

Table 3B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Alamance	1,104	38.9	27.1	31.1	0.6	1.5	0.0	0.7
Alexander	231	82.3	5.6	7.8	0.4	3.9	0.0	0.0
Alleghany	53	*	*	*	*	*	*	*
Anson	213	24.9	70.4	2.8	0.0	1.4	0.0	0.5
Ashe	165	90.3	1.2	8.5	0.0	0.0	0.0	0.0
Avery	105	86.7	1.9	8.6	1.0	1.0	0.0	1.0
Beaufort	377	37.4	44.8	17.2	0.5	0.0	0.0	0.0
Bertie	159	17.0	81.1	1.9	0.0	0.0	0.0	0.0
Bladen	281	37.7	42.0	16.7	2.8	0.7	0.0	0.0
Brunswick	583	66.2	17.5	13.7	1.2	0.5	0.0	0.9
Buncombe	1,408	68.0	13.5	16.8	0.4	1.0	0.0	0.4
Burke	628	67.5	6.4	17.0	0.2	8.6	0.0	0.3
Cabarrus	1,197	44.0	22.6	31.2	0.2	1.6	0.0	0.4
Caldwell	565	83.2	5.7	9.0	0.5	0.9	0.0	0.7
Camden	49	*	*	*	*	*	*	*
Carteret	295	78.6	11.9	7.5	0.3	1.7	0.0	0.0
Caswell	117	53.0	39.3	7.7	0.0	0.0	0.0	0.0
Catawba	1,046	56.3	13.5	22.3	0.4	7.1	0.0	0.5
Chatham	303	38.9	14.9	45.5	0.0	0.3	0.0	0.3
Cherokee	180	88.9	1.7	6.7	1.1	1.1	0.0	0.6

(1) Reporting period is January 1 through December 31.

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		%	%	%	%	%	%	%
Chowan	110	34.5	60.9	4.5	0.0	0.0	0.0	0.0
Clay	61	*	*	*	*	*	*	*
Cleveland	796	60.6	33.2	5.4	0.1	0.4	0.0	0.4
Columbus	483	46.4	40.6	10.1	2.5	0.2	0.0	0.2
Craven	955	55.0	29.9	10.6	0.3	4.1	0.0	0.1
Cumberland	3,789	40.5	41.9	12.7	2.1	2.6	0.0	0.2
Currituck	66	*	*	*	*	*	*	*
Dare	173	72.8	5.8	19.7	0.0	1.7	0.0	0.0
Davidson	1,095	64.8	15.0	17.1	0.6	2.4	0.0	0.1
Davie	221	69.7	6.8	23.1	0.5	0.0	0.0	0.0
Duplin	580	26.7	26.6	45.9	0.5	0.0	0.0	0.3
Durham	1,931	11.7	51.6	34.6	0.2	1.5	0.0	0.5
Edgecombe	584	20.5	73.3	5.8	0.2	0.0	0.0	0.2
Forsyth	2,715	23.9	38.9	36.0	0.1	0.9	0.0	0.2
Franklin	331	42.0	34.7	21.1	1.2	0.6	0.0	0.3
Gaston	1,601	59.5	25.3	12.9	0.4	1.5	0.0	0.3
Gates	28	*	*	*	*	*	*	*
Graham	68	*	*	*	*	*	*	*
Granville	344	42.7	42.4	14.0	0.0	0.9	0.0	0.0
Greene	188	21.8	50.0	27.7	0.0	0.5	0.0	0.0

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Guilford	2,795	22.0	55.6	17.0	0.8	4.6	0.0	0.1
Halifax	486	20.2	67.9	4.1	7.2	0.4	0.0	0.2
Harnett	870	46.0	30.3	21.7	0.5	0.9	0.0	0.6
Haywood	386	90.9	1.6	6.2	0.8	0.5	0.0	0.0
Henderson	537	53.6	6.3	38.5	0.2	1.3	0.0	0.0
Hertford	226	19.5	78.3	0.9	0.4	0.9	0.0	0.0
Hoke	464	30.4	29.3	28.4	10.8	1.1	0.0	0.0
Hyde	22	*	*	*	*	*	*	*
Iredell	981	56.0	25.9	16.8	0.1	1.2	0.0	0.0
Jackson	277	65.0	2.2	10.8	21.3	0.7	0.0	0.0
Johnston	1,071	40.3	22.9	36.0	0.4	0.4	0.0	0.0
Jones	79	*	*	*	*	*	*	*
Lee	468	31.6	27.1	40.2	0.2	0.6	0.0	0.2
Lenoir	511	32.5	53.6	13.7	0.0	0.0	0.0	0.2
Lincoln	470	79.1	10.0	10.2	0.0	0.4	0.0	0.2
Macon	342	81.9	6.4	10.2	0.6	0.9	0.0	0.0
Madison	141	70.2	1.4	26.2	1.4	0.7	0.0	0.0
Martin	140	97.1	0.0	2.1	0.0	0.7	0.0	0.0
Mcdowell	221	28.5	66.5	4.5	0.0	0.5	0.0	0.0
Mecklenbur	4,859	14.1	48.9	33.2	0.3	3.2	0.0	0.3

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Mitchell	97	*	*	*	*	*	*	*
Montgomery	244	43.0	26.6	27.5	0.4	1.6	0.0	0.8
Moore	458	50.9	28.4	17.9	1.5	0.9	0.0	0.4
Nash	826	29.1	54.4	15.5	0.5	0.2	0.0	0.4
New Hanove	1,150	47.6	33.0	16.9	0.8	0.9	0.0	0.9
Northhampt	175	20.0	77.7	1.7	0.6	0.0	0.0	0.0
Onslow	2,347	67.6	16.1	12.3	0.7	2.9	0.0	0.4
Orange	484	34.1	26.4	34.1	0.6	4.3	0.0	0.4
Pamlico	78	*	*	*	*	*	*	*
Pasquotank	279	33.7	54.1	10.8	0.0	1.4	0.0	0.0
Pender	299	55.2	27.8	16.4	0.3	0.0	0.0	0.3
Perquimans	64	*	*	*	*	*	*	*
Person	285	49.8	40.0	7.7	1.8	0.7	0.0	0.0
Pitt	1,248	22.8	63.5	12.7	0.1	0.8	0.0	0.0
Polk	96	*	*	*	*	*	*	*
Randolph	983	64.9	6.3	27.2	0.6	1.0	0.0	0.0
Richmond	468	46.2	36.3	12.0	3.8	1.3	0.0	0.4
Robeson	1,507	16.7	26.8	13.7	41.9	0.7	0.0	0.2
Rockingham	653	60.0	27.4	11.6	0.5	0.3	0.0	0.2
Rowan	1,032	53.4	25.8	19.4	0.1	1.4	0.0	0.0

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Rutherford	488	77.7	13.9	7.6	0.4	0.0	0.0	0.4
Sampson	638	24.8	32.6	40.1	2.2	0.2	0.0	0.2
Scotland	413	32.4	47.2	1.5	18.2	0.7	0.0	0.0
Stanly	438	63.9	21.5	8.7	0.0	5.7	0.0	0.2
Stokes	237	92.4	4.2	1.7	0.4	1.3	0.0	0.0
Surry	529	66.7	6.6	25.7	0.0	0.9	0.0	0.0
Swain	152	57.9	0.7	3.3	34.9	3.3	0.0	0.0
Transylvan	188	81.9	8.0	9.0	0.0	0.0	0.0	1.1
Tyrrell	40	*	*	*	*	*	*	*
Union	1,066	37.7	24.7	36.6	0.2	0.4	0.0	0.5
Vance	461	22.8	62.0	14.5	0.0	0.4	0.0	0.2
Wake	4,254	21.2	39.4	35.9	0.4	2.8	0.0	0.4
Warren	169	20.1	71.0	7.1	1.8	0.0	0.0	0.0
Washington	141	28.4	66.7	3.5	0.0	0.7	0.0	0.7
Watauga	140	88.6	2.1	7.9	0.0	1.4	0.0	0.0
Wayne Coun	991	35.1	42.0	21.6	0.2	1.1	0.0	0.0
Wilkes	443	81.3	4.3	13.8	0.0	0.5	0.0	0.2
Wilson Cou	742	24.3	54.2	20.8	0.3	0.1	0.0	0.4
Yadkin	258	64.7	3.5	30.6	0.0	1.2	0.0	0.0
Yancey	106	83.0	0.9	15.1	0.9	0.0	0.0	0.0

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Unknown Counties	547	33.3	38.2	25.6	1.1	1.5	0.0	0.4
North Carolina	65,738	41.5	33.3	21.2	1.9	1.8	0.0	0.3
Nation (Prior Year)	1,307,887	42.0	24.2	28.1	1.0	3.1	1.1	0.5

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Alamance	1,104	0.3	7.8	14.9	58.9	16.9	1.3	0.0
Alexander	231	0.4	6.9	13.0	64.5	14.3	0.9	0.0
Alleghany	53	*	*	*	*	*	*	*
Anson	213	0.9	8.9	15.5	59.6	12.7	2.3	0.0
Ashe	165	0.0	12.7	17.0	53.3	15.8	1.2	0.0
Avery	105	0.0	2.9	11.4	68.6	17.1	0.0	0.0
Beaufort	377	1.3	9.0	15.9	52.3	21.2	0.3	0.0
Bertie	159	0.0	6.9	13.8	67.9	10.1	1.3	0.0
Bladen	281	0.0	6.4	12.5	62.3	18.5	0.4	0.0
Brunswick	583	0.0	8.1	14.8	60.2	15.4	1.5	0.0
Buncombe	1,408	0.3	5.2	12.0	62.4	19.0	1.1	0.0
Burke	628	1.1	7.6	17.2	58.9	14.5	0.6	0.0
Cabarrus	1,197	0.3	7.4	12.0	60.2	19.0	1.1	0.0
Caldwell	565	0.5	11.0	16.8	58.4	12.7	0.5	0.0
Camden	49	*	*	*	*	*	*	*
Carteret	295	0.3	6.4	12.5	60.3	20.0	0.3	0.0
Caswell	117	0.0	5.1	18.8	57.3	17.9	0.9	0.0
Catawba	1,046	0.0	7.7	13.1	62.0	16.2	1.0	0.0
Chatham	303	1.0	5.6	9.6	57.4	26.4	0.0	0.0

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Cherokee	180	0.0	7.8	14.4	66.7	10.6	0.6	0.0
Chowan	110	0.0	1.8	16.4	66.4	14.5	0.9	0.0
Clay	61	*	*	*	*	*	*	*
Cleveland	796	0.3	9.9	15.8	60.3	13.1	0.6	0.0
Columbus	483	0.2	8.1	12.6	64.4	14.5	0.2	0.0
Craven	955	0.2	4.0	15.5	68.1	11.7	0.5	0.0
Cumberland	3,789	0.3	4.5	12.5	68.5	13.8	0.4	0.0
Currituck	66	*	*	*	*	*	*	*
Dare	173	0.0	2.3	5.2	64.7	24.9	2.9	0.0
Davidson	1,095	0.2	7.3	15.1	60.3	16.3	0.9	0.0
Davie	221	0.5	8.1	14.9	58.4	17.6	0.5	0.0
Duplin	580	0.5	5.5	13.1	62.1	17.9	0.9	0.0
Durham	1,931	0.2	6.6	11.8	58.3	21.7	1.5	0.0
Edgecombe	584	0.3	7.5	17.3	59.6	13.7	1.5	0.0
Forsyth	2,715	0.5	7.6	12.7	59.1	19.0	1.1	0.0
Franklin	331	0.6	7.3	15.7	56.2	19.0	1.2	0.0
Gaston	1,601	0.6	7.6	16.2	60.3	14.5	0.8	0.0
Gates	28	*	*	*	*	*	*	*
Graham	68	*	*	*	*	*	*	*

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Granville	344	0.0	9.3	12.5	59.0	18.3	0.9	0.0
Greene	188	0.0	3.7	15.4	59.6	20.2	1.1	0.0
Guilford	2,795	0.3	5.4	11.6	61.9	19.8	1.0	0.0
Halifax	486	0.4	7.8	18.5	61.1	11.5	0.6	0.0
Harnett	870	0.1	6.8	13.6	60.6	18.3	0.7	0.0
Haywood	386	1.0	8.0	15.5	62.2	11.7	1.6	0.0
Henderson	537	0.6	7.8	10.6	56.4	21.8	2.8	0.0
Hertford	226	0.4	6.6	22.1	59.3	11.5	0.0	0.0
Hoke	464	0.2	6.5	11.0	65.1	16.6	0.6	0.0
Hyde	22	*	*	*	*	*	*	*
Iredell	981	0.5	8.2	13.8	58.9	17.6	1.0	0.0
Jackson	277	0.4	6.1	18.1	60.3	14.8	0.4	0.0
Johnston	1,071	0.1	8.3	12.0	58.3	20.0	1.3	0.0
Jones	79	*	*	*	*	*	*	*
Lee	468	0.2	7.9	13.7	59.4	17.9	0.9	0.0
Lenoir	511	1.2	8.8	14.1	60.9	14.1	1.0	0.0
Lincoln	470	0.0	8.1	15.7	62.3	13.2	0.6	0.0
Macon	342	0.0	7.6	13.5	64.3	14.3	0.3	0.0
Madison	141	0.0	6.4	14.2	58.2	20.6	0.7	0.0

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Mcdowell	221	0.9	7.2	15.4	58.8	17.2	0.5	0.0
Mecklenbur	4,859	0.5	5.9	11.6	56.8	23.8	1.4	0.0
Mitchell	97	*	*	*	*	*	*	*
Montgomery	244	0.8	7.4	14.3	60.2	15.6	1.6	0.0
Moore	458	0.9	9.0	12.2	61.1	15.3	1.5	0.0
Nash	826	0.5	8.4	15.6	57.4	17.7	0.5	0.0
New Hanove	1,150	0.3	5.2	11.2	62.2	19.8	1.3	0.0
Northhampt	175	0.6	6.9	22.9	58.3	10.3	1.1	0.0
Onslow	2,347	0.0	2.7	12.9	76.0	8.0	0.4	0.0
Orange	484	0.6	5.4	10.1	56.2	25.6	2.1	0.0
Pamlico	78	*	*	*	*	*	*	*
Pasquotank	279	0.4	5.0	15.1	64.5	14.7	0.4	0.0
Pender	299	1.0	5.4	15.4	57.2	20.1	1.0	0.0
Perquimans	64	*	*	*	*	*	*	*
Person	285	0.0	8.8	17.5	58.2	15.1	0.4	0.0
Pitt	1,248	0.2	7.5	12.3	61.4	17.2	1.3	0.0
Polk	96	*	*	*	*	*	*	*
Randolph	983	0.4	9.2	16.0	56.7	17.1	0.7	0.0

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Richmond	468	0.2	8.3	14.3	63.0	13.5	0.6	0.0
Robeson	1,507	0.5	8.4	17.3	59.5	13.5	0.9	0.0
Rockingham	653	0.3	7.4	16.4	60.0	14.9	1.1	0.0
Rowan	1,032	0.2	8.0	13.9	61.1	16.0	0.8	0.0
Rutherford	488	0.0	10.0	16.8	56.1	15.4	1.6	0.0
Sampson	638	0.6	8.3	12.1	59.4	18.3	1.3	0.0
Scotland	413	0.2	12.6	15.5	61.5	9.9	0.2	0.0
Stanly	438	0.2	9.4	18.3	60.3	11.4	0.5	0.0
Stokes	237	0.8	5.5	17.3	62.4	12.7	1.3	0.0
Surry	529	0.8	6.2	12.9	59.2	18.9	2.1	0.0
Swain	152	0.0	9.2	15.1	54.6	18.4	2.6	0.0
Transylvan	188	0.0	4.8	14.9	61.2	18.1	1.1	0.0
Tyrrell	40	*	*	*	*	*	*	*
Union	1,066	0.3	7.1	13.7	58.4	18.9	1.5	0.0
Vance	461	1.1	9.5	17.6	56.0	15.0	0.9	0.0
Wake	4,254	0.3	5.4	10.8	59.2	23.0	1.3	0.0
Warren	169	0.6	9.5	17.8	56.2	14.8	1.2	0.0
Washington	141	0.7	7.8	14.2	59.6	16.3	1.4	0.0
Watauga	140	0.0	6.4	16.4	61.4	14.3	1.4	0.0

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Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Wayne Coun	991	0.4	6.6	14.9	61.6	15.9	0.6	0.0
Wilkes	443	0.2	7.0	15.1	61.2	15.3	1.1	0.0
Wilson Cou	742	1.2	8.6	15.4	57.7	15.5	1.6	0.0
Yadkin	258	0.4	8.1	16.7	56.6	18.2	0.0	0.0
Yancey	106	0.0	4.7	17.9	51.9	25.5	0.0	0.0
Unknown Counties	547	0.9	6.6	12.4	56.3	22.3	1.5	0.0
North Carolina	65,738	0.4	6.8	13.6	60.8	17.4	1.0	0.0
Nation (Prior Year)	1,307,887	0.3	6.3	12.6	59.7	19.4	1.4	0.3

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)																
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy			
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)		
Alamance	703	6.8 (74)	51.1 (13)	369	22.2 (27)	47.2 (48)	114	42.1 (15)	347	45.8 (50)	0	*	*	0	**	
Alexander	183	7.1 (77)	49.7 (6)	154	20.1 (16)	52.6 (72)	39	*	*	88	*	*	0	*	*	
Alleghany	48	*	*	36	*	*	5	*	*	21	*	*	0	*	*	
Anson	186	5.9 (64)	52.2 (18)	159	28.9 (66)	45.3 (37)	22	*	*	75	*	*	0	*	*	
Ashe	146	7.5 (79)	56.2 (46)	127	29.9 (71)	47.2 (48)	20	*	*	48	*	*	0	*	*	
Avery	87	*	*	16	*	*	6	*	*	20	*	*	0	*	*	
Beaufort	307	3.9 (21)	64.2 (79)	131	16.8 (7)	51.1 (69)	28	*	*	251	34.7 (41)	0	*	*	0	**
Bertie	141	0.7 (1)	73.0 (84)	108	34.3 (75)	44.4 (26)	19	*	*	94	*	*	0	*	*	
Bladen	245	2.9 (10)	58.4 (63)	149	26.8 (59)	48.3 (60)	19	*	*	76	*	*	0	*	*	
Brunswick	127	3.1 (11)	47.2 (3)	60	*	*	19	*	*	153	11.8 (1)	0	*	*	0	**
Buncombe	1,198	4.6 (37)	52.7 (20)	760	16.7 (6)	51.2 (70)	122	19.7 (3)	539	27.3 (24)	0	*	*	0	**	
Burke	506	5.5 (54)	50.8 (10)	410	30.0 (72)	39.8 (6)	94	*	*	263	25.5 (17)	0	*	*	0	**
Cabarrus	947	5.2 (46)	54.9 (36)	777	24.5 (42)	45.8 (39)	108	36.1 (12)	218	17.9 (6)	0	*	*	0	**	
Caldwell	500	5.4 (52)	54.2 (30)	453	20.1 (16)	51.9 (71)	42	*	*	105	18.1 (7)	0	*	*	0	**
Camden	43	*	*	32	*	*	2	*	*	35	*	*	0	*	*	
Carteret	172	5.8 (63)	59.3 (65)	123	17.9 (9)	44.7 (33)	8	*	*	153	22.9 (13)	0	*	*	0	**
Caswell	103	4.9 (43)	57.3 (58)	84	*	*	7	*	*	20	*	*	0	*	*	

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)																	
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy					
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum								
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)	Number	% (Rank)	
Catawba	884	4.9 (43)	55.7 (42)	737	30.3 (73)	39.6 (5)	173	23.1 (5)	584	30.8(34)	0	*	*	0	**		
Chatham	208	6.7 (71)	55.3 (38)	164	16.5 (5)	50.6 (65)	21	*	*	217	26.3(21)	0	*	*	0	**	
Cherokee	157	3.8 (20)	61.1 (72)	129	24.8 (45)	39.5 (4)	25	*	*	45	*	*	0	*	*	0	**
Chowan	94	*	*	*	*	*	78	*	*	84	*	*	0	*	*	0	**
Clay	54	*	*	*	*	*	41	*	*	28	*	*	0	*	*	0	**
Cleveland	588	5.3 (51)	56.3 (50)	18	*	*	50	*	*	560	23.4(16)	0	*	*	0	**	
Columbus	388	7.0 (76)	59.3 (65)	344	27.6 (64)	44.2 (23)	60	*	*	180	67.2(58)	0	*	*	0	**	
Craven	666	6.6 (70)	53.9 (28)	440	21.6 (25)	48.0 (56)	31	*	*	619	26.8(23)	0	*	*	0	**	
Cumberland	2,890	6.4 (68)	48.8 (5)	2,363	20.0 (15)	50.7 (66)	676	42.8 (16)	1,289	46.7(51)	0	*	*	0	**		
Currituck	54	*	*	30	*	*	7	*	*	44	*	*	0	*	*	0	**
Dare	140	4.3 (31)	37.1 (1)	116	27.6 (64)	31.9 (1)	12	*	*	56	*	*	0	*	*	0	**
Davidson	824	6.4 (68)	54.5 (33)	678	24.6 (43)	43.8 (22)	141	28.4 (7)	504	20.6(11)	0	*	*	0	**		
Davie	180	6.7 (71)	53.3 (23)	156	25.0 (46)	42.9 (20)	25	*	*	118	20.3(10)	0	*	*	0	**	
Duplin	283	2.8 (9)	57.2 (57)	171	24.6 (43)	46.2 (43)	61	*	*	242	44.6(48)	0	*	*	0	**	
Durham	1,394	4.3 (31)	55.7 (42)	1,026	18.9 (12)	46.0 (40)	46	*	*	159	37.1(44)	0	*	*	0	**	
Edgecombe	276	2.2 (3)	72.1 (83)	99	*	*	41	*	*	287	39.0(46)	0	*	*	0	**	
Forsyth	2,197	4.2 (25)	55.9 (45)	1,739	23.9 (38)	45.5 (38)	316	49.7 (21)	892	54.6(54)	0	*	*	0	**		

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Franklin	290	2.4 (6)	56.9 (54)	211	25.1 (48)	46.0 (40)	47	* *	88	* *	0	* *	0	* *
Gaston	1,313	4.6 (37)	53.2 (22)	1,075	27.2 (60)	44.3 (25)	179	36.3 (13)	872	47.7 (52)	0	* *	0	* *
Gates	24	* *	* *	21	* *	* *	6	* *	17	* *	0	* *	0	* *
Graham	56	* *	* *	49	* *	* *	4	* *	35	* *	0	* *	0	* *
Granville	297	5.7 (61)	56.2 (46)	236	26.7 (58)	41.5 (12)	25	* *	157	33.8 (39)	0	* *	0	* *
Greene	144	3.5 (17)	61.1 (72)	113	25.7 (53)	40.7 (10)	19	* *	65	* *	0	* *	0	* *
Guilford	2,081	4.6 (37)	56.7 (53)	988	20.4 (20)	50.8 (67)	132	45.5 (19)	711	29.7 (30)	0	* *	0	* *
Halifax	409	4.2 (25)	62.6 (77)	335	27.2 (60)	44.5 (28)	40	* *	245	53.1 (53)	0	* *	0	* *
Harnett	686	4.2 (25)	53.5 (25)	579	20.2 (18)	46.8 (47)	155	43.2 (17)	304	29.3 (29)	0	* *	0	* *
Haywood	331	7.9 (80)	52.9 (21)	296	14.9 (1)	53.4 (74)	46	* *	119	19.3 (8)	0	* *	0	* *
Henderson	339	3.2 (12)	53.7 (26)	214	25.2 (49)	42.1 (15)	70	* *	258	28.7 (28)	0	* *	0	* *
Hertford	186	3.2 (12)	70.4 (82)	101	25.7 (53)	43.6 (21)	15	* *	67	* *	0	* *	0	* *
Hoke	231	4.3 (31)	52.4 (19)	200	23.5 (35)	51.0 (68)	21	* *	133	45.1 (49)	0	* *	0	* *
Hyde	21	* *	* *	15	* *	* *	2	* *	8	* *	0	* *	0	* *
Iredell	810	4.9 (43)	54.6 (34)	718	20.2 (18)	48.7 (62)	155	18.1 (2)	703	13.5 (3)	0	* *	0	* *
Jackson	215	5.6 (57)	54.0 (29)	171	15.8 (4)	48.0 (56)	23	* *	170	12.9 (2)	0	* *	0	* *
Johnston	669	4.0 (22)	60.1 (69)	452	15.3 (2)	48.2 (58)	211	31.3 (8)	502	37.1 (44)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Jones	71	* *	* *	10	* *	* *	7	* *	13	* *	0	* *	0	* *
Lee	329	4.0 (22)	56.2 (46)	249	23.7 (37)	42.6 (19)	58	* *	220	35.0 (42)	0	* *	0	* *
Lenoir	341	7.9 (80)	51.9 (17)	267	29.2 (68)	44.6 (30)	89	* *	330	32.4 (37)	0	* *	0	* *
Lincoln	382	5.5 (54)	51.0 (12)	211	20.4 (20)	53.1 (73)	39	* *	188	17.0 (5)	0	* *	0	* *
Macon	278	9.4 (84)	51.8 (16)	229	27.5 (63)	44.5 (28)	31	* *	101	27.7 (25)	0	* *	0	* *
Madison	116	5.2 (46)	58.6 (64)	12	* *	* *	16	* *	25	* *	0	* *	0	* *
Martin	118	4.2 (25)	50.8 (10)	14	* *	* *	12	* *	21	* *	0	* *	0	* *
Mcdowell	192	5.2 (46)	61.5 (74)	173	29.5 (69)	39.9 (7)	12	* *	63	* *	0	* *	0	* *
Mecklenbur	3,990	4.2 (25)	55.2 (37)	2,572	17.6 (8)	49.8 (64)	827	43.5 (18)	2,369	30.4 (33)	0	* *	0	* *
Mitchell	82	* *	* *	64	* *	* *	13	* *	47	* *	0	* *	0	* *
Montgomery	204	4.4 (34)	54.4 (32)	148	22.3 (28)	41.9 (13)	19	* *	81	* *	0	* *	0	* *
Moore	364	3.3 (15)	57.1 (55)	220	20.9 (23)	48.2 (58)	59	* *	212	19.3 (8)	0	* *	0	* *
Nash	666	5.6 (57)	59.9 (68)	540	27.4 (62)	41.1 (11)	42	* *	177	42.9 (47)	0	* *	0	* *
New Hanove	363	4.7 (40)	53.4 (24)	322	21.7 (26)	44.7 (33)	75	* *	522	33.5 (38)	0	* *	0	* *
Northhampt	139	2.2 (3)	64.7 (80)	121	25.6 (52)	44.6 (30)	19	* *	74	* *	0	* *	0	* *
Onslow	1,630	4.4 (34)	48.6 (4)	1,342	18.0 (10)	46.4 (44)	361	23.5 (6)	1,702	16.1 (4)	0	* *	0	* *
Orange	344	2.6 (8)	51.7 (14)	283	18.7 (11)	46.6 (45)	8	* *	228	28.5 (27)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Pamlico	72	* *	* *	13	* *	* *	1	* *	16	* *	0	* *	0	* *
Pasquotank	125	2.4 (6)	63.2 (78)	100	25.0 (46)	46.0 (40)	35	* *	219	69.4 (59)	0	* *	0	* *
Pender	215	2.3 (5)	58.1 (61)	205	22.4 (29)	47.8 (52)	26	* *	91	* *	0	* *	0	* *
Perquimans	49	* *	* *	31	* *	* *	8	* *	55	* *	0	* *	0	* *
Person	249	6.8 (74)	59.4 (67)	133	24.1 (39)	46.6 (45)	33	* *	79	* *	0	* *	0	* *
Pitt	983	3.3 (15)	61.6 (75)	840	19.3 (13)	47.9 (54)	192	47.9 (20)	331	59.8 (56)	0	* *	0	* *
Polk	73	* *	* *	66	* *	* *	14	* *	65	* *	0	* *	0	* *
Randolph	775	5.5 (54)	53.8 (27)	631	19.5 (14)	47.2 (48)	156	21.8 (4)	758	21.8 (12)	0	* *	0	* *
Richmond	344	8.7 (82)	50.6 (8)	257	22.6 (31)	47.9 (54)	64	* *	204	35.8 (43)	0	* *	0	* *
Robeson	1,177	5.2 (46)	55.8 (44)	753	25.9 (56)	44.6 (30)	337	16.6 (1)	367	31.6 (36)	0	* *	0	* *
Rockingham	232	5.2 (46)	56.5 (52)	65	* *	* *	83	* *	109	26.6 (22)	0	* *	0	* *
Rowan	808	5.4 (52)	51.7 (14)	728	24.2 (40)	44.4 (26)	258	35.7 (11)	485	31.3 (35)	0	* *	0	* *
Rutherford	330	7.3 (78)	49.7 (6)	289	26.6 (57)	40.5 (9)	54	* *	320	34.1 (40)	0	* *	0	* *
Sampson	471	3.2 (12)	66.0 (81)	331	15.7 (3)	54.7 (75)	69	* *	306	27.8 (26)	0	* *	0	* *
Scotland	217	4.1 (24)	57.1 (55)	176	22.7 (32)	48.9 (63)	17	* *	80	* *	0	* *	0	* *
Stanly	384	6.3 (66)	45.3 (2)	298	25.2 (49)	45.0 (36)	6	* *	326	26.1 (20)	0	* *	0	* *
Stokes	182	9.3 (83)	55.5 (41)	155	20.6 (22)	48.4 (61)	28	* *	62	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Surry	320	5.9 (64)	55.3 (38)	276	23.2 (33)	47.8 (52)	59	* *	195	56.9(55)	0	* *	0	* *
Swain	105	1.9 (2)	56.2 (46)	75	* *	* *	15	* *	87	* *	0	* *	0	* *
Transylvan	158	5.7 (61)	60.8 (71)	70	* *	* *	31	* *	47	* *	0	* *	0	* *
Tyrrell	36	* *	* *	31	* *	* *	3	* *	10	* *	0	* *	0	* *
Union	661	4.8 (42)	54.3 (31)	496	21.2 (24)	41.9 (13)	215	40.5 (14)	618	25.9(19)	0	* *	0	* *
Vance	312	6.7 (71)	60.6 (70)	214	29.0 (67)	36.4 (2)	36	* *	218	66.5(57)	0	* *	0	* *
Wake	1,626	4.4 (34)	54.7 (35)	1,364	25.4 (51)	42.2 (16)	141	33.3 (9)	1,429	23.0(14)	0	* *	0	* *
Warren	144	5.6 (57)	50.7 (9)	127	24.4 (41)	42.5 (17)	19	* *	61	* *	0	* *	0	* *
Washington	128	6.3 (66)	57.8 (60)	107	22.4 (29)	47.7 (51)	12	* *	36	* *	0	* *	0	* *
Watauga	93	* *	* *	49	* *	* *	10	* *	63	* *	0	* *	0	* *
Wayne Coun	608	3.6 (18)	57.7 (59)	339	23.3 (34)	44.2 (23)	54	* *	326	29.8(31)	0	* *	0	* *
Wilkes	381	4.2 (25)	58.3 (62)	353	30.6 (74)	38.0 (3)	88	* *	204	25.5(17)	0	* *	0	* *
Wilson Cou	617	3.6 (18)	61.6 (75)	424	29.7 (70)	42.5 (17)	129	34.9 (10)	427	23.2(15)	0	* *	0	* *
Yadkin	213	4.7 (40)	56.3 (50)	178	23.6 (36)	44.9 (35)	30	* *	89	* *	0	* *	0	* *
Yancey	59	* *	* *	34	* *	* *	3	* *	43	* *	0	* *	0	* *
Unknown Counties	305	5.6 (57)	55.4 (40)	240	25.8 (55)	40.4 (8)	40	* *	266	30.1(32)	0	* *	0	* *
North Carolina	47,082	4.9	55.1	34,276	22.5	46.2	7,484	35.3	27,233	32.2	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy	Hypertension During Pregnancy		
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)			Number	% (Rank)
Nation (Prior Year)	1,224,766	4.7	52.1	963,624	21.4	48.2	188,530	33.8	416,710	29.6	346,704	4.4	395,960	5.2

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Alamance	915	76.4 (52)	0.5 (34)	1,075	42.1 (23)	0	* *	0	* *	
Alexander	207	73.9 (62)	2.4 (81)	224	29.9 (51)	0	* *	0	* *	
Alleghany	43	* *	* *	52	* *	0	* *	0	* *	
Anson	195	79.5 (41)	0.5 (34)	209	43.5 (21)	0	* *	0	* *	
Ashe	153	92.8 (2)	0.0 (1)	159	45.9 (17)	0	* *	0	* *	
Avery	31	* *	* *	104	48.1 (10)	0	* *	0	* *	
Beaufort	321	85.7 (24)	0.3 (17)	365	48.2 (9)	0	* *	0	* *	
Bertie	136	81.6 (38)	0.0 (1)	154	24.0 (73)	0	* *	0	* *	
Bladen	186	81.7 (37)	0.5 (34)	265	54.7 (2)	0	* *	0	* *	
Brunswick	460	74.6 (59)	0.4 (23)	563	30.7 (48)	0	* *	0	* *	
Buncombe	1,170	96.2 (1)	0.8 (53)	1,393	36.0 (34)	0	* *	0	* *	
Burke	553	66.4 (77)	0.4 (23)	608	15.6 (84)	0	* *	0	* *	
Cabarrus	1,125	71.4 (69)	0.5 (34)	1,139	18.1 (80)	0	* *	0	* *	
Caldwell	527	92.8 (2)	0.2 (13)	543	46.2 (16)	0	* *	0	* *	
Camden	45	* *	* *	47	* *	0	* *	0	* *	
Carteret	206	88.8 (12)	1.0 (65)	289	26.6 (61)	0	* *	0	* *	
Caswell	97	* *	* *	115	56.5 (1)	0	* *	0	* *	
Catawba	960	86.7 (22)	0.8 (53)	1,000	24.3 (69)	0	* *	0	* *	
Chatham	268	78.7 (47)	0.4 (23)	293	28.0 (58)	0	* *	0	* *	
Cherokee	100	83.0 (34)	0.0 (1)	174	42.5 (22)	0	* *	0	* *	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Chowan	99	* *	* *	* *	101	47.5 (13)	0	* *	0	* *
Clay	21	* *	* *	* *	61	* *	0	* *	0	* *
Cleveland	683	71.7 (67)	0.7 (50)		760	45.4 (18)	0	* *	0	* *
Columbus	423	70.9 (72)	1.2 (71)		446	28.5 (56)	0	* *	0	* *
Craven	764	84.7 (29)	0.5 (34)		928	33.4 (42)	0	* *	0	* *
Cumberland	3,463	83.0 (34)	0.8 (53)		3,645	24.1 (71)	0	* *	0	* *
Currituck	63	* *	* *	* *	65	* *	0	* *	0	* *
Dare	158	89.9 (10)	0.6 (43)		162	35.8 (37)	0	* *	0	* *
Davidson	1,018	79.0 (45)	0.4 (23)		1,043	25.1 (66)	0	* *	0	* *
Davie	209	91.4 (7)	0.5 (34)		216	24.5 (67)	0	* *	0	* *
Duplin	543	74.8 (57)	0.4 (23)		552	29.9 (51)	0	* *	0	* *
Durham	1,735	92.2 (5)	0.1 (12)		1,815	17.8 (81)	0	* *	0	* *
Edgecombe	549	67.8 (75)	1.8 (79)		561	29.9 (51)	0	* *	0	* *
Forsyth	2,549	83.8 (31)	0.9 (60)		2,656	30.4 (49)	0	* *	0	* *
Franklin	298	87.9 (17)	0.3 (17)		324	31.8 (45)	0	* *	0	* *
Gaston	1,502	48.4 (81)	0.8 (53)		1,522	21.7 (77)	0	* *	0	* *
Gates	26	* *	* *	* *	28	* *	0	* *	0	* *
Graham	66	* *	* *	* *	63	* *	0	* *	0	* *
Granville	295	75.9 (53)	0.3 (17)		323	38.7 (28)	0	* *	0	* *
Greene	175	85.7 (24)	0.6 (43)		186	38.2 (30)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Guilford	2,062	79.0 (45)	1.0 (65)	2,734	23.1 (75)	0	* *	0	* *	
Halifax	437	86.0 (23)	0.7 (50)	466	25.5 (63)	0	* *	0	* *	
Harnett	776	75.9 (53)	0.4 (23)	836	31.9 (44)	0	* *	0	* *	
Haywood	357	88.8 (12)	0.8 (53)	371	32.1 (43)	0	* *	0	* *	
Henderson	427	92.5 (4)	0.0 (1)	519	20.4 (79)	0	* *	0	* *	
Hertford	143	85.3 (28)	1.4 (74)	216	23.1 (75)	0	* *	0	* *	
Hoke	329	74.2 (60)	0.9 (60)	448	24.1 (71)	0	* *	0	* *	
Hyde	17	* *	* *	22	* *	0	* *	0	* *	
Iredell	901	67.5 (76)	1.4 (74)	953	30.8 (47)	0	* *	0	* *	
Jackson	262	90.8 (9)	0.8 (53)	269	50.6 (6)	0	* *	0	* *	
Johnston	993	91.5 (6)	0.5 (34)	1,047	5.6 (87)	0	* *	0	* *	
Jones	20	* *	* *	76	* *	0	* *	0	* *	
Lee	387	63.6 (80)	0.0 (1)	435	17.5 (82)	0	* *	0	* *	
Lenoir	452	65.7 (79)	0.2 (13)	481	26.8 (59)	0	* *	0	* *	
Lincoln	308	74.0 (61)	0.0 (1)	455	36.9 (32)	0	* *	0	* *	
Macon	299	88.3 (16)	0.3 (17)	326	52.5 (4)	0	* *	0	* *	
Madison	36	* *	* *	141	41.1 (24)	0	* *	0	* *	
Martin	35	* *	* *	140	53.6 (3)	0	* *	0	* *	
Mcdowell	204	78.4 (48)	0.0 (1)	214	37.9 (31)	0	* *	0	* *	
Mecklenbur	3,697	79.5 (41)	0.6 (43)	4,756	10.8 (85)	0	* *	0	* *	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	86	* *	* *	* *	92	* *	0	* *	0	* *
Montgomery	215	79.1 (44)	1.4 (74)		235	48.5 (8)	0	* *	0	* *
Moore	355	79.4 (43)	0.3 (17)		434	25.3 (65)	0	* *	0	* *
Nash	765	71.9 (65)	1.0 (65)		794	35.8 (37)	0	* *	0	* *
New Hanove	1,050	75.2 (56)	0.6 (43)		1,127	35.7 (39)	0	* *	0	* *
Northhampt	164	87.2 (20)	1.2 (71)		168	24.4 (68)	0	* *	0	* *
Onslow	2,033	89.1 (11)	0.3 (17)		2,269	23.6 (74)	0	* *	0	* *
Orange	446	83.0 (34)	0.4 (23)		470	24.3 (69)	0	* *	0	* *
Pamlico	19	* *	* *	* *	76	* *	0	* *	0	* *
Pasquotank	252	77.0 (50)	2.0 (80)		266	29.3 (55)	0	* *	0	* *
Pender	293	74.7 (58)	0.7 (50)		292	36.0 (34)	0	* *	0	* *
Perquimans	58	* *	* *	* *	61	* *	0	* *	0	* *
Person	188	88.8 (12)	0.5 (34)		276	39.9 (27)	0	* *	0	* *
Pitt	1,132	80.2 (40)	0.9 (60)		1,223	33.5 (41)	0	* *	0	* *
Polk	89	* *	* *	* *	93	* *	0	* *	0	* *
Randolph	879	83.5 (33)	0.6 (43)		943	31.8 (45)	0	* *	0	* *
Richmond	380	71.3 (71)	0.8 (53)		451	40.1 (26)	0	* *	0	* *
Robeson	1,085	70.4 (73)	1.6 (77)		1,457	16.6 (83)	0	* *	0	* *
Rockingham	583	84.7 (29)	0.5 (34)		638	47.6 (11)	0	* *	0	* *
Rowan	980	71.9 (65)	1.6 (77)		987	7.5 (86)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment			Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester			Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	Number	% (Rank)		Number	% (Rank)	Number	% (Rank)
Rutherford	445	85.6 (26)	0.4 (23)	469	51.4 (5)		0	* *	0	* *
Sampson	521	73.9 (62)	0.4 (23)	613	28.4 (57)		0	* *	0	* *
Scotland	348	77.0 (50)	0.9 (60)	401	47.6 (11)		0	* *	0	* *
Stanly	359	87.7 (19)	0.6 (43)	430	36.7 (33)		0	* *	0	* *
Stokes	224	87.9 (17)	0.0 (1)	224	46.4 (15)		0	* *	0	* *
Surry	486	77.4 (49)	1.0 (65)	503	36.0 (34)		0	* *	0	* *
Swain	138	88.4 (15)	0.0 (1)	148	46.6 (14)		0	* *	0	* *
Transylvan	100	91.0 (8)	0.0 (1)	186	45.2 (19)		0	* *	0	* *
Tyrrell	36	* *	* *	38	* *		0	* *	0	* *
Union	928	71.4 (69)	1.0 (65)	1,003	4.9 (88)		0	* *	0	* *
Vance	426	71.6 (68)	0.9 (60)	439	26.7 (60)		0	* *	0	* *
Wake	3,865	65.9 (78)	0.4 (23)	4,031	21.2 (78)		0	* *	0	* *
Warren	158	72.8 (64)	0.6 (43)	156	38.5 (29)		0	* *	0	* *
Washington	128	81.3 (39)	0.0 (1)	131	44.3 (20)		0	* *	0	* *
Watauga	98	* *	* *	135	34.1 (40)		0	* *	0	* *
Wayne Coun	557	68.6 (74)	1.3 (73)	955	29.9 (51)		0	* *	0	* *
Wilkes	418	85.6 (26)	0.2 (13)	439	25.5 (63)		0	* *	0	* *
Wilson Cou	659	83.6 (32)	1.1 (70)	713	30.4 (49)		0	* *	0	* *
Yadkin	243	87.2 (20)	0.4 (23)	251	40.6 (25)		0	* *	0	* *
Yancey	61	* *	* *	103	49.5 (7)		0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County

Comparison of Maternal Behavioral Indicators ^(2, 3)									
County	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	501	75.6 (55)	0.2 (13)	526	26.2 (62)	0	* *	0	* *
North Carolina	56,230	78.7	0.7	63,379	27.2	0	*	0	*
Nation (Prior Year)	580,485	80.1	3.1	1,187,387	31.7	266,567	19.3	269,548	80.6

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	969	30.3 (48)	915	19.0 (50)	242	35.1 (11)	0	* *	0	* *
Alexander	180	28.3 (44)	207	20.3 (55)	42	* *	0	* *	0	* *
Alleghany	48	* *	43	* *	13	* *	0	* *	0	* *
Anson	181	28.2 (43)	195	11.8 (17)	46	* *	0	* *	0	* *
Ashe	142	40.8 (73)	154	26.0 (75)	54	* *	0	* *	0	* *
Avery	88	* *	31	* *	3	* *	0	* *	0	* *
Beaufort	308	29.5 (45)	324	17.0 (41)	77	* *	0	* *	0	* *
Bertie	142	16.2 (16)	137	10.2 (9)	18	* *	0	* *	0	* *
Bladen	245	19.2 (21)	189	15.9 (34)	26	* *	0	* *	0	* *
Brunswick	378	32.8 (57)	467	24.4 (73)	97	* *	0	* *	0	* *
Buncombe	1,180	23.9 (32)	1,172	16.0 (36)	233	30.5 (22)	0	* *	0	* *
Burke	320	42.2 (78)	585	26.3 (76)	121	20.7 (29)	0	* *	0	* *
Cabarrus	979	24.3 (33)	1,119	13.1 (23)	205	43.9 (4)	0	* *	0	* *
Caldwell	500	36.8 (66)	534	27.2 (77)	175	22.3 (28)	0	* *	0	* *
Camden	44	* *	43	* *	10	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	191	48.7 (82)	207	22.2 (64)	56	* *	0	* *	0	* *
Caswell	106	35.8 (65)	97	* *	35	* *	0	* *	0	* *
Catawba	848	30.7 (51)	959	18.6 (49)	227	32.6 (15)	0	* *	0	* *
Chatham	229	12.7 (5)	274	17.5 (45)	25	* *	0	* *	0	* *
Cherokee	158	41.1 (76)	157	20.4 (56)	50	* *	0	* *	0	* *
Chowan	93	* *	99	* *	24	* *	0	* *	0	* *
Clay	53	* *	46	* *	14	* *	0	* *	0	* *
Cleveland	538	42.0 (77)	674	23.4 (69)	176	22.7 (27)	0	* *	0	* *
Columbus	397	27.7 (42)	448	17.0 (41)	95	* *	0	* *	0	* *
Craven	723	37.1 (67)	784	18.1 (46)	207	40.6 (5)	0	* *	0	* *
Cumberland	2,662	30.5 (50)	3,462	11.0 (12)	685	48.0 (2)	0	* *	0	* *
Currituck	56	* *	61	* *	29	* *	0	* *	0	* *
Dare	134	41.0 (75)	155	20.6 (57)	51	* *	0	* *	0	* *
Davidson	857	39.1 (70)	1,011	22.5 (67)	297	32.7 (13)	0	* *	0	* *
Davie	159	25.8 (37)	209	17.2 (44)	38	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
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Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	461	10.6 (4)	551	9.4 (7)	44	* *	0	* *	0	* *
Durham	1,381	14.6 (9)	1,725	7.8 (4)	168	47.6 (3)	0	* *	0	* *
Edgecombe	293	13.0 (6)	549	17.1 (43)	34	* *	0	* *	0	* *
Forsyth	2,272	17.6 (18)	2,550	6.6 (3)	353	38.8 (6)	0	* *	0	* *
Franklin	270	29.6 (46)	301	15.3 (30)	64	* *	0	* *	0	* *
Gaston	1,312	39.5 (71)	1,466	21.7 (61)	464	36.6 (8)	0	* *	0	* *
Gates	24	* *	26	* *	7	* *	0	* *	0	* *
Graham	56	* *	66	* *	29	* *	0	* *	0	* *
Granville	296	30.4 (49)	317	16.4 (37)	81	* *	0	* *	0	* *
Greene	168	20.8 (26)	175	11.4 (15)	29	* *	0	* *	0	* *
Guilford	2,006	15.3 (10)	2,063	12.0 (19)	205	36.1 (9)	0	* *	0	* *
Halifax	418	25.1 (35)	439	15.0 (28)	99	* *	0	* *	0	* *
Harnett	704	27.0 (41)	795	15.2 (29)	170	35.9 (10)	0	* *	0	* *
Haywood	327	49.2 (83)	358	30.7 (80)	145	32.4 (16)	0	* *	0	* *
Henderson	208	26.0 (38)	427	15.9 (34)	32	* *	0	* *	0	* *

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Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	186	19.9 (23)	143	11.9 (18)	24	* *	0	* *	0	* *
Hoke	366	15.3 (10)	329	8.8 (6)	35	* *	0	* *	0	* *
Hyde	20	* *	17	* *	4	* *	0	* *	0	* *
Iredell	812	31.0 (52)	902	22.3 (65)	227	23.8 (26)	0	* *	0	* *
Jackson	187	32.1 (55)	262	23.7 (72)	54	* *	0	* *	0	* *
Johnston	694	18.0 (19)	993	10.6 (10)	105	38.1 (7)	0	* *	0	* *
Jones	69	* *	20	* *	5	* *	0	* *	0	* *
Lee	334	24.6 (34)	413	12.3 (20)	63	* *	0	* *	0	* *
Lenoir	299	21.4 (28)	465	20.6 (57)	57	* *	0	* *	0	* *
Lincoln	388	33.0 (60)	310	22.6 (68)	68	* *	0	* *	0	* *
Macon	283	38.9 (68)	317	27.8 (78)	98	* *	0	* *	0	* *
Madison	119	33.6 (61)	36	* *	5	* *	0	* *	0	* *
Martin	118	40.7 (72)	37	* *	8	* *	0	* *	0	* *
Mcdowell	195	32.8 (57)	208	20.2 (54)	60	* *	0	* *	0	* *
Mecklenbur	3,986	3.0 (1)	3,730	4.7 (1)	80	* *	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.

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Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	84	* *	85	* *	25	* *	0	* *	0	* *
Montgomery	210	31.4 (53)	220	16.4 (37)	60	* *	0	* *	0	* *
Moore	329	20.1 (24)	359	15.3 (30)	44	* *	0	* *	0	* *
Nash	692	21.7 (29)	774	16.4 (37)	138	27.5 (25)	0	* *	0	* *
New Hanove	379	20.1 (24)	1,051	15.4 (32)	68	* *	0	* *	0	* *
Northhampt	142	31.7 (54)	166	21.7 (61)	42	* *	0	* *	0	* *
Onslow	1,789	32.9 (59)	2,053	9.7 (8)	487	60.2 (1)	0	* *	0	* *
Orange	380	14.5 (8)	439	13.9 (26)	47	* *	0	* *	0	* *
Pamlico	70	* *	23	* *	6	* *	0	* *	0	* *
Pasquotank	176	9.1 (2)	254	11.0 (12)	14	* *	0	* *	0	* *
Pender	217	26.3 (40)	293	21.8 (63)	57	* *	0	* *	0	* *
Perquimans	51	* *	60	* *	14	* *	0	* *	0	* *
Person	254	35.0 (63)	184	19.6 (52)	53	* *	0	* *	0	* *
Pitt	998	16.5 (17)	1,133	12.6 (21)	150	32.7 (13)	0	* *	0	* *
Polk	75	* *	89	* *	18	* *	0	* *	0	* *

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Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	844	32.6 (56)	885	18.4 (47)	234	30.8 (20)	0	* *	0	* *
Richmond	375	38.9 (68)	390	25.6 (74)	120	30.0 (23)	0	* *	0	* *
Robeson	1,206	15.5 (12)	1,100	19.4 (51)	117	6.0 (30)	0	* *	0	* *
Rockingham	565	42.8 (79)	586	28.7 (79)	216	29.6 (24)	0	* *	0	* *
Rowan	599	33.6 (61)	979	18.4 (47)	186	32.3 (17)	0	* *	0	* *
Rutherford	335	40.9 (74)	449	23.6 (71)	121	31.4 (19)	0	* *	0	* *
Sampson	526	13.9 (7)	525	10.9 (11)	56	* *	0	* *	0	* *
Scotland	355	25.4 (36)	349	20.9 (59)	71	* *	0	* *	0	* *
Stanly	378	20.9 (27)	364	21.2 (60)	63	* *	0	* *	0	* *
Stokes	193	51.3 (84)	224	19.6 (52)	94	* *	0	* *	0	* *
Surry	399	26.1 (39)	488	22.3 (65)	90	* *	0	* *	0	* *
Swain	103	43.7 (80)	137	16.8 (40)	41	* *	0	* *	0	* *
Transylvan	162	46.9 (81)	99	* *	31	* *	0	* *	0	* *
Tyrrell	36	* *	35	* *	7	* *	0	* *	0	* *
Union	638	15.8 (13)	928	11.6 (16)	75	* *	0	* *	0	* *

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Table 7B
2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	357	16.0 (14)	437	12.8 (22)	55	* *	0	* *	0	* *
Wake	1,671	9.6 (3)	3,904	5.1 (2)	142	31.7 (18)	0	* *	0	* *
Warren	149	16.1 (15)	161	11.2 (14)	23	* *	0	* *	0	* *
Washington	129	21.7 (29)	130	13.1 (23)	25	* *	0	* *	0	* *
Watauga	92	* *	99	* *	23	* *	0	* *	0	* *
Wayne Coun	873	19.5 (22)	556	15.8 (33)	78	* *	0	* *	0	* *
Wilkes	383	30.0 (47)	417	23.5 (70)	107	30.8 (20)	0	* *	0	* *
Wilson Cou	649	18.0 (19)	660	13.3 (25)	103	33.0 (12)	0	* *	0	* *
Yadkin	214	35.0 (63)	243	14.8 (27)	70	* *	0	* *	0	* *
Yancey	83	* *	60	* *	10	* *	0	* *	0	* *
Unknown Counties	343	21.9 (31)	505	8.7 (5)	71	* *	0	* *	0	* *
North Carolina	48,663	24.1	56,641	14.5	9,640	34.2	0	*	0	*
Nation (Prior Year)	999,199	23.1	856,953	14.2	146,933	35.5	655,095	18.9	578,852	19.9

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Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	917	7.9 (22)	7.4 (60)	917	12.1 (20)	806	3.2 (19)	899	55.5 (48)
Alexander	207	7.2 (14)	5.3 (18)	202	8.4 (2)	185	3.8 (35)	198	69.7 (21)
Alleghany	43	* * *	* *	43	* *	39	* *	40	* *
Anson	196	9.7 (49)	4.1 (11)	196	14.8 (48)	167	5.4 (69)	194	37.6 (69)
Ashe	154	9.7 (49)	5.2 (17)	151	15.2 (54)	128	3.1 (15)	153	60.1 (37)
Avery	31	* * *	* *	30	* *	28	* *	30	* *
Beaufort	325	11.1 (66)	6.5 (44)	320	14.4 (44)	274	5.5 (70)	322	43.8 (63)
Bertie	137	12.4 (75)	2.2 (1)	135	17.8 (67)	111	9.9 (80)	130	16.2 (81)
Bladen	188	9.6 (45)	8.5 (78)	184	11.4 (14)	163	3.1 (15)	185	60.0 (38)
Brunswick	481	11.2 (67)	5.6 (28)	472	12.5 (26)	413	5.3 (67)	453	36.6 (70)
Buncombe	1,168	7.4 (18)	7.4 (60)	1,167	23.1 (80)	897	2.3 (5)	1,124	82.7 (6)
Burke	584	6.7 (8)	5.8 (32)	573	14.0 (42)	493	2.8 (11)	566	60.8 (35)
Cabarrus	1,131	7.6 (20)	5.7 (29)	1,115	12.1 (20)	980	3.1 (15)	1,130	72.3 (17)
Caldwell	534	7.7 (21)	8.1 (73)	530	12.1 (20)	466	4.1 (43)	530	57.2 (44)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Camden	45	* * * *	* *		45	* *	41	* *	36	* *
Carteret	213	10.8 (65)	8.0 (68)		209	9.6 (3)	189	6.9 (78)	206	72.8 (16)
Caswell	97	* * * *	* *		96	* *	90	* *	96	* *
Catawba	957	10.7 (63)	7.7 (64)		934	12.8 (29)	814	4.8 (55)	956	72.1 (18)
Chatham	276	5.4 (2)	8.0 (68)		270	11.9 (19)	238	2.5 (8)	270	77.0 (11)
Cherokee	171	5.8 (4)	5.3 (18)		173	10.4 (7)	153	3.3 (23)	170	64.1 (29)
Chowan	101	8.9 (36)	5.9 (33)		96	* *	82	* *	92	* *
Clay	54	* * * *	* *		54	* *	50	* *	53	* *
Cleveland	688	10.5 (59)	7.8 (65)		681	12.5 (26)	596	4.9 (59)	683	28.1 (78)
Columbus	456	11.6 (69)	9.0 (81)		444	16.7 (65)	370	3.5 (28)	449	32.5 (73)
Craven	782	5.4 (2)	7.3 (58)		779	11.3 (11)	690	2.0 (4)	766	52.7 (55)
Cumberland	3,477	10.7 (63)	7.2 (57)		3,444	14.4 (44)	2,947	5.0 (62)	3,442	68.3 (23)
Currituck	63	* * * *	* *		62	* *	61	* *	51	* *
Dare	158	3.8 (1)	3.2 (4)		155	4.5 (1)	148	3.4 (25)	135	99.3 (1)

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
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Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	1,018	9.4 (41)	8.2 (75)	1,001	15.0 (50)	851	3.5 (28)	921	74.4 (14)
Davie	210	10.0 (55)	4.3 (12)	209	16.3 (63)	175	4.0 (38)	201	58.7 (41)
Duplin	551	8.3 (27)	7.8 (65)	542	14.8 (48)	462	2.8 (11)	544	54.8 (50)
Durham	1,759	10.6 (62)	5.1 (15)	1,691	17.0 (66)	1,404	4.3 (47)	1,710	62.8 (31)
Edgecombe	551	10.5 (59)	3.8 (6)	545	16.0 (62)	458	4.6 (53)	542	31.9 (74)
Forsyth	2,548	9.8 (51)	5.7 (29)	2,534	19.5 (73)	2,039	4.4 (51)	2,540	78.6 (10)
Franklin	302	8.6 (31)	6.3 (42)	301	13.3 (37)	261	3.8 (35)	297	53.9 (52)
Gaston	1,515	9.0 (37)	6.1 (37)	1,483	13.6 (39)	1,282	4.1 (43)	1,512	57.5 (43)
Gates	25	* * *	* *	25	* *	25	* *	20	* *
Graham	67	* * *	* *	64	* *	59	* *	55	* *
Granville	320	5.9 (5)	5.9 (33)	307	12.1 (20)	270	1.1 (1)	317	71.0 (19)
Greene	176	11.9 (72)	8.5 (78)	175	21.1 (78)	138	2.9 (14)	172	58.7 (41)
Guilford	2,069	9.6 (45)	5.4 (20)	2,042	13.1 (31)	1,775	3.7 (32)	2,053	68.8 (22)
Halifax	435	12.4 (75)	6.2 (40)	430	18.4 (69)	351	6.3 (74)	434	35.0 (71)

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Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Harnett	795	8.8 (34)	4.5 (13)	779	14.4 (44)	667	3.1 (15)	779	56.1 (47)
Haywood	357	10.1 (56)	7.0 (55)	351	19.7 (75)	282	4.3 (47)	287	48.8 (59)
Henderson	427	8.2 (24)	6.1 (37)	421	19.2 (71)	340	3.2 (19)	424	89.2 (2)
Hertford	143	15.4 (82)	2.8 (2)	138	20.3 (77)	110	6.4 (76)	142	40.1 (66)
Hoke	329	9.4 (41)	5.5 (21)	321	15.6 (59)	271	4.1 (43)	329	57.1 (45)
Hyde	17	* * *	* *	17	* *	14	* *	17	* *
Iredell	900	9.6 (45)	6.6 (47)	890	13.1 (31)	773	4.1 (43)	886	66.9 (26)
Jackson	262	7.3 (16)	5.7 (29)	259	12.4 (24)	227	4.0 (38)	249	64.7 (28)
Johnston	996	7.1 (13)	5.5 (21)	991	13.6 (39)	856	2.8 (11)	982	58.9 (40)
Jones	20	* * *	* *	18	* *	14	* *	20	* *
Lee	419	9.8 (51)	7.4 (60)	397	12.8 (29)	346	4.9 (59)	414	61.1 (34)
Lenoir	473	12.3 (74)	5.5 (21)	453	15.0 (50)	385	5.7 (73)	465	51.4 (58)
Lincoln	311	6.8 (10)	5.5 (21)	308	11.4 (14)	273	4.8 (55)	306	59.5 (39)
Macon	318	11.9 (72)	6.9 (54)	311	19.3 (72)	251	4.0 (38)	315	53.7 (53)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
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Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Madison	36	* * * *	* *		36	* *	34	* *	36	* *
Martin	37	* * * *	* *		37	* *	26	* *	37	* *
Mcdowell	207	12.6 (77)	2.9 (3)		205	13.2 (35)	178	8.4 (79)	189	40.7 (65)
Mecklenbur	3,737	9.3 (40)	6.3 (42)		3,688	12.4 (24)	3,229	4.3 (47)	3,630	67.5 (24)
Mitchell	87	* * * *	* *		86	* *	72	* *	84	* *
Montgomery	218	10.1 (56)	6.0 (36)		214	18.7 (70)	174	5.2 (65)	215	70.2 (20)
Moore	358	6.7 (8)	6.7 (49)		341	11.7 (17)	301	1.3 (2)	349	67.3 (25)
Nash	773	8.5 (29)	6.6 (47)		771	15.2 (54)	654	3.4 (25)	762	43.6 (64)
New Hanove	1,051	8.8 (34)	6.8 (51)		1,048	14.5 (47)	896	3.5 (28)	1,045	65.9 (27)
Northhampt	167	15.0 (81)	3.6 (5)		165	22.4 (79)	128	6.3 (74)	166	30.1 (75)
Onslow	2,051	6.9 (12)	8.4 (76)		2,028	10.3 (5)	1,820	3.2 (19)	2,048	62.6 (32)
Orange	446	10.5 (59)	9.0 (81)		441	11.1 (8)	392	4.3 (47)	421	74.1 (15)
Pamlico	23	* * * *	* *		21	* *	18	* *	23	* *
Pasquotank	254	6.3 (7)	5.1 (15)		251	10.0 (4)	226	1.8 (3)	222	17.1 (80)

- (1) Reporting period is January 1 through December 31.
- (2) Excludes records with unknown data or errors.
- (3) Rank compares one county's rate to other counties. Rank 1 = best rate.
- (4) <2500 g.
- (5) >4000 g.
- (6) <37 weeks gestation.
- (7) 37 or more weeks gestation and <2500 g.
- * Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾		High ⁽⁵⁾							
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pender	293	6.1 (6)	6.8 (51)		291	11.7 (17)	257	2.3 (5)	290	52.1 (57)
Perquimans	59	* * *	* *		57	* *	50	* *	29	* *
Person	190	11.6 (69)	7.9 (67)		188	18.1 (68)	154	5.2 (65)	187	52.9 (54)
Pitt	1,131	11.8 (71)	5.5 (21)		1,123	15.1 (53)	953	5.1 (63)	1,093	52.2 (56)
Polk	88	* * *	* *		88	* *	82	* *	88	* *
Randolph	888	8.6 (31)	7.3 (58)		876	11.1 (8)	778	4.0 (38)	886	64.0 (30)
Richmond	390	9.5 (43)	6.2 (40)		383	13.1 (31)	333	5.1 (63)	389	26.0 (79)
Robeson	1,110	9.6 (45)	4.9 (14)		1,093	15.3 (57)	926	4.9 (59)	1,109	33.8 (72)
Rockingham	584	9.8 (51)	6.8 (51)		582	11.2 (10)	517	5.6 (72)	584	44.7 (62)
Rowan	987	10.3 (58)	6.1 (37)		964	13.1 (31)	838	4.8 (55)	983	54.6 (51)
Rutherford	449	8.2 (24)	8.0 (68)		447	10.3 (5)	401	3.2 (19)	425	75.1 (13)
Sampson	527	9.5 (43)	7.0 (55)		519	16.4 (64)	434	3.5 (28)	522	37.7 (68)
Scotland	349	11.2 (67)	4.0 (9)		347	15.9 (61)	292	6.5 (77)	334	29.6 (77)
Stanly	365	9.9 (54)	5.5 (21)		363	13.2 (35)	315	4.8 (55)	347	80.1 (8)

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Stokes	224	8.5 (29)	8.0 (68)	222	15.3 (57)	188	3.7 (32)	224	60.3 (36)
Surry	488	8.2 (24)	8.0 (68)	483	14.1 (43)	415	3.4 (25)	483	55.5 (48)
Swain	136	7.4 (18)	8.1 (73)	133	11.3 (11)	118	2.5 (8)	128	84.4 (5)
Transylvan	100	13.0 (80)	4.0 (9)	100	24.0 (81)	76	* *	100	88.0 (3)
Tyrrell	36	* *	* *	35	* *	31	* *	36	* *
Union	933	7.2 (14)	5.5 (21)	905	15.8 (60)	762	3.7 (32)	922	76.6 (12)
Vance	437	9.2 (39)	5.9 (33)	427	15.0 (50)	363	3.9 (37)	326	46.3 (61)
Wake	3,923	8.3 (27)	8.4 (76)	3,829	12.7 (28)	3,344	4.0 (38)	3,435	88.0 (3)
Warren	159	12.6 (77)	3.8 (6)	158	19.6 (74)	127	5.5 (70)	153	47.7 (60)
Washington	132	12.9 (79)	3.8 (6)	129	11.6 (16)	114	5.3 (67)	123	30.1 (75)
Watauga	99	* *	* *	98	* *	91	* *	99	* *
Wayne Coun	559	6.8 (10)	8.9 (80)	547	11.3 (11)	484	3.3 (23)	523	56.4 (46)
Wilkes	416	8.7 (33)	6.5 (44)	415	15.2 (54)	352	2.6 (10)	415	62.4 (33)
Wilson Cou	658	7.3 (16)	6.7 (49)	651	13.5 (38)	563	4.4 (51)	653	39.5 (67)

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	243	9.1 (38)	7.4 (60)		242	20.2 (76)	193	4.7 (54)	240	82.1 (7)
Yancey	61	* *	* *		61	* *	47	* *	61	* *
Unknown Counties	506	8.1 (23)	6.5 (44)		498	13.9 (41)	429	2.3 (5)	462	79.0 (9)
North Carolina	56,912	9.1	6.6		56,066	14.1	48,153	4.0	55,168	62.5
Nation (Prior Year)	1,085,134	8.2	6.6		1,025,278	11.5	890,981	3.6	952,980	65.4

(1) Reporting period is January 1 through December 31.
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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other/Unknown
		%	%	%	%	%	%	%
Alamance	3,461	39.9	25.8	31.8	0.4	1.7	0.0	0.4
Alexander	710	82.0	6.2	8.5	0.3	2.8	0.0	0.3
Alleghany	165	79.4	0.6	20.0	0.0	0.0	0.0	0.0
Anson	659	27.5	68.0	3.2	0.2	1.1	0.0	0.2
Ashe	493	93.1	0.6	6.1	0.0	0.2	0.0	0.0
Avery	324	88.3	1.2	8.6	0.6	0.9	0.0	0.3
Beaufort	1,134	36.6	44.2	18.6	0.4	0.2	0.0	0.0
Bertie	523	15.1	83.0	1.7	0.2	0.0	0.0	0.0
Bladen	871	35.8	42.9	17.7	3.2	0.3	0.0	0.0
Brunswick	1,838	65.2	18.2	14.0	1.4	0.7	0.0	0.5
Buncombe	4,283	66.9	14.0	17.2	0.3	1.4	0.0	0.1
Burke	1,919	68.4	6.5	16.9	0.1	7.8	0.0	0.3
Cabarrus	3,746	41.9	22.5	34.0	0.1	1.5	0.0	0.1
Caldwell	1,655	81.4	6.9	10.1	0.4	0.7	0.0	0.5
Camden	117	76.9	18.8	2.6	0.0	1.7	0.0	0.0
Carteret	982	77.6	10.2	9.8	1.0	1.2	0.0	0.2
Caswell	375	49.9	41.1	8.8	0.3	0.0	0.0	0.0
Catawba	3,134	54.2	13.9	23.6	0.6	7.3	0.0	0.3
Chatham	978	33.6	17.0	48.7	0.0	0.2	0.0	0.5
Cherokee	437	88.3	2.3	5.3	2.3	1.1	0.0	0.7

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Chowan	328	33.2	60.7	6.1	0.0	0.0	0.0	0.0
Clay	119	80.7	4.2	11.8	3.4	0.0	0.0	0.0
Cleveland	2,321	58.8	35.5	4.5	0.2	0.6	0.0	0.3
Columbus	1,419	44.8	41.4	10.6	3.0	0.1	0.0	0.1
Craven	2,916	54.1	32.2	9.7	0.3	3.7	0.0	0.0
Cumberland	10,663	39.4	43.0	13.0	2.0	2.5	0.0	0.1
Currituck	216	82.9	9.3	6.5	0.5	0.9	0.0	0.0
Dare	531	68.0	5.1	26.0	0.0	0.9	0.0	0.0
Davidson	3,260	65.2	14.2	17.7	0.6	2.2	0.0	0.2
Davie	646	69.3	8.8	21.7	0.2	0.0	0.0	0.0
Duplin	1,743	27.8	26.6	44.9	0.5	0.1	0.0	0.1
Durham	5,841	9.9	51.5	36.6	0.4	1.4	0.0	0.3
Edgecombe	1,817	19.8	74.6	5.4	0.2	0.0	0.0	0.1
Forsyth	7,856	24.0	38.1	36.8	0.2	0.8	0.0	0.1
Franklin	998	40.6	36.7	21.1	0.9	0.4	0.0	0.3
Gaston	4,631	57.1	27.2	14.0	0.3	1.1	0.0	0.3
Gates	82	*	*	*	*	*	*	*
Graham	221	84.6	0.0	3.2	12.2	0.0	0.0	0.0
Granville	1,042	39.8	42.3	16.8	0.1	0.9	0.0	0.1
Greene	600	24.5	47.2	28.0	0.2	0.2	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Guilford	8,812	22.2	54.4	17.8	0.7	4.7	0.0	0.1
Halifax	1,562	22.3	67.6	3.4	6.3	0.3	0.0	0.1
Harnett	2,517	46.9	30.0	20.8	1.1	0.9	0.0	0.3
Haywood	1,047	87.4	1.8	9.0	1.1	0.7	0.0	0.1
Henderson	1,558	52.6	6.0	39.7	0.1	1.6	0.0	0.0
Hertford	648	17.0	80.6	1.7	0.5	0.3	0.0	0.0
Hoke	1,306	28.2	33.0	25.6	11.9	1.2	0.0	0.1
Hyde	83	*	*	*	*	*	*	*
Iredell	2,999	54.6	25.7	17.7	0.2	1.7	0.0	0.1
Jackson	773	62.1	2.1	12.4	21.5	1.8	0.0	0.1
Johnston	3,169	39.6	22.2	37.1	0.5	0.6	0.0	0.0
Jones	229	55.5	32.3	10.5	0.9	0.4	0.0	0.4
Lee	1,540	31.3	26.8	40.7	0.4	0.6	0.0	0.3
Lenoir	1,528	31.7	53.9	13.6	0.1	0.5	0.0	0.3
Lincoln	1,367	78.3	10.0	10.9	0.1	0.7	0.0	0.1
Macon	1,043	82.1	5.0	10.8	0.3	1.7	0.0	0.1
Madison	588	69.2	1.2	27.2	1.5	0.9	0.0	0.0
Martin	378	95.0	1.1	3.2	0.3	0.5	0.0	0.0
Mcdowell	645	30.2	63.1	6.2	0.0	0.5	0.0	0.0
Mecklenbur	14,518	13.5	50.6	32.2	0.3	3.2	0.0	0.3

(1) Reporting period is January 1 through December 31.

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Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other/Unknown
		%	%	%	%	%	%	%
Mitchell	294	85.0	0.7	12.9	0.7	0.7	0.0	0.0
Montgomery	761	42.8	25.4	28.9	0.3	2.2	0.0	0.4
Moore	1,205	50.7	26.9	19.3	1.7	1.2	0.0	0.2
Nash	2,329	28.7	55.0	15.3	0.5	0.3	0.0	0.2
New Hanove	3,446	44.5	35.0	18.5	0.4	0.9	0.0	0.6
Northhampt	512	20.9	75.6	2.7	0.4	0.4	0.0	0.0
Onslow	6,708	67.2	17.0	11.9	0.8	2.8	0.0	0.3
Orange	1,450	32.0	27.6	35.4	0.6	4.0	0.0	0.3
Pamlico	232	70.7	25.0	4.3	0.0	0.0	0.0	0.0
Pasquotank	863	35.6	52.4	10.4	0.2	1.4	0.0	0.0
Pender	972	53.2	26.5	19.7	0.2	0.2	0.0	0.2
Perquimans	194	51.0	43.8	4.1	0.0	1.0	0.0	0.0
Person	844	47.5	41.9	9.0	0.7	0.4	0.0	0.5
Pitt	3,715	26.6	60.6	11.8	0.1	0.7	0.0	0.1
Polk	243	70.4	8.6	20.2	0.0	0.8	0.0	0.0
Randolph	2,958	62.0	7.3	28.5	0.4	1.7	0.0	0.1
Richmond	1,530	46.5	37.2	12.7	2.8	0.7	0.0	0.1
Robeson	4,540	16.3	27.2	14.0	41.9	0.4	0.0	0.2
Rockingham	1,981	59.6	26.2	13.2	0.4	0.6	0.0	0.1
Rowan	3,095	51.2	25.8	21.6	0.2	1.2	0.0	0.1

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other/Unknown
		%	%	%	%	%	%	%
Rutherford	1,326	75.4	14.9	8.6	0.3	0.6	0.0	0.2
Sampson	1,843	28.9	29.2	39.3	2.1	0.2	0.0	0.3
Scotland	1,293	29.9	51.7	1.0	16.9	0.4	0.0	0.2
Stanly	1,265	64.4	19.9	10.1	0.2	5.2	0.0	0.1
Stokes	758	91.2	4.6	3.3	0.4	0.5	0.0	0.0
Surry	1,521	68.1	4.8	26.2	0.1	0.8	0.0	0.0
Swain	452	57.3	0.7	2.7	37.4	2.0	0.0	0.0
Transylvan	530	83.0	7.5	7.7	0.2	0.9	0.0	0.6
Tyrrell	132	34.8	38.6	25.8	0.0	0.8	0.0	0.0
Union	3,107	37.1	24.8	37.2	0.3	0.4	0.0	0.3
Vance	1,421	24.6	61.2	13.4	0.2	0.6	0.0	0.1
Wake	13,580	19.8	39.7	37.5	0.3	2.4	0.0	0.3
Warren	468	17.9	70.1	9.4	2.4	0.2	0.0	0.0
Washington	403	24.8	69.2	5.2	0.0	0.5	0.0	0.2
Watauga	444	86.5	2.5	9.5	0.2	1.4	0.0	0.0
Wayne Coun	3,150	34.0	41.7	22.5	0.3	1.3	0.0	0.2
Wilkes	1,454	78.7	5.4	14.9	0.1	0.7	0.0	0.1
Wilson Cou	2,251	23.4	53.5	22.2	0.2	0.4	0.0	0.3
Yadkin	816	63.5	5.0	30.5	0.1	0.9	0.0	0.0
Yancey	322	84.8	0.6	14.3	0.3	0.0	0.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 3B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Racial and Ethnic Distribution by County
Combined 3 Years

Comparison of Racial and Ethnic Distribution ⁽²⁾								
County	Number Included in Analysis	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races %	All Other/Unknown %
Unknown Counties	1,126	36.6	36.7	23.1	2.4	1.1	0.0	0.2
North Carolina	196,898	40.6	33.7	21.9	1.9	1.7	0.0	0.2

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Alamance	3,461	0.7	8.0	14.7	58.2	17.1	1.2	0.0
Alexander	710	0.1	7.9	14.9	61.7	13.9	1.4	0.0
Alleghany	165	0.0	12.1	20.6	53.9	12.1	1.2	0.0
Anson	659	1.1	10.2	15.5	57.5	14.7	1.1	0.0
Ashe	493	0.0	9.5	16.4	56.6	16.0	1.4	0.0
Avery	324	0.0	4.3	10.8	64.2	20.1	0.6	0.0
Beaufort	1,134	0.8	9.1	14.7	57.7	17.1	0.6	0.0
Bertie	523	0.8	7.6	17.6	61.2	11.7	1.1	0.0
Bladen	871	0.3	8.0	14.5	59.8	16.5	0.8	0.0
Brunswick	1,838	0.3	7.0	14.3	61.3	15.8	1.3	0.0
Buncombe	4,283	0.3	5.8	14.1	60.9	17.6	1.2	0.0
Burke	1,919	0.7	8.4	17.2	58.6	14.5	0.6	0.0
Cabarrus	3,746	0.3	7.8	13.6	59.1	18.4	0.8	0.0
Caldwell	1,655	0.5	10.1	16.9	58.5	13.5	0.5	0.0
Camden	117	0.0	8.5	13.7	58.1	17.9	1.7	0.0
Carteret	982	0.1	7.1	13.1	62.1	16.9	0.6	0.0
Caswell	375	0.0	7.2	14.9	61.6	15.5	0.8	0.0
Catawba	3,134	0.3	8.5	14.7	59.6	16.0	0.9	0.0
Chatham	978	0.7	7.6	10.6	57.8	22.4	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 4B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Cherokee	437	0.2	7.1	13.7	62.7	15.1	1.1	0.0
Chowan	328	0.3	7.0	15.2	61.3	14.9	1.2	0.0
Clay	119	0.0	3.4	15.1	58.0	22.7	0.8	0.0
Cleveland	2,321	0.4	11.2	16.6	59.5	11.8	0.5	0.0
Columbus	1,419	0.5	8.7	14.2	61.9	14.0	0.6	0.0
Craven	2,916	0.4	5.2	15.9	66.1	11.7	0.6	0.0
Cumberland	10,663	0.3	5.1	12.7	68.2	13.2	0.6	0.0
Currituck	216	0.0	4.6	18.5	64.8	12.0	0.0	0.0
Dare	531	0.4	3.4	8.1	64.0	22.0	2.1	0.0
Davidson	3,260	0.5	8.1	16.1	59.5	14.8	1.0	0.0
Davie	646	0.5	7.9	14.1	61.8	15.3	0.5	0.0
Duplin	1,743	0.3	6.6	14.3	60.2	17.8	0.7	0.0
Durham	5,841	0.3	6.5	11.4	58.9	21.8	1.2	0.0
Edgecombe	1,817	0.4	8.7	16.8	59.8	13.0	1.3	0.0
Forsyth	7,856	0.6	7.7	12.3	59.7	18.6	1.1	0.0
Franklin	998	0.6	7.6	17.2	54.9	18.8	0.8	0.0
Gaston	4,631	0.6	9.2	16.3	58.7	14.6	0.6	0.0
Gates	82	*	*	*	*	*	*	*
Graham	221	0.9	10.0	18.1	57.0	13.1	0.9	0.0

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2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Granville	1,042	0.8	7.9	13.5	58.6	18.1	1.1	0.0
Greene	600	0.5	8.8	16.7	57.8	15.3	0.8	0.0
Guilford	8,812	0.4	6.0	12.4	60.2	19.8	1.1	0.0
Halifax	1,562	0.4	9.2	17.1	60.3	12.0	1.0	0.0
Harnett	2,517	0.5	8.9	14.0	58.5	17.5	0.6	0.0
Haywood	1,047	0.8	8.0	15.5	60.7	14.1	0.9	0.0
Henderson	1,558	0.4	7.7	11.4	58.7	20.3	1.5	0.0
Hertford	648	0.6	8.8	19.6	58.8	11.6	0.6	0.0
Hoke	1,306	0.6	7.0	12.3	63.5	15.8	0.8	0.0
Hyde	83	*	*	*	*	*	*	*
Iredell	2,999	0.6	8.3	15.6	59.0	15.5	0.9	0.0
Jackson	773	0.4	7.4	16.7	60.5	14.6	0.4	0.0
Johnston	3,169	0.2	7.9	12.9	58.3	19.3	1.4	0.0
Jones	229	0.0	7.9	17.5	61.1	12.2	1.3	0.0
Lee	1,540	0.3	8.5	13.4	58.9	17.7	1.1	0.0
Lenoir	1,528	0.7	9.8	14.6	59.4	14.7	0.9	0.0
Lincoln	1,367	0.1	8.6	16.5	60.3	14.0	0.4	0.0
Macon	1,043	0.6	8.2	16.1	61.3	13.4	0.4	0.0
Madison	588	0.7	9.0	10.0	61.2	18.0	1.0	0.0

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Table 4B
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North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Martin	378	0.0	6.6	16.9	60.1	15.9	0.5	0.0
Mcdowell	645	0.8	7.9	17.4	59.2	14.1	0.6	0.0
Mecklenbur	14,518	0.4	7.2	11.8	57.4	22.0	1.3	0.0
Mitchell	294	0.3	6.1	17.7	59.5	13.9	2.4	0.0
Montgomery	761	0.8	8.4	14.6	59.7	15.2	1.3	0.0
Moore	1,205	0.4	7.1	13.9	59.9	17.3	1.4	0.0
Nash	2,329	0.6	7.8	15.4	59.3	16.2	0.8	0.0
New Hanove	3,446	0.3	4.9	12.7	62.9	18.0	1.2	0.0
Northhampt	512	0.2	9.6	19.3	58.2	11.3	1.4	0.0
Onslow	6,708	0.1	2.9	13.9	73.1	9.6	0.4	0.0
Orange	1,450	0.5	5.0	9.9	59.1	24.1	1.4	0.0
Pamlico	232	0.0	9.9	21.1	50.4	17.7	0.9	0.0
Pasquotank	863	0.2	6.6	14.3	65.1	13.1	0.7	0.0
Pender	972	0.6	6.4	13.3	60.4	17.9	1.4	0.0
Perquimans	194	0.0	6.2	19.1	62.4	11.9	0.5	0.0
Person	844	0.5	9.7	15.8	58.1	15.5	0.5	0.0
Pitt	3,715	0.3	7.2	12.6	62.1	16.9	0.9	0.0
Polk	243	0.0	7.4	10.3	62.6	18.1	1.6	0.0
Randolph	2,958	0.4	9.4	14.8	57.0	17.5	0.9	0.0

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Table 4B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Richmond	1,530	0.7	10.1	15.3	59.3	13.9	0.8	0.0
Robeson	4,540	0.6	8.7	16.2	59.9	13.9	0.7	0.0
Rockingham	1,981	0.6	8.1	17.0	58.3	15.1	0.9	0.0
Rowan	3,095	0.3	8.4	14.7	60.5	15.2	0.9	0.0
Rutherford	1,326	0.3	9.8	16.1	58.1	14.6	1.1	0.0
Sampson	1,843	0.6	8.4	12.4	60.1	17.4	1.2	0.0
Scotland	1,293	0.5	12.8	15.4	59.2	11.1	0.9	0.0
Stanly	1,265	0.6	10.2	16.3	59.4	12.8	0.6	0.0
Stokes	758	0.4	7.0	15.7	61.6	14.6	0.7	0.0
Surry	1,521	0.4	7.1	14.7	58.1	18.3	1.4	0.0
Swain	452	0.2	10.0	15.3	57.5	15.7	1.3	0.0
Transylvan	530	0.0	7.2	15.5	62.3	13.4	1.7	0.0
Tyrrell	132	0.8	12.9	10.6	61.4	13.6	0.8	0.0
Union	3,107	0.6	7.6	13.4	58.3	18.7	1.5	0.0
Vance	1,421	0.7	10.7	17.1	55.6	15.2	0.7	0.0
Wake	13,580	0.4	5.8	10.8	59.5	22.4	1.2	0.0
Warren	468	0.9	11.3	13.9	57.7	13.9	2.4	0.0
Washington	403	0.2	8.4	14.4	59.6	15.9	1.5	0.0
Watauga	444	0.5	6.3	13.5	61.9	17.1	0.7	0.0

(1) Reporting period is January 1 through December 31.

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Table 4B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Age Distribution by County
Combined 3 Years

Comparison of Age Distribution ⁽²⁾								
County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Wayne Coun	3,150	0.5	7.4	14.5	61.0	15.9	0.7	0.0
Wilkes	1,454	0.3	8.0	14.9	61.1	14.9	0.8	0.0
Wilson Cou	2,251	1.3	9.6	14.9	58.0	15.0	1.2	0.0
Yadkin	816	0.2	9.2	14.5	59.3	16.2	0.6	0.0
Yancey	322	0.0	4.0	15.2	60.9	19.6	0.3	0.0
Unknown Counties	1,126	1.5	8.3	14.4	56.0	18.7	1.1	0.0
North Carolina	196,898	0.4	7.4	13.9	60.5	16.9	1.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Alamance	2,109	6.4 (83)	50.5 (11)	1,054	22.2 (41)	46.6 (48)	367	36.8 (31)	1,530	40.1 (66)	0	*	*	0	**
Alexander	581	7.9 (96)	48.4 (5)	478	22.2 (41)	48.5 (68)	121	31.4 (20)	281	40.6 (68)	0	*	*	0	**
Alleghany	143	2.8 (6)	62.9 (91)	107	15.9 (3)	50.5 (80)	18	* *	61	* *	0	*	*	0	**
Anson	564	6.0 (72)	53.4 (35)	490	24.3 (57)	47.6 (55)	74	* *	149	43.0 (70)	0	*	*	0	**
Ashe	421	7.8 (95)	49.6 (7)	374	25.1 (64)	46.0 (41)	64	* *	120	34.2 (55)	0	*	*	0	**
Avery	264	7.6 (91)	53.8 (41)	35	* *	* *	28	* *	55	* *	0	*	*	0	**
Beaufort	908	5.0 (49)	63.8 (93)	437	18.5 (15)	47.6 (55)	110	50.0 (54)	811	34.4 (58)	0	*	*	0	**
Bertie	455	1.8 (1)	73.4 (98)	301	43.5 (90)	37.5 (3)	90	* *	301	55.1 (81)	0	*	*	0	**
Bladen	773	3.4 (11)	57.8 (73)	407	27.3 (78)	44.7 (29)	54	* *	195	55.4 (82)	0	*	*	0	**
Brunswick	432	5.3 (55)	51.6 (20)	217	14.7 (1)	51.6 (81)	43	* *	529	15.7 (6)	0	*	*	0	**
Buncombe	3,613	5.2 (50)	50.3 (10)	2,334	17.7 (12)	49.3 (75)	495	20.0 (6)	1,562	32.0 (47)	0	*	*	0	**
Burke	1,537	4.9 (44)	53.1 (32)	1,258	27.0 (77)	41.7 (15)	323	32.2 (23)	825	25.9 (29)	0	*	*	0	**
Cabarrus	2,997	5.3 (55)	52.1 (23)	2,498	24.3 (57)	45.6 (39)	336	36.9 (32)	672	20.4 (15)	0	*	*	0	**
Caldwell	1,383	6.0 (72)	54.7 (47)	1,162	20.1 (23)	52.5 (83)	139	15.8 (2)	411	15.1 (5)	0	*	*	0	**
Camden	95	* *	* *	65	* *	* *	4	* *	75	* *	0	*	*	0	**
Carteret	695	5.3 (55)	51.5 (19)	554	16.1 (4)	50.4 (78)	147	27.9 (14)	433	20.3 (14)	0	*	*	0	**
Caswell	313	5.4 (62)	60.1 (84)	254	21.7 (35)	40.2 (8)	25	* *	63	* *	0	*	*	0	**

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)																	
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy				
	Under-weight	Over-weight		< Ideal	> Ideal	3rd Trimester		Postpartum									
						Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Catawba	2,779	5.2 (50)	52.6 (28)	2,284	33.1 (89)	36.5 (2)	534	25.3 (10)	1,871	27.3 (33)	0	*	*	0	**		
Chatham	703	4.6 (38)	57.0 (66)	550	19.5 (21)	42.9 (19)	54	*	*	623	27.3 (33)	0	*	*	0	**	
Cherokee	367	5.2 (50)	55.9 (61)	304	20.1 (23)	48.0 (60)	72	*	*	106	13.2 (3)	0	*	*	0	**	
Chowan	282	3.9 (26)	67.0 (95)	227	24.7 (61)	46.3 (45)	39	*	*	242	38.4 (63)	0	*	*	0	**	
Clay	109	3.7 (19)	55.0 (52)	86	*	*	13	*	*	52	*	*	0	*	*	0	**
Cleveland	1,729	6.0 (72)	51.8 (21)	72	*	*	178	39.3 (38)	1,665	26.5 (30)	0	*	*	0	**		
Columbus	1,136	5.7 (68)	55.8 (60)	825	27.4 (79)	44.2 (26)	206	33.0 (24)	359	66.6 (86)	0	*	*	0	**		
Craven	1,962	5.4 (62)	52.7 (29)	1,308	21.3 (30)	46.2 (43)	116	39.7 (40)	1,866	25.1 (27)	0	*	*	0	**		
Cumberland	8,102	5.7 (68)	50.0 (9)	6,291	19.1 (17)	52.7 (84)	1,949	46.0 (50)	3,272	43.4 (71)	0	*	*	0	**		
Currituck	171	7.6 (91)	50.9 (14)	114	16.7 (6)	49.1 (73)	30	*	*	154	31.8 (46)	0	*	*	0	**	
Dare	434	4.6 (38)	42.6 (1)	346	26.0 (67)	35.5 (1)	38	*	*	174	23.0 (23)	0	*	*	0	**	
Davidson	2,433	7.1 (89)	50.6 (12)	1,914	23.8 (53)	42.9 (19)	397	25.9 (12)	1,368	18.4 (10)	0	*	*	0	**		
Davie	518	6.4 (83)	52.7 (29)	428	20.8 (27)	46.7 (50)	98	*	*	343	21.9 (20)	0	*	*	0	**	
Duplin	821	3.7 (19)	61.0 (87)	567	26.8 (74)	44.1 (24)	205	41.5 (45)	616	40.9 (69)	0	*	*	0	**		
Durham	4,033	4.2 (30)	54.9 (50)	3,131	23.3 (48)	43.6 (23)	131	37.4 (35)	399	33.6 (51)	0	*	*	0	**		
Edgecombe	823	2.3 (2)	71.7 (97)	261	27.6 (82)	41.8 (16)	136	48.5 (52)	866	39.4 (64)	0	*	*	0	**		
Forsyth	5,988	4.5 (36)	53.5 (36)	4,467	23.7 (51)	45.2 (34)	955	43.0 (46)	2,439	45.3 (73)	0	*	*	0	**		

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(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	
Franklin	839	3.5 (14)	58.2 (77)	639	24.6 (59)	44.4 (28)	139	31.7 (21)	190	31.1 (43)	0	*	*	0	**
Gaston	3,766	6.3 (82)	51.8 (21)	3,019	26.6 (73)	45.1 (33)	573	29.0 (17)	2,203	53.0 (80)	0	*	*	0	**
Gates	68	*	*	59	*	*	13	*	50	*	0	*	*	0	**
Graham	187	5.9 (70)	53.5 (36)	159	15.1 (2)	57.9 (90)	17	*	80	*	0	*	*	0	**
Granville	866	4.8 (42)	58.5 (80)	707	25.2 (66)	45.3 (37)	100	37.0 (34)	370	34.3 (56)	0	*	*	0	**
Greene	477	3.4 (11)	56.6 (64)	394	27.4 (79)	40.4 (10)	84	*	190	52.6 (79)	0	*	*	0	**
Guilford	6,577	4.8 (42)	54.7 (47)	3,100	21.8 (37)	48.1 (63)	511	36.2 (30)	1,933	25.8 (28)	0	*	*	0	**
Halifax	1,279	3.6 (16)	61.6 (90)	1,116	23.7 (51)	47.6 (55)	111	48.6 (53)	600	51.5 (78)	0	*	*	0	**
Harnett	2,014	4.9 (44)	54.5 (44)	1,589	19.3 (19)	48.9 (70)	449	40.1 (42)	884	30.4 (42)	0	*	*	0	**
Haywood	833	6.0 (72)	52.5 (26)	636	17.3 (9)	52.8 (86)	105	19.0 (4)	382	18.8 (11)	0	*	*	0	**
Henderson	1,074	3.6 (16)	54.5 (44)	600	21.5 (33)	45.2 (34)	238	26.9 (13)	689	29.6 (40)	0	*	*	0	**
Hertford	539	3.5 (14)	67.0 (95)	310	24.2 (56)	44.8 (30)	43	*	154	83.8 (88)	0	*	*	0	**
Hoke	523	4.6 (38)	55.1 (53)	447	21.9 (38)	48.1 (63)	44	*	287	40.4 (67)	0	*	*	0	**
Hyde	73	*	*	57	*	*	10	*	21	*	0	*	*	0	**
Iredell	2,466	6.2 (79)	53.1 (32)	2,233	21.9 (38)	48.9 (70)	523	25.2 (9)	2,375	13.9 (4)	0	*	*	0	**
Jackson	587	4.4 (35)	55.2 (54)	469	16.4 (5)	49.3 (75)	71	*	417	19.2 (12)	0	*	*	0	**
Johnston	1,892	4.1 (28)	58.2 (77)	1,167	17.7 (12)	46.2 (43)	554	34.3 (27)	1,556	35.9 (61)	0	*	*	0	**

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Jones	198	6.1 (77)	53.5 (36)	23	* *	* *	25	* *	32	* *	0	* *	0	* *
Lee	1,147	3.3 (9)	57.5 (71)	883	22.3 (43)	46.0 (41)	172	46.5 (51)	592	33.6(51)	0	* *	0	* *
Lenoir	882	6.0 (72)	52.8 (31)	651	26.0 (67)	48.4 (66)	249	43.4 (47)	894	33.9(53)	0	* *	0	* *
Lincoln	1,093	5.9 (70)	52.2 (24)	712	21.3 (30)	48.3 (65)	133	28.6 (16)	570	20.7(17)	0	* *	0	* *
Macon	840	8.3 (98)	53.7 (40)	674	28.6 (84)	42.3 (17)	102	35.3 (28)	307	27.0(31)	0	* *	0	* *
Madison	509	5.3 (55)	50.7 (13)	142	23.2 (47)	46.5 (47)	81	* *	139	8.6 (1)	0	* *	0	* *
Martin	327	7.6 (91)	53.8 (41)	57	* *	* *	40	* *	56	* *	0	* *	0	* *
Mcdowell	548	4.9 (44)	60.4 (86)	475	27.4 (79)	40.2 (8)	81	* *	147	63.9(84)	0	* *	0	* *
Mecklenbur	9,497	4.3 (31)	54.6 (46)	6,439	19.2 (18)	47.9 (58)	1,897	40.4 (43)	6,572	33.4(50)	0	* *	0	* *
Mitchell	237	3.8 (23)	55.7 (59)	168	21.4 (32)	48.8 (69)	32	* *	114	22.8(22)	0	* *	0	* *
Montgomery	598	2.7 (4)	56.7 (65)	337	21.7 (35)	44.8 (30)	57	* *	163	31.3(44)	0	* *	0	* *
Moore	856	3.0 (7)	58.2 (77)	453	17.4 (10)	53.4 (87)	138	31.9 (22)	471	21.9(20)	0	* *	0	* *
Nash	1,874	5.2 (50)	57.8 (73)	1,482	27.9 (83)	40.6 (12)	146	45.9 (49)	471	44.6(72)	0	* *	0	* *
New Hanove	1,721	4.5 (36)	53.1 (32)	1,053	22.4 (44)	46.6 (48)	226	35.8 (29)	1,429	33.2(49)	0	* *	0	* *
Northhampt	423	3.8 (23)	63.4 (92)	323	24.8 (63)	48.0 (60)	65	* *	171	49.1(77)	0	* *	0	* *
Onslow	4,826	4.6 (38)	48.5 (6)	3,972	17.4 (10)	49.4 (77)	1,067	24.5 (7)	4,567	19.8(13)	0	* *	0	* *
Orange	967	3.4 (11)	54.9 (50)	732	20.5 (25)	49.2 (74)	26	* *	596	28.5(36)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)														
County	Prepregnancy BMI ⁽⁴⁾			Weight Gain ⁽⁵⁾			Anemia (Low Hb/Hct) ⁽⁶⁾				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy	
	Under-weight	Over-weight		< Ideal	> Ideal		3rd Trimester		Postpartum					
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pamlico	203	4.9 (44)	58.1 (76)	45	* *	* *	7	* *	41	* *	0	* *	0	* *
Pasquotank	515	4.3 (31)	61.0 (87)	386	26.4 (71)	43.0 (21)	108	7.4 (1)	711	75.2 (87)	0	* *	0	* *
Pender	726	4.3 (31)	57.2 (67)	656	22.9 (46)	47.9 (58)	119	30.3 (19)	239	27.2 (32)	0	* *	0	* *
Perquimans	124	4.0 (27)	58.9 (82)	56	* *	* *	26	* *	137	34.3 (56)	0	* *	0	* *
Person	727	6.7 (85)	55.2 (54)	392	18.6 (16)	46.7 (50)	101	39.6 (39)	266	39.8 (65)	0	* *	0	* *
Pitt	2,980	3.7 (19)	60.3 (85)	2,445	20.8 (27)	46.8 (52)	546	50.7 (55)	767	55.8 (83)	0	* *	0	* *
Polk	179	6.7 (85)	44.1 (2)	125	21.6 (34)	50.4 (78)	28	* *	128	38.3 (62)	0	* *	0	* *
Randolph	2,318	5.4 (62)	55.3 (56)	1,882	18.1 (14)	49.0 (72)	489	19.4 (5)	2,185	20.6 (16)	0	* *	0	* *
Richmond	1,137	7.7 (94)	49.9 (8)	848	24.6 (59)	47.1 (54)	231	34.2 (26)	586	29.2 (38)	0	* *	0	* *
Robeson	3,611	6.1 (77)	54.2 (43)	2,099	26.0 (67)	43.5 (22)	902	16.4 (3)	1,075	31.5 (45)	0	* *	0	* *
Rockingham	770	7.0 (88)	52.5 (26)	215	25.1 (64)	48.4 (66)	241	28.2 (15)	379	17.2 (8)	0	* *	0	* *
Rowan	2,481	6.2 (79)	51.2 (17)	2,110	23.3 (48)	45.2 (34)	654	38.5 (36)	1,284	34.0 (54)	0	* *	0	* *
Rutherford	945	6.2 (79)	51.0 (15)	576	28.8 (85)	39.8 (7)	104	29.8 (18)	805	34.8 (59)	0	* *	0	* *
Sampson	1,338	2.7 (4)	64.2 (94)	998	16.8 (7)	52.2 (82)	220	40.5 (44)	818	29.3 (39)	0	* *	0	* *
Scotland	748	3.7 (19)	57.2 (67)	539	26.2 (70)	46.4 (46)	65	* *	173	48.0 (75)	0	* *	0	* *
Stanly	1,087	6.9 (87)	45.0 (3)	804	26.5 (72)	45.0 (32)	82	* *	869	35.1 (60)	0	* *	0	* *
Stokes	533	7.9 (96)	52.2 (24)	439	19.4 (20)	54.2 (88)	91	* *	159	29.6 (40)	0	* *	0	* *

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 5B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Health Indicators by County
Combined 3 Years

Comparison of Maternal Health Indicators ^(2, 3)															
County	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)				Gestational Diabetes During Pregnancy		Hypertension During Pregnancy		
	Under- weight	Over- weight		< Ideal	> Ideal	3rd Trimester		Postpartum							
						Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)
Surry	998	5.3 (55)	55.4 (57)	637	20.7 (26)	52.7 (84)	184	25.0 (8)	439	46.7 (74)	0	*	*	0	**
Swain	318	3.1 (8)	58.5 (80)	134	17.2 (8)	54.5 (89)	37	* *	181	18.2 (9)	0	*	*	0	**
Transylvan	434	5.5 (65)	51.4 (18)	169	21.9 (38)	45.6 (39)	84	* *	108	28.7 (37)	0	*	*	0	**
Tyrrell	117	2.6 (3)	57.3 (69)	91	* *	* *	10	* *	24	* *	0	*	*	0	**
Union	2,105	5.6 (66)	53.5 (36)	1,339	22.6 (45)	38.9 (5)	528	39.2 (37)	1,431	24.4 (25)	0	*	*	0	**
Vance	975	5.6 (66)	59.9 (83)	667	29.4 (87)	39.6 (6)	93	* *	494	64.0 (85)	0	*	*	0	**
Wake	7,176	4.3 (31)	54.8 (49)	4,638	26.9 (76)	40.9 (13)	683	33.5 (25)	4,125	21.2 (18)	0	*	*	0	**
Warren	405	5.2 (50)	56.5 (63)	332	26.8 (74)	40.4 (10)	49	* *	147	49.0 (76)	0	*	*	0	**
Washington	367	3.3 (9)	61.0 (87)	299	24.7 (61)	45.5 (38)	42	* *	67	* *	0	*	*	0	**
Watauga	332	3.6 (16)	48.2 (4)	134	20.9 (29)	47.0 (53)	34	* *	162	12.3 (2)	0	*	*	0	**
Wayne Coun	2,178	3.8 (23)	57.8 (73)	1,131	24.1 (55)	44.1 (24)	183	45.4 (48)	1,249	27.9 (35)	0	*	*	0	**
Wilkes	1,299	5.3 (55)	55.9 (61)	1,105	29.2 (86)	37.6 (4)	269	25.7 (11)	547	21.6 (19)	0	*	*	0	**
Wilson Cou	1,946	4.9 (44)	57.5 (71)	1,331	29.5 (88)	40.9 (13)	418	39.7 (40)	1,036	24.3 (24)	0	*	*	0	**
Yadkin	678	4.1 (28)	57.4 (70)	560	19.6 (22)	48.0 (60)	103	36.9 (32)	272	25.0 (26)	0	*	*	0	**
Yancey	202	7.4 (90)	51.0 (15)	103	23.3 (48)	42.7 (18)	11	* *	114	15.8 (7)	0	*	*	0	**
Unknown Counties	751	5.3 (55)	55.4 (57)	562	23.8 (53)	44.3 (27)	92	* *	493	32.5 (48)	0	*	*	0	**
North Carolina	140,979	5.0	54.3	98,324	22.8	46.1	22,545	35.0	75,671	31.6	0	*	*	0	*

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight (BMI <18.5), normal weight (BMI 18.5 to 24.9), overweight (BMI 25.0 to 29.9), obese (BMI >30.0).
(5) Based on 2009 IOM report, "Weight Gain During Pregnancy": underweight during pregnancy (ideal weight gain = 28 to 40 pounds), normal weight prepregnancy (ideal weight gain = 25 to 35 pounds), overweight prepregnancy (ideal weight gain = 15 to 25 pounds), obese prepregnancy (ideal weight gain = 11 to 20 pounds).
(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.
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Table 6B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	% (Rank)
Alamance	2,970	73.9 (72)	0.7 (52)	3,372	40.0 (28)	0	* *	0	*	*
Alexander	619	72.5 (73)	2.4 (95)	677	26.3 (73)	0	* *	0	*	*
Alleghany	137	86.9 (20)	0.0 (1)	159	39.0 (31)	0	* *	0	*	*
Anson	603	76.1 (63)	0.5 (33)	640	43.1 (22)	0	* *	0	*	*
Ashe	456	89.5 (10)	0.7 (52)	466	46.1 (15)	0	* *	0	*	*
Avery	92	* *	* *	316	44.9 (20)	0	* *	0	*	*
Beaufort	950	80.2 (45)	0.9 (69)	1,090	45.8 (16)	0	* *	0	*	*
Bertie	392	80.9 (42)	0.0 (1)	509	30.5 (58)	0	* *	0	*	*
Bladen	516	75.6 (64)	0.6 (41)	837	48.1 (11)	0	* *	0	*	*
Brunswick	1,444	78.3 (56)	0.3 (14)	1,800	33.1 (44)	0	* *	0	*	*
Buncombe	3,450	94.6 (2)	0.6 (41)	4,189	32.3 (50)	0	* *	0	*	*
Burke	1,768	62.7 (93)	0.6 (41)	1,840	16.1 (94)	0	* *	0	*	*
Cabarrus	3,588	66.2 (87)	0.6 (41)	3,569	19.6 (92)	0	* *	0	*	*
Caldwell	1,493	92.1 (5)	0.2 (9)	1,587	41.0 (27)	0	* *	0	*	*
Camden	106	79.2 (50)	0.9 (69)	112	33.0 (45)	0	* *	0	*	*
Carteret	808	84.8 (28)	0.6 (41)	949	24.1 (81)	0	* *	0	*	*
Caswell	324	83.6 (34)	0.3 (14)	368	50.5 (5)	0	* *	0	*	*
Catawba	2,770	80.9 (42)	0.6 (41)	2,995	21.4 (87)	0	* *	0	*	*
Chatham	830	74.8 (68)	0.4 (24)	940	30.4 (59)	0	* *	0	*	*
Cherokee	331	77.6 (57)	0.3 (14)	422	37.4 (35)	0	* *	0	*	*

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Chowan	297	83.2 (35)	0.0 (1)		310	45.2 (18)	0	* *	0	* *
Clay	73	* *	* *		118	63.6 (1)	0	* *	0	* *
Cleveland	1,907	69.5 (82)	0.7 (52)		2,219	42.2 (25)	0	* *	0	* *
Columbus	1,101	64.0 (90)	0.9 (69)		1,328	27.7 (67)	0	* *	0	* *
Craven	2,359	81.7 (41)	0.4 (24)		2,830	31.7 (54)	0	* *	0	* *
Cumberland	9,734	83.7 (33)	0.8 (64)		10,297	23.3 (85)	0	* *	0	* *
Currituck	198	79.8 (49)	0.0 (1)		207	31.4 (55)	0	* *	0	* *
Dare	475	83.2 (35)	0.2 (9)		507	34.5 (40)	0	* *	0	* *
Davidson	2,917	76.3 (62)	0.4 (24)		3,108	25.9 (76)	0	* *	0	* *
Davie	604	88.1 (16)	1.0 (79)		625	26.6 (72)	0	* *	0	* *
Duplin	1,659	74.4 (70)	0.5 (33)		1,689	27.3 (69)	0	* *	0	* *
Durham	5,343	87.4 (19)	0.5 (33)		5,536	13.9 (96)	0	* *	0	* *
Edgecombe	1,679	65.2 (89)	1.8 (94)		1,724	30.6 (57)	0	* *	0	* *
Forsyth	7,182	82.4 (38)	0.7 (52)		7,642	24.1 (81)	0	* *	0	* *
Franklin	901	85.5 (24)	0.4 (24)		955	27.5 (68)	0	* *	0	* *
Gaston	4,220	47.5 (95)	0.9 (69)		4,365	21.0 (88)	0	* *	0	* *
Gates	80	* *	* *		79	* *	0	* *	0	* *
Graham	200	92.5 (4)	0.0 (1)		212	60.4 (2)	0	* *	0	* *
Granville	929	74.8 (68)	0.6 (41)		989	33.8 (43)	0	* *	0	* *
Greene	566	83.9 (31)	0.9 (69)		572	32.7 (47)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

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Table 6B
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North Carolina
Comparison of Maternal Behavioral Indicators by County
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Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	% (Rank)
Guilford	6,728	75.5 (65)	1.1 (85)	8,588	22.2 (86)	0	* *	0	* *	*
Halifax	1,452	86.3 (22)	0.7 (52)	1,507	25.9 (76)	0	* *	0	* *	*
Harnett	2,183	72.0 (75)	0.7 (52)	2,429	30.2 (60)	0	* *	0	* *	*
Haywood	905	88.3 (14)	0.4 (24)	1,010	32.5 (49)	0	* *	0	* *	*
Henderson	1,187	91.6 (6)	0.3 (14)	1,497	19.8 (90)	0	* *	0	* *	*
Hertford	421	84.3 (29)	0.7 (52)	620	27.3 (69)	0	* *	0	* *	*
Hoke	767	77.3 (59)	1.2 (88)	1,268	24.1 (81)	0	* *	0	* *	*
Hyde	71	* *	* *	82	* *	0	* *	0	* *	*
Iredell	2,797	62.3 (94)	1.6 (92)	2,919	28.4 (65)	0	* *	0	* *	*
Jackson	707	90.8 (8)	0.7 (52)	755	49.3 (7)	0	* *	0	* *	*
Johnston	2,887	85.0 (26)	0.4 (24)	3,096	9.5 (98)	0	* *	0	* *	*
Jones	57	* *	* *	221	48.9 (9)	0	* *	0	* *	*
Lee	1,279	63.6 (92)	0.2 (9)	1,461	19.7 (91)	0	* *	0	* *	*
Lenoir	1,249	63.9 (91)	0.2 (9)	1,427	26.2 (74)	0	* *	0	* *	*
Lincoln	1,013	71.3 (77)	0.7 (52)	1,314	36.9 (36)	0	* *	0	* *	*
Macon	934	85.7 (23)	0.2 (9)	991	46.6 (14)	0	* *	0	* *	*
Madison	219	82.2 (40)	0.5 (33)	574	34.0 (42)	0	* *	0	* *	*
Martin	109	96.3 (1)	0.9 (69)	371	49.1 (8)	0	* *	0	* *	*
Mcdowell	580	80.0 (47)	0.9 (69)	620	36.5 (38)	0	* *	0	* *	*
Mecklenbur	11,508	72.5 (73)	1.3 (89)	14,220	11.3 (97)	0	* *	0	* *	*

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North Carolina
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Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care				WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care		1st Trimester		Prepregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	240	91.3 (7)	0.0 (1)		275	46.9 (13)	0	* *	0	* *
Montgomery	514	78.4 (55)	1.6 (92)		732	48.2 (10)	0	* *	0	* *
Moore	911	80.6 (44)	0.3 (14)		1,168	24.3 (80)	0	* *	0	* *
Nash	2,118	68.5 (84)	1.5 (90)		2,216	32.3 (50)	0	* *	0	* *
New Hanove	3,049	71.6 (76)	1.0 (79)		3,385	32.9 (46)	0	* *	0	* *
Northhampt	444	86.7 (21)	0.7 (52)		488	26.2 (74)	0	* *	0	* *
Onslow	5,792	88.8 (12)	0.3 (14)		6,491	23.5 (84)	0	* *	0	* *
Orange	1,236	78.5 (53)	0.6 (41)		1,395	24.9 (79)	0	* *	0	* *
Pamlico	86	* *	* *		223	54.3 (3)	0	* *	0	* *
Pasquotank	796	76.5 (60)	0.9 (69)		831	27.8 (66)	0	* *	0	* *
Pender	936	70.3 (81)	1.0 (79)		951	29.8 (62)	0	* *	0	* *
Perquimans	177	78.5 (53)	0.6 (41)		187	38.0 (32)	0	* *	0	* *
Person	541	88.5 (13)	0.7 (52)		821	37.6 (34)	0	* *	0	* *
Pitt	3,307	82.9 (37)	0.8 (64)		3,615	32.7 (47)	0	* *	0	* *
Polk	194	79.9 (48)	0.5 (33)		235	32.3 (50)	0	* *	0	* *
Randolph	2,659	79.0 (52)	0.5 (33)		2,844	27.0 (71)	0	* *	0	* *
Richmond	1,306	71.3 (77)	0.9 (69)		1,476	34.3 (41)	0	* *	0	* *
Robeson	3,125	67.7 (86)	0.9 (69)		4,354	17.6 (93)	0	* *	0	* *
Rockingham	1,792	83.9 (31)	0.4 (24)		1,940	45.2 (18)	0	* *	0	* *
Rowan	2,904	68.8 (83)	1.1 (85)		2,971	14.0 (95)	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before preanancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)										
County	Medical Care			WIC Enrollment		Multivitamin Consumption				
	1st Trimester		No Care	1st Trimester		Prepregnancy (4)		During Pregnancy (5)		
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	% (Rank)
Rutherford	1,131	84.9 (27)	0.4 (24)	1,274	44.8 (21)	0	* *	0	*	*
Sampson	1,599	75.5 (65)	0.5 (33)	1,775	29.6 (64)	0	* *	0	*	*
Scotland	1,077	75.1 (67)	1.0 (79)	1,255	49.6 (6)	0	* *	0	*	*
Stanly	1,003	82.4 (38)	0.6 (41)	1,236	34.9 (39)	0	* *	0	*	*
Stokes	696	88.1 (16)	0.3 (14)	728	42.3 (24)	0	* *	0	*	*
Surry	1,145	77.4 (58)	1.0 (79)	1,472	36.9 (36)	0	* *	0	*	*
Swain	302	87.7 (18)	0.3 (14)	436	52.3 (4)	0	* *	0	*	*
Transylvan	261	90.8 (8)	0.0 (1)	522	47.5 (12)	0	* *	0	*	*
Tyrrell	113	84.1 (30)	0.0 (1)	124	37.9 (33)	0	* *	0	*	*
Union	2,583	70.8 (79)	1.5 (90)	2,954	8.8 (99)	0	* *	0	*	*
Vance	1,251	70.8 (79)	0.8 (64)	1,348	25.9 (76)	0	* *	0	*	*
Wake	12,330	65.5 (88)	0.7 (52)	12,971	20.5 (89)	0	* *	0	*	*
Warren	406	74.1 (71)	0.5 (33)	442	39.4 (30)	0	* *	0	*	*
Washington	358	79.1 (51)	0.8 (64)	378	42.6 (23)	0	* *	0	*	*
Watauga	264	88.3 (14)	0.8 (64)	430	41.2 (26)	0	* *	0	*	*
Wayne Coun	1,943	67.9 (85)	1.1 (85)	3,043	31.8 (53)	0	* *	0	*	*
Wilkes	1,290	85.1 (25)	0.3 (14)	1,434	29.9 (61)	0	* *	0	*	*
Wilson Cou	1,911	80.1 (46)	1.0 (79)	2,160	29.8 (62)	0	* *	0	*	*
Yadkin	757	89.0 (11)	0.4 (24)	797	39.8 (29)	0	* *	0	*	*
Yancey	181	93.4 (3)	0.6 (41)	316	45.6 (17)	0	* *	0	*	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 6B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Maternal Behavioral Indicators by County
Combined 3 Years

Comparison of Maternal Behavioral Indicators ^(2, 3)									
County	Medical Care			WIC Enrollment		Multivitamin Consumption			
	1st Trimester		No Care	1st Trimester		Pregnancy (4)		During Pregnancy (5)	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Unknown Counties	1,002	76.5 (60)	0.3 (14)	1,082	31.2 (56)	0	* *	0	* *
North Carolina	166,854	76.3	0.8	189,894	26.2	0	*	0	*

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Women who reported taking a multivitamin four times a week or more in the month before pregnancy; proxy for folic acid consumption.

(5) Pregnant women who reported taking a multivitamin in the past month; proxy for prenatal iron consumption.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	2,977	31.1 (55)	2,959	21.4 (64)	788	31.3 (31)	0	* *	0	* *
Alexander	574	31.4 (58)	620	26.5 (85)	148	15.5 (65)	0	* *	0	* *
Alleghany	139	31.7 (59)	137	19.0 (56)	34	* *	0	* *	0	* *
Anson	556	35.1 (71)	606	18.8 (52)	177	33.9 (21)	0	* *	0	* *
Ashe	412	48.3 (92)	455	30.1 (91)	184	26.6 (48)	0	* *	0	* *
Avery	267	27.3 (44)	93	* *	9	* *	0	* *	0	* *
Beaufort	911	30.2 (53)	949	17.7 (47)	223	35.4 (19)	0	* *	0	* *
Bertie	455	15.8 (11)	401	9.5 (7)	49	* *	0	* *	0	* *
Bladen	778	19.2 (21)	522	15.7 (34)	73	* *	0	* *	0	* *
Brunswick	1,205	31.8 (60)	1,454	23.2 (72)	294	27.6 (46)	0	* *	0	* *
Buncombe	3,591	25.6 (38)	3,449	17.5 (46)	730	24.8 (52)	0	* *	0	* *
Burke	975	48.9 (93)	1,823	27.4 (87)	443	19.9 (60)	0	* *	0	* *
Cabarrus	3,081	24.0 (35)	3,568	13.7 (23)	658	40.0 (8)	0	* *	0	* *
Caldwell	1,344	34.4 (69)	1,502	27.4 (87)	410	18.8 (63)	0	* *	0	* *
Camden	97	* *	104	12.5 (17)	22	* *	0	* *	0	* *

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(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	715	51.6 (95)	802	25.4 (80)	276	41.3 (7)	0	* *	0	* *
Caswell	322	32.0 (62)	326	29.4 (89)	94	* *	0	* *	0	* *
Catawba	2,677	31.8 (60)	2,767	18.1 (48)	701	34.0 (20)	0	* *	0	* *
Chatham	789	12.4 (5)	844	15.8 (35)	76	* *	0	* *	0	* *
Cherokee	382	47.4 (90)	388	32.0 (94)	154	26.0 (49)	0	* *	0	* *
Chowan	287	33.4 (64)	297	18.2 (49)	82	* *	0	* *	0	* *
Clay	106	44.3 (87)	98	* *	37	* *	0	* *	0	* *
Cleveland	1,642	44.5 (88)	1,890	22.4 (67)	551	29.2 (40)	0	* *	0	* *
Columbus	1,153	29.1 (49)	1,146	20.9 (60)	257	24.1 (54)	0	* *	0	* *
Craven	2,181	33.4 (64)	2,411	16.8 (41)	539	37.7 (15)	0	* *	0	* *
Cumberland	7,510	31.1 (55)	9,735	11.6 (12)	1,948	48.1 (2)	0	* *	0	* *
Currituck	174	58.0 (98)	194	26.3 (82)	91	* *	0	* *	0	* *
Dare	380	35.3 (72)	467	18.8 (52)	110	38.2 (11)	0	* *	0	* *
Davidson	2,620	39.1 (80)	2,927	22.6 (68)	886	32.1 (27)	0	* *	0	* *
Davie	482	31.3 (57)	604	18.5 (51)	140	10.7 (66)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	1,383	11.6 (4)	1,673	9.3 (6)	148	18.9 (61)	0	* *	0	* *
Durham	4,095	14.0 (7)	5,328	8.0 (3)	491	47.9 (3)	0	* *	0	* *
Edgecombe	843	13.9 (6)	1,687	14.3 (28)	103	25.2 (50)	0	* *	0	* *
Forsyth	6,095	17.9 (16)	7,189	8.7 (4)	945	38.2 (11)	0	* *	0	* *
Franklin	790	27.3 (44)	904	12.7 (20)	173	32.9 (23)	0	* *	0	* *
Gaston	3,756	36.2 (74)	4,145	20.5 (59)	1,187	35.5 (17)	0	* *	0	* *
Gates	65	* *	79	* *	17	* *	0	* *	0	* *
Graham	187	43.9 (85)	199	32.2 (95)	72	* *	0	* *	0	* *
Granville	868	29.1 (49)	956	16.7 (40)	225	40.0 (8)	0	* *	0	* *
Greene	514	19.1 (19)	569	12.3 (16)	88	* *	0	* *	0	* *
Guilford	6,488	16.0 (12)	6,759	12.5 (17)	738	30.9 (32)	0	* *	0	* *
Halifax	1,321	28.8 (47)	1,470	17.1 (43)	365	45.2 (4)	0	* *	0	* *
Harnett	2,068	28.2 (46)	2,229	17.0 (42)	496	32.3 (25)	0	* *	0	* *
Haywood	844	51.1 (94)	905	31.6 (93)	359	30.9 (32)	0	* *	0	* *
Henderson	725	21.4 (26)	1,186	14.6 (30)	82	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	551	22.3 (31)	425	12.2 (14)	78	* *	0	* *	0	* *
Hoke	1,053	19.4 (22)	770	9.2 (5)	98	* *	0	* *	0	* *
Hyde	72	* *	70	* *	14	* *	0	* *	0	* *
Iredell	2,475	29.6 (51)	2,801	21.0 (62)	658	23.9 (55)	0	* *	0	* *
Jackson	539	34.9 (70)	707	24.2 (75)	168	21.4 (58)	0	* *	0	* *
Johnston	2,020	19.5 (23)	2,888	9.8 (8)	323	38.4 (10)	0	* *	0	* *
Jones	199	44.7 (89)	56	* *	11	* *	0	* *	0	* *
Lee	1,216	23.8 (34)	1,336	13.1 (22)	222	42.3 (6)	0	* *	0	* *
Lenoir	1,019	15.6 (10)	1,282	18.9 (55)	130	29.2 (40)	0	* *	0	* *
Lincoln	1,135	36.5 (75)	1,012	24.6 (76)	280	31.8 (28)	0	* *	0	* *
Macon	840	38.0 (79)	968	26.4 (83)	291	23.4 (56)	0	* *	0	* *
Madison	513	37.4 (76)	220	27.3 (86)	62	* *	0	* *	0	* *
Martin	326	40.2 (83)	110	20.9 (60)	24	* *	0	* *	0	* *
Mcdowell	564	26.8 (41)	603	17.2 (44)	140	35.7 (16)	0	* *	0	* *
Mecklenbur	9,671	3.6 (1)	11,594	6.1 (2)	248	27.0 (47)	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.

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Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	250	44.0 (86)	238	30.3 (92)	80	* *	0	* *	0	* *
Montgomery	656	29.6 (51)	523	16.6 (39)	131	38.2 (11)	0	* *	0	* *
Moore	783	18.8 (18)	923	14.2 (26)	97	* *	0	* *	0	* *
Nash	1,920	21.5 (27)	2,155	15.0 (32)	376	28.7 (43)	0	* *	0	* *
New Hanove	1,318	19.9 (25)	3,055	14.6 (30)	210	45.2 (4)	0	* *	0	* *
Northhampt	421	26.8 (41)	449	17.4 (45)	99	* *	0	* *	0	* *
Onslow	5,222	33.7 (67)	5,835	11.8 (13)	1,449	56.8 (1)	0	* *	0	* *
Orange	1,167	14.9 (8)	1,226	16.3 (37)	137	22.6 (57)	0	* *	0	* *
Pamlico	207	40.1 (82)	90	* *	30	* *	0	* *	0	* *
Pasquotank	568	10.2 (3)	796	10.8 (9)	49	* *	0	* *	0	* *
Pender	733	25.1 (36)	939	19.9 (58)	179	21.2 (59)	0	* *	0	* *
Perquimans	153	21.6 (29)	178	15.2 (33)	29	* *	0	* *	0	* *
Person	734	37.7 (78)	530	21.3 (63)	158	32.3 (25)	0	* *	0	* *
Pitt	2,985	19.1 (19)	3,288	12.5 (17)	477	38.2 (11)	0	* *	0	* *
Polk	175	26.3 (40)	195	23.1 (71)	32	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	2,454	30.6 (54)	2,673	16.5 (38)	640	29.5 (37)	0	* *	0	* *
Richmond	1,233	37.6 (77)	1,326	25.0 (78)	387	32.8 (24)	0	* *	0	* *
Robeson	3,602	16.6 (14)	3,179	19.5 (57)	368	8.7 (67)	0	* *	0	* *
Rockingham	1,698	39.3 (81)	1,806	26.4 (83)	596	28.5 (44)	0	* *	0	* *
Rowan	1,843	33.7 (67)	2,903	18.8 (52)	562	29.7 (36)	0	* *	0	* *
Rutherford	787	35.6 (73)	1,134	23.4 (73)	231	30.3 (35)	0	* *	0	* *
Sampson	1,512	14.9 (8)	1,606	11.3 (11)	186	35.5 (17)	0	* *	0	* *
Scotland	1,137	25.6 (38)	1,082	23.0 (70)	233	18.9 (61)	0	* *	0	* *
Stanly	1,081	23.4 (32)	1,016	22.1 (66)	193	31.6 (30)	0	* *	0	* *
Stokes	572	53.0 (96)	695	25.9 (81)	273	24.5 (53)	0	* *	0	* *
Surry	1,203	28.8 (47)	1,148	22.7 (69)	220	17.3 (64)	0	* *	0	* *
Swain	334	55.7 (97)	301	23.9 (74)	99	* *	0	* *	0	* *
Transylvan	451	48.1 (91)	260	25.0 (78)	84	* *	0	* *	0	* *
Tyrrell	118	23.7 (33)	108	13.0 (21)	21	* *	0	* *	0	* *
Union	1,529	16.0 (12)	2,578	12.2 (14)	157	31.8 (28)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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Table 7B
2007 - 2009 Pregnancy Nutrition Surveillance (1)
North Carolina
Comparison of Smoking Indicators by County
Combined 3 Years

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	1,159	17.2 (15)	1,279	15.9 (36)	179	25.1 (51)	0	* *	0	* *
Wake	5,961	8.9 (2)	12,492	5.2 (1)	456	30.9 (32)	0	* *	0	* *
Warren	413	21.5 (27)	417	14.4 (29)	76	* *	0	* *	0	* *
Washington	369	19.8 (24)	359	11.1 (10)	65	* *	0	* *	0	* *
Watauga	323	41.2 (84)	265	21.5 (65)	57	* *	0	* *	0	* *
Wayne Coun	2,753	22.1 (30)	1,938	14.2 (26)	314	28.3 (45)	0	* *	0	* *
Wilkes	1,285	33.0 (63)	1,291	24.9 (77)	362	29.3 (39)	0	* *	0	* *
Wilson Cou	2,016	18.0 (17)	1,913	14.1 (25)	306	29.4 (38)	0	* *	0	* *
Yadkin	676	33.4 (64)	758	18.3 (50)	202	29.2 (40)	0	* *	0	* *
Yancey	242	26.9 (43)	180	30.0 (90)	31	* *	0	* *	0	* *
Unknown Counties	848	25.1 (36)	1,013	14.0 (24)	193	33.2 (22)	0	* *	0	* *
North Carolina	143,908	24.7	167,798	14.9	28,444	33.1	0	*	0	*

(1) Reporting period is January 1 through December 31.
(2) Excludes records with unknown data or errors.
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) Among women who smoked 3 months prior to pregnancy.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾							
	Number	% ^(Rank)	% ^(Rank)	Number	% ^(Rank)	Number	% ^(Rank)	Number	% ^(Rank)
Alamance	2,977	8.3 (31)	8.0 (75)	2,969	12.9 (31)	2,587	3.4 (21)	2,956	55.1 (60)
Alexander	618	8.6 (38)	6.0 (36)	606	11.9 (21)	534	4.5 (56)	509	66.2 (31)
Alleghany	137	3.6 (1)	3.6 (2)	137	9.5 (4)	124	3.2 (12)	133	65.4 (33)
Anson	607	9.7 (62)	5.3 (20)	603	16.3 (77)	505	4.6 (61)	604	37.6 (83)
Ashe	455	8.8 (41)	4.2 (4)	449	12.5 (28)	393	4.3 (52)	452	59.7 (47)
Avery	93	* * *	* *	89	* *	74	* *	92	* *
Beaufort	957	10.4 (79)	6.6 (53)	944	13.2 (36)	819	5.5 (81)	950	46.4 (75)
Bertie	397	12.1 (90)	3.5 (1)	391	16.9 (86)	325	6.5 (88)	391	15.1 (94)
Bladen	520	9.2 (49)	7.5 (69)	510	15.9 (75)	429	4.2 (49)	517	57.3 (53)
Brunswick	1,467	9.1 (48)	6.3 (46)	1,452	12.2 (24)	1,275	4.5 (56)	1,426	38.1 (81)
Buncombe	3,445	9.0 (44)	7.2 (62)	3,414	16.4 (79)	2,853	4.0 (42)	3,370	79.7 (9)
Burke	1,821	7.7 (21)	5.4 (23)	1,781	13.6 (40)	1,538	4.0 (42)	1,756	58.6 (49)
Cabarrus	3,607	9.0 (44)	5.8 (31)	3,537	13.8 (45)	3,050	3.5 (27)	3,604	70.8 (23)
Caldwell	1,502	7.5 (18)	7.3 (66)	1,483	11.7 (16)	1,310	4.6 (61)	1,497	56.0 (55)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
* Percentages are not calculated if <100 records are available for analysis after exclusions.



Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed		
	Low (4)		High (5)	Number	%	Number	%	Number	%	
	Number	% (Rank)	% (Rank)							Number
Camden	106	3.8 (2)	4.7 (10)	106	12.3 (25)	93	* *	94	* *	
Carteret	815	9.2 (49)	8.6 (89)	809	10.5 (8)	723	5.8 (85)	805	66.3 (30)	
Caswell	326	12.0 (89)	6.1 (40)	325	10.5 (8)	291	6.5 (88)	324	63.3 (37)	
Catawba	2,768	9.6 (59)	7.0 (60)	2,721	13.0 (33)	2,367	4.4 (54)	2,764	71.9 (21)	
Chatham	855	7.4 (16)	9.1 (94)	838	13.0 (33)	729	3.0 (7)	845	76.6 (13)	
Cherokee	403	7.2 (13)	6.5 (50)	402	11.7 (16)	353	3.4 (21)	401	61.3 (44)	
Chowan	300	9.0 (44)	6.0 (36)	294	15.3 (70)	249	3.6 (31)	287	29.6 (88)	
Clay	106	6.6 (8)	12.3 (96)	106	9.4 (3)	96	* *	105	76.2 (15)	
Cleveland	1,915	8.6 (38)	7.9 (73)	1,895	12.9 (31)	1,650	4.0 (42)	1,900	28.0 (93)	
Columbus	1,167	12.3 (93)	8.1 (80)	1,137	17.1 (87)	942	4.6 (61)	1,161	38.2 (80)	
Craven	2,420	7.6 (19)	7.9 (73)	2,391	12.3 (25)	2,096	3.1 (10)	2,386	54.1 (63)	
Cumberland	9,746	10.2 (74)	7.0 (60)	9,663	15.1 (67)	8,200	4.7 (67)	9,695	64.9 (34)	
Currituck	199	6.0 (4)	8.0 (75)	197	5.6 (1)	186	3.2 (12)	180	76.1 (16)	
Dare	476	5.0 (3)	8.2 (82)	471	6.8 (2)	439	3.4 (21)	394	98.7 (1)	

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(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	2,933	8.9 (42)	6.7 (56)	2,879	14.2 (56)	2,471	3.5 (27)	2,822	67.8 (27)
Davie	604	8.3 (31)	6.1 (40)	598	16.6 (80)	499	3.8 (36)	587	60.8 (45)
Duplin	1,669	7.4 (16)	7.3 (66)	1,652	12.5 (28)	1,445	3.0 (7)	1,655	52.8 (65)
Durham	5,421	10.6 (80)	6.3 (46)	5,285	16.2 (76)	4,426	4.9 (74)	5,311	63.7 (35)
Edgecombe	1,692	11.5 (86)	4.7 (10)	1,662	16.8 (84)	1,383	5.1 (77)	1,675	28.8 (91)
Forsyth	7,195	10.7 (82)	5.9 (33)	7,118	18.4 (93)	5,806	4.7 (67)	7,170	77.5 (12)
Franklin	916	9.9 (65)	7.2 (62)	905	14.1 (52)	777	4.8 (71)	909	50.1 (69)
Gaston	4,236	9.5 (56)	5.9 (33)	4,121	13.9 (48)	3,547	4.1 (47)	4,233	51.3 (68)
Gates	79	* * * *		77	* *	73	* *	74	* *
Graham	201	7.0 (10)	8.5 (88)	198	9.6 (5)	179	3.9 (37)	152	55.3 (58)
Granville	962	8.9 (42)	4.7 (10)	935	14.4 (58)	800	3.9 (37)	944	71.8 (22)
Greene	574	9.9 (65)	6.4 (48)	568	15.8 (72)	478	4.2 (49)	570	59.3 (48)
Guilford	6,773	10.0 (70)	5.1 (17)	6,649	14.0 (50)	5,716	3.9 (37)	6,711	67.5 (28)
Halifax	1,464	12.2 (91)	4.7 (10)	1,447	18.9 (94)	1,173	5.3 (80)	1,456	34.3 (87)

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(6) <37 weeks gestation.
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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm ⁽⁶⁾		Full Term LBW ⁽⁷⁾		Ever Breastfed	
	Low ⁽⁴⁾	High ⁽⁵⁾		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Harnett	2,230	8.3 (31)	5.9 (33)	2,193	15.0 (66)	1,865	3.4 (21)	2,205	55.4 (57)
Haywood	905	10.9 (84)	6.9 (59)	891	15.8 (72)	750	3.9 (37)	830	54.1 (63)
Henderson	1,190	7.1 (12)	7.3 (66)	1,169	13.8 (45)	1,008	3.2 (12)	1,185	86.7 (4)
Hertford	423	11.1 (85)	4.7 (10)	412	16.7 (82)	343	4.7 (67)	424	35.8 (84)
Hoke	770	9.4 (53)	5.7 (29)	755	15.1 (67)	641	4.5 (56)	770	52.5 (67)
Hyde	70	* * * *	* *	70	* *	63	* *	70	* *
Iredell	2,804	9.9 (65)	6.5 (50)	2,786	13.9 (48)	2,399	4.2 (49)	2,777	61.8 (43)
Jackson	706	6.4 (7)	8.2 (82)	700	10.6 (12)	626	3.2 (12)	687	68.0 (26)
Johnston	2,893	7.8 (24)	6.1 (40)	2,876	13.5 (39)	2,487	3.5 (27)	2,867	56.4 (54)
Jones	57	* * * *	* *	53	* *	44	* *	57	* *
Lee	1,348	8.2 (29)	5.5 (26)	1,300	13.8 (45)	1,121	3.7 (34)	1,344	60.3 (46)
Lenoir	1,308	10.1 (71)	5.7 (29)	1,240	14.4 (58)	1,062	4.8 (71)	1,295	47.7 (73)
Lincoln	1,017	9.3 (52)	6.5 (50)	1,002	14.4 (58)	857	4.6 (61)	1,012	56.0 (55)
Macon	968	9.4 (53)	5.3 (20)	951	14.0 (50)	818	4.0 (42)	960	58.5 (50)

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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)										
County	Birthweight				Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)							
	Number	% (Rank)	%	(Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Madison	222	6.3 (6)	7.7 (71)		217	11.5 (14)	192	2.1 (3)	221	76.0 (17)
Martin	111	8.1 (26)	8.1 (80)		107	20.6 (96)	85	* *	102	72.5 (20)
Mcdowell	604	12.6 (95)	4.0 (3)		597	14.6 (63)	510	6.9 (91)	582	39.3 (78)
Mecklenbur	11,617	9.7 (62)	5.8 (31)		11,494	13.0 (33)	9,999	4.1 (47)	11,443	66.4 (29)
Mitchell	240	8.3 (31)	8.8 (93)		235	11.1 (13)	209	4.3 (52)	236	75.8 (19)
Montgomery	521	9.4 (53)	6.0 (36)		507	15.8 (72)	427	3.7 (34)	518	63.3 (37)
Moore	921	7.6 (19)	6.6 (53)		894	11.7 (16)	789	3.2 (12)	911	63.6 (36)
Nash	2,158	9.5 (56)	6.2 (43)		2,125	14.1 (52)	1,825	4.0 (42)	2,142	44.2 (76)
New Hanove	3,053	9.6 (59)	7.2 (62)		3,040	13.6 (40)	2,627	3.9 (37)	3,039	62.6 (40)
Northhampt	450	12.2 (91)	4.4 (6)		442	17.2 (89)	366	5.7 (83)	444	28.4 (92)
Onslow	5,828	6.9 (9)	8.7 (91)		5,763	10.5 (8)	5,159	3.0 (7)	5,746	63.1 (39)
Orange	1,250	8.2 (29)	8.2 (82)		1,226	11.8 (20)	1,081	3.1 (10)	1,217	76.5 (14)
Pamlico	93	* *	* *		88	* *	73	* *	92	* *
Pasquotank	797	7.2 (13)	5.4 (23)		793	12.0 (22)	698	3.2 (12)	752	13.6 (95)

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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pender	937	8.3 (31)	6.2 (43)	932	11.7 (16)	823	3.2 (12)	930	54.8 (62)
Perquimans	178	10.1 (71)	4.5 (8)	175	14.3 (57)	150	7.3 (92)	137	35.8 (84)
Person	547	10.6 (80)	8.6 (89)	539	17.3 (90)	446	4.7 (67)	542	50.0 (70)
Pitt	3,324	11.9 (87)	5.5 (26)	3,280	16.7 (82)	2,730	4.8 (71)	3,272	52.8 (65)
Polk	194	7.7 (21)	6.7 (56)	193	9.8 (7)	174	5.7 (83)	194	80.9 (8)
Randolph	2,683	8.1 (26)	7.2 (62)	2,649	12.4 (27)	2,320	3.5 (27)	2,677	66.2 (31)
Richmond	1,325	9.0 (44)	5.3 (20)	1,308	14.1 (52)	1,124	4.5 (56)	1,323	29.3 (90)
Robeson	3,200	10.8 (83)	4.9 (15)	3,110	16.6 (80)	2,594	5.2 (78)	3,186	37.7 (82)
Rockingham	1,797	9.5 (56)	6.6 (53)	1,793	11.5 (14)	1,587	4.9 (74)	1,796	48.8 (71)
Rowan	2,920	9.9 (65)	6.0 (36)	2,858	13.6 (40)	2,468	4.4 (54)	2,916	55.2 (59)
Rutherford	1,136	7.3 (15)	8.0 (75)	1,127	10.5 (8)	1,009	2.7 (4)	1,111	68.7 (25)
Sampson	1,608	8.3 (31)	6.4 (48)	1,590	15.1 (67)	1,350	3.6 (31)	1,603	39.1 (79)
Scotland	1,084	12.5 (94)	4.4 (6)	1,067	14.7 (65)	910	6.6 (90)	1,065	29.4 (89)
Stanly	1,018	10.2 (74)	5.1 (17)	1,008	14.4 (58)	863	4.6 (61)	991	77.8 (11)

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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Stokes	694	10.1 (71)	8.4 (87)	686	14.1 (52)	589	5.6 (82)	691	57.7 (51)
Surry	1,148	8.5 (37)	8.3 (85)	1,136	14.6 (63)	970	3.2 (12)	1,110	48.8 (71)
Swain	299	7.7 (21)	8.7 (91)	293	13.3 (37)	254	2.8 (5)	284	86.6 (5)
Transylvan	261	10.3 (78)	8.0 (75)	257	17.1 (87)	213	5.2 (78)	260	85.8 (6)
Tyrrell	113	9.7 (62)	8.0 (75)	110	12.7 (30)	96	* *	112	62.5 (42)
Union	2,596	7.0 (10)	6.7 (56)	2,535	13.6 (40)	2,191	3.3 (20)	2,527	75.9 (18)
Vance	1,287	11.9 (87)	5.0 (16)	1,258	18.2 (92)	1,029	6.0 (86)	1,082	54.9 (61)
Wake	12,530	8.1 (26)	7.7 (71)	12,323	13.6 (40)	10,642	3.6 (31)	11,019	89.1 (3)
Warren	418	13.9 (96)	4.3 (5)	413	19.9 (95)	331	6.3 (87)	408	47.1 (74)
Washington	364	10.2 (74)	5.2 (19)	358	15.6 (71)	302	5.0 (76)	354	35.0 (86)
Watauga	267	6.0 (4)	7.5 (69)	258	9.7 (6)	233	1.7 (1)	264	81.4 (7)
Wayne Coun	1,956	7.8 (24)	9.2 (95)	1,919	12.0 (22)	1,686	3.4 (21)	1,865	57.7 (51)
Wilkes	1,289	9.2 (49)	6.2 (43)	1,286	13.4 (38)	1,114	3.4 (21)	1,281	62.6 (40)
Wilson Cou	1,909	8.6 (38)	4.6 (9)	1,884	16.3 (77)	1,576	4.5 (56)	1,898	43.1 (77)

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Table 8B
2007 - 2009 Pregnancy Nutrition Surveillance ⁽¹⁾
North Carolina
Comparison of Infant Health Indicators by County
Combined 3 Years

Comparison of Infant Health Indicators ^(2, 3)									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	758	10.2 (74)	5.4 (23)	756	16.8 (84)	629	4.6 (61)	754	79.4 (10)
Yancey	181	9.9 (65)	8.3 (85)	179	17.3 (90)	148	2.0 (2)	180	95.6 (2)
Unknown Counties	1,018	9.6 (59)	5.5 (26)	1,008	14.5 (62)	862	2.9 (6)	961	68.8 (24)
North Carolina	168,517	9.2	6.5	166,028	14.1	142,540	4.1	164,588	61.5

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.
(4) <2500 g.
(5) >4000 g.
(6) <37 weeks gestation.
(7) 37 or more weeks gestation and <2500 g.
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