.2 (7)	113	22.1 (26)	41.6 (19)	22	*	*	58	*	*	0	*	*
Avery	74	*	*	18	*	*	14	*	*	24	*	*	0	*	*
Beaufort	272	6.3 (67)	56.3 (39)	130	20.0 (13)	45.4 (32)	26	*	*	156	30.8 (28)	0	*	*	
Bertie	122	2.5 (2)	68.0 (82)	71	*	*	19	*	*	81	*	*	0	*	*
Bladen	262	3.4 (12)	56.9 (43)	171	25.7 (47)	46.8 (47)	15	*	*	55	*	*	0	*	*
Brunswick	205	4.9 (48)	54.6 (24)	131	22.1 (26)	42.0 (23)	20	*	*	156	21.2 (6)	0	*	*	
Buncombe	1,071	4.9 (48)	51.3 (8)	561	20.5 (15)	46.3 (43)	143	22.4 (3)	344	31.7 (30)	0	*	*		
Burke	463	5.0 (52)	57.0 (46)	412	27.7 (57)	40.0 (8)	79	*	*	140	22.9 (12)	0	*	*	
Cabarrus	905	5.1 (55)	54.3 (23)	660	29.5 (64)	40.6 (12)	102	27.5 (9)	192	23.4 (14)	0	*	*		
Caldwell	468	6.8 (71)	57.9 (49)	429	19.3 (9)	51.5 (66)	37	*	*	109	22.9 (12)	0	*	*	
Camden	27	*	*	16	*	*	0	*	*	12	*	*	0	*	*
Carteret	169	4.1 (22)	52.1 (10)	130	14.6 (2)	56.2 (71)	21	*	*	138	23.9 (15)	0	*	*	
Caswell	100	5.0 (52)	58.0 (53)	76	*	*	8	*	*	17	*	*	0	*	*

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)																							
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy										
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum														
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)									
Catawba	774	4.8 (44)	55.9 (34)	670	30.3 (66)	39.7 (6)	152	22.4 (3)	525	22.5 (8)	0	*	*	0	**								
Chatham	246	4.5 (35)	60.2 (70)	217	24.9 (41)	36.4 (2)	23	*	*	211	22.7 (11)	0	*	*	0	**							
Cherokee	142	3.5 (15)	53.5 (20)	121	24.8 (40)	45.5 (35)	18	*	*	35	*	*	0	*	*	0	**						
Chowan	83	*	*	*	*	*	63	*	*	*	*	4	*	*	74	*	*	0	*	*	0	**	
Clay	51	*	*	*	*	*	42	*	*	*	*	1	*	*	22	*	*	0	*	*	0	**	
Cleveland	530	7.0 (75)	53.8 (21)	46	*	*	*	*	49	*	*	480	22.5 (8)	0	*	*	0	*	*	0	**		
Columbus	365	4.7 (42)	58.6 (58)	326	26.1 (51)	41.7 (20)	51	*	*	82	*	*	0	*	*	0	*	*	0	**			
Craven	717	6.4 (68)	52.3 (11)	487	20.9 (21)	45.4 (32)	25	*	*	590	25.9 (18)	0	*	*	0	*	*	0	*	*	0	**	
Cumberland	2,778	4.8 (44)	53.1 (17)	2,275	20.7 (17)	50.7 (64)	673	52.0 (22)	1,181	46.6 (40)	0	*	*	0	*	*	0	*	*	0	**		
Currituck	61	*	*	*	*	*	42	*	*	*	*	10	*	*	47	*	*	0	*	*	0	**	
Dare	146	4.1 (22)	45.2 (3)	75	*	*	*	*	15	*	*	45	*	*	0	*	*	0	*	*	0	**	
Davidson	791	3.9 (17)	55.9 (34)	664	23.9 (37)	45.6 (37)	156	22.4 (3)	471	20.8 (5)	0	*	*	0	*	*	0	*	*	0	**		
Davie	169	5.3 (62)	58.0 (53)	144	16.0 (4)	45.8 (39)	36	*	*	89	*	*	0	*	*	0	*	*	0	*	*	0	**
Duplin	423	41.8 (83)	36.9 (1)	240	36.3 (71)	37.9 (3)	57	*	*	142	40.1 (39)	0	*	*	0	*	*	0	*	*	0	**	
Durham	1,366	2.3 (1)	61.5 (73)	1,044	23.1 (33)	45.9 (40)	154	44.8 (20)	326	31.9 (32)	0	*	*	0	*	*	0	*	*	0	**		
Edgecombe	214	21.0 (82)	52.8 (16)	146	33.6 (70)	38.4 (4)	33	*	*	249	33.3 (34)	0	*	*	0	*	*	0	*	*	0	**	
Forsyth	2,125	4.3 (29)	57.6 (47)	1,571	23.0 (32)	47.9 (55)	275	50.5 (21)	827	50.9 (44)	0	*	*	0	*	*	0	*	*	0	**		

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Franklin	271	5.2 (59)	60.5 (71)	231	22.5 (30)	49.4 (62)	38	* *	61	* *	0	* *	0	* *
Gaston	1,215	5.9 (66)	52.4 (12)	1,066	31.1 (67)	40.2 (10)	215	34.9 (14)	458	53.7 (47)	0	* *	0	* *
Gates	18	* *	* *	17	* *	* *	5	* *	15	* *	0	* *	0	* *
Graham	62	* *	* *	53	* *	* *	2	* *	22	* *	0	* *	0	* *
Granville	295	6.8 (71)	63.4 (77)	236	23.3 (35)	42.4 (24)	18	* *	164	31.7 (30)	0	* *	0	* *
Greene	165	3.0 (5)	63.0 (76)	87	* *	* *	19	* *	67	* *	0	* *	0	* *
Guilford	1,850	4.6 (38)	59.5 (64)	910	20.5 (15)	51.5 (66)	92	* *	493	36.3 (35)	0	* *	0	* *
Halifax	384	5.5 (64)	65.4 (78)	344	23.8 (36)	46.8 (47)	33	* *	274	49.3 (43)	0	* *	0	* *
Harnett	663	5.1 (55)	56.0 (36)	552	21.2 (23)	48.6 (59)	138	32.6 (11)	244	28.3 (25)	0	* *	0	* *
Haywood	262	6.9 (73)	54.6 (24)	244	25.8 (48)	45.9 (40)	20	* *	79	* *	0	* *	0	* *
Henderson	353	6.5 (70)	59.2 (62)	210	21.0 (22)	49.5 (63)	75	* *	199	22.6 (10)	0	* *	0	* *
Hertford	147	4.1 (22)	70.7 (83)	106	25.5 (45)	48.1 (56)	11	* *	32	* *	0	* *	0	* *
Hoke	264	4.5 (35)	58.0 (53)	194	22.2 (28)	51.0 (65)	38	* *	91	* *	0	* *	0	* *
Hyde	26	* *	* *	20	* *	* *	2	* *	15	* *	0	* *	0	* *
Iredell	758	5.3 (62)	56.6 (41)	698	18.3 (7)	47.4 (51)	154	24.7 (8)	197	19.8 (3)	0	* *	0	* *
Jackson	256	3.5 (15)	59.8 (67)	189	15.9 (3)	52.4 (68)	15	* *	142	12.7 (1)	0	* *	0	* *
Johnston	710	7.2 (76)	58.5 (57)	472	17.6 (6)	54.2 (69)	230	37.8 (16)	430	48.6 (41)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
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Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Jones	57	* *	* *	4	* *	* *	4	* *	12	* *	0	* *	0	* *
Lee	350	4.9 (48)	62.6 (74)	270	21.5 (24)	43.7 (29)	38	* *	265	29.1 (26)	0	* *	0	* *
Lenoir	339	4.7 (42)	59.6 (66)	247	27.9 (59)	40.5 (11)	74	* *	226	37.2 (36)	0	* *	0	* *
Lincoln	236	7.2 (76)	50.4 (5)	79	* *	* *	43	* *	98	* *	0	* *	0	* *
Macon	285	8.4 (81)	50.9 (6)	210	33.3 (69)	39.0 (5)	28	* *	96	* *	0	* *	0	* *
Madison	111	2.7 (3)	51.4 (9)	19	* *	* *	13	* *	31	* *	0	* *	0	* *
Martin	92	* *	* *	16	* *	* *	11	* *	21	* *	0	* *	0	* *
Mcdowell	148	3.4 (12)	67.6 (81)	106	27.4 (56)	41.5 (18)	4	* *	36	* *	0	* *	0	* *
Mecklenbur	4,179	3.2 (7)	58.0 (53)	2,728	20.8 (19)	47.2 (50)	860	37.4 (15)	2,464	27.4 (23)	0	* *	0	* *
Mitchell	75	* *	* *	48	* *	* *	9	* *	30	* *	0	* *	0	* *
Montgomery	210	4.3 (29)	54.8 (27)	94	* *	* *	15	* *	43	* *	0	* *	0	* *
Moore	269	3.3 (8)	55.8 (33)	202	28.7 (62)	47.5 (52)	36	* *	93	* *	0	* *	0	* *
Nash	636	5.8 (65)	59.9 (69)	521	29.0 (63)	39.7 (6)	30	* *	185	49.2 (42)	0	* *	0	* *
New Hanove	541	5.2 (59)	55.1 (29)	426	20.7 (17)	46.0 (42)	113	39.8 (17)	350	26.3 (19)	0	* *	0	* *
Northhampt	139	4.3 (29)	66.9 (80)	123	18.7 (8)	45.5 (35)	16	* *	76	* *	0	* *	0	* *
Onslow	1,718	4.2 (27)	49.9 (4)	1,490	19.7 (12)	46.7 (46)	286	22.4 (3)	1,782	17.5 (2)	0	* *	0	* *
Orange	387	4.1 (22)	54.0 (22)	304	20.1 (14)	45.4 (32)	42	* *	182	26.4 (20)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
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* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pamlico	71	* *	* *	10	* *	* *	3	* *	11	* *	0	* *	0	* *
Pasquotank	177	5.1 (55)	59.3 (63)	79	* *	* *	21	* *	124	57.3 (48)	0	* *	0	* *
Pender	204	4.9 (48)	56.9 (43)	172	26.7 (52)	41.3 (17)	40	* *	83	* *	0	* *	0	* *
Perquimans	60	* *	* *	3	* *	* *	10	* *	55	* *	0	* *	0	* *
Person	233	3.9 (17)	53.2 (18)	146	13.0 (1)	49.3 (61)	26	* *	44	* *	0	* *	0	* *
Pitt	923	3.9 (17)	58.8 (61)	835	20.8 (19)	45.7 (38)	147	42.2 (19)	258	58.5 (49)	0	* *	0	* *
Polk	67	* *	* *	56	* *	* *	5	* *	56	* *	0	* *	0	* *
Randolph	799	4.6 (38)	56.9 (43)	658	19.6 (11)	48.2 (58)	147	21.1 (2)	535	31.0 (29)	0	* *	0	* *
Richmond	384	7.6 (79)	53.4 (19)	185	22.7 (31)	54.6 (70)	74	* *	125	51.2 (45)	0	* *	0	* *
Robeson	1,150	5.0 (52)	56.3 (39)	971	28.4 (61)	40.0 (8)	309	19.1 (1)	410	37.3 (37)	0	* *	0	* *
Rockingham	517	3.3 (8)	62.7 (75)	63	* *	* *	69	* *	80	* *	0	* *	0	* *
Rowan	756	4.5 (35)	55.4 (30)	680	25.3 (43)	43.4 (25)	164	23.2 (7)	385	25.5 (17)	0	* *	0	* *
Rutherford	389	6.4 (68)	52.4 (12)	358	24.0 (38)	43.6 (27)	54	* *	246	30.1 (27)	0	* *	0	* *
Sampson	465	3.9 (17)	60.9 (72)	320	25.3 (43)	46.6 (45)	63	* *	240	37.9 (38)	0	* *	0	* *
Scotland	195	4.1 (22)	57.9 (49)	141	27.0 (54)	47.5 (52)	16	* *	52	* *	0	* *	0	* *
Stanly	315	5.1 (55)	52.7 (15)	270	24.4 (39)	41.1 (15)	48	* *	218	27.1 (22)	0	* *	0	* *
Stokes	202	6.9 (73)	57.9 (49)	147	23.1 (33)	43.5 (26)	41	* *	69	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Surry	373	4.8 (44)	56.8 (42)	233	21.9 (25)	48.1 (56)	51	* *	155	60.6 (50)	0	* *	0	* *
Swain	122	3.3 (8)	55.7 (32)	79	* *	* *	10	* *	97	* *	0	* *	0	* *
Transylvan	123	7.3 (78)	44.7 (2)	87	* *	* *	16	* *	41	* *	0	* *	0	* *
Tyrrell	25	* *	* *	21	* *	* *	2	* *	5	* *	0	* *	0	* *
Union	717	4.3 (29)	57.9 (49)	397	27.0 (54)	41.8 (22)	274	33.6 (12)	290	27.6 (24)	0	* *	0	* *
Vance	358	3.1 (6)	58.7 (60)	308	31.5 (68)	40.6 (12)	41	* *	175	78.3 (51)	0	* *	0	* *
Wake	1,745	4.8 (44)	55.6 (31)	1,433	25.5 (45)	41.7 (20)	238	33.6 (12)	1,295	24.3 (16)	0	* *	0	* *
Warren	130	4.6 (38)	65.4 (78)	110	28.2 (60)	46.4 (44)	16	* *	49	* *	0	* *	0	* *
Washington	92	* *	* *	83	* *	* *	11	* *	19	* *	0	* *	0	* *
Watauga	153	3.3 (8)	54.9 (28)	108	19.4 (10)	49.1 (60)	18	* *	81	* *	0	* *	0	* *
Wayne Coun	634	4.3 (29)	57.6 (47)	296	25.0 (42)	43.6 (27)	42	* *	263	32.7 (33)	0	* *	0	* *
Wilkes	422	2.8 (4)	59.5 (64)	401	29.9 (65)	33.7 (1)	96	* *	182	20.3 (4)	0	* *	0	* *
Wilson Cou	611	5.2 (59)	58.6 (58)	436	27.8 (58)	41.1 (15)	105	29.5 (10)	412	22.1 (7)	0	* *	0	* *
Yadkin	214	4.2 (27)	54.7 (26)	175	26.9 (53)	40.6 (12)	31	* *	78	* *	0	* *	0	* *
Yancey	71	* *	* *	47	* *	* *	9	* *	57	* *	0	* *	0	* *
Unknown Counties	436	3.4 (12)	56.2 (37)	330	25.8 (48)	45.2 (31)	45	* *	290	26.9 (21)	0	* *	0	* *
North Carolina	47,242	5.1	56.4	34,000	23.6	45.3	7,418	34.5	22,876	31.9	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Nation (Prior Year)	1,226,875	4.5	52.9	917,032	21.2	48.2	189,944	33.9	412,633	28.8	389,161	5.0	394,368	6.8

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)													
County	Medical Care				WIC Enrollment		Multivitamin Consumption						
	1st Trimester		No Care		1st Trimester		Prepregnancy ⁽⁴⁾		During Pregnancy ⁽⁵⁾				
	Number	% (Rank)	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)			
Alamance	0	*	*	*	*	934	48.7 (18)	0	*	*	0	*	*
Alexander	0	*	*	*	*	182	40.1 (37)	0	*	*	0	*	*
Alleghany	0	*	*	*	*	49	* *	0	*	*	0	*	*
Anson	0	*	*	*	*	169	48.5 (19)	0	*	*	0	*	*
Ashe	0	*	*	*	*	124	44.4 (24)	0	*	*	0	*	*
Avery	0	*	*	*	*	70	* *	0	*	*	0	*	*
Beaufort	0	*	*	*	*	277	50.2 (14)	0	*	*	0	*	*
Bertie	0	*	*	*	*	107	30.8 (65)	0	*	*	0	*	*
Bladen	0	*	*	*	*	241	59.8 (6)	0	*	*	0	*	*
Brunswick	0	*	*	*	*	430	39.3 (41)	0	*	*	0	*	*
Buncombe	0	*	*	*	*	1,062	39.2 (43)	0	*	*	0	*	*
Burke	0	*	*	*	*	414	23.2 (76)	0	*	*	0	*	*
Cabarrus	0	*	*	*	*	877	24.9 (75)	0	*	*	0	*	*
Caldwell	0	*	*	*	*	446	61.2 (3)	0	*	*	0	*	*
Camden	0	*	*	*	*	28	* *	0	*	*	0	*	*
Carteret	0	*	*	*	*	264	34.8 (55)	0	*	*	0	*	*
Caswell	0	*	*	*	*	94	* *	0	*	*	0	*	*
Catawba	0	*	*	*	*	713	30.7 (67)	0	*	*	0	*	*
Chatham	0	*	*	*	*	244	41.4 (34)	0	*	*	0	*	*
Cherokee	0	*	*	*	*	134	52.2 (9)	0	*	*	0	*	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)														
County	Medical Care				WIC Enrollment		Multivitamin Consumption							
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)					
	Number	% (Rank)	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)				
Chowan	0	*	*	*	*	72	*	*	0	*	*			
Clay	0	*	*	*	*	47	*	*	0	*	*			
Cleveland	0	*	*	*	*	673	51.7 (11)	0	*	*	0	*	*	
Columbus	0	*	*	*	*	341	37.0 (48)	0	*	*	0	*	*	
Craven	0	*	*	*	*	805	40.1 (37)	0	*	*	0	*	*	
Cumberland	0	*	*	*	*	2,663	31.4 (62)	0	*	*	0	*	*	
Currituck	0	*	*	*	*	59	*	*	0	*	*	0	*	*
Dare	0	*	*	*	*	136	43.4 (29)	0	*	*	0	*	*	
Davidson	0	*	*	*	*	765	35.9 (50)	0	*	*	0	*	*	
Davie	0	*	*	*	*	165	30.9 (63)	0	*	*	0	*	*	
Duplin	0	*	*	*	*	392	35.5 (51)	0	*	*	0	*	*	
Durham	0	*	*	*	*	1,294	16.0 (79)	0	*	*	0	*	*	
Edgecombe	0	*	*	*	*	468	39.3 (41)	0	*	*	0	*	*	
Forsyth	0	*	*	*	*	2,026	39.1 (44)	0	*	*	0	*	*	
Franklin	0	*	*	*	*	249	39.8 (39)	0	*	*	0	*	*	
Gaston	0	*	*	*	*	1,124	29.9 (69)	0	*	*	0	*	*	
Gates	0	*	*	*	*	18	*	*	0	*	*	0	*	*
Graham	0	*	*	*	*	59	*	*	0	*	*	0	*	*
Granville	0	*	*	*	*	228	44.7 (23)	0	*	*	0	*	*	
Greene	0	*	*	*	*	155	43.9 (27)	0	*	*	0	*	*	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)													
County	Medical Care				WIC Enrollment		Multivitamin Consumption						
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)				
	Number	% (Rank)	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)			
Guilford	0	*	*	*	*	1,769	32.7 (60)	0	*	*	0	*	*
Halifax	0	*	*	*	*	381	27.8 (73)	0	*	*	0	*	*
Harnett	0	*	*	*	*	628	35.0 (53)	0	*	*	0	*	*
Haywood	0	*	*	*	*	252	52.0 (10)	0	*	*	0	*	*
Henderson	0	*	*	*	*	349	35.5 (51)	0	*	*	0	*	*
Hertford	0	*	*	*	*	139	31.7 (61)	0	*	*	0	*	*
Hoke	0	*	*	*	*	341	30.8 (65)	0	*	*	0	*	*
Hyde	0	*	*	*	*	25	* *	0	*	*	0	*	*
Iredell	0	*	*	*	*	748	36.5 (49)	0	*	*	0	*	*
Jackson	0	*	*	*	*	250	49.6 (16)	0	*	*	0	*	*
Johnston	0	*	*	*	*	719	9.7 (81)	0	*	*	0	*	*
Jones	0	*	*	*	*	56	* *	0	*	*	0	*	*
Lee	0	*	*	*	*	326	29.4 (71)	0	*	*	0	*	*
Lenoir	0	*	*	*	*	332	34.9 (54)	0	*	*	0	*	*
Lincoln	0	*	*	*	*	268	42.5 (30)	0	*	*	0	*	*
Macon	0	*	*	*	*	228	60.5 (4)	0	*	*	0	*	*
Madison	0	*	*	*	*	107	40.2 (36)	0	*	*	0	*	*
Martin	0	*	*	*	*	93	* *	0	*	*	0	*	*
Mcdowell	0	*	*	*	*	137	62.0 (1)	0	*	*	0	*	*
Mecklenbur	0	*	*	*	*	4,023	14.3 (80)	0	*	*	0	*	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)														
County	Medical Care					WIC Enrollment		Multivitamin Consumption						
	1st Trimester		No Care			1st Trimester		Prepregnancy (4)		During Pregnancy (5)				
	Number	%	%	%	%	Number	%	Number	%	Number	%			
	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)	(Rank)				
Mitchell	0	*	*	*	*	77	*	*	0	*	*	0	*	*
Montgomery	0	*	*	*	*	201	61.7	(2)	0	*	*	0	*	*
Moore	0	*	*	*	*	249	39.0	(45)	0	*	*	0	*	*
Nash	0	*	*	*	*	635	42.0	(31)	0	*	*	0	*	*
New Hanove	0	*	*	*	*	863	41.9	(32)	0	*	*	0	*	*
Northhampt	0	*	*	*	*	130	41.5	(33)	0	*	*	0	*	*
Onslow	0	*	*	*	*	1,804	37.4	(47)	0	*	*	0	*	*
Orange	0	*	*	*	*	374	26.7	(74)	0	*	*	0	*	*
Pamlico	0	*	*	*	*	66	*	*	0	*	*	0	*	*
Pasquotank	0	*	*	*	*	170	50.0	(15)	0	*	*	0	*	*
Pender	0	*	*	*	*	204	33.3	(59)	0	*	*	0	*	*
Perquimans	0	*	*	*	*	59	*	*	0	*	*	0	*	*
Person	0	*	*	*	*	217	47.0	(20)	0	*	*	0	*	*
Pitt	0	*	*	*	*	896	40.6	(35)	0	*	*	0	*	*
Polk	0	*	*	*	*	62	*	*	0	*	*	0	*	*
Randolph	0	*	*	*	*	773	34.2	(58)	0	*	*	0	*	*
Richmond	0	*	*	*	*	374	46.8	(21)	0	*	*	0	*	*
Robeson	0	*	*	*	*	1,076	22.2	(77)	0	*	*	0	*	*
Rockingham	0	*	*	*	*	479	51.4	(12)	0	*	*	0	*	*
Rowan	0	*	*	*	*	702	28.6	(72)	0	*	*	0	*	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before preanancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Rutherford	0	* *	* *	* *	371	49.1 (17)	0	* *	0	* *
Sampson	0	* *	* *	* *	465	38.1 (46)	0	* *	0	* *
Scotland	0	* *	* *	* *	333	60.4 (5)	0	* *	0	* *
Stanly	0	* *	* *	* *	302	44.4 (24)	0	* *	0	* *
Stokes	0	* *	* *	* *	187	39.6 (40)	0	* *	0	* *
Surry	0	* *	* *	* *	352	43.5 (28)	0	* *	0	* *
Swain	0	* *	* *	* *	126	46.8 (21)	0	* *	0	* *
Transylvan	0	* *	* *	* *	119	54.6 (7)	0	* *	0	* *
Tyrrell	0	* *	* *	* *	20	* *	0	* *	0	* *
Union	0	* *	* *	* *	666	3.8 (82)	0	* *	0	* *
Vance	0	* *	* *	* *	333	30.9 (63)	0	* *	0	* *
Wake	0	* *	* *	* *	2,950	22.2 (77)	0	* *	0	* *
Warren	0	* *	* *	* *	119	51.3 (13)	0	* *	0	* *
Washington	0	* *	* *	* *	84	* *	0	* *	0	* *
Watauga	0	* *	* *	* *	136	52.9 (8)	0	* *	0	* *
Wayne Coun	0	* *	* *	* *	803	34.6 (57)	0	* *	0	* *
Wilkes	0	* *	* *	* *	416	29.6 (70)	0	* *	0	* *
Wilson Cou	0	* *	* *	* *	584	30.0 (68)	0	* *	0	* *
Yadkin	0	* *	* *	* *	205	44.4 (24)	0	* *	0	* *
Yancey	0	* *	* *	* *	99	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	0	* *	*	*	588	34.7 (56)	0	* *	0	* *
North Carolina	0	*	*		48,438	33.8	0	*	0	*
Nation (Prior Year)	527,184	82.2	3.1		1,213,982	34.1	360,369	18.7	372,743	83.5

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	967	29.8 (54)	0	* *	0	* *	0	* *	0	* *
Alexander	176	35.2 (70)	0	* *	0	* *	0	* *	0	* *
Alleghany	50	* *	0	* *	0	* *	0	* *	0	* *
Anson	188	29.8 (54)	0	* *	0	* *	0	* *	0	* *
Ashe	110	49.1 (82)	0	* *	0	* *	0	* *	0	* *
Avery	74	* *	0	* *	0	* *	0	* *	0	* *
Beaufort	295	33.2 (65)	0	* *	0	* *	0	* *	0	* *
Bertie	121	21.5 (30)	0	* *	0	* *	0	* *	0	* *
Bladen	264	18.6 (23)	0	* *	0	* *	0	* *	0	* *
Brunswick	330	33.3 (66)	0	* *	0	* *	0	* *	0	* *
Buncombe	1,058	21.6 (32)	0	* *	0	* *	0	* *	0	* *
Burke	250	44.4 (77)	0	* *	0	* *	0	* *	0	* *
Cabarrus	911	19.8 (25)	0	* *	0	* *	0	* *	0	* *
Caldwell	469	39.0 (75)	0	* *	0	* *	0	* *	0	* *
Camden	27	* *	0	* *	0	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	241	46.5 (81)	0	* *	0	* *	0	* *	0	* *
Caswell	102	32.4 (63)	0	* *	0	* *	0	* *	0	* *
Catawba	784	26.9 (46)	0	* *	0	* *	0	* *	0	* *
Chatham	256	14.8 (16)	0	* *	0	* *	0	* *	0	* *
Cherokee	142	49.3 (83)	0	* *	0	* *	0	* *	0	* *
Chowan	77	* *	0	* *	0	* *	0	* *	0	* *
Clay	51	* *	0	* *	0	* *	0	* *	0	* *
Cleveland	521	38.8 (74)	0	* *	0	* *	0	* *	0	* *
Columbus	373	31.6 (61)	0	* *	0	* *	0	* *	0	* *
Craven	814	27.8 (48)	0	* *	0	* *	0	* *	0	* *
Cumberland	2,622	27.7 (47)	0	* *	0	* *	0	* *	0	* *
Currituck	58	* *	0	* *	0	* *	0	* *	0	* *
Dare	144	28.5 (49)	0	* *	0	* *	0	* *	0	* *
Davidson	802	35.0 (69)	0	* *	0	* *	0	* *	0	* *
Davie	126	20.6 (28)	0	* *	0	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	427	12.2 (7)	0	* *	0	* *	0	* *	0	* *
Durham	1,356	14.4 (13)	0	* *	0	* *	0	* *	0	* *
Edgecombe	348	11.2 (5)	0	* *	0	* *	0	* *	0	* *
Forsyth	2,138	16.5 (19)	0	* *	0	* *	0	* *	0	* *
Franklin	255	23.1 (36)	0	* *	0	* *	0	* *	0	* *
Gaston	1,234	33.5 (68)	0	* *	0	* *	0	* *	0	* *
Gates	19	* *	0	* *	0	* *	0	* *	0	* *
Graham	58	* *	0	* *	0	* *	0	* *	0	* *
Granville	290	23.4 (38)	0	* *	0	* *	0	* *	0	* *
Greene	164	14.0 (11)	0	* *	0	* *	0	* *	0	* *
Guilford	1,866	11.3 (6)	0	* *	0	* *	0	* *	0	* *
Halifax	397	26.4 (44)	0	* *	0	* *	0	* *	0	* *
Harnett	669	28.7 (51)	0	* *	0	* *	0	* *	0	* *
Haywood	261	46.4 (80)	0	* *	0	* *	0	* *	0	* *
Henderson	277	29.6 (53)	0	* *	0	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	149	10.1 (3)	0	* *	0	* *	0	* *	0	* *
Hoke	356	23.3 (37)	0	* *	0	* *	0	* *	0	* *
Hyde	27	* *	0	* *	0	* *	0	* *	0	* *
Iredell	763	21.5 (30)	0	* *	0	* *	0	* *	0	* *
Jackson	164	31.1 (58)	0	* *	0	* *	0	* *	0	* *
Johnston	618	20.1 (27)	0	* *	0	* *	0	* *	0	* *
Jones	57	* *	0	* *	0	* *	0	* *	0	* *
Lee	362	19.9 (26)	0	* *	0	* *	0	* *	0	* *
Lenoir	264	26.5 (45)	0	* *	0	* *	0	* *	0	* *
Lincoln	292	32.5 (64)	0	* *	0	* *	0	* *	0	* *
Macon	283	31.4 (59)	0	* *	0	* *	0	* *	0	* *
Madison	109	29.4 (52)	0	* *	0	* *	0	* *	0	* *
Martin	92	* *	0	* *	0	* *	0	* *	0	* *
Mcdowell	149	23.5 (39)	0	* *	0	* *	0	* *	0	* *
Mecklenbur	4,138	3.2 (1)	0	* *	0	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
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Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	76	* *	0	* *	0	* *	0	* *	0	* *
Montgomery	203	22.2 (33)	0	* *	0	* *	0	* *	0	* *
Moore	240	19.6 (24)	0	* *	0	* *	0	* *	0	* *
Nash	643	18.5 (22)	0	* *	0	* *	0	* *	0	* *
New Hanove	456	21.1 (29)	0	* *	0	* *	0	* *	0	* *
Northhampt	135	23.0 (35)	0	* *	0	* *	0	* *	0	* *
Onslow	1,911	32.1 (62)	0	* *	0	* *	0	* *	0	* *
Orange	390	14.4 (13)	0	* *	0	* *	0	* *	0	* *
Pamlico	69	* *	0	* *	0	* *	0	* *	0	* *
Pasquotank	129	10.1 (3)	0	* *	0	* *	0	* *	0	* *
Pender	203	25.1 (42)	0	* *	0	* *	0	* *	0	* *
Perquimans	11	* *	0	* *	0	* *	0	* *	0	* *
Person	235	37.4 (72)	0	* *	0	* *	0	* *	0	* *
Pitt	924	15.7 (18)	0	* *	0	* *	0	* *	0	* *
Polk	66	* *	0	* *	0	* *	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.
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Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	828	30.6 (57)	0	* *	0	* *	0	* *	0	* *
Richmond	387	33.3 (66)	0	* *	0	* *	0	* *	0	* *
Robeson	1,164	13.5 (9)	0	* *	0	* *	0	* *	0	* *
Rockingham	525	31.4 (59)	0	* *	0	* *	0	* *	0	* *
Rowan	447	24.8 (41)	0	* *	0	* *	0	* *	0	* *
Rutherford	393	28.5 (49)	0	* *	0	* *	0	* *	0	* *
Sampson	486	14.4 (13)	0	* *	0	* *	0	* *	0	* *
Scotland	369	22.5 (34)	0	* *	0	* *	0	* *	0	* *
Stanly	313	24.0 (40)	0	* *	0	* *	0	* *	0	* *
Stokes	201	46.3 (79)	0	* *	0	* *	0	* *	0	* *
Surry	373	25.7 (43)	0	* *	0	* *	0	* *	0	* *
Swain	100	41.0 (76)	0	* *	0	* *	0	* *	0	* *
Transylvan	124	45.2 (78)	0	* *	0	* *	0	* *	0	* *
Tyrrell	25	* *	0	* *	0	* *	0	* *	0	* *
Union	654	13.0 (8)	0	* *	0	* *	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.
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Table 7B
2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	360	14.2 (12)	0	* *	0	* *	0	* *	0	* *
Wake	1,716	8.7 (2)	0	* *	0	* *	0	* *	0	* *
Warren	133	13.5 (9)	0	* *	0	* *	0	* *	0	* *
Washington	93	* *	0	* *	0	* *	0	* *	0	* *
Watauga	152	38.2 (73)	0	* *	0	* *	0	* *	0	* *
Wayne Coun	840	15.4 (17)	0	* *	0	* *	0	* *	0	* *
Wilkes	423	35.9 (71)	0	* *	0	* *	0	* *	0	* *
Wilson Cou	614	17.1 (21)	0	* *	0	* *	0	* *	0	* *
Yadkin	218	30.3 (56)	0	* *	0	* *	0	* *	0	* *
Yancey	88	* *	0	* *	0	* *	0	* *	0	* *
Unknown Counties	446	17.0 (20)	0	* *	0	* *	0	* *	0	* *
North Carolina	47,148	22.0	0	*	0	*	0	*	0	*
Nation (Prior Year)	1,040,568	22.9	838,781	13.0	156,709	36.7	650,648	17.1	559,995	16.8

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(4) Among women who smoked 3 months prior to pregnancy.
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Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Alamance	989	9.5 (45)	6.4 (41)	982	12.4 (25)	860	5.2 (58)	978	58.4 (45)
Alexander	232	6.9 (8)	7.3 (56)	228	12.3 (20)	200	3.0 (15)	230	94.8 (3)
Alleghany	62	* * *	* *	62	* *	53	* *	51	* *
Anson	187	12.8 (78)	4.3 (8)	185	13.5 (39)	160	6.3 (72)	185	37.8 (66)
Ashe	146	13.0 (80)	4.8 (13)	146	21.2 (80)	115	5.2 (58)	139	78.4 (12)
Avery	39	* * *	* *	37	* *	32	* *	38	* *
Beaufort	318	11.0 (67)	4.7 (12)	313	14.4 (51)	268	5.2 (58)	317	55.8 (49)
Bertie	100	6.0 (4)	3.0 (2)	100	18.0 (73)	82	* *	99	* *
Bladen	203	11.3 (70)	9.9 (81)	201	18.9 (77)	163	1.8 (4)	202	46.0 (62)
Brunswick	481	8.1 (27)	6.9 (48)	474	9.5 (3)	429	4.9 (54)	475	36.4 (68)
Buncombe	837	8.8 (34)	5.5 (25)	834	17.3 (71)	690	4.1 (39)	771	90.7 (4)
Burke	532	7.3 (13)	7.0 (49)	522	13.0 (30)	454	1.5 (2)	500	67.4 (28)
Cabarrus	1,053	9.8 (48)	5.3 (22)	1,043	14.1 (46)	896	4.8 (52)	1,045	68.3 (25)
Caldwell	499	11.6 (73)	7.0 (49)	495	14.1 (46)	425	6.6 (74)	497	62.0 (38)

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- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Camden	32	* * * *		32	* *	29	* *	27	* *
Carteret	212	7.1 (9)	9.4 (77)	206	9.7 (6)	186	3.2 (21)	204	72.5 (21)
Caswell	93	* * * *		90	* *	75	* *	93	* *
Catawba	888	7.2 (11)	7.5 (59)	864	11.8 (14)	762	2.8 (11)	886	66.9 (30)
Chatham	294	9.2 (41)	9.2 (76)	283	14.1 (46)	243	3.3 (24)	292	78.4 (12)
Cherokee	153	12.4 (76)	7.2 (54)	153	12.4 (25)	134	7.5 (77)	151	64.2 (34)
Chowan	100	16.0 (83)	5.0 (19)	97	* *	83	* *	92	* *
Clay	52	* * * *		52	* *	44	* *	52	* *
Cleveland	692	10.7 (61)	7.5 (59)	688	13.8 (41)	593	5.6 (68)	688	48.1 (60)
Columbus	444	10.8 (63)	5.6 (28)	434	16.1 (63)	364	5.2 (58)	444	34.0 (70)
Craven	790	8.0 (24)	9.0 (75)	781	9.9 (7)	704	3.0 (15)	743	38.4 (65)
Cumberland	3,370	9.8 (48)	6.6 (44)	3,337	15.3 (60)	2,826	4.1 (39)	3,355	71.3 (23)
Currituck	64	* * * *		62	* *	58	* *	54	* *
Dare	122	2.5 (1)	13.1 (83)	121	5.8 (1)	114	0.9 (1)	115	99.1 (1)

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Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾		High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)	Number						
Davidson	936	10.9 (65)	7.1 (52)		931	12.6 (27)	814	5.3 (63)	877	82.4 (10)
Davie	197	7.1 (9)	8.1 (68)		193	15.0 (55)	164	3.0 (15)	193	52.3 (56)
Duplin	404	8.4 (30)	5.9 (35)		393	17.0 (68)	326	4.3 (45)	388	60.8 (41)
Durham	1,647	10.0 (55)	5.6 (28)		1,617	15.0 (55)	1,373	4.4 (46)	1,609	65.3 (32)
Edgecombe	486	10.7 (61)	3.5 (5)		474	17.3 (71)	392	3.3 (24)	482	33.8 (71)
Forsyth	2,349	11.2 (68)	5.8 (32)		2,325	18.7 (75)	1,891	5.3 (63)	2,338	78.1 (14)
Franklin	311	6.8 (6)	5.5 (25)		307	14.0 (44)	264	2.7 (10)	299	42.1 (64)
Gaston	1,428	10.2 (58)	5.1 (20)		1,400	12.9 (29)	1,220	4.5 (49)	1,412	55.7 (50)
Gates	23	* * * *			23	* *	20	* *	20	* *
Graham	69	* * * *			69	* *	59	* *	42	* *
Granville	324	9.9 (54)	7.1 (52)		312	14.1 (46)	268	6.3 (72)	316	71.2 (24)
Greene	190	7.4 (15)	6.8 (46)		190	9.5 (3)	172	2.9 (12)	188	63.3 (36)
Guilford	1,827	9.4 (44)	6.5 (43)		1,785	12.3 (20)	1,564	4.1 (39)	1,821	68.0 (27)
Halifax	440	11.8 (75)	4.5 (9)		433	19.2 (79)	350	6.6 (74)	436	37.4 (67)

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Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Harnett	781	7.8 (23)	6.4 (41)	765	15.8 (62)	644	3.7 (31)	773	63.1 (37)
Haywood	297	9.8 (48)	9.8 (80)	295	22.0 (81)	230	1.7 (3)	208	63.5 (35)
Henderson	358	5.3 (3)	6.7 (45)	356	12.1 (18)	313	1.9 (5)	358	87.2 (7)
Hertford	143	9.8 (48)	5.6 (28)	142	15.5 (61)	120	2.5 (8)	141	33.3 (73)
Hoke	314	9.6 (46)	5.1 (20)	307	16.3 (66)	257	5.4 (65)	309	52.4 (54)
Hyde	34	* * *	* *	34	* *	28	* *	34	* *
Iredell	873	7.4 (15)	4.8 (13)	869	12.3 (20)	762	2.2 (6)	848	72.6 (19)
Jackson	277	7.2 (11)	7.9 (64)	270	10.4 (9)	242	3.3 (24)	270	60.7 (42)
Johnston	929	8.7 (32)	7.2 (54)	913	13.3 (37)	792	3.2 (21)	915	54.2 (52)
Jones	16	* * *	* *	14	* *	12	* *	16	* *
Lee	464	8.0 (24)	5.6 (28)	451	19.1 (78)	365	3.8 (32)	456	57.5 (47)
Lenoir	449	10.9 (65)	5.8 (32)	432	13.9 (43)	372	5.9 (71)	447	49.4 (58)
Lincoln	159	12.6 (77)	8.8 (73)	153	11.8 (14)	135	8.9 (79)	155	78.1 (14)
Macon	276	9.8 (48)	8.0 (65)	270	14.8 (53)	230	3.9 (34)	274	62.0 (38)

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Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾		High ⁽⁵⁾		Number	% ^(Rank)	Number	% ^(Rank)	Number	% ^(Rank)
	Number	% ^(Rank)	% ^(Rank)							
Madison	52	* * * *	* * * *		50	* *	44	* *	52	* *
Martin	37	* * * *	* * * *		37	* *	34	* *	35	* *
Mcdowell	130	11.5 (71)	3.1 (3)		129	13.2 (34)	112	5.4 (65)	110	25.5 (79)
Mecklenbur	3,804	9.8 (48)	4.5 (9)		3,766	13.4 (38)	3,261	4.7 (50)	3,746	68.1 (26)
Mitchell	71	* * * *	* * * *		70	* *	60	* *	70	* *
Montgomery	152	9.2 (41)	2.6 (1)		152	11.8 (14)	134	5.2 (58)	138	75.4 (16)
Moore	403	7.4 (15)	6.2 (38)		392	10.7 (10)	350	2.9 (12)	402	58.5 (44)
Nash	693	8.9 (36)	5.8 (32)		687	13.2 (34)	596	3.5 (29)	679	60.2 (43)
New Hanove	973	6.8 (6)	8.4 (70)		969	10.1 (8)	871	3.8 (32)	964	67.3 (29)
Northhampt	156	13.5 (81)	4.5 (9)		154	22.7 (82)	119	7.6 (78)	155	30.3 (76)
Onslow	2,080	6.6 (5)	8.8 (73)		2,053	9.5 (3)	1,857	3.1 (18)	2,074	56.8 (48)
Orange	433	11.5 (71)	7.6 (62)		428	14.0 (44)	368	4.1 (39)	411	73.7 (18)
Pamlico	17	* * * *	* * * *		16	* *	14	* *	16	* *
Pasquotank	204	9.3 (43)	3.4 (4)		203	12.3 (20)	178	6.7 (76)	187	27.3 (78)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
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Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Pender	272	8.8 (34)	7.4 (57)	267	13.1 (32)	232	5.6 (68)	259	43.6 (63)
Perquimans	62	* * *	* *	62	* *	53	* *	23	* *
Person	186	12.9 (79)	5.4 (23)	184	13.0 (30)	160	5.6 (68)	185	53.5 (53)
Pitt	1,076	10.8 (63)	5.9 (35)	1,071	14.9 (54)	911	4.9 (54)	1,055	52.4 (54)
Polk	74	* * *	* *	73	* *	61	* *	74	* *
Randolph	882	7.7 (21)	8.0 (65)	870	14.6 (52)	743	3.1 (18)	879	66.9 (30)
Richmond	269	10.0 (55)	7.4 (57)	265	15.1 (59)	225	4.4 (46)	264	34.1 (69)
Robeson	1,361	10.2 (58)	5.4 (23)	1,338	16.7 (67)	1,114	4.9 (54)	1,315	33.4 (72)
Rockingham	539	8.7 (32)	8.2 (69)	536	13.1 (32)	465	3.9 (34)	541	49.0 (59)
Rowan	889	9.6 (46)	6.3 (40)	880	14.1 (46)	756	4.2 (43)	887	54.7 (51)
Rutherford	434	9.0 (39)	9.7 (79)	432	11.6 (13)	382	2.9 (12)	417	72.4 (22)
Sampson	474	7.4 (15)	7.0 (49)	468	12.2 (19)	411	3.9 (34)	465	32.3 (75)
Scotland	356	11.2 (68)	4.8 (13)	344	18.6 (74)	280	5.4 (65)	353	29.7 (77)
Stanly	353	10.2 (58)	4.8 (13)	350	17.1 (69)	290	4.8 (52)	335	83.9 (9)

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Stokes	235	8.1 (27)	7.7 (63)	229	16.2 (65)	192	4.2 (43)	234	50.9 (57)
Surry	450	7.3 (13)	6.0 (37)	445	11.9 (17)	392	3.3 (24)	446	57.8 (46)
Swain	139	4.3 (2)	9.4 (77)	139	9.4 (2)	126	2.4 (7)	136	88.2 (5)
Transylvan	134	9.0 (39)	7.5 (59)	133	15.0 (55)	113	4.4 (46)	133	97.7 (2)
Tyrrell	22	* * *	* *	21	* *	19	* *	22	* *
Union	747	8.3 (29)	6.2 (38)	715	12.3 (20)	627	4.0 (37)	740	72.6 (19)
Vance	438	10.0 (55)	5.5 (25)	426	13.8 (41)	367	4.9 (54)	408	21.6 (80)
Wake	3,855	8.6 (31)	8.0 (65)	3,767	13.2 (34)	3,267	3.6 (30)	3,425	86.3 (8)
Warren	146	11.6 (73)	4.1 (7)	145	17.2 (70)	120	3.3 (24)	145	47.6 (61)
Washington	101	8.9 (36)	9.9 (81)	100	15.0 (55)	85	* *	97	* *
Watauga	143	7.7 (21)	8.4 (70)	142	11.3 (12)	126	3.2 (21)	142	87.3 (6)
Wayne Coun	496	7.5 (19)	8.5 (72)	485	10.9 (11)	432	2.5 (8)	478	61.1 (40)
Wilkes	472	8.9 (36)	4.9 (17)	468	13.7 (40)	404	4.0 (37)	471	65.0 (33)
Wilson Cou	634	8.0 (24)	3.6 (6)	633	16.1 (63)	531	4.7 (50)	631	33.3 (73)

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one county's rate to other counties. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	244	13.5 (81)	4.9 (17)	245	18.8 (76)	198	9.1 (80)	241	79.7 (11)
Yancey	83	* * *	* *	83	* *	75	* *	83	* *
Unknown Counties	681	7.5 (19)	6.8 (46)	674	12.6 (27)	589	3.1 (18)	619	74.3 (17)
North Carolina	54,437	9.2	6.5	53,641	13.9	46,165	4.2	52,890	62.9
Nation (Prior Year)	1,018,145	8.2	6.7	1,017,333	11.1	848,957	3.5	997,136	66.7

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Alamance	3,403	41.0	25.6	31.3	0.4	1.5	0.0	0.3
Alexander	704	81.3	5.5	9.7	0.1	3.3	0.0	0.1
Alleghany	179	81.0	0.6	17.9	0.0	0.6	0.0	0.0
Anson	641	30.7	65.1	2.7	0.2	1.2	0.0	0.2
Ashe	479	92.1	0.8	7.1	0.0	0.0	0.0	0.0
Avery	294	88.4	2.0	8.2	0.7	0.3	0.0	0.3
Beaufort	1,102	38.4	43.1	18.0	0.5	0.1	0.0	0.0
Bertie	486	15.4	82.3	2.1	0.0	0.2	0.0	0.0
Bladen	848	38.8	41.2	15.7	3.8	0.6	0.0	0.0
Brunswick	1,759	66.3	17.5	14.0	1.1	0.6	0.0	0.4
Buncombe	4,064	67.3	14.4	16.5	0.4	1.3	0.0	0.1
Burke	1,870	70.2	6.5	15.5	0.2	7.3	0.0	0.3
Cabarrus	3,636	43.1	23.0	31.8	0.2	1.8	0.0	0.2
Caldwell	1,631	81.5	6.9	9.9	0.4	0.9	0.0	0.4
Camden	121	80.2	15.7	1.7	0.0	2.5	0.0	0.0
Carteret	973	76.9	10.3	10.6	0.6	1.4	0.0	0.2
Caswell	369	50.7	40.9	8.1	0.3	0.0	0.0	0.0
Catawba	3,055	55.3	13.8	22.8	0.5	7.4	0.0	0.2
Chatham	934	33.5	17.3	48.4	0.1	0.3	0.0	0.3
Cherokee	458	89.7	1.7	5.5	1.5	1.1	0.0	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Chowan	314	33.8	60.8	5.4	0.0	0.0	0.0	0.0
Clay	145	87.6	2.1	7.6	2.1	0.7	0.0	0.0
Cleveland	2,334	59.9	34.7	4.4	0.2	0.4	0.0	0.4
Columbus	1,443	47.1	39.2	10.3	3.3	0.1	0.0	0.1
Craven	2,996	54.6	31.2	9.8	0.3	4.0	0.0	0.0
Cumberland	10,905	39.8	42.8	12.7	2.0	2.5	0.0	0.2
Currituck	205	87.8	7.3	3.9	0.5	0.5	0.0	0.0
Dare	526	67.1	3.8	27.9	0.2	1.0	0.0	0.0
Davidson	3,214	66.2	13.8	17.7	0.4	1.7	0.0	0.1
Davie	646	68.1	9.4	21.8	0.5	0.2	0.0	0.0
Duplin	1,682	27.7	26.7	44.7	0.5	0.3	0.0	0.1
Durham	5,829	10.6	52.2	33.9	0.3	1.6	0.0	1.5
Edgecombe	1,781	20.0	73.7	6.0	0.2	0.0	0.0	0.1
Forsyth	8,018	24.3	38.6	35.8	0.2	0.9	0.0	0.2
Franklin	1,008	40.2	38.0	19.8	1.0	0.5	0.0	0.5
Gaston	4,623	57.9	26.8	13.5	0.3	1.3	0.0	0.3
Gates	76	*	*	*	*	*	*	*
Graham	220	83.2	0.0	3.6	13.2	0.0	0.0	0.0
Granville	1,066	41.6	41.4	16.1	0.2	0.6	0.0	0.2
Greene	575	26.1	41.7	31.7	0.2	0.2	0.0	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Guilford	8,433	23.0	54.6	16.4	0.6	4.9	0.0	0.5
Halifax	1,476	21.2	68.4	3.2	6.6	0.5	0.0	0.1
Harnett	2,566	48.5	29.5	19.7	1.2	0.8	0.0	0.3
Haywood	1,043	87.5	1.5	9.1	0.9	0.9	0.0	0.1
Henderson	1,571	55.6	6.4	35.8	0.2	2.0	0.0	0.0
Hertford	625	18.2	78.6	2.1	0.5	0.5	0.0	0.2
Hoke	1,353	29.9	32.3	23.6	12.4	1.3	0.0	0.6
Hyde	91	*	*	*	*	*	*	*
Iredell	2,932	54.2	25.4	18.4	0.2	1.6	0.0	0.1
Jackson	821	63.2	1.3	12.9	21.3	1.1	0.0	0.1
Johnston	3,193	41.1	22.2	35.4	0.5	0.8	0.0	0.1
Jones	222	58.1	32.0	8.6	0.5	0.9	0.0	0.0
Lee	1,523	30.8	25.9	41.9	0.5	0.7	0.0	0.3
Lenoir	1,485	32.7	53.8	12.5	0.0	0.5	0.0	0.4
Lincoln	1,312	78.5	10.4	10.4	0.0	0.6	0.0	0.1
Macon	1,045	82.3	5.2	10.6	0.3	1.6	0.0	0.0
Madison	488	69.5	1.0	27.7	1.0	0.8	0.0	0.0
Martin	373	95.2	0.5	4.0	0.0	0.3	0.0	0.0
Mcdowell	616	31.7	62.3	5.4	0.3	0.3	0.0	0.0
Mecklenbur	14,696	14.0	49.8	30.3	0.3	3.4	0.0	2.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Mitchell	292	84.6	1.4	12.3	0.7	1.0	0.0	0.0
Montgomery	761	41.3	25.2	30.9	0.1	2.1	0.0	0.4
Moore	1,358	51.5	27.1	18.2	1.8	1.3	0.0	0.1
Nash	2,348	27.6	55.2	16.1	0.5	0.5	0.0	0.1
New Hanove	3,336	47.7	33.4	16.8	0.5	1.1	0.0	0.4
Northhampt	512	19.1	76.8	3.1	0.4	0.6	0.0	0.0
Onslow	6,980	68.6	16.0	11.8	0.8	2.7	0.0	0.2
Orange	1,442	33.1	27.6	33.9	0.4	4.6	0.0	0.4
Pamlico	237	67.9	27.0	4.6	0.4	0.0	0.0	0.0
Pasquotank	835	36.5	53.8	8.1	0.4	1.2	0.0	0.0
Pender	915	55.1	26.6	17.5	0.3	0.3	0.0	0.2
Perquimans	198	52.5	43.4	3.0	0.0	1.0	0.0	0.0
Person	834	46.0	44.0	8.2	0.8	0.5	0.0	0.5
Pitt	3,621	25.9	61.3	11.8	0.2	0.7	0.0	0.1
Polk	273	70.0	9.5	19.0	0.0	1.5	0.0	0.0
Randolph	2,923	64.1	6.9	27.0	0.4	1.5	0.0	0.0
Richmond	1,454	46.9	37.3	11.8	3.4	0.6	0.0	0.1
Robeson	4,528	16.3	27.0	13.3	42.5	0.6	0.0	0.3
Rockingham	1,905	60.6	25.8	12.5	0.3	0.7	0.0	0.1
Rowan	3,046	52.9	25.0	20.4	0.2	1.4	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other/Unknown
		%	%	%	%	%	%	%
Rutherford	1,381	78.2	13.7	7.1	0.4	0.5	0.0	0.1
Sampson	1,838	28.5	29.7	39.6	1.7	0.3	0.0	0.3
Scotland	1,275	29.7	48.9	1.3	19.4	0.6	0.0	0.1
Stanly	1,245	65.8	19.9	8.7	0.1	5.4	0.0	0.2
Stokes	756	91.7	4.9	2.5	0.4	0.5	0.0	0.0
Surry	1,503	69.7	4.9	24.3	0.3	0.9	0.0	0.0
Swain	456	57.0	0.7	3.7	37.3	1.3	0.0	0.0
Transylvan	529	85.4	6.2	6.8	0.2	0.9	0.0	0.4
Tyrrell	111	31.5	42.3	23.4	0.0	2.7	0.0	0.0
Union	3,126	38.9	24.1	35.9	0.4	0.5	0.0	0.2
Vance	1,387	23.2	63.0	13.0	0.2	0.4	0.0	0.1
Wake	13,302	21.3	39.7	34.9	0.4	2.7	0.0	1.0
Warren	458	19.9	69.7	7.6	2.4	0.4	0.0	0.0
Washington	361	26.0	67.9	5.0	0.0	0.8	0.0	0.3
Watauga	458	86.7	2.4	9.2	0.2	1.5	0.0	0.0
Wayne Coun	3,015	34.8	41.3	22.3	0.3	1.3	0.0	0.1
Wilkes	1,435	79.4	4.5	15.3	0.1	0.6	0.0	0.1
Wilson Cou	2,183	24.3	52.7	21.9	0.3	0.6	0.0	0.2
Yadkin	806	65.5	4.7	28.7	0.2	0.9	0.0	0.0
Yancey	330	83.6	0.9	14.8	0.6	0.0	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Unknown Counties	1,617	33.6	39.3	23.1	1.5	1.7	0.0	0.7
North Carolina	195,846	41.4	33.4	21.0	2.0	1.8	0.0	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Alamance	3,403	0.5	7.4	14.3	58.2	18.4	1.2	0.0
Alexander	704	0.3	6.5	12.6	64.2	15.2	1.1	0.0
Alleghany	179	0.6	8.9	17.9	54.2	16.8	1.7	0.0
Anson	641	1.1	9.7	14.5	57.9	15.8	1.1	0.0
Ashe	479	0.0	8.1	14.0	61.8	15.4	0.6	0.0
Avery	294	0.0	5.4	10.9	65.0	17.3	1.4	0.0
Beaufort	1,102	0.6	9.3	15.1	55.5	18.7	0.7	0.0
Bertie	486	0.8	6.8	15.4	63.2	12.6	1.2	0.0
Bladen	848	0.1	7.3	14.9	59.2	17.6	0.9	0.0
Brunswick	1,759	0.1	7.1	13.8	60.0	17.7	1.4	0.0
Buncombe	4,064	0.2	5.8	12.7	61.6	18.4	1.2	0.0
Burke	1,870	0.5	7.4	16.2	61.1	14.2	0.6	0.0
Cabarrus	3,636	0.4	7.2	13.1	59.4	19.1	0.9	0.0
Caldwell	1,631	0.6	9.6	17.0	59.5	12.8	0.5	0.0
Camden	121	0.0	5.0	14.9	60.3	17.4	2.5	0.0
Carteret	973	0.2	5.8	13.4	63.8	16.2	0.6	0.0
Caswell	369	0.0	6.0	17.3	59.9	15.7	1.1	0.0
Catawba	3,055	0.1	7.8	14.1	60.2	16.8	1.0	0.0
Chatham	934	1.0	6.1	10.6	57.8	23.7	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Cherokee	458	0.4	7.6	14.0	62.7	14.4	0.9	0.0
Chowan	314	0.3	6.7	15.3	59.9	16.9	1.0	0.0
Clay	145	0.0	3.4	14.5	55.9	24.1	2.1	0.0
Cleveland	2,334	0.4	10.2	15.8	60.9	12.1	0.6	0.0
Columbus	1,443	0.5	7.6	13.4	63.5	14.1	1.0	0.0
Craven	2,996	0.4	5.0	15.6	66.8	11.6	0.6	0.0
Cumberland	10,905	0.2	4.7	12.1	68.4	14.0	0.7	0.0
Currituck	205	0.0	4.4	15.6	68.8	10.7	0.5	0.0
Dare	526	0.2	3.8	7.2	63.5	23.6	1.7	0.0
Davidson	3,214	0.4	8.0	15.4	59.8	15.4	1.0	0.0
Davie	646	0.3	7.3	15.2	59.4	17.5	0.3	0.0
Duplin	1,682	0.4	6.4	13.6	60.8	18.0	0.8	0.0
Durham	5,829	0.3	6.0	10.6	59.1	22.6	1.4	0.0
Edgecombe	1,781	0.3	8.5	16.7	58.9	14.1	1.5	0.0
Forsyth	8,018	0.5	7.3	12.4	58.9	19.9	1.1	0.0
Franklin	1,008	0.8	6.8	14.8	59.3	17.3	1.0	0.0
Gaston	4,623	0.5	8.3	16.0	59.5	14.9	0.9	0.0
Gates	76	*	*	*	*	*	*	*
Graham	220	0.9	7.7	20.0	57.3	13.2	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Granville	1,066	0.5	7.9	14.1	58.3	18.0	1.3	0.0
Greene	575	0.5	7.5	14.6	59.1	17.2	1.0	0.0
Guilford	8,433	0.4	5.4	11.9	60.8	20.5	1.2	0.0
Halifax	1,476	0.3	9.4	16.1	61.8	11.4	0.9	0.0
Harnett	2,566	0.4	8.1	12.3	60.7	17.9	0.6	0.0
Haywood	1,043	0.5	7.8	14.5	62.7	13.8	0.8	0.0
Henderson	1,571	0.4	6.8	11.6	58.8	20.5	1.8	0.0
Hertford	625	0.2	9.0	18.2	60.0	12.2	0.5	0.0
Hoke	1,353	0.3	5.9	11.2	65.2	16.7	0.7	0.0
Hyde	91	*	*	*	*	*	*	*
Iredell	2,932	0.5	7.7	15.0	58.8	16.8	1.1	0.0
Jackson	821	0.5	7.4	15.7	61.8	14.1	0.5	0.0
Johnston	3,193	0.4	7.9	12.7	58.0	19.8	1.3	0.0
Jones	222	0.0	7.2	13.5	63.5	14.9	0.9	0.0
Lee	1,523	0.3	7.6	13.1	58.8	19.4	0.8	0.0
Lenoir	1,485	0.7	7.5	13.3	62.4	15.0	1.1	0.0
Lincoln	1,312	0.0	8.0	16.2	60.7	14.4	0.7	0.0
Macon	1,045	0.5	8.3	15.8	60.2	14.6	0.6	0.0
Madison	488	0.6	7.0	11.5	60.9	18.4	1.6	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Martin	373	0.3	5.4	15.5	59.2	18.8	0.8	0.0
Mcdowell	616	0.8	7.3	16.6	61.7	12.5	1.1	0.0
Mecklenbur	14,696	0.4	6.5	11.5	57.6	22.7	1.4	0.0
Mitchell	292	0.3	9.2	15.8	57.2	14.7	2.7	0.0
Montgomery	761	0.5	9.9	14.3	57.6	16.7	1.1	0.0
Moore	1,358	0.3	7.3	13.4	59.8	18.0	1.3	0.0
Nash	2,348	0.3	8.0	14.4	59.6	17.0	0.7	0.0
New Hanove	3,336	0.3	4.6	12.4	62.2	19.2	1.3	0.0
Northhampt	512	0.2	7.8	19.1	60.4	11.5	1.0	0.0
Onslow	6,980	0.0	2.5	13.8	73.8	9.5	0.4	0.0
Orange	1,442	0.6	4.9	10.2	56.3	26.2	1.7	0.0
Pamlico	237	0.0	11.0	19.4	52.3	16.0	1.3	0.0
Pasquotank	835	0.5	4.8	13.7	66.3	13.9	0.8	0.0
Pender	915	0.4	6.1	13.0	61.5	18.0	0.9	0.0
Perquimans	198	0.0	6.1	14.6	67.2	12.1	0.0	0.0
Person	834	0.6	9.4	15.9	57.0	16.7	0.5	0.0
Pitt	3,621	0.4	6.8	13.1	62.1	16.6	0.9	0.0
Polk	273	0.0	5.9	13.2	60.1	20.1	0.7	0.0
Randolph	2,923	0.3	8.8	14.9	56.8	18.0	1.2	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Richmond	1,454	0.6	9.5	15.6	59.4	14.3	0.7	0.0
Robeson	4,528	0.6	8.6	16.3	60.0	13.6	1.0	0.0
Rockingham	1,905	0.5	8.7	16.8	58.4	14.6	0.9	0.0
Rowan	3,046	0.3	8.1	14.1	60.5	16.0	1.0	0.0
Rutherford	1,381	0.4	9.9	15.9	58.3	14.5	1.1	0.0
Sampson	1,838	0.6	8.3	12.6	58.8	18.3	1.4	0.0
Scotland	1,275	0.5	12.4	15.0	59.8	11.5	0.9	0.0
Stanly	1,245	0.5	8.2	16.5	60.7	13.6	0.5	0.0
Stokes	756	0.4	6.3	16.1	62.7	13.6	0.8	0.0
Surry	1,503	0.4	6.9	14.1	58.9	18.2	1.5	0.0
Swain	456	0.7	8.6	15.4	58.8	15.6	1.1	0.0
Transylvan	529	0.2	5.9	14.6	64.3	13.4	1.7	0.0
Tyrrell	111	0.9	9.0	15.3	56.8	16.2	1.8	0.0
Union	3,126	0.5	6.6	12.9	58.1	20.1	1.7	0.0
Vance	1,387	0.6	10.2	16.9	56.1	15.5	0.6	0.0
Wake	13,302	0.4	5.3	10.4	59.2	23.2	1.5	0.0
Warren	458	0.7	8.1	16.2	58.5	14.6	2.0	0.0
Washington	361	0.6	6.1	14.4	61.2	16.6	1.1	0.0
Watauga	458	0.0	5.2	13.1	62.4	18.3	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Wayne Coun	3,015	0.4	7.0	14.3	61.6	16.0	0.7	0.0
Wilkes	1,435	0.3	7.0	14.2	62.2	15.3	1.0	0.0
Wilson Cou	2,183	1.2	9.3	14.6	58.6	15.2	1.1	0.0
Yadkin	806	0.1	7.7	16.1	59.2	16.1	0.7	0.0
Yancey	330	0.0	6.4	14.5	58.8	19.4	0.9	0.0
Unknown Counties	1,617	0.9	7.7	13.2	55.8	21.1	1.2	0.0
North Carolina	195,846	0.4	6.9	13.4	60.8	17.5	1.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal	3rd Trimester		Postpartum							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Alamance	2,391	5.8 (75)	53.7 (28)	1,090	20.6 (25)	47.0 (55)	376	39.1 (39)	1,304	46.0 (70)	0	*	*	0	**
Alexander	575	7.1 (90)	49.6 (6)	503	21.7 (32)	49.9 (77)	116	37.9 (35)	268	33.6 (55)	0	*	*	0	**
Alleghany	149	2.7 (2)	67.8 (96)	117	16.2 (3)	49.6 (76)	19	* *	72	* *	0	*	*	0	**
Anson	557	5.9 (77)	53.5 (25)	479	24.2 (54)	46.8 (51)	78	* *	147	43.5 (68)	0	*	*	0	**
Ashe	406	7.6 (92)	50.2 (7)	362	24.0 (50)	45.9 (43)	63	* *	144	29.2 (40)	0	*	*	0	**
Avery	236	5.9 (77)	54.7 (38)	43	* *	* *	30	* *	59	* *	0	*	*	0	**
Beaufort	879	5.0 (51)	61.4 (89)	427	18.7 (9)	50.1 (79)	102	46.1 (47)	718	32.3 (52)	0	*	*	0	**
Bertie	429	1.4 (1)	72.7 (98)	290	40.3 (90)	39.3 (6)	83	* *	301	53.2 (78)	0	*	*	0	**
Bladen	752	3.5 (10)	57.4 (67)	441	25.4 (64)	46.3 (47)	51	* *	186	54.3 (81)	0	*	*	0	**
Brunswick	477	4.4 (28)	53.7 (28)	277	15.5 (2)	46.9 (54)	58	* *	484	18.2 (9)	0	*	*	0	**
Buncombe	3,475	4.8 (43)	51.3 (12)	2,131	19.0 (12)	48.4 (67)	444	18.2 (3)	1,426	31.2 (46)	0	*	*	0	**
Burke	1,502	5.0 (51)	54.7 (38)	1,275	28.0 (77)	41.4 (14)	286	31.1 (17)	711	23.3 (22)	0	*	*	0	**
Cabarrus	2,895	5.3 (61)	53.7 (28)	2,308	25.9 (68)	44.7 (34)	331	34.7 (27)	625	20.5 (14)	0	*	*	0	**
Caldwell	1,408	6.2 (84)	56.8 (60)	1,224	19.5 (15)	52.0 (87)	126	18.3 (4)	326	17.2 (7)	0	*	*	0	**
Camden	99	* *	* *	68	* *	* *	2	* *	69	* *	0	*	*	0	**
Carteret	603	5.1 (54)	53.6 (26)	456	17.5 (7)	50.9 (85)	89	* *	434	21.4 (15)	0	*	*	0	**
Caswell	319	3.8 (14)	57.4 (67)	255	21.2 (28)	42.7 (20)	22	* *	55	* *	0	*	*	0	**

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Catawba	2,599	5.3 (61)	53.8 (34)	2,217	32.1 (89)	37.7 (3)	489	24.3 (8)	1,774	26.6(30)	0	*	*	0	**
Chatham	692	4.6 (37)	56.9 (61)	561	21.4 (31)	41.7 (15)	58	* *	604	27.3(33)	0	*	*	0	**
Cherokee	392	4.8 (43)	55.1 (42)	334	22.8 (40)	44.9 (35)	60	* *	107	15.0 (3)	0	*	*	0	**
Chowan	261	4.6 (37)	67.4 (95)	214	24.8 (59)	46.3 (47)	28	* *	223	40.4(64)	0	*	*	0	**
Clay	131	3.8 (14)	55.0 (40)	107	19.6 (18)	49.5 (74)	9	* *	62	* *	0	*	*	0	**
Cleveland	1,679	6.3 (87)	52.7 (21)	96	* *	* *	159	42.1 (42)	1,601	24.7(26)	0	*	*	0	**
Columbus	1,146	5.7 (70)	56.3 (55)	1,005	28.0 (77)	43.4 (24)	191	33.0 (21)	390	64.1(83)	0	*	*	0	**
Craven	2,089	6.2 (84)	53.2 (24)	1,389	21.3 (30)	46.4 (50)	112	40.2 (41)	1,872	26.0(28)	0	*	*	0	**
Cumberland	8,348	5.5 (66)	51.0 (10)	6,978	19.3 (13)	52.0 (87)	2,050	46.6 (50)	3,647	44.9(69)	0	*	*	0	**
Currituck	166	7.8 (93)	51.2 (11)	107	19.6 (18)	40.2 (9)	25	* *	135	27.4(34)	0	*	*	0	**
Dare	431	4.4 (28)	41.3 (1)	305	31.5 (87)	31.1 (1)	41	* *	152	23.7(24)	0	*	*	0	**
Davidson	2,464	6.3 (87)	53.0 (23)	1,978	24.0 (50)	44.0 (27)	429	26.6 (11)	1,388	19.7(11)	0	*	*	0	**
Davie	514	5.8 (75)	55.3 (46)	431	19.5 (15)	45.5 (40)	104	31.7 (18)	320	23.1(21)	0	*	*	0	**
Duplin	956	20.6 (98)	49.1 (4)	587	30.8 (86)	40.7 (12)	187	37.4 (31)	582	39.9(63)	0	*	*	0	**
Durham	4,158	3.6 (12)	57.6 (70)	3,146	21.7 (32)	45.3 (39)	244	43.4 (43)	606	33.7(56)	0	*	*	0	**
Edgecombe	790	7.2 (91)	66.2 (94)	322	31.7 (88)	39.1 (4)	113	48.7 (52)	844	37.8(62)	0	*	*	0	**
Forsyth	6,403	4.4 (28)	55.5 (48)	4,883	23.8 (49)	45.9 (43)	993	46.2 (48)	2,437	50.5(75)	0	*	*	0	**

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Franklin	848	4.1 (21)	58.8 (77)	676	22.8 (40)	47.5 (60)	133	30.1 (15)	204	31.4 (47)	0	*	*	0	**
Gaston	3,745	6.0 (81)	52.5 (20)	3,108	28.2 (79)	43.4 (24)	520	34.4 (25)	1,962	54.0 (80)	0	*	*	0	**
Gates	62	*	*	57	*	*	16	*	47	*	0	*	*	0	**
Graham	185	5.4 (65)	57.3 (66)	160	15.0 (1)	53.8 (89)	17	*	81	*	0	*	*	0	**
Granville	902	5.9 (77)	59.9 (85)	733	24.3 (56)	44.9 (35)	88	*	456	31.8 (49)	0	*	*	0	**
Greene	466	3.4 (9)	59.9 (85)	328	24.1 (53)	42.1 (16)	81	*	189	48.7 (72)	0	*	*	0	**
Guilford	6,189	4.8 (43)	56.7 (58)	2,963	20.8 (27)	50.0 (78)	434	37.8 (33)	1,787	29.9 (42)	0	*	*	0	**
Halifax	1,228	4.4 (28)	62.6 (91)	1,072	24.6 (58)	47.0 (55)	103	48.5 (51)	670	50.1 (74)	0	*	*	0	**
Harnett	2,020	5.1 (54)	54.1 (35)	1,677	19.8 (20)	48.6 (69)	444	38.1 (36)	851	29.1 (39)	0	*	*	0	**
Haywood	841	6.4 (89)	53.6 (26)	719	20.6 (25)	50.8 (84)	100	14.0 (1)	330	17.3 (8)	0	*	*	0	**
Henderson	1,076	4.5 (35)	56.2 (53)	633	22.4 (39)	45.7 (41)	216	25.5 (10)	674	26.3 (29)	0	*	*	0	**
Hertford	510	3.3 (6)	68.6 (97)	301	25.6 (65)	45.8 (42)	41	*	135	81.5 (87)	0	*	*	0	**
Hoke	652	4.6 (37)	56.4 (56)	526	22.2 (35)	49.2 (72)	71	*	302	43.0 (67)	0	*	*	0	**
Hyde	74	*	*	57	*	*	5	*	28	*	0	*	*	0	**
Iredell	2,421	5.7 (70)	53.7 (28)	2,211	20.2 (24)	48.6 (69)	502	24.5 (9)	1,768	14.6 (2)	0	*	*	0	**
Jackson	653	4.3 (25)	57.0 (63)	510	16.5 (5)	50.6 (83)	62	*	438	16.2 (5)	0	*	*	0	**
Johnston	2,036	5.1 (54)	58.8 (77)	1,338	16.3 (4)	50.1 (79)	634	33.9 (24)	1,442	41.4 (65)	0	*	*	0	**

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Jones	187	5.3 (61)	52.4 (19)	22	* *	* *	18	* *	38	* *	0	* *	0	* *
Lee	1,097	4.0 (19)	59.3 (82)	838	23.2 (45)	44.4 (31)	156	43.6 (44)	665	32.0 (50)	0	* *	0	* *
Lenoir	998	5.6 (68)	55.5 (48)	752	27.4 (75)	45.2 (37)	238	37.8 (33)	822	32.5 (54)	0	* *	0	* *
Lincoln	998	5.9 (77)	50.7 (8)	565	22.8 (40)	48.1 (66)	140	38.6 (38)	504	22.2 (18)	0	* *	0	* *
Macon	873	8.8 (96)	52.3 (18)	689	29.2 (82)	42.8 (21)	95	* *	287	27.2 (31)	0	* *	0	* *
Madison	406	4.9 (49)	51.5 (13)	52	* *	* *	55	* *	90	* *	0	* *	0	* *
Martin	318	6.0 (81)	51.9 (16)	52	* *	* *	39	* *	58	* *	0	* *	0	* *
Mcdowell	531	4.5 (35)	61.8 (90)	449	28.3 (80)	39.2 (5)	50	* *	143	69.2 (84)	0	* *	0	* *
Mecklenbur	11,457	3.9 (18)	55.9 (51)	7,701	19.3 (13)	47.8 (63)	2,272	40.1 (40)	7,250	30.8 (45)	0	* *	0	* *
Mitchell	238	3.8 (14)	56.7 (58)	157	24.8 (59)	47.8 (63)	34	* *	111	19.8 (13)	0	* *	0	* *
Montgomery	637	3.5 (10)	55.1 (42)	378	23.0 (43)	43.1 (22)	55	* *	174	32.2 (51)	0	* *	0	* *
Moore	953	3.1 (4)	57.1 (64)	604	21.2 (28)	51.8 (86)	145	32.4 (19)	503	19.7 (11)	0	* *	0	* *
Nash	1,916	5.5 (66)	59.2 (80)	1,551	28.4 (81)	40.5 (11)	121	46.3 (49)	514	46.9 (71)	0	* *	0	* *
New Hanove	1,590	4.4 (28)	53.7 (28)	1,092	22.3 (38)	46.3 (47)	258	36.8 (29)	1,381	31.4 (47)	0	* *	0	* *
Northhampt	427	3.3 (6)	65.8 (93)	363	21.8 (34)	48.8 (71)	59	* *	205	52.7 (77)	0	* *	0	* *
Onslow	5,000	4.4 (28)	49.1 (4)	4,202	18.6 (8)	47.4 (59)	1,026	23.5 (7)	5,001	18.3 (10)	0	* *	0	* *
Orange	1,046	4.1 (21)	54.4 (36)	811	19.9 (21)	47.3 (58)	57	* *	580	27.8 (35)	0	* *	0	* *

- (1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.

Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight	Over- weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
							Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)
Pamlico	213	5.6 (68)	58.2 (73)	48	* *	* *	8	* *	43	* *	0	* *	0	* *
Pasquotank	497	5.2 (59)	60.0 (87)	315	26.0 (69)	44.1 (28)	92	* *	598	71.4 (86)	0	* *	0	* *
Pender	667	4.2 (23)	57.4 (67)	598	23.6 (48)	46.8 (51)	106	28.3 (13)	255	28.6 (36)	0	* *	0	* *
Perquimans	143	4.2 (23)	58.0 (71)	55	* *	* *	27	* *	147	34.7 (59)	0	* *	0	* *
Person	732	5.7 (70)	54.6 (37)	418	18.9 (11)	46.2 (46)	94	* *	217	37.3 (61)	0	* *	0	* *
Pitt	2,910	3.6 (12)	59.8 (83)	2,516	19.9 (21)	46.8 (51)	515	45.8 (46)	810	58.5 (82)	0	* *	0	* *
Polk	205	9.3 (97)	42.0 (2)	163	26.4 (73)	46.0 (45)	26	* *	170	42.9 (66)	0	* *	0	* *
Randolph	2,349	4.8 (43)	55.6 (50)	1,941	18.7 (9)	47.7 (61)	465	20.0 (5)	2,050	23.5 (23)	0	* *	0	* *
Richmond	1,126	7.8 (93)	51.8 (14)	746	25.3 (63)	48.4 (67)	224	38.4 (37)	530	36.6 (60)	0	* *	0	* *
Robeson	3,557	5.7 (70)	55.1 (42)	2,279	27.3 (74)	42.5 (19)	941	17.3 (2)	1,078	34.4 (57)	0	* *	0	* *
Rockingham	1,006	5.2 (59)	58.5 (74)	203	26.1 (70)	49.3 (73)	235	27.2 (12)	289	21.8 (16)	0	* *	0	* *
Rowan	2,452	5.3 (61)	52.7 (21)	2,170	24.0 (50)	44.3 (30)	624	34.5 (26)	1,311	30.7 (44)	0	* *	0	* *
Rutherford	1,068	6.2 (84)	51.8 (14)	823	25.6 (65)	42.3 (18)	130	30.8 (16)	858	34.6 (58)	0	* *	0	* *
Sampson	1,396	3.1 (4)	64.0 (92)	1,008	19.5 (15)	50.3 (82)	203	33.0 (21)	828	32.4 (53)	0	* *	0	* *
Scotland	679	4.3 (25)	56.4 (56)	500	25.6 (65)	47.0 (55)	59	* *	167	49.7 (73)	0	* *	0	* *
Stanly	1,057	6.1 (83)	47.4 (3)	840	24.5 (57)	44.6 (32)	81	* *	856	29.6 (41)	0	* *	0	* *
Stokes	572	7.9 (95)	53.7 (28)	468	19.9 (21)	50.2 (81)	99	* *	177	24.3 (25)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)																	
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy				
	Under- weight	Over- weight	% (Rank)	< Ideal	> Ideal	% (Rank)	3rd Trimester		Postpartum								
							Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)			
Surry	1,036	4.6 (37)	57.1 (64)	636	22.2 (35)	49.5 (74)	171	29.8 (14)	439	53.5 (79)	0	*	*	0	**		
Swain	328	2.7 (2)	58.5 (74)	182	17.0 (6)	59.3 (90)	34	*	*	234	16.7 (6)	0	*	*	0	**	
Transylvan	421	5.7 (70)	52.0 (17)	197	23.4 (46)	47.7 (61)	83	*	*	119	28.6 (36)	0	*	*	0	**	
Tyrrell	103	4.9 (49)	59.2 (80)	86	*	*	9	*	*	20	*	*	0	*	*	0	**
Union	2,114	5.0 (51)	55.0 (40)	1,331	23.1 (44)	40.2 (9)	649	37.6 (32)	1,295	25.4 (27)	0	*	*	0	**		
Vance	998	4.8 (43)	59.8 (83)	791	30.6 (84)	39.6 (7)	107	51.4 (53)	539	70.1 (85)	0	*	*	0	**		
Wake	6,357	4.4 (28)	55.2 (45)	4,539	26.2 (71)	40.9 (13)	639	33.0 (21)	4,045	22.2 (18)	0	*	*	0	**		
Warren	391	4.6 (37)	58.8 (77)	338	27.5 (76)	43.2 (23)	50	*	*	150	50.7 (76)	0	*	*	0	**	
Washington	326	4.6 (37)	60.1 (88)	279	26.2 (71)	43.4 (24)	37	*	*	70	*	*	0	*	*	0	**
Watauga	359	3.3 (6)	50.7 (8)	192	23.4 (46)	47.9 (65)	42	*	*	180	15.0 (3)	0	*	*	0	**	
Wayne Coun	2,042	3.8 (14)	58.0 (71)	1,029	24.2 (54)	44.6 (32)	158	45.6 (45)	1,112	28.9 (38)	0	*	*	0	**		
Wilkes	1,265	4.0 (19)	56.9 (61)	1,169	29.2 (82)	36.3 (2)	277	20.6 (6)	581	22.0 (17)	0	*	*	0	**		
Wilson Cou	1,910	5.1 (54)	58.5 (74)	1,321	30.6 (84)	40.0 (8)	391	35.3 (28)	1,128	22.5 (20)	0	*	*	0	**		
Yadkin	667	4.8 (43)	56.2 (53)	545	22.2 (35)	44.2 (29)	100	37.0 (30)	261	27.2 (31)	0	*	*	0	**		
Yancey	197	5.1 (54)	55.3 (46)	121	24.8 (59)	42.1 (16)	16	*	*	139	12.9 (1)	0	*	*	0	**	
Unknown Counties	984	4.3 (25)	56.0 (52)	753	25.1 (62)	45.2 (37)	117	32.5 (20)	688	29.9 (42)	0	*	*	0	**		
North Carolina	143,078	5.0	55.2	102,353	23.0	45.9	22,662	34.9	75,147	31.9	0	*	*	0	*		

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Alamance	1,953	75.4 (65)	0.8 (60)	3,164	42.9 (29)	0	* *	0	* *	
Alexander	416	73.1 (70)	2.4 (90)	625	29.4 (70)	0	* *	0	* *	
Alleghany	91	* *	* *	154	41.6 (31)	0	* *	0	* *	
Anson	393	76.8 (58)	0.8 (60)	582	45.5 (24)	0	* *	0	* *	
Ashe	302	91.4 (6)	0.3 (17)	430	45.1 (25)	0	* *	0	* *	
Avery	63	* *	* *	267	48.3 (16)	0	* *	0	* *	
Beaufort	662	83.2 (34)	0.8 (60)	997	47.1 (20)	0	* *	0	* *	
Bertie	276	79.3 (47)	0.0 (1)	445	27.2 (78)	0	* *	0	* *	
Bladen	345	78.3 (51)	0.3 (17)	775	53.4 (6)	0	* *	0	* *	
Brunswick	1,005	77.6 (53)	0.3 (17)	1,619	34.7 (52)	0	* *	0	* *	
Buncombe	2,315	95.8 (1)	0.6 (41)	3,841	35.7 (47)	0	* *	0	* *	
Burke	1,182	65.1 (86)	0.7 (54)	1,671	17.4 (94)	0	* *	0	* *	
Cabarrus	2,399	67.5 (82)	0.6 (41)	3,265	19.3 (92)	0	* *	0	* *	
Caldwell	995	92.4 (4)	0.2 (14)	1,511	48.2 (17)	0	* *	0	* *	
Camden	80	* *	* *	111	41.4 (33)	0	* *	0	* *	
Carteret	490	85.5 (28)	0.6 (41)	877	28.5 (72)	0	* *	0	* *	
Caswell	220	85.9 (26)	0.5 (33)	346	54.3 (4)	0	* *	0	* *	
Catawba	1,899	83.2 (34)	0.6 (41)	2,708	23.5 (89)	0	* *	0	* *	
Chatham	527	75.5 (63)	0.2 (14)	851	32.3 (57)	0	* *	0	* *	
Cherokee	211	81.0 (40)	0.0 (1)	419	44.9 (26)	0	* *	0	* *	

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(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Chowan	192	80.2 (45)	0.0	(1)	270	48.9 (13)	0	* *	0	* *
Clay	47	* *	* *		135	68.9 (1)	0	* *	0	* *
Cleveland	1,322	70.0 (77)	0.8	(60)	2,159	45.8 (22)	0	* *	0	* *
Columbus	881	65.2 (85)	1.0	(75)	1,254	28.5 (72)	0	* *	0	* *
Craven	1,611	82.6 (37)	0.6	(41)	2,748	34.8 (51)	0	* *	0	* *
Cumberland	6,750	83.8 (32)	0.7	(54)	9,708	25.8 (85)	0	* *	0	* *
Currituck	123	81.3 (39)	0.0	(1)	187	32.1 (58)	0	* *	0	* *
Dare	313	84.0 (31)	0.3	(17)	467	36.2 (44)	0	* *	0	* *
Davidson	1,983	77.3 (54)	0.5	(33)	2,881	28.1 (76)	0	* *	0	* *
Davie	412	88.1 (16)	1.0	(75)	588	26.0 (84)	0	* *	0	* *
Duplin	1,088	74.0 (68)	0.4	(25)	1,497	29.7 (67)	0	* *	0	* *
Durham	3,617	90.2 (10)	0.4	(25)	5,029	15.8 (96)	0	* *	0	* *
Edgecombe	1,114	66.8 (83)	1.6	(89)	1,613	34.2 (53)	0	* *	0	* *
Forsyth	5,066	83.0 (36)	0.8	(60)	7,321	30.3 (66)	0	* *	0	* *
Franklin	627	87.1 (20)	0.5	(33)	905	31.4 (63)	0	* *	0	* *
Gaston	2,874	45.5 (90)	0.9	(70)	4,060	23.6 (88)	0	* *	0	* *
Gates	50	* *	* *		69	* *	0	* *	0	* *
Graham	136	94.1 (3)	0.0	(1)	199	60.8 (2)	0	* *	0	* *
Granville	634	74.4 (66)	0.5	(33)	910	38.6 (39)	0	* *	0	* *
Greene	357	83.8 (32)	0.8	(60)	521	35.9 (45)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

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Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Guilford	4,242	77.1 (55)	1.1 (81)	7,431	24.9 (86)	0	* *	0	* *	
Halifax	943	87.1 (20)	0.5 (33)	1,354	27.0 (79)	0	* *	0	* *	
Harnett	1,516	73.7 (69)	0.5 (33)	2,266	31.7 (60)	0	* *	0	* *	
Haywood	649	87.5 (19)	0.6 (41)	954	35.3 (49)	0	* *	0	* *	
Henderson	841	92.2 (5)	0.1 (9)	1,384	24.4 (87)	0	* *	0	* *	
Hertford	275	84.7 (30)	1.1 (81)	563	26.8 (80)	0	* *	0	* *	
Hoke	551	77.0 (57)	0.7 (54)	1,204	26.2 (83)	0	* *	0	* *	
Hyde	45	* *	* *	78	* *	0	* *	0	* *	
Iredell	1,885	64.0 (88)	1.4 (86)	2,711	32.4 (56)	0	* *	0	* *	
Jackson	482	90.9 (8)	1.0 (75)	756	50.8 (11)	0	* *	0	* *	
Johnston	2,000	87.8 (17)	0.3 (17)	2,824	7.2 (98)	0	* *	0	* *	
Jones	45	* *	* *	203	52.7 (7)	0	* *	0	* *	
Lee	836	63.9 (89)	0.1 (9)	1,292	21.8 (90)	0	* *	0	* *	
Lenoir	861	64.5 (87)	0.1 (9)	1,273	28.0 (77)	0	* *	0	* *	
Lincoln	696	72.6 (71)	0.7 (54)	1,183	38.2 (40)	0	* *	0	* *	
Macon	643	86.8 (24)	0.3 (17)	908	51.5 (10)	0	* *	0	* *	
Madison	83	* *	* *	448	36.8 (43)	0	* *	0	* *	
Martin	72	* *	* *	349	52.1 (9)	0	* *	0	* *	
Mcdowell	410	80.5 (44)	0.7 (54)	572	42.8 (30)	0	* *	0	* *	
Mecklenbur	7,896	75.5 (63)	1.1 (81)	13,681	12.3 (97)	0	* *	0	* *	

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

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Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	164	90.9 (8)	0.0 (1)		272	47.4 (18)	0	* *	0	* *
Montgomery	404	79.2 (48)	1.0 (75)		704	53.6 (5)	0	* *	0	* *
Moore	718	80.2 (45)	0.1 (9)		1,132	28.2 (74)	0	* *	0	* *
Nash	1,469	68.7 (80)	1.5 (87)		2,158	35.6 (48)	0	* *	0	* *
New Hanove	2,095	70.5 (76)	0.6 (41)		3,100	35.9 (45)	0	* *	0	* *
Northhampt	324	88.3 (15)	0.6 (41)		463	32.0 (59)	0	* *	0	* *
Onslow	4,015	89.0 (13)	0.4 (25)		6,218	26.7 (81)	0	* *	0	* *
Orange	839	81.0 (40)	0.6 (41)		1,302	26.3 (82)	0	* *	0	* *
Pamlico	69	* *	* *		218	59.2 (3)	0	* *	0	* *
Pasquotank	533	77.7 (52)	0.9 (70)		730	33.7 (54)	0	* *	0	* *
Pender	605	69.4 (78)	0.8 (60)		812	31.3 (64)	0	* *	0	* *
Perquimans	112	78.6 (50)	0.9 (70)		179	45.8 (22)	0	* *	0	* *
Person	373	89.5 (11)	0.3 (17)		773	40.4 (36)	0	* *	0	* *
Pitt	2,260	82.1 (38)	0.9 (70)		3,332	34.9 (50)	0	* *	0	* *
Polk	166	77.1 (55)	0.6 (41)		243	32.9 (55)	0	* *	0	* *
Randolph	1,780	80.7 (43)	0.5 (33)		2,653	29.5 (69)	0	* *	0	* *
Richmond	857	71.2 (73)	0.6 (41)		1,339	39.1 (38)	0	* *	0	* *
Robeson	1,991	68.3 (81)	1.2 (84)		4,011	17.8 (93)	0	* *	0	* *
Rockingham	1,187	85.3 (29)	0.4 (25)		1,760	47.3 (19)	0	* *	0	* *
Rowan	2,021	71.1 (74)	1.0 (75)		2,733	17.1 (95)	0	* *	0	* *

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* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Rutherford	844	85.7 (27)	0.4 (25)	1,266	48.7 (15)	0	* *	0	* *	
Sampson	1,056	76.3 (60)	0.4 (25)	1,669	31.6 (61)	0	* *	0	* *	
Scotland	724	75.7 (61)	0.8 (60)	1,161	52.6 (8)	0	* *	0	* *	
Stanly	694	86.2 (25)	0.7 (54)	1,137	37.1 (42)	0	* *	0	* *	
Stokes	481	88.4 (14)	0.0 (1)	674	40.9 (35)	0	* *	0	* *	
Surry	734	75.7 (61)	1.2 (84)	1,329	38.0 (41)	0	* *	0	* *	
Swain	221	86.9 (22)	0.5 (33)	413	49.4 (12)	0	* *	0	* *	
Transylvan	170	91.2 (7)	0.0 (1)	474	46.6 (21)	0	* *	0	* *	
Tyrrell	77	* *	* *	101	39.6 (37)	0	* *	0	* *	
Union	1,803	70.6 (75)	1.5 (87)	2,635	6.2 (99)	0	* *	0	* *	
Vance	852	71.7 (72)	0.8 (60)	1,211	28.2 (74)	0	* *	0	* *	
Wake	8,382	66.2 (84)	0.6 (41)	11,717	21.1 (91)	0	* *	0	* *	
Warren	279	74.2 (67)	0.4 (25)	401	41.6 (31)	0	* *	0	* *	
Washington	237	78.9 (49)	0.4 (25)	319	43.6 (28)	0	* *	0	* *	
Watauga	163	87.7 (18)	0.6 (41)	403	43.9 (27)	0	* *	0	* *	
Wayne Coun	1,261	69.1 (79)	1.0 (75)	2,786	31.5 (62)	0	* *	0	* *	
Wilkes	892	86.9 (22)	0.1 (9)	1,353	28.7 (71)	0	* *	0	* *	
Wilson Cou	1,289	80.9 (42)	0.9 (70)	2,039	29.6 (68)	0	* *	0	* *	
Yadkin	509	89.2 (12)	0.2 (14)	742	41.1 (34)	0	* *	0	* *	
Yancey	132	95.5 (2)	0.8 (60)	313	48.9 (13)	0	* *	0	* *	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)									
County	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	790	76.5 (59)	0.3 (17)	1,421	31.0 (65)	0	* *	0	* *
North Carolina	113,564	77.3	0.7	176,309	28.4	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	2,958	30.0 (54)	1,953	21.2 (60)	517	31.3 (32)	0	* *	0	* *
Alexander	549	31.1 (58)	417	25.7 (78)	95	* *	0	* *	0	* *
Alleghany	145	27.6 (47)	91	* *	20	* *	0	* *	0	* *
Anson	554	33.6 (70)	396	17.9 (45)	118	35.6 (18)	0	* *	0	* *
Ashe	377	46.7 (93)	302	26.5 (80)	114	28.1 (44)	0	* *	0	* *
Avery	236	29.2 (51)	63	* *	5	* *	0	* *	0	* *
Beaufort	908	31.2 (59)	667	17.7 (44)	164	34.1 (22)	0	* *	0	* *
Bertie	429	16.6 (13)	283	10.2 (8)	31	* *	0	* *	0	* *
Bladen	753	19.4 (21)	350	14.9 (31)	51	* *	0	* *	0	* *
Brunswick	1,118	31.8 (61)	1,014	22.7 (68)	198	26.8 (46)	0	* *	0	* *
Buncombe	3,418	23.7 (36)	2,315	16.2 (35)	465	26.2 (47)	0	* *	0	* *
Burke	900	45.9 (91)	1,236	26.6 (81)	281	19.2 (56)	0	* *	0	* *
Cabarrus	2,958	22.7 (34)	2,382	13.7 (24)	436	40.6 (7)	0	* *	0	* *
Caldwell	1,392	35.9 (75)	1,003	27.4 (83)	283	18.4 (59)	0	* *	0	* *
Camden	99	* *	78	* *	15	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	696	51.1 (98)	490	26.7 (82)	169	39.1 (11)	0	* *	0	* *
Caswell	326	34.7 (73)	221	31.7 (89)	74	* *	0	* *	0	* *
Catawba	2,525	29.8 (53)	1,898	18.0 (46)	468	33.3 (23)	0	* *	0	* *
Chatham	762	13.1 (6)	540	16.7 (38)	51	* *	0	* *	0	* *
Cherokee	403	44.9 (90)	269	25.3 (77)	93	* *	0	* *	0	* *
Chowan	259	32.8 (64)	193	17.6 (43)	48	* *	0	* *	0	* *
Clay	129	42.6 (86)	72	* *	26	* *	0	* *	0	* *
Cleveland	1,592	42.8 (87)	1,309	22.6 (66)	369	28.7 (41)	0	* *	0	* *
Columbus	1,160	30.8 (56)	918	19.6 (55)	211	26.1 (50)	0	* *	0	* *
Craven	2,324	32.6 (63)	1,655	18.2 (47)	402	38.1 (14)	0	* *	0	* *
Cumberland	7,785	29.7 (52)	6,750	11.5 (13)	1,359	48.4 (3)	0	* *	0	* *
Currituck	163	47.9 (96)	120	25.0 (76)	54	* *	0	* *	0	* *
Dare	403	35.0 (74)	310	19.0 (52)	84	* *	0	* *	0	* *
Davidson	2,569	37.5 (80)	1,983	21.5 (61)	585	33.0 (26)	0	* *	0	* *
Davie	440	30.2 (55)	412	18.2 (47)	101	11.9 (60)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	1,341	12.0 (4)	1,100	9.6 (7)	98	* *	0	* *	0	* *
Durham	4,182	13.7 (7)	3,582	7.9 (4)	322	48.8 (2)	0	* *	0	* *
Edgecombe	905	12.6 (5)	1,115	14.8 (30)	65	* *	0	* *	0	* *
Forsyth	6,520	18.0 (18)	5,066	7.8 (3)	732	39.5 (10)	0	* *	0	* *
Franklin	790	25.3 (37)	631	12.5 (17)	118	34.7 (21)	0	* *	0	* *
Gaston	3,770	36.2 (77)	2,817	21.1 (59)	845	36.4 (17)	0	* *	0	* *
Gates	62	* *	50	* *	13	* *	0	* *	0	* *
Graham	181	44.8 (89)	136	33.8 (90)	53	* *	0	* *	0	* *
Granville	893	27.3 (46)	660	16.7 (38)	160	38.8 (12)	0	* *	0	* *
Greene	494	17.8 (17)	357	12.3 (16)	59	* *	0	* *	0	* *
Guilford	6,135	14.8 (9)	4,273	12.8 (19)	472	31.4 (31)	0	* *	0	* *
Halifax	1,259	27.2 (44)	947	17.3 (41)	226	41.2 (6)	0	* *	0	* *
Harnett	2,057	28.2 (49)	1,554	16.6 (37)	348	35.6 (18)	0	* *	0	* *
Haywood	839	47.8 (95)	649	29.7 (87)	238	32.8 (27)	0	* *	0	* *
Henderson	706	26.2 (40)	841	15.0 (32)	56	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	520	18.3 (20)	278	12.2 (15)	46	* *	0	* *	0	* *
Hoke	1,076	20.0 (26)	553	9.4 (6)	63	* *	0	* *	0	* *
Hyde	74	* *	45	* *	8	* *	0	* *	0	* *
Iredell	2,432	26.9 (42)	1,885	21.0 (58)	443	25.3 (51)	0	* *	0	* *
Jackson	538	33.8 (71)	482	23.7 (70)	118	24.6 (53)	0	* *	0	* *
Johnston	1,998	19.4 (21)	2,002	8.4 (5)	225	39.6 (8)	0	* *	0	* *
Jones	186	44.6 (88)	44	* *	9	* *	0	* *	0	* *
Lee	1,156	22.1 (32)	882	12.9 (20)	137	43.1 (5)	0	* *	0	* *
Lenoir	901	21.9 (31)	889	19.5 (54)	107	28.0 (45)	0	* *	0	* *
Lincoln	1,076	34.3 (72)	694	24.4 (74)	178	29.2 (39)	0	* *	0	* *
Macon	868	36.8 (79)	672	27.7 (85)	214	25.2 (52)	0	* *	0	* *
Madison	407	31.9 (62)	82	* *	17	* *	0	* *	0	* *
Martin	318	41.2 (85)	73	* *	18	* *	0	* *	0	* *
Mcdowell	542	26.9 (42)	425	17.4 (42)	106	38.7 (13)	0	* *	0	* *
Mecklenbur	11,234	3.2 (1)	7,953	5.7 (2)	152	19.1 (57)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	248	40.3 (83)	162	27.8 (86)	48	* *	0	* *	0	* *
Montgomery	662	27.8 (48)	411	15.3 (33)	106	39.6 (8)	0	* *	0	* *
Moore	867	19.8 (24)	728	15.5 (34)	90	* *	0	* *	0	* *
Nash	1,955	20.6 (27)	1,487	14.7 (27)	259	29.0 (40)	0	* *	0	* *
New Hanove	1,243	19.8 (24)	2,098	14.1 (26)	128	47.7 (4)	0	* *	0	* *
Northhampt	425	26.8 (41)	328	18.3 (49)	77	* *	0	* *	0	* *
Onslow	5,419	32.8 (64)	4,053	11.4 (10)	988	56.7 (1)	0	* *	0	* *
Orange	1,170	14.7 (8)	830	16.3 (36)	99	* *	0	* *	0	* *
Pamlico	211	40.8 (84)	74	* *	25	* *	0	* *	0	* *
Pasquotank	508	9.6 (3)	533	11.4 (10)	30	* *	0	* *	0	* *
Pender	668	25.3 (37)	607	20.8 (57)	117	22.2 (55)	0	* *	0	* *
Perquimans	110	21.8 (30)	114	13.2 (22)	20	* *	0	* *	0	* *
Person	739	36.3 (78)	364	19.2 (53)	103	30.1 (35)	0	* *	0	* *
Pitt	2,924	16.9 (14)	2,255	12.6 (18)	304	37.2 (15)	0	* *	0	* *
Polk	200	33.5 (69)	167	22.2 (64)	28	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	2,490	30.8 (56)	1,797	16.9 (40)	451	31.3 (32)	0	* *	0	* *
Richmond	1,192	36.0 (76)	869	26.0 (79)	251	29.5 (38)	0	* *	0	* *
Robeson	3,565	15.4 (11)	2,027	20.0 (56)	225	8.9 (61)	0	* *	0	* *
Rockingham	1,643	37.7 (81)	1,193	27.5 (84)	406	28.3 (42)	0	* *	0	* *
Rowan	1,693	31.4 (60)	2,020	18.5 (50)	387	31.8 (30)	0	* *	0	* *
Rutherford	984	32.8 (64)	849	22.6 (66)	187	32.6 (28)	0	* *	0	* *
Sampson	1,527	14.9 (10)	1,062	11.4 (10)	130	33.1 (25)	0	* *	0	* *
Scotland	1,108	25.5 (39)	725	23.9 (72)	165	22.4 (54)	0	* *	0	* *
Stanly	1,051	22.5 (33)	702	21.5 (61)	132	33.3 (23)	0	* *	0	* *
Stokes	598	49.7 (97)	481	22.0 (63)	191	26.2 (47)	0	* *	0	* *
Surry	1,171	28.3 (50)	737	22.4 (65)	140	18.6 (58)	0	* *	0	* *
Swain	316	45.9 (91)	220	24.1 (73)	69	* *	0	* *	0	* *
Transylvan	432	47.7 (94)	169	23.1 (69)	53	* *	0	* *	0	* *
Tyrrell	103	27.2 (44)	75	* *	19	* *	0	* *	0	* *
Union	1,760	15.6 (12)	1,796	11.7 (14)	131	36.6 (16)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2008 - 2010 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	1,105	17.0 (15)	872	14.7 (27)	128	30.5 (34)	0	* *	0	* *
Wake	5,526	8.5 (2)	8,476	5.0 (1)	276	31.9 (29)	0	* *	0	* *
Warren	401	18.0 (18)	286	14.0 (25)	50	* *	0	* *	0	* *
Washington	328	20.7 (28)	238	11.3 (9)	45	* *	0	* *	0	* *
Watauga	354	38.7 (82)	164	23.8 (71)	35	* *	0	* *	0	* *
Wayne Coun	2,643	19.5 (23)	1,253	14.7 (27)	195	26.2 (47)	0	* *	0	* *
Wilkes	1,257	32.9 (67)	892	24.9 (75)	239	30.1 (35)	0	* *	0	* *
Wilson Cou	1,968	17.7 (16)	1,292	13.5 (23)	206	30.1 (35)	0	* *	0	* *
Yadkin	672	33.2 (68)	509	18.5 (50)	142	28.2 (43)	0	* *	0	* *
Yancey	247	23.1 (35)	131	29.8 (88)	18	* *	0	* *	0	* *
Unknown Counties	1,062	21.4 (29)	798	13.0 (21)	142	35.2 (20)	0	* *	0	* *
North Carolina	144,335	23.7	114,271	14.7	19,368	33.7	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	2,946	9.0 (47)	7.0 (60)	2,936	13.0 (33)	2,555	4.2 (49)	2,918	56.0 (55)
Alexander	649	7.7 (19)	6.3 (44)	635	11.7 (13)	561	3.9 (41)	639	72.1 (23)
Alleghany	153	5.9 (4)	4.6 (11)	153	11.8 (16)	135	3.0 (15)	139	48.2 (70)
Anson	584	10.6 (76)	5.0 (17)	580	15.3 (70)	491	5.3 (78)	580	38.8 (76)
Ashe	447	11.0 (83)	4.3 (8)	442	16.5 (82)	369	4.9 (69)	440	67.0 (34)
Avery	101	7.9 (22)	4.0 (3)	98	* *	84	* *	99	* *
Beaufort	988	10.8 (80)	6.3 (44)	976	13.7 (44)	842	5.1 (75)	984	49.3 (67)
Bertie	382	10.7 (78)	2.9 (1)	378	17.7 (88)	311	6.1 (90)	374	19.0 (93)
Bladen	552	10.0 (68)	8.3 (84)	543	16.4 (80)	454	2.9 (14)	548	54.6 (59)
Brunswick	1,508	8.9 (44)	6.3 (44)	1,490	11.7 (13)	1,316	4.4 (55)	1,470	37.2 (78)
Buncombe	3,147	8.7 (40)	7.0 (60)	3,130	18.5 (91)	2,551	3.8 (35)	3,033	82.0 (8)
Burke	1,766	7.4 (15)	5.7 (27)	1,728	13.1 (36)	1,502	2.7 (11)	1,717	59.7 (48)
Cabarrus	3,464	8.9 (44)	5.7 (27)	3,404	13.3 (37)	2,951	3.9 (41)	3,455	70.3 (27)
Caldwell	1,502	8.5 (35)	7.5 (74)	1,489	12.3 (23)	1,306	5.0 (72)	1,496	58.2 (52)

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Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Camden	112	2.7 (1)	3.6 (2)	112	10.7 (7)	100	2.0 (2)	98	* *
Carteret	711	9.6 (57)	9.1 (91)	699	11.4 (9)	619	5.5 (81)	696	69.0 (28)
Caswell	314	12.7 (96)	7.0 (60)	310	12.6 (26)	271	5.9 (88)	312	63.1 (41)
Catawba	2,785	9.2 (50)	7.4 (71)	2,726	12.8 (28)	2,376	3.8 (35)	2,782	71.2 (26)
Chatham	840	7.9 (22)	9.0 (90)	820	13.7 (44)	708	3.1 (16)	831	76.4 (15)
Cherokee	436	9.4 (53)	7.3 (70)	436	11.5 (11)	384	5.2 (77)	433	63.7 (39)
Chowan	295	10.8 (80)	5.4 (21)	287	15.0 (65)	244	5.7 (85)	275	28.4 (91)
Clay	132	7.6 (16)	8.3 (84)	132	12.9 (31)	115	2.6 (7)	131	75.6 (18)
Cleveland	2,019	9.7 (60)	7.4 (71)	2,000	13.0 (33)	1,740	4.8 (65)	2,008	34.5 (85)
Columbus	1,381	11.9 (91)	7.4 (71)	1,348	16.8 (84)	1,122	4.9 (69)	1,374	36.1 (82)
Craven	2,446	7.6 (16)	7.9 (78)	2,418	12.0 (18)	2,127	2.7 (11)	2,383	47.2 (74)
Cumberland	10,134	10.0 (68)	7.0 (60)	10,039	14.8 (62)	8,551	4.5 (57)	10,085	67.9 (31)
Currituck	187	5.9 (4)	10.2 (95)	184	4.3 (1)	176	4.0 (45)	165	81.8 (9)
Dare	436	4.1 (2)	7.6 (76)	431	6.5 (2)	403	2.5 (5)	381	99.0 (1)

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Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Davidson	2,923	9.4 (53)	7.0 (60)	2,886	13.9 (49)	2,486	4.0 (45)	2,766	76.0 (17)
Davie	609	8.0 (26)	6.4 (48)	601	15.3 (70)	509	3.5 (28)	594	59.8 (47)
Duplin	1,502	7.8 (21)	6.7 (57)	1,476	14.4 (52)	1,263	3.3 (21)	1,480	55.4 (57)
Durham	5,297	10.5 (74)	5.9 (36)	5,157	16.3 (79)	4,314	4.5 (57)	5,211	62.1 (43)
Edgecombe	1,609	11.8 (88)	4.4 (9)	1,578	17.3 (85)	1,305	4.9 (69)	1,596	29.8 (87)
Forsyth	7,417	10.9 (82)	5.8 (33)	7,349	18.8 (94)	5,964	5.0 (72)	7,398	77.9 (12)
Franklin	947	8.4 (32)	6.1 (39)	936	14.4 (52)	801	3.2 (20)	928	47.6 (71)
Gaston	4,317	9.3 (52)	5.7 (27)	4,215	13.5 (41)	3,644	3.9 (41)	4,299	54.5 (60)
Gates	72	* * * *		72	* *	66	* *	64	* *
Graham	206	4.4 (3)	9.7 (94)	203	11.8 (16)	179	2.2 (3)	167	65.9 (36)
Granville	988	8.7 (40)	5.6 (25)	956	14.2 (50)	820	4.4 (55)	975	73.5 (22)
Greene	550	9.8 (64)	6.7 (57)	547	13.5 (41)	473	4.2 (49)	543	61.9 (44)
Guilford	6,111	9.7 (60)	5.6 (25)	5,991	13.4 (40)	5,188	3.8 (35)	6,088	68.4 (29)
Halifax	1,381	11.5 (87)	4.8 (13)	1,364	17.6 (86)	1,124	5.8 (86)	1,377	35.1 (84)

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Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Harnett	2,335	8.1 (29)	6.0 (37)	2,290	15.2 (68)	1,943	3.4 (24)	2,313	57.7 (53)
Haywood	946	10.1 (70)	8.1 (82)	932	17.6 (86)	768	3.3 (21)	787	51.3 (64)
Henderson	1,200	6.5 (8)	7.1 (65)	1,181	13.5 (41)	1,021	2.6 (7)	1,197	87.5 (5)
Hertford	419	10.5 (74)	4.5 (10)	412	16.0 (77)	346	4.3 (51)	418	35.2 (83)
Hoke	867	9.2 (50)	5.4 (21)	849	14.8 (62)	723	4.8 (65)	862	52.4 (63)
Hyde	79	* * *	* *	79	* *	68	* *	79	* *
Iredell	2,759	8.9 (44)	5.8 (33)	2,742	12.8 (28)	2,392	3.5 (28)	2,718	67.2 (32)
Jackson	758	6.7 (9)	7.1 (65)	745	10.3 (4)	668	3.4 (24)	738	64.9 (38)
Johnston	2,935	8.0 (26)	6.4 (48)	2,904	12.9 (31)	2,529	3.4 (24)	2,903	56.8 (54)
Jones	61	* * *	* *	56	* *	47	* *	61	* *
Lee	1,357	7.9 (22)	5.7 (27)	1,304	15.3 (70)	1,105	3.6 (30)	1,344	59.6 (49)
Lenoir	1,357	11.2 (86)	5.7 (27)	1,290	14.8 (62)	1,099	5.6 (84)	1,346	49.0 (68)
Lincoln	858	9.7 (60)	6.6 (54)	843	14.5 (55)	721	5.1 (75)	848	59.9 (46)
Macon	948	9.8 (64)	6.5 (51)	930	15.2 (68)	789	3.7 (33)	942	59.4 (50)

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Table 8B
2008 - 2010 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)	Number						
Madison	135	5.9 (4)	11.1 (96)	131	12.2 (20)	115	0.9 (1)	135	75.6 (18)	
Martin	111	8.1 (29)	6.3 (44)	108	18.5 (91)	88	* *	108	77.8 (14)	
Mcdowell	555	12.4 (94)	4.0 (3)	549	13.7 (44)	474	6.3 (92)	517	36.9 (79)	
Mecklenbur	11,775	9.5 (55)	5.4 (21)	11,645	12.6 (26)	10,169	4.3 (51)	11,596	67.2 (32)	
Mitchell	236	10.2 (71)	9.3 (92)	234	13.7 (44)	202	5.9 (88)	232	76.3 (16)	
Montgomery	561	9.6 (57)	5.7 (27)	553	15.0 (65)	470	4.3 (51)	544	68.0 (30)	
Moore	1,129	7.2 (13)	6.6 (54)	1,097	11.7 (13)	969	2.6 (7)	1,119	62.4 (42)	
Nash	2,180	9.6 (57)	5.8 (33)	2,160	14.6 (59)	1,844	3.9 (41)	2,155	47.4 (72)	
New Hanove	3,072	8.5 (35)	7.5 (74)	3,059	12.4 (24)	2,681	3.7 (33)	3,053	66.2 (35)	
Northhampt	485	12.6 (95)	4.7 (12)	478	19.0 (95)	387	6.2 (91)	483	31.7 (86)	
Onslow	6,129	6.9 (11)	8.5 (86)	6,051	10.1 (3)	5,438	3.1 (16)	6,118	60.4 (45)	
Orange	1,280	9.8 (64)	8.5 (86)	1,265	12.8 (28)	1,103	3.4 (24)	1,231	74.7 (20)	
Pamlico	92	* *	* *	87	* *	73	* *	91	* *	
Pasquotank	736	7.2 (13)	4.8 (13)	732	10.5 (5)	655	3.8 (35)	688	19.5 (92)	

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Table 8B
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North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pender	878	7.9 (22)	6.5 (51)	870	12.1 (19)	765	3.3 (21)	862	50.9 (65)
Perquimans	175	8.6 (38)	4.0 (3)	173	15.0 (65)	147	4.8 (65)	95	* *
Person	561	11.8 (88)	6.4 (48)	556	15.5 (74)	470	5.5 (81)	557	49.9 (66)
Pitt	3,341	11.0 (83)	5.5 (24)	3,319	15.6 (75)	2,801	4.8 (65)	3,281	52.6 (62)
Polk	240	8.8 (43)	7.9 (78)	238	12.2 (20)	209	5.3 (78)	240	77.9 (12)
Randolph	2,684	8.0 (26)	7.2 (67)	2,645	12.2 (20)	2,320	3.6 (30)	2,679	65.3 (37)
Richmond	1,136	9.7 (60)	6.1 (39)	1,121	14.4 (52)	960	4.7 (62)	1,132	28.8 (89)
Robeson	3,401	10.6 (76)	4.8 (13)	3,326	16.5 (82)	2,778	5.0 (72)	3,352	36.4 (81)
Rockingham	1,729	9.1 (48)	7.2 (67)	1,720	11.5 (11)	1,521	4.7 (62)	1,730	48.4 (69)
Rowan	2,922	9.5 (55)	6.1 (39)	2,869	13.0 (33)	2,497	4.5 (57)	2,916	53.7 (61)
Rutherford	1,282	7.6 (16)	8.8 (88)	1,276	10.7 (7)	1,140	2.5 (5)	1,241	71.7 (25)
Sampson	1,538	8.4 (32)	6.8 (59)	1,518	14.6 (59)	1,296	3.8 (35)	1,524	36.6 (80)
Scotland	1,082	12.1 (92)	4.2 (6)	1,061	16.4 (80)	887	6.4 (93)	1,062	29.0 (88)
Stanly	1,057	10.2 (71)	5.3 (20)	1,047	15.3 (70)	887	4.6 (61)	1,021	80.2 (10)

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Table 8B
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North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Stokes	716	8.7 (40)	8.0 (81)	705	14.6 (59)	602	4.7 (62)	714	55.9 (56)
Surry	1,187	8.5 (35)	7.2 (67)	1,174	14.5 (55)	1,004	3.1 (16)	1,178	55.1 (58)
Swain	358	6.1 (7)	8.9 (89)	354	12.4 (24)	310	2.6 (7)	347	86.7 (6)
Transylvan	304	9.9 (67)	7.9 (78)	300	18.7 (93)	244	4.1 (48)	303	92.7 (3)
Tyrrell	99	* * *	* *	96	* *	86	* *	99	* *
Union	2,559	7.7 (19)	6.6 (54)	2,471	14.3 (51)	2,117	4.0 (45)	2,540	74.7 (20)
Vance	1,314	11.1 (85)	5.1 (19)	1,282	16.0 (77)	1,077	5.8 (86)	1,172	41.3 (75)
Wake	12,360	8.4 (32)	7.8 (77)	12,131	13.3 (37)	10,521	3.8 (35)	10,943	87.8 (4)
Warren	431	12.3 (93)	4.9 (16)	428	18.2 (90)	350	5.4 (80)	424	47.4 (72)
Washington	343	10.2 (71)	6.1 (39)	338	14.5 (55)	289	4.5 (57)	329	28.6 (90)
Watauga	309	6.8 (10)	8.1 (82)	302	10.6 (6)	270	2.2 (3)	308	82.5 (7)
Wayne Coun	1,761	7.1 (12)	9.4 (93)	1,724	11.4 (9)	1,527	3.1 (16)	1,682	58.4 (51)
Wilkes	1,362	9.1 (48)	6.2 (43)	1,356	13.3 (37)	1,176	3.6 (30)	1,361	63.3 (40)
Wilson Cou	1,923	8.1 (29)	4.2 (6)	1,909	15.6 (75)	1,611	4.3 (51)	1,912	38.6 (77)

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County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	753	11.8 (88)	5.0 (17)	752	17.7 (88)	618	6.6 (94)	747	79.8 (11)
Yancey	215	10.7 (78)	6.0 (37)	214	14.5 (55)	183	5.5 (81)	215	95.3 (2)
Unknown Counties	1,482	8.6 (38)	6.5 (51)	1,467	13.8 (48)	1,265	2.8 (13)	1,374	72.1 (23)
North Carolina	169,203	9.2	6.5	166,703	14.0	143,315	4.1	165,298	62.1

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