

**Table 3B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Alamance	978	39.8	24.9	34.5	0.0	0.8	0.0
Alexander	235	83.4	6.0	6.4	0.9	3.4	0.0
Alleghany	42	*	*	*	*	*	*
Anson	212	29.7	67.9	1.4	0.0	0.9	0.0
Ashe	163	92.0	0.6	6.7	0.6	0.0	0.0
Avery	92	*	*	*	*	*	*
Beaufort	365	36.2	43.8	19.7	0.0	0.3	0.0
Bertie	170	15.9	83.5	0.6	0.0	0.0	0.0
Bladen	298	38.9	40.6	15.8	4.0	0.7	0.0
Brunswick	556	64.9	19.4	14.6	0.7	0.2	0.2
Buncombe	1,339	69.5	11.7	16.8	0.3	1.5	0.1
Burke	515	64.3	5.4	19.4	0.4	10.3	0.2
Cabarrus	1,049	40.8	22.2	35.3	0.2	1.5	0.0
Caldwell	540	83.7	5.7	8.9	0.4	0.9	0.4
Camden	26	*	*	*	*	*	*
Carteret	336	80.1	11.0	6.5	1.8	0.6	0.0
Caswell	137	50.4	40.9	8.8	0.0	0.0	0.0
Catawba	940	57.3	11.9	21.6	0.2	8.7	0.2
Chatham	306	28.4	16.0	54.9	0.3	0.3	0.0
Cherokee	194	91.2	1.5	3.6	2.6	0.5	0.5

(1) Reporting period is January 1 through December 31.

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Chowan	118	38.1	57.6	4.2	0.0	0.0	0.0
Clay	53	*	*	*	*	*	*
Cleveland	708	59.5	35.5	4.1	0.0	0.4	0.6
Columbus	455	46.4	41.8	8.1	3.3	0.0	0.4
Craven	896	54.8	32.4	10.4	0.6	1.8	0.1
Cumberland	3,123	40.1	41.6	13.5	2.0	2.8	0.0
Currituck	71	*	*	*	*	*	*
Dare	169	68.6	3.0	28.4	0.0	0.0	0.0
Davidson	927	65.2	13.4	19.1	0.0	2.3	0.1
Davie	199	68.3	7.5	23.1	0.5	0.0	0.5
Duplin	557	31.4	28.2	40.0	0.4	0.0	0.0
Durham	1,767	8.5	50.7	38.3	0.2	2.3	0.2
Edgecombe	534	22.1	72.8	4.9	0.2	0.0	0.0
Forsyth	2,292	23.9	37.8	37.4	0.1	0.8	0.0
Franklin	348	41.7	38.2	19.3	0.3	0.3	0.3
Gaston	1,347	59.9	22.7	15.9	0.1	1.3	0.1
Gates	30	*	*	*	*	*	*
Graham	74	*	*	*	*	*	*
Granville	337	37.4	47.5	13.6	0.9	0.6	0.0
Greene	188	22.9	50.0	26.6	0.0	0.5	0.0

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Guilford	2,802	22.3	55.0	18.1	0.8	3.7	0.1
Halifax	533	21.6	67.4	3.8	7.1	0.0	0.2
Harnett	771	45.3	32.3	20.2	1.7	0.1	0.4
Haywood	313	87.9	1.6	9.6	0.6	0.3	0.0
Henderson	497	55.5	5.2	37.0	0.4	1.8	0.0
Hertford	233	15.5	82.4	1.3	0.0	0.9	0.0
Hoke	427	27.4	37.2	21.3	13.3	0.7	0.0
Hyde	36	*	*	*	*	*	*
Iredell	914	55.0	25.2	17.4	0.0	2.4	0.0
Jackson	258	64.0	3.9	12.4	17.8	1.9	0.0
Johnston	1,028	39.0	24.3	35.8	0.6	0.3	0.0
Jones	80	*	*	*	*	*	*
Lee	477	31.9	27.7	39.6	0.2	0.6	0.0
Lenoir	514	30.0	58.6	11.5	0.0	0.0	0.0
Lincoln	410	74.4	9.8	15.1	0.2	0.5	0.0
Macon	304	83.2	2.6	12.8	0.3	1.0	0.0
Madison	229	79.9	0.4	17.5	1.3	0.4	0.4
Martin	123	95.1	0.8	4.1	0.0	0.0	0.0
Mcdowell	194	24.7	64.4	9.8	0.0	1.0	0.0
Mecklenbur	3,765	13.9	54.7	28.6	0.2	2.4	0.3

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		%	%	%	%	%	%
Mitchell	76	*	*	*	*	*	*
Montgomery	255	33.3	22.0	42.4	0.4	2.0	0.0
Moore	521	52.8	27.6	16.1	2.3	1.0	0.2
Nash	690	31.9	50.4	16.5	0.6	0.4	0.1
New Hanove	1,039	43.7	37.2	16.7	0.6	0.9	0.9
Northhampt	189	13.2	83.6	3.2	0.0	0.0	0.0
Onslow	1,948	66.4	18.7	11.2	0.9	2.5	0.3
Orange	469	32.4	29.6	34.3	0.6	2.1	0.9
Pamlico	73	*	*	*	*	*	*
Pasquotank	328	40.2	50.6	8.5	0.0	0.6	0.0
Pender	262	47.7	27.9	24.0	0.0	0.0	0.4
Perquimans	64	*	*	*	*	*	*
Person	250	46.8	41.6	10.0	1.6	0.0	0.0
Pitt	1,094	26.7	61.5	10.8	0.2	0.8	0.0
Polk	77	*	*	*	*	*	*
Randolph	887	63.4	7.6	27.6	0.3	1.0	0.1
Richmond	483	43.3	38.9	13.5	3.3	1.0	0.0
Robeson	1,446	17.4	25.9	11.8	44.3	0.4	0.3
Rockingham	634	61.7	24.4	13.2	0.3	0.3	0.0
Rowan	907	52.8	22.8	22.5	0.1	1.8	0.0

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<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Rutherford	336	74.4	16.7	8.3	0.0	0.6	0.0
Sampson	556	29.7	31.8	35.6	2.9	0.0	0.0
Scotland	376	31.9	51.3	0.5	16.0	0.3	0.0
Stanly	349	63.3	22.6	9.7	0.0	4.3	0.0
Stokes	248	89.1	5.2	4.4	0.4	0.8	0.0
Surry	507	70.0	4.7	24.3	0.4	0.6	0.0
Swain	141	54.6	0.7	1.4	42.6	0.7	0.0
Transylvan	168	86.9	6.5	4.8	0.6	1.2	0.0
Tyrrell	38	*	*	*	*	*	*
Union	849	43.9	26.6	28.9	0.5	0.1	0.0
Vance	484	26.4	61.0	11.8	0.6	0.2	0.0
Wake	3,767	20.1	40.7	36.3	0.3	2.3	0.2
Warren	150	18.7	72.7	6.0	2.0	0.7	0.0
Washington	128	22.7	73.4	3.9	0.0	0.0	0.0
Watauga	199	91.5	0.5	6.5	0.5	1.0	0.0
Wayne Coun	933	34.3	42.6	21.7	0.4	1.0	0.1
Wilkes	449	80.0	5.3	14.0	0.0	0.7	0.0
Wilson Cou	696	21.1	51.3	26.1	0.0	1.4	0.0
Yadkin	252	63.5	2.0	34.1	0.4	0.0	0.0
Yancey	122	91.0	0.8	7.4	0.8	0.0	0.0

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<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Unknown Counties	336	37.5	28.6	29.5	2.4	1.8	0.3
<b>North Carolina</b>	<b>59,370</b>	<b>41.4</b>	<b>33.7</b>	<b>21.0</b>	<b>2.1</b>	<b>1.6</b>	<b>0.1</b>
<b>Nation (Prior Year)</b>	<b>856,123</b>	<b>48.0</b>	<b>23.3</b>	<b>21.7</b>	<b>1.4</b>	<b>2.2</b>	<b>3.4</b>

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**Table 4B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**

**Comparison of Age Distribution** <sup>(2)</sup>

<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Alamance	978	0.7	9.2	15.3	57.5	16.6	0.7	0.0
Alexander	235	0.0	8.5	16.2	60.4	14.0	0.9	0.0
Alleghany	42	*	*	*	*	*	*	*
Anson	212	0.5	11.8	12.3	59.9	14.6	0.9	0.0
Ashe	163	0.6	5.5	12.9	68.1	12.9	0.0	0.0
Avery	92	*	*	*	*	*	*	*
Beaufort	365	0.8	7.4	15.6	58.1	17.0	1.1	0.0
Bertie	170	1.2	10.0	11.8	58.2	17.6	1.2	0.0
Bladen	298	0.0	10.1	13.1	57.7	18.1	1.0	0.0
Brunswick	556	0.4	5.4	17.3	58.8	16.7	1.4	0.0
Buncombe	1,339	0.5	8.4	13.9	58.3	17.2	1.7	0.0
Burke	515	0.4	10.1	15.0	56.9	16.9	0.8	0.0
Cabarrus	1,049	0.6	7.6	12.0	60.8	18.4	0.6	0.0
Caldwell	540	0.7	9.4	19.8	54.3	15.7	0.0	0.0
Camden	26	*	*	*	*	*	*	*
Carteret	336	0.0	5.4	15.8	62.8	14.3	1.8	0.0
Caswell	137	0.7	10.2	13.9	57.7	16.1	1.5	0.0
Catawba	940	0.5	7.7	16.4	58.3	16.0	1.2	0.0
Chatham	306	0.0	7.8	12.1	61.1	17.0	2.0	0.0

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**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Cherokee	194	0.0	5.2	13.9	64.4	16.0	0.5	0.0
Chowan	118	1.7	12.7	15.3	52.5	15.3	2.5	0.0
Clay	53	*	*	*	*	*	*	*
Cleveland	708	0.6	11.2	16.5	60.0	11.2	0.6	0.0
Columbus	455	0.4	9.0	17.6	59.1	13.4	0.4	0.0
Craven	896	0.3	6.1	14.5	67.0	11.4	0.7	0.0
Cumberland	3,123	0.4	4.7	13.1	67.9	13.2	0.6	0.0
Currituck	71	*	*	*	*	*	*	*
Dare	169	0.0	3.6	8.9	72.8	14.8	0.0	0.0
Davidson	927	0.5	8.3	16.9	58.7	14.9	0.6	0.0
Davie	199	1.0	7.0	16.1	57.3	18.1	0.5	0.0
Duplin	557	1.1	7.7	14.0	58.3	17.8	1.1	0.0
Durham	1,767	0.7	7.5	10.6	59.0	21.1	1.1	0.0
Edgecombe	534	1.3	11.0	16.3	55.6	14.6	1.1	0.0
Forsyth	2,292	0.6	8.5	12.9	60.7	16.1	1.2	0.0
Franklin	348	0.9	7.8	12.9	60.9	17.0	0.6	0.0
Gaston	1,347	0.7	8.9	16.3	58.4	14.7	0.9	0.0
Gates	30	*	*	*	*	*	*	*
Graham	74	*	*	*	*	*	*	*

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**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Granville	337	1.2	6.2	14.8	59.3	17.8	0.6	0.0
Greene	188	1.1	9.6	15.4	61.7	11.7	0.5	0.0
Guilford	2,802	0.2	7.1	11.6	60.1	20.0	1.0	0.0
Halifax	533	0.4	9.2	15.9	57.8	15.8	0.9	0.0
Harnett	771	0.9	9.3	13.9	58.6	16.9	0.4	0.0
Haywood	313	0.0	8.0	16.3	62.6	11.8	1.3	0.0
Henderson	497	0.6	9.9	13.3	59.4	16.3	0.6	0.0
Hertford	233	1.3	12.4	18.9	57.9	8.2	1.3	0.0
Hoke	427	1.4	7.0	11.7	60.9	17.6	1.4	0.0
Hyde	36	*	*	*	*	*	*	*
Iredell	914	0.2	8.3	15.1	60.3	15.3	0.8	0.0
Jackson	258	1.2	7.0	12.0	62.8	15.1	1.9	0.0
Johnston	1,028	0.8	6.9	12.7	60.4	18.2	1.0	0.0
Jones	80	*	*	*	*	*	*	*
Lee	477	0.2	7.3	17.0	57.7	17.2	0.6	0.0
Lenoir	514	1.0	10.1	16.5	57.8	13.6	1.0	0.0
Lincoln	410	0.5	8.8	14.6	62.2	13.9	0.0	0.0
Macon	304	0.3	9.2	18.1	57.9	12.8	1.6	0.0
Madison	229	0.0	7.0	16.6	60.7	15.3	0.4	0.0

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**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Martin	123	0.0	6.5	11.4	65.9	16.3	0.0	0.0
Mcdowell	194	1.0	6.7	16.0	60.3	15.5	0.5	0.0
Mecklenbur	3,765	0.7	7.5	11.5	59.8	19.2	1.4	0.0
Mitchell	76	*	*	*	*	*	*	*
Montgomery	255	1.6	8.2	11.0	60.8	18.4	0.0	0.0
Moore	521	0.4	9.0	14.8	61.8	12.5	1.5	0.0
Nash	690	0.7	8.6	14.1	58.1	17.4	1.2	0.0
New Hanove	1,039	0.3	7.2	13.1	61.3	17.4	0.7	0.0
Northhampt	189	1.1	9.0	17.5	54.0	15.3	3.2	0.0
Onslow	1,948	0.0	3.4	14.2	72.5	9.4	0.4	0.0
Orange	469	0.0	5.1	12.8	59.5	21.1	1.5	0.0
Pamlico	73	*	*	*	*	*	*	*
Pasquotank	328	0.0	8.2	18.0	62.5	10.4	0.9	0.0
Pender	262	0.4	6.5	16.4	58.8	17.6	0.4	0.0
Perquimans	64	*	*	*	*	*	*	*
Person	250	0.4	8.4	16.8	61.6	11.2	1.6	0.0
Pitt	1,094	1.3	7.5	12.7	61.9	15.9	0.7	0.0
Polk	77	*	*	*	*	*	*	*
Randolph	887	0.6	8.6	14.3	59.4	16.6	0.6	0.0

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**Comparison of Age Distribution** <sup>(2)</sup>

<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Richmond	483	1.4	9.9	16.6	57.8	13.3	1.0	0.0
Robeson	1,446	0.7	10.0	15.8	58.7	14.1	0.7	0.0
Rockingham	634	1.3	9.0	17.7	57.7	13.7	0.6	0.0
Rowan	907	0.4	9.6	16.9	57.9	14.2	1.0	0.0
Rutherford	336	1.2	9.5	16.4	56.0	15.2	1.8	0.0
Sampson	556	0.7	6.8	11.9	61.7	18.0	0.9	0.0
Scotland	376	0.5	11.7	16.0	57.7	13.8	0.3	0.0
Stanly	349	0.6	9.5	18.9	57.3	12.9	0.9	0.0
Stokes	248	1.2	8.5	18.1	61.7	10.1	0.4	0.0
Surry	507	0.2	6.5	13.4	60.2	18.7	1.0	0.0
Swain	141	0.7	9.9	14.2	64.5	10.6	0.0	0.0
Transylvan	168	0.0	10.1	10.7	64.9	13.1	1.2	0.0
Tyrrell	38	*	*	*	*	*	*	*
Union	849	1.3	8.8	13.0	58.1	17.9	0.9	0.0
Vance	484	1.4	12.6	13.0	58.1	13.4	1.4	0.0
Wake	3,767	0.6	6.3	11.8	58.8	21.3	1.2	0.0
Warren	150	0.7	10.7	16.7	50.7	18.0	3.3	0.0
Washington	128	0.8	8.6	14.8	58.6	15.6	1.6	0.0
Watauga	199	0.5	4.5	8.5	65.3	20.1	1.0	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**

**Comparison of Age Distribution** <sup>(2)</sup>

<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Wayne Coun	933	0.1	7.6	14.3	63.9	13.4	0.8	0.0
Wilkes	449	0.2	6.9	15.6	64.6	12.2	0.4	0.0
Wilson Cou	696	0.3	9.1	15.9	58.6	15.4	0.7	0.0
Yadkin	252	0.0	9.1	13.1	62.7	14.3	0.8	0.0
Yancey	122	0.0	4.9	12.3	63.9	18.9	0.0	0.0
Unknown Counties	336	0.9	11.6	17.9	52.4	16.4	0.9	0.0
<b>North Carolina</b>	<b>59,370</b>	<b>0.6</b>	<b>7.8</b>	<b>14.0</b>	<b>60.5</b>	<b>16.2</b>	<b>0.9</b>	<b>0.0</b>
<b>Nation (Prior Year)</b>	<b>856,123</b>	<b>0.4</b>	<b>6.8</b>	<b>13.2</b>	<b>60.3</b>	<b>18.0</b>	<b>1.3</b>	<b>0.0</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Alamance	466	14.4 (65)	43.8 (18)	112	15.2 (2)	43.8 (60)	119	34.5 (11)	517	39.8 (48)	
Alexander	201	13.9 (63)	43.8 (18)	123	31.7 (66)	39.0 (29)	40	* *	117	40.2 (50)	
Alleghany	38	* *	* *	31	* *	* *	2	* *	17	* *	
Anson	177	10.7 (29)	50.8 (61)	162	26.5 (38)	42.0 (49)	24	* *	38	* *	
Ashe	125	13.6 (60)	50.4 (58)	113	23.0 (19)	41.6 (44)	16	* *	61	* *	
Avery	81	* *	* *	4	* *	* *	9	* *	11	* *	
Beaufort	256	9.8 (22)	57.8 (77)	179	27.4 (48)	38.5 (23)	35	* *	288	32.3 (39)	
Bertie	150	4.7 (1)	66.7 (84)	66	* *	* *	20	* *	65	* *	
Bladen	257	9.3 (14)	52.5 (69)	201	35.8 (73)	36.3 (12)	23	* *	69	* *	
Brunswick	380	7.9 (9)	68.4 (85)	159	12.6 (1)	54.7 (75)	20	* *	220	14.5 (5)	
Buncombe	1,102	14.7 (68)	39.5 (10)	934	20.9 (9)	40.4 (39)	149	30.2 (7)	452	20.6 (13)	
Burke	336	13.1 (56)	47.0 (46)	308	28.2 (49)	41.6 (44)	63	* *	150	24.7 (25)	
Cabarrus	818	11.6 (39)	46.5 (38)	651	29.6 (54)	40.2 (36)	114	36.8 (14)	290	23.1 (21)	
Caldwell	461	15.0 (71)	47.1 (47)	416	22.1 (14)	47.8 (70)	42	* *	139	25.9 (29)	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>												
<b>County</b>	<b>Prepregnancy BMI</b> (4)				<b>Weight Gain</b> (5)				<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>		<b>&lt; Ideal</b>		<b>&gt; Ideal</b>		<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Camden	20	* *	* *	* *	14	* *	* *	* *	2	* *	20	* *
Carteret	228	11.8 (41)	44.7 (22)		195	19.0 (5)	42.1 (50)		50	* *	153	28.1 (34)
Caswell	116	14.7 (68)	51.7 (66)		100	25.0 (29)	39.0 (29)		19	* *	35	* *
Catawba	794	12.2 (46)	43.7 (17)		677	28.7 (51)	36.8 (16)		185	24.9 (6)	547	26.1 (30)
Chatham	250	7.2 (4)	54.4 (72)		215	30.2 (57)	40.9 (40)		7	* *	196	23.0 (20)
Cherokee	148	10.1 (25)	49.3 (55)		139	30.9 (62)	42.4 (53)		29	* *	56	* *
Chowan	87	* *	* *	* *	69	* *	* *	* *	10	* *	95	* *
Clay	49	* *	* *	* *	42	* *	* *	* *	8	* *	24	* *
Cleveland	566	13.8 (61)	44.7 (22)		65	* *	* *	* *	82	* *	522	22.0 (17)
Columbus	355	9.6 (18)	65.9 (83)		223	23.8 (22)	42.2 (51)		38	* *	61	* *
Craven	477	16.1 (76)	48.8 (53)		285	23.9 (24)	47.0 (68)		19	* *	561	25.8 (28)
Cumberland	2,350	11.0 (34)	44.5 (21)		1,676	17.9 (4)	46.3 (66)		600	39.5 (18)	1,035	38.3 (46)
Currituck	55	* *	* *	* *	6	* *	* *	* *	8	* *	60	* *
Dare	117	12.8 (54)	31.6 (3)		62	* *	* *	* *	16	* *	78	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)			
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	682	18.9 (81)	39.3 (9)	512	25.6 (33)	43.0 (56)	138	31.9 (9)	425	22.4 (18)
Davie	165	14.5 (67)	51.5 (65)	139	27.3 (46)	40.3 (37)	41	* *	112	23.2 (22)
Duplin	434	11.3 (37)	45.6 (31)	266	26.7 (41)	36.1 (11)	59	* *	173	39.9 (49)
Durham	1,238	11.1 (35)	45.9 (35)	981	32.5 (67)	32.0 (4)	40	* *	121	27.3 (33)
Edgecombe	268	68.3 (85)	17.5 (1)	203	44.3 (75)	21.2 (1)	61	* *	236	34.3 (41)
Forsyth	1,450	11.7 (40)	46.8 (43)	1,008	27.2 (45)	38.9 (26)	394	42.6 (19)	1,106	42.8 (52)
Franklin	293	10.2 (26)	45.4 (27)	256	28.9 (52)	36.7 (15)	39	* *	82	* *
Gaston	1,046	13.1 (56)	45.2 (25)	903	30.9 (62)	40.9 (40)	233	21.9 (2)	988	40.8 (51)
Gates	27	* *	* *	17	* *	* *	7	* *	18	* *
Graham	63	* *	* *	30	* *	* *	3	* *	18	* *
Granville	263	7.2 (4)	56.7 (76)	236	33.9 (70)	33.5 (6)	20	* *	63	* *
Greene	157	6.4 (3)	51.0 (63)	133	36.8 (74)	30.1 (3)	28	* *	48	* *
Guilford	1,927	12.1 (45)	48.1 (52)	1,211	23.5 (21)	41.7 (47)	259	36.7 (13)	827	23.6 (24)
Halifax	433	8.5 (10)	58.7 (78)	393	29.5 (53)	38.4 (22)	38	* *	236	49.6 (56)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Harnett	613	7.7 (7)	50.2 (56)	426	27.0 (43)	38.7 (24)	150	33.3 (10)	250	34.8 (42)	
Haywood	254	15.0 (71)	37.8 (5)	223	23.8 (22)	44.4 (62)	30	* *	198	13.1 (4)	
Henderson	320	9.7 (20)	42.2 (15)	166	22.3 (17)	38.0 (20)	66	* *	210	27.1 (32)	
Hertford	204	9.3 (14)	59.8 (80)	173	26.6 (39)	41.6 (44)	14	* *	37	* *	
Hoke	321	8.7 (11)	54.2 (71)	220	19.5 (7)	43.6 (59)	59	* *	142	37.3 (44)	
Hyde	27	* *	* *	24	* *	* *	4	* *	15	* *	
Iredell	761	12.2 (46)	46.6 (39)	672	22.8 (18)	42.6 (54)	183	22.4 (3)	756	12.7 (3)	
Jackson	212	10.8 (32)	46.7 (41)	183	20.8 (8)	44.8 (64)	20	* *	137	16.8 (9)	
Johnston	444	9.7 (20)	52.3 (68)	284	25.4 (32)	38.7 (24)	165	34.5 (11)	508	39.0 (47)	
Jones	74	* *	* *	7	* *	* *	6	* *	10	* *	
Lee	338	8.9 (12)	45.9 (35)	265	30.6 (60)	37.7 (19)	48	* *	170	31.8 (37)	
Lenoir	422	12.3 (50)	50.5 (59)	225	21.3 (11)	41.8 (48)	81	* *	265	32.1 (38)	
Lincoln	344	15.1 (74)	39.5 (10)	263	26.6 (39)	40.3 (37)	57	* *	194	8.2 (1)	
Macon	228	11.8 (41)	44.3 (20)	183	34.4 (71)	29.5 (2)	21	* *	120	23.3 (23)	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

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**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Madison	190	7.4 (6)	47.4 (49)	126	27.0 (43)	41.3 (42)	19	* *	144	12.5 (2)	
Martin	111	18.9 (81)	38.7 (7)	60	* *	* *	14	* *	31	* *	
Mcdowell	159	9.4 (17)	61.6 (82)	137	26.3 (36)	40.1 (35)	24	* *	51	* *	
Mecklenbur	2,511	10.2 (26)	46.6 (39)	1,670	21.4 (12)	45.1 (65)	325	31.7 (8)	627	25.4 (27)	
Mitchell	62	* *	* *	35	* *	* *	6	* *	34	* *	
Montgomery	180	10.0 (24)	45.6 (31)	125	32.8 (68)	39.2 (34)	33	* *	45	* *	
Moore	398	12.8 (54)	50.3 (57)	308	24.0 (25)	43.5 (58)	69	* *	152	62.5 (58)	
Nash	520	15.2 (75)	44.8 (24)	357	26.3 (36)	38.9 (26)	40	* *	166	35.5 (43)	
New Hanove	718	10.7 (29)	45.4 (27)	645	25.3 (31)	43.4 (57)	81	* *	281	17.8 (11)	
Northhampt	154	5.8 (2)	61.0 (81)	104	22.1 (14)	49.0 (73)	29	* *	61	* *	
Onslow	1,567	19.0 (83)	36.2 (4)	1,194	23.3 (20)	41.4 (43)	347	17.0 (1)	1,237	15.0 (6)	
Orange	333	11.1 (35)	54.7 (73)	251	24.3 (26)	47.8 (70)	28	* *	210	21.4 (15)	
Pamlico	65	* *	* *	38	* *	* *	7	* *	19	* *	
Pasquotank	258	8.9 (12)	48.8 (53)	178	30.3 (59)	32.0 (4)	53	* *	255	60.8 (57)	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

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**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>
Pender	208	12.5 (51)	47.1 (47)	180	25.6 (33)	38.9 (26)	39	* *	67	* *	
Perquimans	50	* *	* *	8	* *	* *	8	* *	36	* *	
Person	214	12.6 (53)	45.8 (34)	168	26.2 (35)	36.3 (12)	36	* *	83	* *	
Pitt	885	10.8 (32)	55.3 (75)	765	27.3 (46)	37.5 (18)	174	43.1 (20)	235	37.4 (45)	
Polk	61	* *	* *	30	* *	* *	3	* *	28	* *	
Randolph	591	14.4 (65)	46.7 (41)	482	21.0 (10)	47.1 (69)	89	* *	540	15.9 (8)	
Richmond	384	17.4 (79)	39.1 (8)	334	30.2 (57)	44.0 (61)	86	* *	203	47.8 (54)	
Robeson	1,087	15.0 (71)	46.0 (37)	735	32.8 (68)	33.9 (7)	259	23.6 (4)	345	43.5 (53)	
Rockingham	336	14.0 (64)	47.9 (50)	142	26.8 (42)	44.4 (62)	93	* *	146	15.8 (7)	
Rowan	754	14.9 (70)	41.9 (13)	674	29.8 (56)	39.0 (29)	154	37.0 (15)	397	21.7 (16)	
Rutherford	264	49.2 (84)	29.9 (2)	35	* *	* *	12	* *	44	* *	
Sampson	378	9.3 (14)	55.0 (74)	256	25.0 (29)	46.9 (67)	77	* *	249	33.7 (40)	
Scotland	318	11.9 (43)	50.6 (60)	277	28.5 (50)	38.3 (21)	34	* *	64	* *	
Stanly	290	16.2 (77)	39.7 (12)	221	30.8 (61)	33.9 (7)	38	* *	207	47.8 (54)	

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

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**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Stokes	179	17.3 (78)	46.9 (44)	141	16.3 (3)	49.6 (74)	36	* *	60	* *
Surry	286	10.5 (28)	46.9 (44)	253	19.4 (6)	48.6 (72)	71	* *	177	28.8 (35)
Swain	107	13.1 (56)	51.4 (64)	80	* *	* *	5	* *	57	* *
Transylvan	138	13.8 (61)	45.7 (33)	43	* *	* *	22	* *	25	* *
Tyrrell	32	* *	* *	25	* *	* *	3	* *	11	* *
Union	573	12.2 (46)	42.1 (14)	365	24.9 (27)	42.2 (51)	115	37.4 (16)	366	20.8 (14)
Vance	167	12.0 (44)	47.9 (50)	9	* *	* *	48	* *	98	* *
Wake	2,381	9.8 (22)	45.5 (29)	1,932	29.6 (54)	37.0 (17)	500	24.2 (5)	1,151	18.8 (12)
Warren	130	7.7 (7)	53.8 (70)	110	30.9 (62)	36.4 (14)	13	* *	32	* *
Washington	115	9.6 (18)	59.1 (79)	98	* *	* *	10	* *	30	* *
Watauga	180	12.2 (46)	37.8 (5)	92	* *	* *	29	* *	69	* *
Wayne Coun	677	18.8 (80)	45.3 (26)	311	31.2 (65)	36.0 (10)	67	* *	408	31.1 (36)
Wilkes	393	12.5 (51)	51.9 (67)	347	22.2 (16)	42.9 (55)	71	* *	181	22.7 (19)
Wilson Cou	589	10.7 (29)	50.8 (61)	396	34.8 (72)	34.6 (9)	112	38.4 (17)	265	24.9 (26)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	Prepregnancy BMI (4)			Weight Gain (5)			Anemia (Low Hb/Hct) (6)			
	Under- weight		Over- weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	211	11.4 (38)	45.5 (29)	151	21.9 (13)	39.1 (32)	30	* *	109	17.4 (10)
Yancey	98	* *	* *	79	* *	* *	8	* *	58	* *
Unknown Counties	252	13.1 (56)	42.9 (16)	169	24.9 (27)	39.1 (32)	40	* *	149	26.2 (31)
<b>North Carolina</b>	<b>43,022</b>	<b>12.8</b>	<b>46.6</b>	<b>30,965</b>	<b>26.2</b>	<b>40.4</b>	<b>7,370</b>	<b>31.9</b>	<b>22,545</b>	<b>28.7</b>
<b>Nation (Prior Year)</b>	<b>784,438</b>	<b>11.7</b>	<b>43.3</b>	<b>650,654</b>	<b>25.6</b>	<b>43.7</b>	<b>119,915</b>	<b>30.7</b>	<b>254,974</b>	<b>29.4</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Alamance	686	77.0 (47)	0.7 (38)	968	34.9 (39)
Alexander	158	78.5 (35)	0.6 (31)	234	31.6 (47)
Alleghany	36	* *	* *	42	* *
Anson	199	77.9 (42)	1.0 (55)	206	46.1 (9)
Ashe	153	88.9 (7)	0.0 (1)	160	47.5 (7)
Avery	15	* *	* *	92	* *
Beaufort	331	74.0 (57)	0.9 (48)	356	44.4 (13)
Bertie	89	* *	* *	169	43.8 (17)
Bladen	245	71.0 (70)	1.2 (65)	297	40.1 (23)
Brunswick	461	77.9 (42)	0.9 (48)	555	37.8 (30)
Buncombe	1,236	90.0 (5)	0.4 (19)	1,334	39.1 (25)
Burke	495	68.9 (75)	1.0 (55)	511	19.8 (80)
Cabarrus	993	73.2 (62)	0.5 (28)	1,034	29.2 (54)
Caldwell	507	91.1 (3)	0.4 (19)	537	46.0 (10)
Camden	24	* *	* *	26	* *
Carteret	306	87.6 (12)	0.3 (15)	327	26.0 (66)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
Caswell	125	77.6 (45)	0.8 (41)	136	44.9 (12)
Catawba	831	73.6 (61)	0.5 (28)	933	28.5 (58)
Chatham	278	78.4 (36)	0.4 (19)	301	25.2 (68)
Cherokee	186	92.5 (1)	0.0 (1)	193	34.2 (40)
Chowan	109	81.7 (31)	0.9 (48)	113	38.9 (27)
Clay	48	* *	* *	53	* *
Cleveland	546	73.8 (59)	0.9 (48)	701	39.1 (25)
Columbus	317	57.4 (82)	2.2 (82)	445	28.1 (60)
Craven	725	81.8 (30)	0.0 (1)	874	35.0 (37)
Cumberland	2,870	84.1 (23)	0.8 (41)	3,097	22.9 (76)
Currituck	66	* *	* *	71	* *
Dare	152	86.8 (17)	0.7 (38)	168	21.4 (79)
Davidson	817	76.4 (50)	0.4 (19)	908	24.6 (72)
Davie	182	86.3 (19)	0.5 (28)	197	27.4 (63)
Duplin	534	77.3 (46)	0.9 (48)	550	29.1 (56)
Durham	1,562	86.9 (15)	0.6 (31)	1,750	15.6 (86)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Edgecombe	508	66.3 (77)	1.6 (75)	528	33.5 (41)
Forsyth	2,125	78.4 (36)	0.9 (48)	2,259	18.9 (82)
Franklin	328	84.1 (23)	0.0 (1)	347	28.0 (62)
Gaston	1,255	60.2 (80)	1.0 (55)	1,323	15.9 (85)
Gates	21	* *	* *	30	* *
Graham	43	* *	* *	73	* *
Granville	317	80.8 (32)	1.6 (75)	335	30.7 (52)
Greene	177	87.6 (12)	0.6 (31)	187	41.2 (20)
Guilford	2,471	78.0 (39)	1.1 (60)	2,764	24.0 (73)
Halifax	502	87.3 (14)	0.4 (19)	532	28.2 (59)
Harnett	597	70.2 (71)	1.2 (65)	760	30.7 (52)
Haywood	282	86.9 (15)	0.0 (1)	312	43.9 (15)
Henderson	380	91.6 (2)	0.0 (1)	489	24.7 (71)
Hertford	205	87.8 (10)	0.0 (1)	233	31.3 (50)
Hoke	344	72.4 (63)	0.6 (31)	422	22.0 (77)
Hyde	33	* *	* *	36	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
Iredell	845	61.5 (79)	1.3 (69)	911	23.3 (75)
Jackson	239	90.0 (5)	1.7 (78)	252	52.4 (3)
Johnston	899	78.0 (39)	1.0 (55)	1,024	19.2 (81)
Jones	15	* *	* *	77	* *
Lee	430	69.1 (74)	0.2 (12)	456	26.1 (65)
Lenoir	315	85.1 (22)	1.0 (55)	504	35.1 (36)
Lincoln	342	71.6 (67)	0.3 (15)	407	37.6 (31)
Macon	274	88.0 (9)	0.4 (19)	300	40.7 (22)
Madison	175	82.9 (27)	1.1 (60)	228	48.2 (6)
Martin	71	* *	* *	123	43.9 (15)
Mcdowell	176	75.0 (54)	0.6 (31)	194	42.8 (18)
Mecklenbur	3,037	71.3 (69)	1.1 (60)	3,721	9.9 (87)
Mitchell	60	* *	* *	75	* *
Montgomery	193	72.0 (64)	0.0 (1)	249	39.4 (24)
Moore	460	77.8 (44)	0.4 (19)	507	29.2 (54)
Nash	585	71.8 (65)	1.9 (80)	675	35.0 (37)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
New Hanove	977	69.4 (72)	1.2 (65)	1,037	28.6 (57)
Northhampt	150	85.3 (21)	1.3 (69)	187	31.6 (47)
Onslow	1,618	90.4 (4)	0.2 (12)	1,928	27.3 (64)
Orange	384	74.5 (56)	1.6 (75)	458	23.8 (74)
Pamlico	48	* *	* *	71	* *
Pasquotank	280	71.4 (68)	1.8 (79)	325	35.7 (35)
Pender	248	68.1 (76)	0.8 (41)	261	32.6 (44)
Perquimans	59	* *	* *	62	* *
Person	204	82.4 (28)	2.0 (81)	246	37.4 (32)
Pitt	999	85.5 (20)	0.8 (41)	1,070	33.2 (42)
Polk	43	* *	* *	75	* *
Randolph	803	80.3 (33)	0.7 (38)	876	31.1 (51)
Richmond	445	78.0 (39)	0.4 (19)	465	38.3 (29)
Robeson	1,125	75.6 (52)	1.1 (60)	1,432	21.9 (78)
Rockingham	575	78.3 (38)	0.9 (48)	629	38.6 (28)
Rowan	860	71.7 (66)	1.4 (72)	892	28.1 (60)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>						
<b>County</b>	Medical Care				WIC Enrollment	
	1st Trimester		No Care		1st Trimester	
	Number	% (Rank)	%	% (Rank)	Number	% (Rank)
Rutherford	78	* *	*	*	334	46.4 (8)
Sampson	499	73.9 (58)	0.4	(19)	548	32.7 (43)
Scotland	353	76.2 (51)	0.6	(31)	367	53.1 (2)
Stanly	293	73.7 (60)	0.3	(15)	348	25.3 (67)
Stokes	229	87.8 (10)	1.3	(69)	243	37.4 (32)
Surry	490	76.9 (48)	1.4	(72)	500	32.0 (46)
Swain	124	83.9 (25)	0.8	(41)	140	50.0 (5)
Transylvan	71	* *	*	*	168	52.4 (3)
Tyrrell	33	* *	*	*	37	* *
Union	665	75.5 (53)	1.1	(60)	842	24.8 (69)
Vance	380	69.2 (73)	0.3	(15)	476	18.3 (83)
Wake	3,383	58.5 (81)	1.2	(65)	3,710	16.2 (84)
Warren	131	74.8 (55)	1.5	(74)	146	41.1 (21)
Washington	118	82.2 (29)	0.0	(1)	128	45.3 (11)
Watauga	119	86.6 (18)	0.0	(1)	198	58.1 (1)
Wayne Coun	502	64.7 (78)	0.8	(41)	925	24.8 (69)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 6B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Wilkes	409	83.9 (25)	0.2 (12)	449	36.1 (34)
Wilson Cou	645	79.7 (34)	0.6 (31)	692	32.1 (45)
Yadkin	228	88.2 (8)	0.0 (1)	250	44.4 (13)
Yancey	99	* *	* *	122	41.8 (19)
Unknown Counties	265	76.6 (49)	0.8 (41)	331	31.4 (49)
<b>North Carolina</b>	<b>50,918</b>	<b>76.6</b>	<b>0.8</b>	<b>58,639</b>	<b>27.5</b>
<b>Nation (Prior Year)</b>	<b>500,728</b>	<b>76.7</b>	<b>8.1</b>	<b>718,544</b>	<b>30.9</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>County</b>	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	837	30.8 (46)	717	19.5 (42)	158	26.6 (22)	0	* *	0	* *
Alexander	201	53.7 (81)	157	30.6 (74)	60	* *	0	* *	0	* *
Alleghany	38	* *	36	* *	7	* *	0	* *	0	* *
Anson	176	39.8 (70)	203	21.7 (54)	67	* *	0	* *	0	* *
Ashe	123	52.0 (80)	153	32.0 (77)	57	* *	0	* *	0	* *
Avery	79	* *	16	* *	1	* *	0	* *	0	* *
Beaufort	298	34.2 (56)	328	18.0 (36)	88	* *	0	* *	0	* *
Bertie	150	10.7 (3)	90	* *	7	* *	0	* *	0	* *
Bladen	258	22.9 (31)	246	20.3 (48)	45	* *	0	* *	0	* *
Brunswick	449	35.9 (59)	462	29.4 (72)	135	22.2 (26)	0	* *	0	* *
Buncombe	1,138	36.8 (61)	1,237	20.5 (50)	368	30.4 (16)	0	* *	0	* *
Burke	163	59.5 (84)	495	26.1 (66)	94	* *	0	* *	0	* *
Cabarrus	866	22.3 (28)	987	14.4 (22)	171	35.7 (9)	0	* *	0	* *
Caldwell	464	40.5 (72)	508	30.9 (75)	172	12.2 (29)	0	* *	0	* *
Camden	21	* *	24	* *	5	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Among women who smoked 3 months prior to pregnancy.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 7B**  
**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	227	48.0 (77)	307	32.9 (80)	95	* *	0	* *	0	* *
Caswell	120	38.3 (62)	126	27.8 (69)	40	* *	0	* *	0	* *
Catawba	796	31.3 (48)	831	20.8 (52)	207	28.0 (20)	0	* *	0	* *
Chatham	254	16.1 (14)	280	15.7 (26)	34	* *	0	* *	0	* *
Cherokee	156	50.0 (78)	190	40.5 (83)	77	* *	0	* *	0	* *
Chowan	96	* *	108	15.7 (26)	27	* *	0	* *	0	* *
Clay	49	* *	49	* *	16	* *	0	* *	0	* *
Cleveland	604	41.9 (73)	556	23.4 (61)	176	31.3 (15)	0	* *	0	* *
Columbus	361	26.0 (37)	321	21.8 (55)	61	* *	0	* *	0	* *
Craven	538	29.6 (44)	727	17.3 (33)	119	30.3 (17)	0	* *	0	* *
Cumberland	2,292	27.5 (40)	2,864	13.9 (15)	537	43.9 (2)	0	* *	0	* *
Currituck	64	* *	66	* *	52	* *	0	* *	0	* *
Dare	123	34.1 (55)	150	22.7 (59)	32	* *	0	* *	0	* *
Davidson	742	38.9 (68)	817	27.8 (69)	250	21.6 (27)	0	* *	0	* *
Davie	167	34.7 (58)	184	27.2 (67)	51	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 7B**  
**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	454	14.5 (8)	535	9.0 (5)	60	* *	0	* *	0	* *
Durham	1,286	15.2 (11)	1,556	5.5 (1)	154	43.5 (3)	0	* *	0	* *
Edgecombe	332	19.9 (23)	510	17.5 (34)	64	* *	0	* *	0	* *
Forsyth	1,725	14.4 (7)	2,121	12.6 (9)	205	23.9 (25)	0	* *	0	* *
Franklin	293	27.0 (39)	330	13.9 (15)	75	* *	0	* *	0	* *
Gaston	1,062	38.3 (62)	1,241	24.2 (64)	357	32.8 (12)	0	* *	0	* *
Gates	27	* *	21	* *	5	* *	0	* *	0	* *
Graham	62	* *	43	* *	10	* *	0	* *	0	* *
Granville	266	30.8 (46)	315	16.2 (29)	73	* *	0	* *	0	* *
Greene	161	18.6 (19)	178	16.9 (31)	29	* *	0	* *	0	* *
Guilford	1,998	20.5 (25)	2,467	12.8 (10)	325	34.8 (11)	0	* *	0	* *
Halifax	458	24.5 (34)	505	15.0 (23)	104	40.4 (5)	0	* *	0	* *
Harnett	622	28.9 (42)	609	20.4 (49)	134	32.8 (12)	0	* *	0	* *
Haywood	272	53.7 (81)	282	31.6 (76)	126	34.9 (10)	0	* *	0	* *
Henderson	302	16.9 (16)	384	16.4 (30)	35	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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**Table 7B**  
**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	205	20.5 (25)	206	8.3 (3)	31	* *	0	* *	0	* *
Hoke	342	15.8 (13)	345	11.9 (7)	41	* *	0	* *	0	* *
Hyde	28	* *	33	* *	6	* *	0	* *	0	* *
Iredell	763	29.1 (43)	848	22.6 (58)	203	28.1 (19)	0	* *	0	* *
Jackson	197	33.0 (51)	239	23.8 (63)	58	* *	0	* *	0	* *
Johnston	663	14.9 (10)	903	15.9 (28)	82	* *	0	* *	0	* *
Jones	72	* *	16	* *	7	* *	0	* *	0	* *
Lee	348	33.0 (51)	439	18.9 (38)	99	* *	0	* *	0	* *
Lenoir	456	28.3 (41)	341	17.6 (35)	74	* *	0	* *	0	* *
Lincoln	356	39.6 (69)	343	29.4 (72)	118	20.3 (28)	0	* *	0	* *
Macon	231	36.4 (60)	284	27.5 (68)	75	* *	0	* *	0	* *
Madison	194	42.3 (74)	175	23.4 (61)	55	* *	0	* *	0	* *
Martin	103	43.7 (76)	72	* *	24	* *	0	* *	0	* *
Mcdowell	162	22.8 (29)	176	15.3 (25)	35	* *	0	* *	0	* *
Mecklenbur	2,849	7.1 (1)	3,055	8.2 (2)	144	41.7 (4)	0	* *	0	* *

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**North Carolina**  
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Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)	Smoking in Household				
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy			Prenatal		Postpartum		
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	65	* *	62	* *	28	* *	0	* *	0	* *
Montgomery	207	23.7 (33)	197	9.6 (6)	34	* *	0	* *	0	* *
Moore	405	26.2 (38)	464	19.0 (40)	93	* *	0	* *	0	* *
Nash	549	18.9 (20)	595	18.8 (37)	88	* *	0	* *	0	* *
New Hanove	668	25.7 (36)	976	19.1 (41)	150	39.3 (6)	0	* *	0	* *
Northhampt	155	14.2 (6)	151	21.9 (56)	17	* *	0	* *	0	* *
Onslow	1,566	31.4 (49)	1,624	14.1 (20)	385	49.9 (1)	0	* *	0	* *
Orange	342	17.5 (18)	380	17.1 (32)	45	* *	0	* *	0	* *
Pamlico	69	* *	50	* *	19	* *	0	* *	0	* *
Pasquotank	278	19.1 (21)	281	13.9 (15)	39	* *	0	* *	0	* *
Pender	212	23.6 (32)	248	21.4 (53)	44	* *	0	* *	0	* *
Perquimans	58	* *	60	* *	12	* *	0	* *	0	* *
Person	217	38.7 (65)	201	13.9 (15)	56	* *	0	* *	0	* *
Pitt	889	19.9 (23)	1,001	13.2 (12)	154	37.0 (8)	0	* *	0	* *
Polk	33	* *	44	* *	7	* *	0	* *	0	* *

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**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	674	33.1 (53)	803	20.0 (45)	183	25.7 (23)	0	* *	0	* *
Richmond	411	33.6 (54)	454	18.9 (38)	124	37.1 (7)	0	* *	0	* *
Robeson	1,090	15.7 (12)	1,132	22.2 (57)	125	4.0 (31)	0	* *	0	* *
Rockingham	537	38.4 (64)	582	24.9 (65)	182	27.5 (21)	0	* *	0	* *
Rowan	565	38.8 (66)	868	19.8 (44)	205	32.7 (14)	0	* *	0	* *
Rutherford	206	38.8 (66)	79	* *	13	* *	0	* *	0	* *
Sampson	415	19.8 (22)	503	11.9 (7)	63	* *	0	* *	0	* *
Scotland	347	22.8 (29)	354	23.2 (60)	74	* *	0	* *	0	* *
Stanly	293	17.1 (17)	294	20.7 (51)	38	* *	0	* *	0	* *
Stokes	191	56.5 (83)	229	39.7 (82)	98	* *	0	* *	0	* *
Surry	374	34.2 (56)	491	33.0 (81)	118	5.9 (30)	0	* *	0	* *
Swain	97	* *	124	29.0 (71)	65	* *	0	* *	0	* *
Transylvan	143	51.7 (79)	71	* *	24	* *	0	* *	0	* *
Tyrrell	32	* *	33	* *	5	* *	0	* *	0	* *
Union	527	14.8 (9)	664	15.2 (24)	52	* *	0	* *	0	* *

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**Table 7B**  
**2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	368	8.4 (2)	383	20.1 (46)	22	* *	0	* *	0	* *
Wake	2,468	11.8 (5)	3,452	8.4 (4)	242	30.2 (18)	0	* *	0	* *
Warren	130	10.8 (4)	132	12.9 (11)	12	* *	0	* *	0	* *
Washington	117	21.4 (27)	117	13.7 (14)	22	* *	0	* *	0	* *
Watauga	179	40.2 (71)	119	14.3 (21)	39	* *	0	* *	0	* *
Wayne Coun	836	24.8 (35)	507	14.0 (19)	89	* *	0	* *	0	* *
Wilkes	397	42.8 (75)	409	32.8 (79)	152	24.3 (24)	0	* *	0	* *
Wilson Cou	623	16.5 (15)	647	13.6 (13)	95	* *	0	* *	0	* *
Yadkin	217	31.8 (50)	230	19.6 (43)	60	* *	0	* *	0	* *
Yancey	98	* *	102	32.4 (78)	11	* *	0	* *	0	* *
Unknown Counties	304	29.6 (44)	264	20.1 (46)	62	* *	0	* *	0	* *
<b>North Carolina</b>	<b>45,491</b>	<b>25.6</b>	<b>51,184</b>	<b>17.2</b>	<b>9,363</b>	<b>29.4</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>
<b>Nation (Prior Year)</b>	<b>712,987</b>	<b>32.6</b>	<b>592,858</b>	<b>17.9</b>	<b>156,004</b>	<b>40.8</b>	<b>368,918</b>	<b>25.6</b>	<b>460,583</b>	<b>26.4</b>

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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**Table 8B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)						
Alamance	719	8.8 (30)	7.6 (62)	709	15.0 (45)	603	2.5 (5)	717	56.1 (37)
Alexander	158	7.0 (10)	8.9 (79)	156	9.6 (4)	141	4.3 (53)	106	71.7 (15)
Alleghany	36	* *	* *	36	* *	31	* *	30	* *
Anson	202	11.9 (69)	2.5 (2)	196	18.9 (73)	159	3.1 (17)	199	37.7 (73)
Ashe	152	10.5 (57)	5.9 (26)	149	14.8 (42)	127	5.5 (65)	142	58.5 (30)
Avery	16	* *	* *	16	* *	13	* *	15	* *
Beaufort	329	12.2 (73)	5.8 (23)	318	18.2 (70)	260	4.2 (48)	329	51.4 (47)
Bertie	89	* *	* *	88	* *	68	* *	88	* *
Bladen	245	7.8 (15)	4.9 (9)	245	13.1 (27)	213	3.8 (34)	244	49.2 (53)
Brunswick	462	10.4 (56)	7.4 (58)	462	17.1 (63)	383	4.4 (56)	459	48.1 (54)
Buncombe	1,231	9.3 (39)	9.2 (81)	1,228	14.5 (39)	1,050	3.7 (33)	1,222	75.8 (10)
Burke	494	9.1 (36)	4.9 (9)	491	16.5 (56)	409	4.4 (56)	463	62.4 (22)
Cabarrus	999	9.6 (42)	6.4 (37)	984	13.0 (26)	856	4.2 (48)	998	62.4 (22)
Caldwell	508	8.9 (33)	6.1 (32)	506	10.7 (7)	452	6.2 (75)	504	55.0 (39)

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(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
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**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	<b>Birthweight</b>				<b>Preterm</b> (6)		<b>Full Term LBW</b> (7)		<b>Ever Breastfed</b>	
	Low (4)		High (5)		Number	%	Number	%	Number	%
	Number	% (Rank)	% (Rank)	(Rank)						
Camden	24	* * * *			24	* *	23	* *	21	* *
Carteret	307	6.8 (6)	8.8 (76)		298	13.8 (31)	257	2.7 (10)	294	54.4 (42)
Caswell	126	10.3 (53)	7.1 (53)		125	12.0 (13)	110	6.4 (77)	124	47.6 (55)
Catawba	832	8.2 (21)	9.6 (82)		824	12.3 (18)	723	3.3 (22)	826	52.4 (45)
Chatham	282	7.4 (11)	7.1 (53)		277	13.7 (30)	239	2.5 (5)	268	78.7 (7)
Cherokee	190	10.0 (46)	7.4 (58)		189	15.9 (53)	159	4.4 (56)	188	50.0 (49)
Chowan	109	11.9 (69)	7.3 (56)		104	17.3 (65)	86	* *	109	24.8 (80)
Clay	49	* * * *			49	* *	46	* *	47	* *
Cleveland	558	8.2 (21)	5.7 (20)		549	12.9 (24)	478	4.0 (38)	542	21.4 (81)
Columbus	328	11.9 (69)	6.4 (37)		319	21.3 (78)	251	4.0 (38)	328	46.3 (60)
Craven	726	8.0 (18)	8.0 (66)		699	12.0 (13)	615	3.4 (25)	721	57.8 (31)
Cumberland	2,871	9.1 (36)	8.0 (66)		2,843	15.5 (49)	2,401	4.2 (48)	2,855	63.2 (20)
Currituck	66	* * * *			66	* *	60	* *	60	* *
Dare	152	3.9 (1)	7.9 (64)		151	9.3 (2)	137	1.5 (2)	113	96.5 (2)

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**North Carolina**  
**Comparison of Infant Health Indicators by County**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	821	11.7 (66)	5.8 (23)	796	15.8 (52)	670	5.5 (65)	800	64.0 (18)
Davie	184	9.2 (38)	8.2 (69)	182	16.5 (56)	152	3.3 (22)	169	59.2 (28)
Duplin	535	10.1 (50)	5.2 (12)	527	16.7 (59)	439	3.6 (28)	511	61.4 (25)
Durham	1,569	11.0 (63)	6.6 (42)	1,546	18.8 (72)	1,255	5.8 (73)	1,521	59.4 (27)
Edgecombe	509	12.2 (73)	4.7 (6)	501	17.0 (62)	416	6.3 (76)	505	33.1 (78)
Forsyth	2,125	10.1 (50)	6.4 (37)	2,088	18.0 (69)	1,712	4.0 (38)	2,098	73.9 (13)
Franklin	330	9.4 (40)	7.3 (56)	329	16.7 (59)	274	4.7 (61)	323	46.4 (59)
Gaston	1,259	9.6 (42)	6.4 (37)	1,235	13.4 (28)	1,069	4.4 (56)	1,258	42.5 (68)
Gates	21	* * * *		21	* *	15	* *	21	* *
Graham	43	* * * *		42	* *	38	* *	12	* *
Granville	317	13.6 (80)	4.7 (6)	314	21.7 (79)	246	5.7 (71)	309	36.6 (75)
Greene	176	11.9 (69)	5.7 (20)	175	14.3 (36)	150	4.0 (38)	168	42.3 (69)
Guilford	2,475	10.0 (46)	6.3 (35)	2,433	14.1 (34)	2,090	3.9 (36)	2,470	64.4 (17)
Halifax	501	11.0 (63)	6.0 (30)	496	18.5 (71)	404	4.0 (38)	497	36.6 (75)

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**North Carolina**  
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Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Harnett	612	8.3 (25)	7.5 (60)	601	14.1 (34)	516	4.5 (60)	595	44.0 (65)
Haywood	281	8.9 (33)	7.8 (63)	280	12.9 (24)	244	5.3 (64)	223	47.5 (56)
Henderson	385	6.8 (6)	8.3 (71)	374	10.4 (6)	335	3.6 (28)	367	80.9 (6)
Hertford	203	10.3 (53)	5.9 (26)	204	20.6 (76)	162	4.3 (53)	200	45.5 (61)
Hoke	345	8.1 (20)	6.7 (45)	339	15.0 (45)	288	2.1 (3)	342	51.8 (46)
Hyde	33	* * * *	* * * *	33	* * * *	27	* * * *	32	* * * *
Iredell	848	8.8 (30)	6.7 (45)	843	12.7 (22)	736	4.2 (48)	836	55.5 (38)
Jackson	238	5.5 (3)	8.4 (73)	231	12.1 (15)	203	2.5 (5)	238	76.1 (9)
Johnston	903	7.9 (17)	6.5 (41)	900	13.8 (31)	776	3.6 (28)	887	43.7 (66)
Jones	16	* * * *	* * * *	13	* * * *	8	* * * *	16	* * * *
Lee	442	7.7 (14)	4.5 (5)	421	10.7 (7)	376	4.3 (53)	438	56.4 (35)
Lenoir	349	15.5 (83)	6.6 (42)	338	13.6 (29)	292	7.2 (79)	344	41.0 (71)
Lincoln	345	7.8 (15)	5.8 (23)	341	11.4 (10)	302	2.6 (9)	345	56.8 (33)
Macon	285	10.5 (57)	7.0 (51)	279	15.4 (47)	236	5.9 (74)	254	59.8 (26)

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Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Madison	175	7.4 (11)	8.0 (66)	173	8.7 (1)	158	2.5 (5)	172	84.9 (5)
Martin	72	* *	* *	71	* *	60	* *	49	* *
Mcdowell	174	13.8 (81)	4.0 (3)	174	17.2 (64)	144	5.6 (70)	174	40.2 (72)
Mecklenbur	3,064	9.4 (40)	5.4 (16)	3,016	12.2 (16)	2,649	3.6 (28)	2,849	54.9 (40)
Mitchell	62	* *	* *	60	* *	49	* *	60	* *
Montgomery	197	7.6 (13)	9.6 (82)	190	12.6 (19)	166	4.2 (48)	192	54.2 (43)
Moore	463	8.6 (28)	7.1 (53)	447	11.9 (12)	394	4.8 (62)	460	44.6 (63)
Nash	596	12.2 (73)	6.2 (34)	578	16.3 (55)	484	3.1 (17)	591	51.3 (48)
New Hanove	976	10.1 (50)	6.7 (45)	972	14.6 (41)	830	3.1 (17)	971	49.6 (51)
Northhampt	149	10.7 (60)	1.3 (1)	147	21.1 (77)	116	3.4 (25)	144	11.1 (83)
Onslow	1,621	8.2 (21)	8.8 (76)	1,602	12.2 (16)	1,407	3.9 (36)	1,616	62.6 (21)
Orange	385	6.8 (6)	8.3 (71)	374	15.5 (49)	316	2.8 (13)	360	63.9 (19)
Pamlico	50	* *	* *	48	* *	41	* *	49	* *
Pasquotank	281	5.3 (2)	5.3 (13)	276	11.2 (9)	245	2.4 (4)	266	15.8 (82)

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pender	249	10.0 (46)	6.0 (30)	248	14.5 (39)	212	3.3 (22)	232	53.0 (44)
Perquimans	60	* *	* *	58	* *	53	* *	59	* *
Person	207	10.6 (59)	8.7 (74)	203	19.2 (74)	164	5.5 (65)	205	42.0 (70)
Pitt	997	12.5 (77)	5.5 (18)	968	17.8 (68)	795	5.5 (65)	990	49.5 (52)
Polk	44	* *	* *	42	* *	39	* *	44	* *
Randolph	809	8.0 (18)	8.8 (76)	799	11.6 (11)	706	3.0 (14)	796	67.7 (16)
Richmond	458	8.5 (27)	6.3 (35)	440	12.7 (22)	384	3.4 (25)	454	49.8 (50)
Robeson	1,134	10.3 (53)	5.4 (16)	1,119	16.1 (54)	939	5.5 (65)	1,127	32.9 (79)
Rockingham	582	8.8 (30)	5.3 (13)	575	14.4 (37)	492	4.1 (45)	579	46.8 (58)
Rowan	869	8.6 (28)	6.1 (32)	852	14.4 (37)	729	3.0 (14)	863	56.3 (36)
Rutherford	79	* *	* *	76	* *	60	* *	78	* *
Sampson	506	9.7 (44)	7.5 (60)	495	13.9 (33)	426	4.0 (38)	494	34.2 (77)
Scotland	351	11.7 (66)	4.3 (4)	343	19.2 (74)	277	4.0 (38)	348	43.4 (67)
Stanly	294	6.5 (4)	6.8 (49)	292	10.3 (5)	262	3.1 (17)	276	77.5 (8)

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.





**Table 8B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Stokes	229	8.3 (25)	8.7 (74)	224	16.5 (56)	187	2.7 (10)	229	47.2 (57)
Surry	494	9.7 (44)	6.7 (45)	487	15.4 (47)	412	4.1 (45)	491	57.0 (32)
Swain	124	6.5 (4)	8.9 (79)	122	14.8 (42)	104	1.0 (1)	122	95.1 (3)
Transylvan	71	* *	* *	70	* *	60	* *	70	* *
Tyrrell	34	* *	* *	32	* *	28	* *	34	* *
Union	663	10.0 (46)	6.9 (50)	655	22.7 (80)	506	3.2 (21)	626	74.3 (12)
Vance	384	15.1 (82)	5.7 (20)	376	23.1 (82)	289	6.9 (78)	341	61.9 (24)
Wake	3,454	8.2 (21)	7.0 (51)	3,394	14.9 (44)	2,888	3.6 (28)	2,866	86.8 (4)
Warren	131	13.0 (79)	5.3 (13)	127	24.4 (83)	96	* *	129	37.2 (74)
Washington	118	12.7 (78)	5.9 (26)	118	22.9 (81)	91	* *	117	45.3 (62)
Watauga	118	6.8 (6)	5.9 (26)	117	9.4 (3)	106	3.8 (34)	113	75.2 (11)
Wayne Coun	508	8.9 (33)	7.9 (64)	499	12.6 (19)	436	3.0 (14)	507	56.6 (34)
Wilkes	408	11.3 (65)	5.6 (19)	407	17.4 (66)	336	5.7 (71)	404	54.7 (41)
Wilson Cou	644	10.7 (60)	4.7 (6)	640	15.6 (51)	540	5.0 (63)	639	44.6 (63)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>County</b>	<b>Birthweight</b>			<b>Preterm</b> (6)		<b>Full Term LBW</b> (7)		<b>Ever Breastfed</b>	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	229	10.9 (62)	6.6 (42)	228	17.5 (67)	188	2.7 (10)	228	73.2 (14)
Yancey	103	11.7 (66)	4.9 (9)	103	12.6 (19)	90	* *	102	98.0 (1)
Unknown Counties	268	12.3 (76)	8.2 (69)	262	16.8 (61)	218	4.1 (45)	258	58.9 (29)
<b>North Carolina</b>	<b>51,294</b>	<b>9.5</b>	<b>6.7</b>	<b>50,482</b>	<b>14.9</b>	<b>42,953</b>	<b>4.0</b>	<b>49,565</b>	<b>57.6</b>
<b>Nation (Prior Year)</b>	<b>681,087</b>	<b>8.2</b>	<b>7.2</b>	<b>618,497</b>	<b>12.5</b>	<b>557,817</b>	<b>3.9</b>	<b>698,846</b>	<b>57.3</b>

(1) Reporting period is January 1 through December 31.  
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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Alamance	2,776	40.0	25.4	33.2	0.2	1.0	0.1
Alexander	627	81.5	5.4	9.4	0.3	3.3	0.0
Alleghany	146	81.5	0.7	17.8	0.0	0.0	0.0
Anson	663	29.9	66.2	2.3	0.3	1.4	0.0
Ashe	487	92.6	0.4	6.8	0.2	0.0	0.0
Avery	272	85.3	0.0	14.7	0.0	0.0	0.0
Beaufort	1,079	38.2	44.3	17.1	0.0	0.3	0.1
Bertie	529	15.5	83.9	0.2	0.0	0.4	0.0
Bladen	864	40.6	42.7	13.9	2.4	0.2	0.1
Brunswick	1,629	66.6	20.7	11.4	0.6	0.6	0.1
Buncombe	3,844	70.4	12.9	15.0	0.3	1.3	0.1
Burke	1,516	67.7	6.9	14.9	0.3	10.1	0.1
Cabarrus	2,975	41.6	21.9	34.9	0.2	1.3	0.0
Caldwell	1,623	81.8	7.8	9.2	0.3	0.7	0.2
Camden	106	68.9	25.5	2.8	0.0	1.9	0.9
Carteret	921	78.4	11.9	7.3	1.3	1.1	0.0
Caswell	373	48.0	44.5	7.5	0.0	0.0	0.0
Catawba	2,687	57.9	12.2	21.3	0.3	8.1	0.2
Chatham	856	31.1	18.1	50.1	0.4	0.4	0.0
Cherokee	547	93.8	1.5	2.4	1.3	0.7	0.4

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Chowan	319	36.4	58.9	4.7	0.0	0.0	0.0
Clay	148	95.3	1.4	3.4	0.0	0.0	0.0
Cleveland	2,053	59.1	35.7	4.4	0.0	0.5	0.2
Columbus	1,450	44.8	43.0	8.3	3.5	0.1	0.1
Craven	2,661	54.6	34.2	8.8	0.6	1.7	0.2
Cumberland	9,386	41.2	42.1	12.0	2.1	2.5	0.1
Currituck	206	82.5	10.7	6.3	0.5	0.0	0.0
Dare	513	72.1	2.5	24.6	0.0	0.8	0.0
Davidson	2,768	65.9	14.6	17.1	0.3	2.0	0.1
Davie	568	67.4	8.8	22.9	0.5	0.2	0.2
Duplin	1,512	31.9	28.4	39.4	0.3	0.0	0.0
Durham	4,980	9.5	54.2	34.1	0.1	1.9	0.1
Edgecombe	1,564	22.8	72.0	4.9	0.1	0.1	0.0
Forsyth	6,686	23.2	38.8	37.1	0.1	0.7	0.0
Franklin	913	39.2	40.6	19.5	0.3	0.1	0.2
Gaston	3,943	60.9	23.8	14.0	0.1	1.3	0.1
Gates	92	*	*	*	*	*	*
Graham	221	83.3	0.0	4.1	12.2	0.0	0.5
Granville	983	42.0	44.5	12.8	0.4	0.2	0.1
Greene	549	23.9	50.8	25.1	0.0	0.2	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Guilford	8,070	24.2	54.5	16.5	0.7	4.1	0.1
Halifax	1,578	20.9	69.3	2.5	7.0	0.3	0.1
Harnett	2,210	47.6	31.0	18.8	1.8	0.5	0.2
Haywood	916	90.2	1.7	7.0	0.7	0.4	0.0
Henderson	1,547	59.3	3.7	35.1	0.5	1.4	0.0
Hertford	654	15.7	82.3	1.4	0.2	0.5	0.0
Hoke	1,247	26.9	36.8	19.6	15.7	0.8	0.1
Hyde	114	50.0	33.3	16.7	0.0	0.0	0.0
Iredell	2,437	55.2	25.6	16.2	0.1	2.7	0.1
Jackson	728	65.2	3.6	10.2	20.3	0.7	0.0
Johnston	2,928	43.4	23.5	31.9	0.6	0.4	0.1
Jones	231	47.6	43.7	8.7	0.0	0.0	0.0
Lee	1,375	32.9	27.0	38.8	0.6	0.7	0.1
Lenoir	1,438	29.9	59.5	10.4	0.0	0.3	0.0
Lincoln	1,233	75.5	10.0	13.6	0.3	0.6	0.0
Macon	879	82.9	4.0	11.7	0.3	1.0	0.0
Madison	641	83.3	1.1	13.4	1.4	0.5	0.3
Martin	429	95.3	0.5	3.7	0.5	0.0	0.0
Mcdowell	612	27.1	65.0	7.4	0.0	0.5	0.0
Mecklenbur	11,389	15.2	53.2	28.1	0.3	2.9	0.2

(1) Reporting period is January 1 through December 31.

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**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Mitchell	272	90.8	0.4	8.8	0.0	0.0	0.0
Montgomery	726	37.5	23.0	37.2	0.1	2.1	0.1
Moore	1,440	51.1	29.9	16.7	1.4	0.8	0.1
Nash	1,989	32.0	51.8	15.2	0.6	0.3	0.2
New Hanove	2,905	47.1	37.2	14.0	0.4	0.9	0.4
Northhampt	518	17.0	79.0	3.7	0.4	0.0	0.0
Onslow	5,966	65.6	19.4	11.2	0.9	2.5	0.4
Orange	1,134	34.8	28.3	34.2	0.6	1.6	0.4
Pamlico	242	67.4	23.1	8.3	0.4	0.8	0.0
Pasquotank	889	36.4	54.9	7.6	0.0	1.0	0.0
Pender	844	52.3	30.6	16.6	0.0	0.4	0.2
Perquimans	198	50.0	45.5	4.5	0.0	0.0	0.0
Person	712	48.5	41.3	9.6	0.7	0.0	0.0
Pitt	3,213	25.6	62.8	10.6	0.2	0.8	0.0
Polk	235	74.0	7.7	18.3	0.0	0.0	0.0
Randolph	2,704	64.0	7.7	26.8	0.2	1.1	0.1
Richmond	1,377	46.4	39.9	10.4	2.5	0.9	0.0
Robeson	4,029	17.3	26.3	11.4	44.7	0.3	0.1
Rockingham	1,842	63.5	23.7	12.1	0.4	0.2	0.1
Rowan	2,693	52.1	24.4	21.7	0.3	1.6	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> <sup>(2)</sup>							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Rutherford	1,143	75.3	16.0	7.3	0.1	1.1	0.1
Sampson	1,696	31.0	32.1	34.7	2.1	0.1	0.1
Scotland	1,129	32.9	51.5	1.2	14.3	0.2	0.0
Stanly	1,098	65.3	20.6	9.9	0.0	4.1	0.1
Stokes	747	90.1	5.0	4.0	0.3	0.7	0.0
Surry	1,500	67.6	5.3	25.7	0.3	1.0	0.1
Swain	437	55.4	0.9	2.3	40.7	0.7	0.0
Transylvan	494	88.9	5.5	4.5	0.6	0.6	0.0
Tyrrell	114	38.6	28.9	29.8	0.9	1.8	0.0
Union	2,552	40.6	25.3	33.0	0.4	0.6	0.0
Vance	1,404	25.2	62.7	11.3	0.4	0.4	0.1
Wake	10,545	20.5	42.0	34.5	0.3	2.4	0.2
Warren	470	20.0	68.9	7.4	3.4	0.2	0.0
Washington	363	26.2	68.9	4.7	0.0	0.3	0.0
Watauga	579	91.9	1.7	5.0	0.5	0.7	0.2
Wayne Coun	2,897	35.9	42.7	19.8	0.4	1.0	0.2
Wilkes	1,328	80.6	5.5	13.3	0.1	0.5	0.1
Wilson Cou	2,049	21.8	53.4	23.8	0.0	0.8	0.0
Yadkin	688	65.3	4.7	29.8	0.3	0.0	0.0
Yancey	327	89.9	1.2	8.3	0.3	0.3	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 3B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Racial and Ethnic Distribution by County**  
**Combined 3 Years**

<b>Comparison of Racial and Ethnic Distribution</b> (2)							
<b>County</b>	<b>Number Included in Analysis</b>	<b>White, Not Hispanic %</b>	<b>Black, Not Hispanic %</b>	<b>Hispanic %</b>	<b>American Indian/Alaskan Native %</b>	<b>Asian/Pacific Islander %</b>	<b>All Other/Unknown %</b>
Unknown Counties	793	43.4	27.0	24.7	3.8	0.9	0.3
<b>North Carolina</b>	<b>172,972</b>	<b>42.4</b>	<b>34.1</b>	<b>19.7</b>	<b>2.1</b>	<b>1.6</b>	<b>0.1</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Alamance	2,776	0.7	8.6	15.6	58.1	16.4	0.6	0.0
Alexander	627	0.0	10.0	14.2	60.0	15.0	0.8	0.0
Alleghany	146	1.4	2.1	15.1	67.1	13.0	1.4	0.0
Anson	663	0.5	8.7	14.0	60.0	16.3	0.5	0.0
Ashe	487	0.8	6.2	13.1	63.9	15.6	0.4	0.0
Avery	272	0.4	4.8	15.4	61.8	17.3	0.4	0.0
Beaufort	1,079	0.8	8.1	15.7	56.5	17.4	1.5	0.0
Bertie	529	1.1	9.5	13.4	60.7	14.6	0.8	0.0
Bladen	864	0.6	9.1	14.0	59.5	16.1	0.7	0.0
Brunswick	1,629	0.5	7.7	16.3	59.0	15.6	0.9	0.0
Buncombe	3,844	0.6	8.0	14.3	58.7	16.8	1.6	0.0
Burke	1,516	0.5	10.2	16.0	57.3	15.2	0.8	0.0
Cabarrus	2,975	0.5	7.3	13.3	62.1	16.3	0.5	0.0
Caldwell	1,623	0.7	9.7	15.7	60.2	13.7	0.1	0.0
Camden	106	0.0	7.5	16.0	57.5	17.9	0.9	0.0
Carteret	921	0.0	6.4	14.9	62.2	15.6	0.9	0.0
Caswell	373	1.1	9.4	13.1	57.4	17.4	1.6	0.0
Catawba	2,687	0.5	8.5	15.9	59.5	14.8	0.9	0.0
Chatham	856	0.2	7.0	13.9	59.3	18.2	1.3	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Cherokee	547	0.0	6.9	16.5	59.4	16.1	1.1	0.0
Chowan	319	0.9	9.7	13.8	58.3	16.3	0.9	0.0
Clay	148	0.7	6.1	12.8	61.5	16.9	2.0	0.0
Cleveland	2,053	0.6	12.1	17.1	58.3	11.3	0.6	0.0
Columbus	1,450	0.8	9.4	15.7	58.9	14.0	1.2	0.0
Craven	2,661	0.3	6.4	15.1	66.7	11.0	0.5	0.0
Cumberland	9,386	0.5	5.3	13.3	67.5	12.7	0.7	0.0
Currituck	206	0.0	5.3	14.6	63.1	16.5	0.5	0.0
Dare	513	0.0	5.1	11.5	65.9	16.4	1.2	0.0
Davidson	2,768	0.8	9.3	16.8	57.0	15.5	0.6	0.0
Davie	568	0.4	6.0	15.3	60.6	17.3	0.5	0.0
Duplin	1,512	0.9	7.3	13.4	58.8	18.5	1.1	0.0
Durham	4,980	0.6	7.3	11.4	59.6	20.0	1.0	0.0
Edgecombe	1,564	1.2	10.5	15.5	57.1	14.5	1.2	0.0
Forsyth	6,686	0.6	8.5	12.8	61.0	16.2	1.0	0.0
Franklin	913	1.1	8.9	15.3	55.9	18.5	0.3	0.0
Gaston	3,943	0.7	8.8	15.2	59.5	14.9	0.8	0.0
Gates	92	*	*	*	*	*	*	*
Graham	221	0.5	8.1	13.1	60.6	16.3	1.4	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Granville	983	1.0	7.6	15.1	57.3	18.6	0.4	0.0
Greene	549	0.7	11.5	13.5	58.5	15.1	0.7	0.0
Guilford	8,070	0.4	7.2	12.0	59.8	19.4	1.2	0.0
Halifax	1,578	0.8	10.1	14.6	59.8	14.0	0.8	0.0
Harnett	2,210	1.0	9.5	12.9	59.2	16.8	0.6	0.0
Haywood	916	0.0	9.7	15.8	58.4	15.2	0.9	0.0
Henderson	1,547	0.5	8.3	12.8	59.5	18.0	0.9	0.0
Hertford	654	0.8	12.8	17.3	56.4	12.1	0.6	0.0
Hoke	1,247	1.4	8.3	12.8	61.3	15.2	1.1	0.0
Hyde	114	0.0	10.5	13.2	47.4	28.1	0.9	0.0
Iredell	2,437	0.7	9.2	14.7	60.3	14.3	0.9	0.0
Jackson	728	1.0	7.1	13.5	62.4	14.4	1.6	0.0
Johnston	2,928	0.5	7.9	12.2	60.4	18.0	0.9	0.0
Jones	231	0.9	8.7	18.2	56.3	15.2	0.9	0.0
Lee	1,375	0.4	8.6	14.2	58.4	17.6	0.8	0.0
Lenoir	1,438	0.8	10.1	16.3	59.2	12.6	1.0	0.0
Lincoln	1,233	0.4	8.2	16.8	59.7	14.8	0.2	0.0
Macon	879	0.3	8.6	15.1	59.5	15.2	1.1	0.0
Madison	641	0.0	8.0	17.0	57.3	16.8	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Martin	429	0.7	6.5	13.3	63.2	15.6	0.7	0.0
Mcdowell	612	1.3	8.0	17.2	58.0	15.4	0.2	0.0
Mecklenbur	11,389	0.6	7.6	11.7	59.7	19.1	1.3	0.0
Mitchell	272	0.4	7.0	11.4	59.6	19.9	1.8	0.0
Montgomery	726	0.8	7.4	13.8	60.6	16.8	0.6	0.0
Moore	1,440	0.3	8.4	15.3	59.7	15.3	1.0	0.0
Nash	1,989	1.0	8.8	14.9	58.7	15.4	1.2	0.0
New Hanove	2,905	0.4	6.8	13.8	61.4	16.9	0.7	0.0
Northhampt	518	1.5	9.5	18.0	53.9	14.7	2.5	0.0
Onslow	5,966	0.2	3.4	15.3	71.3	9.3	0.6	0.0
Orange	1,134	0.0	5.2	11.9	60.2	21.4	1.2	0.0
Pamlico	242	0.4	7.9	16.9	59.1	15.7	0.0	0.0
Pasquotank	889	1.0	8.1	15.4	63.8	10.8	0.9	0.0
Pender	844	0.6	7.1	12.8	60.8	17.3	1.4	0.0
Perquimans	198	0.5	9.6	16.7	57.6	14.1	1.5	0.0
Person	712	0.1	8.4	14.3	63.1	13.1	1.0	0.0
Pitt	3,213	1.0	7.7	13.1	62.4	14.9	0.7	0.0
Polk	235	0.0	6.4	12.8	61.7	18.7	0.4	0.0
Randolph	2,704	0.5	9.0	14.8	58.2	16.9	0.6	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

County	Number Included in Analysis	< 15 Years %	15 - 17 Years %	18 - 19 Years %	20 - 29 Years %	30 - 39 Years %	>= 40 Years %	Unknown %
Richmond	1,377	0.9	10.5	14.9	59.5	13.5	0.7	0.0
Robeson	4,029	0.6	9.7	14.7	60.8	13.4	0.9	0.0
Rockingham	1,842	0.8	9.8	15.9	58.0	14.9	0.7	0.0
Rowan	2,693	0.5	10.3	16.1	58.2	14.0	0.9	0.0
Rutherford	1,143	0.9	9.6	16.7	58.8	13.0	1.0	0.0
Sampson	1,696	0.8	7.5	13.4	61.7	15.9	0.6	0.0
Scotland	1,129	1.4	11.9	16.4	58.3	11.8	0.3	0.0
Stanly	1,098	0.5	8.7	16.3	59.1	14.7	0.7	0.0
Stokes	747	1.1	8.2	17.4	57.7	14.9	0.8	0.0
Surry	1,500	0.5	7.1	13.1	60.1	18.5	0.7	0.0
Swain	437	0.5	8.7	16.9	60.4	13.0	0.5	0.0
Transylvan	494	0.0	9.9	11.7	63.4	14.0	1.0	0.0
Tyrrell	114	0.0	7.0	15.8	51.8	24.6	0.9	0.0
Union	2,552	0.8	8.1	13.0	60.5	16.7	1.0	0.0
Vance	1,404	1.1	11.8	13.4	59.0	13.4	1.4	0.0
Wake	10,545	0.5	5.9	11.4	60.4	20.7	1.1	0.0
Warren	470	0.9	10.0	15.7	55.5	16.0	1.9	0.0
Washington	363	1.1	11.6	15.2	55.6	15.4	1.1	0.0
Watauga	579	0.2	5.7	12.1	64.2	16.9	0.9	0.0

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 4B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Age Distribution by County**  
**Combined 3 Years**

**Comparison of Age Distribution** <sup>(2)</sup>

<b>County</b>	<b>Number Included in Analysis</b>	<b>&lt; 15 Years %</b>	<b>15 - 17 Years %</b>	<b>18 - 19 Years %</b>	<b>20 - 29 Years %</b>	<b>30 - 39 Years %</b>	<b>&gt;= 40 Years %</b>	<b>Unknown %</b>
Wayne Coun	2,897	0.4	7.9	15.8	60.9	14.0	1.0	0.0
Wilkes	1,328	0.2	7.8	16.3	61.4	13.5	0.8	0.0
Wilson Cou	2,049	0.9	9.7	15.1	58.5	15.0	0.8	0.0
Yadkin	688	0.3	9.7	13.5	61.2	14.7	0.6	0.0
Yancey	327	0.0	5.5	12.8	61.5	19.9	0.3	0.0
Unknown Counties	793	0.8	9.3	15.0	56.9	16.8	1.3	0.0
<b>North Carolina</b>	<b>172,972</b>	<b>0.6</b>	<b>7.9</b>	<b>14.0</b>	<b>60.6</b>	<b>15.9</b>	<b>0.9</b>	<b>0.0</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes data with errors.

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**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Alamance	1,500	13.3 (64)	43.2 (23)	612	19.1 (3)	43.8 (75)	368	37.5 (38)	1,701	32.5 (59)	
Alexander	549	13.1 (62)	44.1 (30)	304	28.3 (65)	42.8 (67)	96	* *	319	37.3 (65)	
Alleghany	135	8.1 (4)	60.7 (95)	116	25.0 (34)	35.3 (9)	17	* *	54	* *	
Anson	552	8.3 (6)	54.7 (85)	510	26.5 (43)	42.4 (61)	86	* *	114	28.9 (47)	
Ashe	405	13.6 (71)	47.2 (52)	370	25.7 (40)	42.7 (66)	56	* *	174	11.5 (6)	
Avery	238	13.4 (66)	42.4 (16)	22	* *	* *	24	* *	36	* *	
Beaufort	791	9.2 (11)	58.4 (92)	513	27.7 (59)	37.2 (23)	107	34.6 (32)	788	31.6 (55)	
Bertie	466	6.2 (1)	64.8 (96)	300	40.3 (90)	36.3 (21)	56	* *	261	62.5 (88)	
Bladen	742	9.3 (12)	49.2 (62)	597	30.7 (80)	39.0 (34)	71	* *	197	47.7 (82)	
Brunswick	1,221	8.4 (7)	68.8 (98)	711	15.0 (1)	55.3 (92)	64	* *	645	13.3 (8)	
Buncombe	3,156	15.4 (89)	41.0 (11)	2,645	23.7 (25)	39.9 (40)	429	26.3 (13)	1,252	20.3 (20)	
Burke	1,077	14.8 (83)	41.2 (13)	952	27.4 (54)	38.4 (29)	183	25.1 (12)	404	30.7 (53)	
Cabarrus	2,291	13.4 (66)	43.1 (20)	1,826	27.3 (51)	41.7 (55)	333	34.2 (31)	794	21.5 (25)	
Caldwell	1,398	15.2 (87)	45.9 (41)	1,269	22.5 (18)	46.8 (88)	143	21.7 (5)	401	23.2 (30)	

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>												
<b>County</b>	<b>Prepregnancy BMI</b> (4)				<b>Weight Gain</b> (5)				<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>		<b>&lt; Ideal</b>		<b>&gt; Ideal</b>		<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Camden	85	* *	* *	* *	62	* *	* *	* *	10	* *	75	* *
Carteret	671	11.6 (42)	46.2 (45)		488	19.5 (4)	43.2 (69)		149	26.8 (15)	345	24.1 (34)
Caswell	310	11.6 (42)	49.7 (64)		258	29.1 (73)	34.5 (6)		49	* *	114	26.3 (41)
Catawba	2,230	12.6 (54)	42.8 (18)		1,835	27.7 (59)	37.4 (24)		463	24.0 (11)	1,573	26.7 (43)
Chatham	720	9.0 (10)	53.5 (81)		545	27.3 (51)	40.0 (41)		42	* *	474	20.3 (20)
Cherokee	435	12.9 (58)	45.5 (38)		400	25.3 (38)	42.5 (63)		70	* *	158	10.8 (5)
Chowan	272	10.7 (32)	58.5 (93)		222	30.2 (78)	36.0 (15)		45	* *	246	41.5 (75)
Clay	131	13.0 (60)	46.6 (50)		114	20.2 (6)	48.2 (90)		17	* *	58	* *
Cleveland	1,699	14.9 (84)	43.7 (27)		244	27.5 (55)	42.2 (58)		280	35.0 (34)	1,495	24.7 (37)
Columbus	1,069	9.4 (14)	65.9 (97)		683	28.8 (67)	41.9 (56)		115	38.3 (40)	202	30.2 (51)
Craven	1,354	18.8 (95)	45.1 (34)		789	23.2 (23)	44.0 (76)		34	* *	1,681	29.4 (48)
Cumberland	6,984	11.7 (46)	43.0 (19)		5,561	20.4 (8)	44.1 (77)		1,793	40.0 (46)	2,800	37.9 (66)
Currituck	155	12.9 (58)	49.0 (61)		32	* *	* *		25	* *	166	21.7 (26)
Dare	386	15.3 (88)	30.8 (2)		248	20.6 (10)	40.7 (45)		61	* *	223	19.3 (17)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.





**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

Comparison of Maternal Health Indicators <sup>(2, 3)</sup>										
County	Prepregnancy BMI <sup>(4)</sup>			Weight Gain <sup>(5)</sup>			Anemia (Low Hb/Hct) <sup>(6)</sup>			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	% (Rank)	% (Rank)	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	2,003	17.1 (94)	40.4 (9)	1,577	24.5 (30)	43.2 (69)	322	29.5 (21)	1,202	18.6 (16)
Davie	463	13.4 (66)	48.4 (59)	400	25.0 (34)	40.8 (46)	104	31.7 (25)	295	21.4 (24)
Duplin	1,179	11.1 (36)	47.6 (57)	765	27.7 (59)	35.7 (13)	135	33.3 (29)	425	38.8 (69)
Durham	3,498	10.9 (35)	46.3 (46)	2,799	30.6 (79)	33.4 (4)	145	37.9 (39)	264	28.4 (44)
Edgecombe	794	68.9 (98)	18.9 (1)	552	46.0 (92)	23.0 (1)	149	53.0 (51)	711	32.5 (59)
Forsyth	4,574	11.9 (50)	45.7 (39)	3,334	27.2 (50)	38.3 (28)	1,238	39.6 (45)	2,980	43.7 (78)
Franklin	766	10.6 (30)	47.4 (55)	648	29.3 (75)	36.0 (15)	126	31.7 (25)	207	16.9 (14)
Gaston	3,076	13.2 (63)	46.0 (43)	2,660	27.0 (47)	41.9 (56)	709	23.3 (8)	2,798	40.8 (73)
Gates	81	* *	* *	57	* *	* *	14	* *	43	* *
Graham	185	13.5 (69)	39.5 (6)	146	20.5 (9)	41.1 (50)	14	* *	57	* *
Granville	807	10.3 (25)	53.0 (80)	733	40.4 (91)	32.3 (3)	69	* *	169	33.7 (63)
Greene	456	9.6 (16)	51.5 (76)	395	31.6 (83)	35.4 (10)	85	* *	192	29.7 (49)
Guilford	5,891	11.8 (47)	47.5 (56)	4,292	23.1 (22)	43.6 (73)	965	33.6 (30)	3,060	24.5 (36)
Halifax	1,286	10.2 (23)	54.7 (85)	1,133	28.5 (66)	40.3 (42)	113	51.3 (50)	605	50.2 (83)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(6) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Harnett	1,847	11.6 (42)	47.3 (54)	1,346	26.9 (46)	41.2 (51)	395	39.2 (43)	1,044	33.1 (61)
Haywood	735	14.3 (77)	40.3 (8)	651	23.5 (24)	43.5 (71)	99	* *	582	14.6 (10)
Henderson	1,055	10.8 (33)	43.5 (26)	556	24.5 (30)	39.6 (39)	211	30.8 (22)	639	23.5 (33)
Hertford	548	9.9 (20)	56.6 (91)	484	25.2 (37)	41.3 (52)	64	* *	212	81.1 (89)
Hoke	996	9.3 (12)	51.3 (75)	663	22.6 (19)	41.5 (54)	208	37.0 (37)	412	37.9 (66)
Hyde	90	* *	* *	75	* *	* *	19	* *	52	* *
Iredell	2,015	11.4 (39)	46.5 (49)	1,757	22.1 (15)	42.6 (64)	510	23.7 (10)	1,988	11.5 (6)
Jackson	596	11.6 (42)	45.8 (40)	506	20.2 (6)	45.7 (82)	62	* *	393	14.5 (9)
Johnston	1,003	9.9 (20)	50.8 (68)	595	28.9 (69)	35.1 (8)	367	31.9 (28)	1,488	42.1 (76)
Jones	215	7.0 (2)	55.8 (89)	35	* *	* *	25	* *	33	* *
Lee	1,051	8.8 (8)	48.8 (60)	839	29.8 (76)	37.8 (27)	191	53.9 (52)	486	35.2 (64)
Lenoir	1,221	11.8 (47)	49.8 (65)	748	30.1 (77)	40.8 (46)	253	39.5 (44)	650	31.7 (56)
Lincoln	1,006	15.1 (86)	45.9 (41)	659	22.9 (21)	44.2 (78)	155	21.9 (7)	520	6.5 (1)
Macon	639	13.5 (69)	43.8 (28)	436	35.8 (89)	30.3 (2)	88	* *	293	25.3 (39)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

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**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Madison	537	13.0 (60)	43.2 (23)	391	24.3 (28)	40.9 (49)	70	* *	427	10.5 (4)	
Martin	374	16.0 (92)	42.0 (14)	295	27.1 (49)	42.4 (61)	47	* *	144	26.4 (42)	
Mcdowell	494	10.3 (25)	59.1 (94)	435	31.5 (82)	37.5 (25)	77	* *	151	52.3 (85)	
Mecklenbur	6,966	11.3 (38)	45.3 (37)	4,777	22.7 (20)	44.5 (80)	1,374	31.0 (23)	2,541	23.0 (29)	
Mitchell	212	12.3 (51)	47.2 (52)	135	22.2 (16)	38.5 (30)	24	* *	120	10.0 (2)	
Montgomery	511	11.4 (39)	46.4 (47)	331	26.6 (44)	41.4 (53)	106	23.6 (9)	151	31.1 (54)	
Moore	1,111	10.3 (25)	50.2 (66)	886	25.1 (36)	45.9 (83)	195	31.8 (27)	461	55.5 (86)	
Nash	1,566	14.6 (82)	46.8 (51)	1,161	28.2 (64)	38.6 (32)	120	38.3 (40)	465	41.3 (74)	
New Hanove	2,077	12.3 (51)	45.2 (36)	1,840	23.8 (26)	43.5 (71)	246	31.3 (24)	793	19.4 (18)	
Northhampt	431	8.1 (4)	56.4 (90)	297	26.3 (42)	46.5 (85)	71	* *	186	46.2 (80)	
Onslow	4,843	20.0 (96)	35.1 (5)	3,821	21.0 (11)	42.3 (60)	892	18.0 (1)	3,990	15.0 (12)	
Orange	767	9.8 (19)	51.1 (72)	550	22.0 (14)	46.7 (87)	75	* *	484	25.0 (38)	
Pamlico	203	10.8 (33)	47.8 (58)	135	22.2 (16)	42.2 (58)	9	* *	53	* *	
Pasquotank	710	9.7 (18)	50.6 (67)	544	29.0 (70)	37.5 (25)	128	28.1 (17)	689	52.1 (84)	

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(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

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**North Carolina**  
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**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)				<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>		<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Pender	665	14.3 (77)	49.2 (62)	586	26.8 (45)	40.3 (42)	148	28.4 (18)	197	24.4 (35)	
Perquimans	156	9.6 (16)	51.9 (79)	31	*	*	24	*	131	42.7 (77)	
Person	603	12.6 (54)	51.2 (73)	474	25.3 (38)	40.5 (44)	95	*	239	29.7 (49)	
Pitt	2,554	10.6 (30)	54.8 (87)	2,077	27.0 (47)	39.0 (34)	466	43.8 (47)	643	40.6 (72)	
Polk	175	14.3 (77)	41.1 (12)	129	31.8 (84)	35.7 (13)	19	*	106	25.5 (40)	
Randolph	1,807	11.1 (36)	51.2 (73)	1,339	19.9 (5)	48.2 (90)	199	19.1 (2)	1,569	16.4 (13)	
Richmond	1,043	15.5 (90)	44.2 (31)	918	25.8 (41)	43.1 (68)	201	48.8 (49)	402	44.0 (79)	
Robeson	3,094	13.6 (71)	46.4 (47)	2,020	32.4 (85)	35.4 (10)	730	19.9 (4)	889	38.8 (69)	
Rockingham	940	14.5 (81)	45.1 (34)	340	27.9 (62)	42.6 (64)	265	29.1 (20)	478	14.6 (10)	
Rowan	2,195	14.4 (80)	43.1 (20)	1,958	27.5 (55)	40.8 (46)	450	28.4 (18)	1,184	21.8 (27)	
Rutherford	899	30.5 (97)	39.7 (7)	316	35.4 (88)	36.1 (19)	80	*	293	30.4 (52)	
Sampson	1,259	7.2 (3)	54.0 (82)	919	24.6 (33)	44.7 (81)	246	36.6 (36)	628	28.7 (45)	
Scotland	961	12.5 (53)	50.8 (68)	822	28.1 (63)	39.4 (37)	106	26.4 (14)	180	38.9 (71)	
Stanly	887	13.6 (71)	43.1 (20)	734	29.0 (70)	36.0 (15)	99	*	414	46.4 (81)	

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

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(5) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

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**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>											
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)				
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>		
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	
Stokes	544	15.8 (91)	42.5 (17)	416	19.0 (2)	46.6 (86)	69	* *	213	38.5 (68)	
Surry	821	13.6 (71)	42.0 (14)	486	21.6 (13)	47.1 (89)	199	19.1 (2)	528	28.8 (46)	
Swain	329	12.8 (56)	50.8 (68)	268	24.3 (28)	43.7 (74)	22	* *	168	19.6 (19)	
Transylvan	413	16.7 (93)	40.9 (10)	117	29.1 (73)	39.3 (36)	61	* *	72	* *	
Tyrrell	102	11.8 (47)	51.0 (71)	75	* *	* *	9	* *	34	* *	
Union	1,787	12.8 (56)	43.8 (28)	1,336	27.5 (55)	36.0 (15)	424	35.6 (35)	1,153	21.1 (23)	
Vance	557	9.5 (15)	54.6 (83)	37	* *	* *	159	44.7 (48)	273	61.9 (87)	
Wake	6,568	10.4 (28)	46.0 (43)	4,953	29.0 (70)	36.1 (19)	1,460	27.2 (16)	3,472	18.3 (15)	
Warren	414	10.4 (28)	54.6 (83)	373	31.1 (81)	33.5 (5)	56	* *	106	32.1 (57)	
Washington	318	8.8 (8)	55.3 (88)	278	34.9 (87)	36.3 (21)	37	* *	84	* *	
Watauga	513	13.3 (64)	34.9 (4)	375	24.5 (30)	46.1 (84)	67	* *	271	10.3 (3)	
Wayne Coun	2,215	14.9 (84)	44.7 (32)	1,313	27.3 (51)	39.4 (37)	289	39.1 (42)	1,188	32.2 (58)	
Wilkes	1,174	14.1 (76)	51.7 (78)	1,018	24.1 (27)	44.4 (79)	248	21.8 (6)	486	23.3 (32)	
Wilson Cou	1,708	10.2 (23)	51.5 (76)	1,137	33.8 (86)	35.5 (12)	326	34.7 (33)	756	22.5 (28)	

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**Table 5B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	<b>Prepregnancy BMI</b> (4)			<b>Weight Gain</b> (5)			<b>Anemia</b> (Low Hb/Hct) (6)			
	<b>Under-weight</b>		<b>Over-weight</b>	<b>&lt; Ideal</b>		<b>&gt; Ideal</b>	<b>3rd Trimester</b>		<b>Postpartum</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Yadkin	557	11.5 (41)	43.4 (25)	392	21.2 (12)	38.5 (30)	99	* *	310	21.0 (22)
Yancey	269	10.0 (22)	32.3 (3)	215	28.8 (67)	34.9 (7)	28	* *	151	23.2 (30)
Unknown Counties	650	13.7 (75)	44.8 (33)	457	27.6 (58)	38.7 (33)	83	* *	329	33.1 (61)
<b>North Carolina</b>	<b>126,077</b>	<b>12.9</b>	<b>46.3</b>	<b>92,576</b>	<b>25.9</b>	<b>40.7</b>	<b>22,219</b>	<b>32.0</b>	<b>66,152</b>	<b>28.2</b>

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**Table 6B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Alamance	2,271	74.5 (74)	0.7 (41)	2,739	32.7 (57)
Alexander	465	76.8 (63)	0.6 (30)	622	34.9 (49)
Alleghany	136	86.8 (17)	0.7 (41)	146	47.3 (13)
Anson	634	78.7 (52)	0.8 (49)	651	41.2 (26)
Ashe	468	86.5 (19)	0.6 (30)	483	45.1 (20)
Avery	120	90.0 (6)	0.8 (49)	271	46.1 (16)
Beaufort	1,009	75.5 (70)	1.1 (74)	1,054	47.6 (10)
Bertie	418	82.5 (36)	1.4 (91)	524	41.2 (26)
Bladen	766	69.3 (89)	1.0 (65)	859	40.7 (29)
Brunswick	1,421	76.0 (67)	0.6 (30)	1,622	37.9 (37)
Buncombe	3,618	89.9 (7)	0.4 (19)	3,831	39.7 (32)
Burke	1,450	71.9 (82)	1.0 (65)	1,499	23.8 (87)
Cabarrus	2,865	72.5 (80)	0.6 (30)	2,928	27.5 (77)
Caldwell	1,560	91.7 (3)	0.5 (24)	1,608	47.6 (10)
Camden	96	* *	* *	106	37.7 (38)
Carteret	815	87.7 (15)	0.2 (6)	904	28.1 (75)

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<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
Caswell	350	79.4 (50)	0.9 (55)	370	45.1 (20)
Catawba	2,437	73.2 (77)	0.6 (30)	2,666	26.9 (80)
Chatham	756	75.8 (69)	0.3 (11)	843	30.4 (65)
Cherokee	531	89.3 (10)	0.4 (19)	544	40.6 (30)
Chowan	300	82.3 (38)	0.3 (11)	313	35.1 (48)
Clay	142	87.3 (16)	0.0 (1)	147	50.3 (7)
Cleveland	1,712	75.1 (72)	1.3 (85)	2,028	38.0 (36)
Columbus	1,131	64.9 (96)	1.3 (85)	1,426	32.7 (57)
Craven	2,260	78.9 (51)	0.2 (6)	2,623	32.4 (61)
Cumberland	8,911	84.2 (30)	0.7 (41)	9,283	22.1 (89)
Currituck	193	81.3 (42)	0.0 (1)	204	45.6 (19)
Dare	468	86.5 (19)	0.4 (19)	510	25.1 (83)
Davidson	2,565	76.0 (67)	0.7 (41)	2,729	27.0 (79)
Davie	539	84.6 (28)	1.1 (74)	562	31.5 (62)
Duplin	1,467	78.4 (53)	0.7 (41)	1,492	29.6 (69)
Durham	4,629	85.6 (23)	0.9 (55)	4,934	15.8 (99)

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<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Edgecombe	1,489	65.9 (95)	1.3 (85)	1,541	31.3 (63)
Forsyth	6,358	83.0 (35)	1.0 (65)	6,613	17.3 (97)
Franklin	855	84.1 (31)	0.5 (24)	900	27.4 (78)
Gaston	3,741	68.7 (91)	1.0 (65)	3,874	16.5 (98)
Gates	82	* *	* *	92	* *
Graham	188	87.8 (13)	0.5 (24)	220	52.3 (1)
Granville	946	81.6 (41)	0.8 (49)	977	33.7 (52)
Greene	528	85.4 (24)	1.1 (74)	544	39.0 (33)
Guilford	7,334	77.3 (61)	1.1 (74)	7,978	21.7 (91)
Halifax	1,513	84.6 (28)	0.9 (55)	1,560	25.7 (82)
Harnett	1,858	71.1 (85)	0.6 (30)	2,183	29.2 (71)
Haywood	861	87.8 (13)	0.3 (11)	906	42.5 (25)
Henderson	1,329	89.8 (9)	0.5 (24)	1,532	25.8 (81)
Hertford	618	85.9 (22)	0.8 (49)	650	28.2 (74)
Hoke	1,069	79.9 (49)	0.6 (30)	1,234	23.9 (86)
Hyde	110	78.2 (55)	0.9 (55)	114	33.3 (55)

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<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Iredell	2,318	59.2 (98)	1.1 (74)	2,424	21.3 (92)
Jackson	687	88.2 (11)	1.0 (65)	718	48.1 (9)
Johnston	2,698	69.5 (88)	1.8 (97)	2,893	21.3 (92)
Jones	95	* *	* *	226	51.3 (3)
Lee	1,240	68.7 (91)	0.2 (6)	1,335	24.1 (85)
Lenoir	1,088	81.2 (43)	0.6 (30)	1,414	33.2 (56)
Lincoln	1,096	73.7 (76)	0.4 (19)	1,221	32.5 (60)
Macon	770	86.6 (18)	0.3 (11)	871	38.2 (35)
Madison	553	84.1 (31)	0.4 (19)	637	46.9 (14)
Martin	368	93.2 (1)	0.3 (11)	429	46.2 (15)
Mcdowell	581	81.8 (39)	0.9 (55)	609	38.4 (34)
Mecklenbur	9,808	70.0 (87)	1.1 (74)	11,228	12.7(100)
Mitchell	242	86.0 (21)	1.7 (93)	266	45.9 (18)
Montgomery	601	72.0 (81)	0.2 (6)	714	35.2 (47)
Moore	1,322	75.0 (73)	0.8 (49)	1,400	30.2 (67)
Nash	1,815	71.7 (83)	1.3 (85)	1,967	36.1 (42)

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

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**Table 6B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
New Hanove	2,765	68.4 (93)	1.5 (92)	2,889	27.8 (76)
Northhampt	458	85.4 (24)	1.7 (93)	513	37.6 (39)
Onslow	5,292	91.0 (4)	0.3 (11)	5,911	28.9 (72)
Orange	991	77.0 (62)	0.9 (55)	1,107	23.1 (88)
Pamlico	204	77.9 (56)	0.0 (1)	238	45.0 (22)
Pasquotank	814	72.7 (78)	1.0 (65)	884	36.7 (40)
Pender	813	68.9 (90)	1.7 (93)	837	30.1 (68)
Perquimans	190	78.4 (53)	0.5 (24)	195	34.9 (49)
Person	630	80.3 (45)	1.9 (98)	700	36.1 (42)
Pitt	2,996	83.4 (34)	1.2 (82)	3,155	33.6 (53)
Polk	190	76.8 (63)	1.1 (74)	233	30.9 (64)
Randolph	2,499	80.9 (44)	0.9 (55)	2,666	32.7 (57)
Richmond	1,292	77.6 (57)	1.1 (74)	1,335	41.2 (26)
Robeson	3,327	76.2 (65)	0.8 (49)	3,981	22.1 (89)
Rockingham	1,731	81.7 (40)	0.5 (24)	1,823	35.8 (46)
Rowan	2,582	71.6 (84)	1.2 (82)	2,646	28.5 (73)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

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**Table 6B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	<b>Medical Care</b>			<b>WIC Enrollment</b>	
	<b>1st Trimester</b>		<b>No Care</b>	<b>1st Trimester</b>	
	<b>Number</b>	<b>% (Rank)</b>	<b>% (Rank)</b>	<b>Number</b>	<b>% (Rank)</b>
Rutherford	642	82.4 (37)	0.6 (30)	1,137	43.9 (23)
Sampson	1,560	74.4 (75)	0.6 (30)	1,677	34.9 (49)
Scotland	1,077	76.2 (65)	1.3 (85)	1,099	51.3 (3)
Stanly	1,017	77.4 (58)	0.3 (11)	1,087	29.5 (70)
Stokes	672	89.9 (7)	0.7 (41)	734	36.5 (41)
Surry	1,462	77.4 (58)	0.9 (55)	1,478	36.1 (42)
Swain	408	85.3 (26)	0.7 (41)	430	50.5 (6)
Transylvan	306	92.8 (2)	0.3 (11)	493	50.1 (8)
Tyrrell	101	80.2 (47)	0.0 (1)	113	51.3 (3)
Union	2,252	72.6 (79)	0.9 (55)	2,518	20.3 (95)
Vance	1,252	70.8 (86)	1.3 (85)	1,379	19.6 (96)
Wake	9,665	61.0 (97)	0.9 (55)	10,430	20.9 (94)
Warren	439	77.4 (58)	0.7 (41)	465	43.2 (24)
Washington	345	80.3 (45)	1.2 (82)	358	46.1 (16)
Watauga	476	84.7 (27)	0.0 (1)	578	51.9 (2)
Wayne Coun	2,156	67.2 (94)	1.7 (93)	2,861	24.8 (84)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

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**Table 6B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Maternal Behavioral Indicators by County**  
**Combined 3 Years**

<b>Comparison of Maternal Behavioral Indicators</b> <sup>(2, 3)</sup>					
<b>County</b>	Medical Care			WIC Enrollment	
	1st Trimester		No Care	1st Trimester	
	Number	% (Rank)	% (Rank)	Number	% (Rank)
Wilkes	1,258	84.0 (33)	1.0 (65)	1,323	30.3 (66)
Wilson Cou	1,948	80.1 (48)	0.6 (30)	2,038	33.5 (54)
Yadkin	645	88.2 (11)	0.2 (6)	683	40.0 (31)
Yancey	290	91.0 (4)	1.0 (65)	326	47.5 (12)
Unknown Counties	696	75.4 (71)	1.0 (65)	786	36.1 (42)
<b>North Carolina</b>	<b>156,105</b>	<b>77.0</b>	<b>0.9</b>	<b>170,897</b>	<b>27.8</b>

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	2,317	32.1 (51)	2,314	19.7 (44)	575	28.7 (35)	0	* *	0	* *
Alexander	549	47.4 (89)	465	29.2 (82)	173	25.4 (46)	0	* *	0	* *
Alleghany	134	35.8 (64)	135	28.1 (74)	45	* *	0	* *	0	* *
Anson	553	34.7 (61)	647	21.3 (52)	187	33.2 (19)	0	* *	0	* *
Ashe	403	51.4 (92)	467	31.9 (89)	197	25.9 (45)	0	* *	0	* *
Avery	236	35.6 (63)	121	20.7 (47)	36	* *	0	* *	0	* *
Beaufort	924	34.2 (58)	999	20.4 (45)	283	30.7 (26)	0	* *	0	* *
Bertie	466	13.1 (6)	420	8.6 (2)	48	* *	0	* *	0	* *
Bladen	755	22.3 (27)	769	21.1 (50)	143	11.9 (73)	0	* *	0	* *
Brunswick	1,382	40.1 (78)	1,424	29.9 (86)	482	23.9 (48)	0	* *	0	* *
Buncombe	3,278	37.0 (67)	3,619	23.1 (63)	1,117	27.9 (40)	0	* *	0	* *
Burke	601	56.7 (95)	1,454	28.3 (76)	325	17.5 (66)	0	* *	0	* *
Cabarrus	2,485	24.1 (35)	2,842	14.7 (20)	544	37.1 (12)	0	* *	0	* *
Caldwell	1,404	45.3 (86)	1,561	32.7 (93)	607	19.3 (62)	0	* *	0	* *
Camden	86	* *	96	* *	20	* *	0	* *	0	* *

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Carteret	672	46.3 (87)	816	29.2 (82)	249	31.3 (23)	0	* *	0	* *
Caswell	322	36.6 (65)	350	28.9 (80)	105	12.4 (72)	0	* *	0	* *
Catawba	2,228	32.7 (52)	2,437	22.2 (57)	625	27.7 (41)	0	* *	0	* *
Chatham	733	16.0 (9)	764	15.8 (26)	97	* *	0	* *	0	* *
Cherokee	456	50.2 (91)	537	39.5 (97)	224	24.6 (47)	0	* *	0	* *
Chowan	284	33.1 (54)	299	15.7 (25)	90	* *	0	* *	0	* *
Clay	130	40.8 (80)	143	37.1 (96)	52	* *	0	* *	0	* *
Cleveland	1,797	41.3 (82)	1,727	23.2 (64)	575	32.2 (20)	0	* *	0	* *
Columbus	1,161	21.8 (24)	1,166	20.8 (48)	183	19.7 (60)	0	* *	0	* *
Craven	1,564	30.6 (49)	2,273	16.3 (29)	382	35.1 (15)	0	* *	0	* *
Cumberland	7,022	28.3 (45)	8,856	15.1 (24)	1,808	44.2 (3)	0	* *	0	* *
Currituck	183	83.6 (98)	193	34.2 (94)	142	2.1 (77)	0	* *	0	* *
Dare	384	41.4 (83)	461	21.7 (53)	135	38.5 (7)	0	* *	0	* *
Davidson	2,175	38.3 (73)	2,571	27.1 (71)	758	23.6 (49)	0	* *	0	* *
Davie	468	34.4 (60)	541	27.4 (72)	148	6.1 (75)	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.

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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Duplin	1,239	15.1 (8)	1,474	11.8 (8)	178	23.6 (49)	0	* *	0	* *
Durham	3,651	16.0 (9)	4,635	6.8 (1)	511	38.4 (8)	0	* *	0	* *
Edgecombe	808	20.0 (22)	1,498	16.6 (31)	154	21.4 (59)	0	* *	0	* *
Forsyth	5,211	16.6 (12)	6,357	14.7 (20)	781	26.4 (44)	0	* *	0	* *
Franklin	775	27.4 (40)	867	12.5 (10)	195	33.8 (17)	0	* *	0	* *
Gaston	3,119	38.5 (74)	3,717	26.4 (69)	1,091	29.0 (34)	0	* *	0	* *
Gates	82	* *	81	* *	18	* *	0	* *	0	* *
Graham	181	39.2 (76)	188	32.4 (91)	58	* *	0	* *	0	* *
Granville	815	29.0 (46)	942	16.3 (29)	218	38.1 (9)	0	* *	0	* *
Greene	471	16.8 (13)	530	14.7 (20)	76	* *	0	* *	0	* *
Guilford	6,012	22.3 (27)	7,325	13.3 (16)	1,147	30.9 (25)	0	* *	0	* *
Halifax	1,344	26.0 (38)	1,517	17.0 (32)	330	37.3 (11)	0	* *	0	* *
Harnett	1,868	34.1 (57)	1,889	19.5 (41)	528	35.4 (14)	0	* *	0	* *
Haywood	767	54.6 (94)	860	35.5 (95)	385	28.6 (36)	0	* *	0	* *
Henderson	990	23.5 (33)	1,333	18.4 (38)	192	17.2 (68)	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Among women who smoked 3 months prior to pregnancy.  
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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Hertford	561	22.6 (31)	619	8.7 (3)	114	46.5 (2)	0	* *	0	* *
Hoke	1,025	19.3 (20)	1,073	13.0 (14)	164	34.8 (16)	0	* *	0	* *
Hyde	91	* *	110	10.9 (6)	16	* *	0	* *	0	* *
Iredell	2,034	31.0 (50)	2,321	24.8 (67)	597	22.8 (52)	0	* *	0	* *
Jackson	556	33.6 (55)	687	23.4 (65)	173	22.5 (54)	0	* *	0	* *
Johnston	1,884	11.8 (4)	2,708	19.0 (40)	195	28.2 (39)	0	* *	0	* *
Jones	215	37.2 (69)	96	* *	30	* *	0	* *	0	* *
Lee	1,087	27.8 (44)	1,273	17.4 (34)	272	31.6 (22)	0	* *	0	* *
Lenoir	1,278	27.4 (40)	1,137	17.8 (36)	251	28.3 (38)	0	* *	0	* *
Lincoln	1,040	37.3 (70)	1,095	28.7 (79)	335	17.3 (67)	0	* *	0	* *
Macon	650	38.5 (74)	806	28.3 (76)	220	19.1 (63)	0	* *	0	* *
Madison	550	48.5 (90)	554	28.5 (78)	226	30.1 (28)	0	* *	0	* *
Martin	369	40.7 (79)	370	29.7 (84)	123	14.6 (69)	0	* *	0	* *
Mcdowell	511	18.2 (16)	582	12.9 (12)	88	* *	0	* *	0	* *
Mecklenbur	8,674	7.1 (1)	9,951	9.2 (4)	498	38.8 (6)	0	* *	0	* *

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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Mitchell	223	47.1 (88)	250	31.6 (87)	96	* *	0	* *	0	* *
Montgomery	591	27.7 (43)	610	14.1 (18)	131	42.0 (4)	0	* *	0	* *
Moore	1,126	26.4 (39)	1,338	19.6 (42)	273	27.5 (42)	0	* *	0	* *
Nash	1,655	20.2 (23)	1,839	18.7 (39)	309	22.3 (56)	0	* *	0	* *
New Hanove	2,031	27.4 (40)	2,768	22.1 (56)	506	33.4 (18)	0	* *	0	* *
Northhampt	442	19.0 (18)	460	19.6 (42)	75	* *	0	* *	0	* *
Onslow	4,861	32.7 (52)	5,299	14.2 (19)	1,359	50.0 (1)	0	* *	0	* *
Orange	785	19.7 (21)	983	18.0 (37)	129	18.6 (64)	0	* *	0	* *
Pamlico	208	39.9 (77)	207	32.4 (91)	68	* *	0	* *	0	* *
Pasquotank	772	22.2 (26)	816	12.0 (9)	153	30.1 (28)	0	* *	0	* *
Pender	686	23.8 (34)	814	22.7 (60)	151	14.6 (69)	0	* *	0	* *
Perquimans	177	24.9 (36)	191	16.2 (28)	43	* *	0	* *	0	* *
Person	608	41.9 (84)	629	22.3 (58)	208	31.7 (21)	0	* *	0	* *
Pitt	2,574	21.8 (24)	2,998	12.9 (12)	510	40.0 (5)	0	* *	0	* *
Polk	109	30.3 (48)	190	17.4 (34)	30	* *	0	* *	0	* *

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.

(4) Among women who smoked 3 months prior to pregnancy.

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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

Comparison of Smoking Indicators (2, 3)										
County	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Randolph	2,152	34.2 (58)	2,508	20.5 (46)	648	28.5 (37)	0	* *	0	* *
Richmond	1,124	36.6 (65)	1,326	20.9 (49)	387	36.7 (13)	0	* *	0	* *
Robeson	3,104	16.2 (11)	3,341	22.0 (55)	411	4.9 (76)	0	* *	0	* *
Rockingham	1,530	37.8 (72)	1,745	27.0 (70)	529	22.9 (51)	0	* *	0	* *
Rowan	1,866	37.0 (67)	2,602	21.9 (54)	651	30.1 (28)	0	* *	0	* *
Rutherford	744	37.6 (71)	642	27.9 (73)	151	29.8 (31)	0	* *	0	* *
Sampson	1,293	17.5 (15)	1,567	11.2 (7)	183	30.6 (27)	0	* *	0	* *
Scotland	1,017	23.0 (32)	1,080	23.0 (62)	222	14.0 (71)	0	* *	0	* *
Stanly	898	10.6 (3)	1,027	23.6 (66)	79	* *	0	* *	0	* *
Stokes	577	57.9 (96)	672	43.0 (98)	296	22.0 (57)	0	* *	0	* *
Surry	1,133	33.6 (55)	1,468	29.8 (85)	365	9.0 (74)	0	* *	0	* *
Swain	306	79.1 (97)	408	31.6 (87)	221	18.6 (64)	0	* *	0	* *
Transylvan	425	52.2 (93)	308	28.2 (75)	116	29.3 (33)	0	* *	0	* *
Tyrrell	102	22.5 (30)	101	22.8 (61)	19	* *	0	* *	0	* *
Union	1,779	14.3 (7)	2,264	15.9 (27)	216	19.4 (61)	0	* *	0	* *

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(4) Among women who smoked 3 months prior to pregnancy.  
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**Table 7B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** (1)  
**North Carolina**  
**Comparison of Smoking Indicators by County**  
**Combined 3 Years**

<b>Comparison of Smoking Indicators</b> (2, 3)										
<b>County</b>	Smoking				Quit Smoking By First Prenatal Visit and Stayed Off Cigarettes (4)		Smoking in Household			
	3 Months Prior to Pregnancy		Last 3 Months of Pregnancy				Prenatal		Postpartum	
	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Vance	1,080	8.6 (2)	1,267	17.0 (32)	82	* *	0	* *	0	* *
Wake	7,013	12.4 (5)	9,874	9.2 (4)	771	29.4 (32)	0	* *	0	* *
Warren	416	18.3 (17)	443	13.3 (16)	71	* *	0	* *	0	* *
Washington	323	22.3 (27)	344	12.5 (10)	67	* *	0	* *	0	* *
Watauga	512	42.4 (85)	476	22.3 (58)	170	31.2 (24)	0	* *	0	* *
Wayne Coun	2,417	25.9 (37)	2,176	14.9 (23)	428	37.4 (10)	0	* *	0	* *
Wilkes	1,181	41.2 (81)	1,259	32.2 (90)	456	22.6 (53)	0	* *	0	* *
Wilson Cou	1,819	16.9 (14)	1,950	13.2 (15)	291	26.8 (43)	0	* *	0	* *
Yadkin	577	35.5 (62)	647	24.9 (68)	187	22.5 (54)	0	* *	0	* *
Yancey	271	19.2 (19)	294	28.9 (80)	43	* *	0	* *	0	* *
Unknown Counties	716	29.5 (47)	701	21.1 (50)	177	22.0 (57)	0	* *	0	* *
<b>North Carolina</b>	<b>134,233</b>	<b>26.3</b>	<b>156,944</b>	<b>18.1</b>	<b>30,797</b>	<b>29.3</b>	<b>0</b>	<b>*</b>	<b>0</b>	<b>*</b>

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) Among women who smoked 3 months prior to pregnancy.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Alamance	2,314	8.8 (31)	8.2 (81)	2,279	14.3 (44)	1,954	3.5 (26)	2,159	55.2 (47)
Alexander	466	8.8 (31)	7.1 (57)	459	11.8 (11)	405	3.7 (33)	322	61.5 (25)
Alleghany	136	12.5 (92)	5.9 (25)	136	17.6 (87)	112	6.3 (94)	104	67.3 (21)
Anson	644	9.2 (43)	4.5 (2)	632	15.7 (66)	533	3.8 (39)	629	36.4 (86)
Ashe	466	8.6 (28)	4.7 (3)	461	13.2 (26)	400	4.5 (63)	443	54.6 (49)
Avery	121	13.2 (95)	8.3 (83)	120	17.5 (85)	99	* *	56	* *
Beaufort	1,003	9.9 (59)	7.0 (55)	977	15.8 (68)	823	3.2 (17)	972	46.2 (65)
Bertie	418	12.0 (90)	5.7 (15)	411	19.2 (92)	332	4.2 (54)	379	29.6 (91)
Bladen	770	10.5 (76)	5.8 (20)	765	15.6 (64)	646	5.1 (75)	723	45.6 (67)
Brunswick	1,420	9.9 (59)	7.2 (61)	1,414	15.9 (69)	1,189	4.2 (54)	1,317	44.0 (72)
Buncombe	3,608	9.6 (56)	8.0 (74)	3,595	13.9 (37)	3,095	3.7 (33)	3,517	80.8 (7)
Burke	1,452	9.3 (44)	4.8 (5)	1,429	15.2 (58)	1,211	4.5 (63)	1,370	58.0 (38)
Cabarrus	2,876	9.0 (38)	6.9 (50)	2,829	14.1 (42)	2,428	3.6 (30)	2,828	59.8 (32)
Caldwell	1,555	9.4 (49)	6.9 (50)	1,542	11.1 (4)	1,370	5.6 (84)	1,519	60.6 (29)

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>										
<b>County</b>	<b>Birthweight</b>				<b>Preterm</b> (6)		<b>Full Term LBW</b> (7)		<b>Ever Breastfed</b>	
	Low (4)		High (5)							
	Number	% (Rank)	% (Rank)		Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Camden	96	* *	* *		96	* *	88	* *	81	* *
Carteret	819	8.2 (22)	10.5 (97)		799	12.6 (19)	698	3.2 (17)	707	55.3 (46)
Caswell	350	12.3 (91)	5.1 (7)		347	16.7 (76)	289	5.9 (90)	333	45.9 (66)
Catawba	2,436	8.2 (22)	8.0 (74)		2,411	12.4 (16)	2,113	3.1 (15)	2,154	63.5 (24)
Chatham	767	7.8 (15)	7.6 (69)		751	12.5 (18)	657	3.0 (13)	652	77.0 (11)
Cherokee	536	10.1 (66)	7.1 (57)		533	15.9 (69)	448	5.4 (82)	526	52.3 (54)
Chowan	300	10.3 (73)	5.7 (15)		294	13.9 (37)	253	5.1 (75)	289	24.6 (93)
Clay	142	6.3 (6)	8.5 (85)		141	8.5 (1)	129	3.9 (43)	138	60.1 (30)
Cleveland	1,733	8.6 (28)	7.7 (71)		1,702	13.2 (26)	1,478	3.7 (33)	1,577	25.3 (92)
Columbus	1,175	11.5 (85)	6.5 (41)		1,152	19.4 (93)	928	5.6 (84)	1,058	37.7 (84)
Craven	2,291	8.6 (28)	9.1 (92)		2,244	13.6 (33)	1,939	3.4 (22)	2,149	61.3 (26)
Cumberland	8,901	9.9 (59)	7.6 (69)		8,786	16.8 (77)	7,308	4.4 (62)	8,621	59.0 (34)
Currituck	193	3.1 (1)	10.4 (96)		191	10.5 (3)	171	0.6 (1)	173	77.5 (9)
Dare	470	4.7 (3)	8.5 (85)		466	8.6 (2)	426	2.6 (6)	359	95.8 (3)

(1) Reporting period is January 1 through December 31.  
(2) Excludes records with unknown data or errors.  
(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Davidson	2,574	10.2 (70)	6.0 (27)	2,518	14.7 (51)	2,148	4.5 (63)	2,456	57.0 (41)
Davie	542	8.3 (25)	8.1 (77)	533	13.9 (37)	459	3.9 (43)	398	74.6 (15)
Duplin	1,474	9.0 (38)	4.7 (3)	1,450	18.2 (89)	1,186	3.2 (17)	1,413	58.9 (35)
Durham	4,650	11.2 (82)	6.2 (33)	4,591	19.5 (94)	3,693	5.8 (86)	4,376	57.2 (40)
Edgecombe	1,492	12.6 (94)	4.0 (1)	1,465	17.2 (79)	1,213	5.8 (86)	1,443	33.1 (90)
Forsyth	6,360	10.0 (63)	6.3 (37)	6,273	16.3 (73)	5,246	4.3 (58)	6,184	71.2 (18)
Franklin	865	8.9 (34)	6.7 (45)	850	17.3 (83)	703	4.3 (58)	832	44.7 (70)
Gaston	3,763	9.3 (44)	7.8 (72)	3,691	13.4 (30)	3,197	3.9 (43)	3,678	38.6 (83)
Gates	82	* * * *		82	* *	63	* *	74	* *
Graham	188	3.7 (2)	11.2 (98)	187	11.8 (11)	165	1.8 (4)	156	58.3 (36)
Granville	943	10.2 (70)	5.7 (15)	936	17.4 (84)	773	4.9 (72)	907	37.5 (85)
Greene	524	11.6 (87)	5.2 (9)	519	17.5 (85)	428	3.0 (13)	504	48.0 (61)
Guilford	7,336	10.1 (66)	6.1 (29)	7,234	14.2 (43)	6,205	3.7 (33)	6,977	60.8 (28)
Halifax	1,507	13.8 (98)	5.2 (9)	1,486	20.1 (96)	1,187	6.7 (95)	1,476	34.6 (87)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Harnett	1,896	8.4 (26)	7.8 (72)	1,866	14.7 (51)	1,591	3.9 (43)	1,774	42.4 (75)
Haywood	858	10.3 (73)	8.2 (81)	845	12.4 (16)	740	4.9 (72)	738	51.5 (56)
Henderson	1,332	8.0 (19)	7.3 (65)	1,302	12.7 (20)	1,136	4.1 (50)	1,222	77.3 (10)
Hertford	616	11.7 (88)	4.9 (6)	611	17.2 (79)	506	5.5 (83)	602	33.7 (89)
Hoke	1,070	11.0 (80)	6.4 (39)	1,053	17.2 (79)	872	3.8 (39)	1,012	50.3 (58)
Hyde	110	9.1 (41)	5.5 (14)	110	14.5 (49)	94	* *	104	56.7 (43)
Iredell	2,319	9.5 (54)	6.8 (48)	2,303	13.3 (28)	1,996	4.1 (50)	2,182	54.5 (50)
Jackson	682	7.6 (11)	9.4 (93)	671	11.6 (7)	593	3.5 (26)	660	73.0 (17)
Johnston	2,704	8.8 (31)	6.2 (33)	2,669	14.9 (56)	2,272	4.2 (54)	2,543	41.1 (77)
Jones	97	* *	* *	92	* *	75	* *	51	* *
Lee	1,276	7.2 (9)	5.3 (12)	1,236	11.6 (7)	1,093	3.8 (39)	1,243	54.9 (48)
Lenoir	1,148	11.8 (89)	6.7 (45)	1,121	14.9 (56)	954	5.2 (78)	1,041	38.8 (82)
Lincoln	1,100	7.6 (11)	7.0 (55)	1,084	12.0 (13)	954	2.8 (8)	926	51.3 (57)
Macon	807	9.4 (49)	6.4 (39)	798	13.7 (35)	689	4.8 (70)	695	55.8 (45)

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
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**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Madison	553	7.1 (8)	8.7 (89)	548	11.3 (5)	486	2.1 (5)	518	76.6 (12)
Martin	371	10.0 (63)	8.9 (91)	370	11.4 (6)	328	5.2 (78)	326	96.9 (1)
Mcdowell	578	13.7 (97)	6.1 (29)	575	18.6 (90)	468	4.1 (50)	568	38.9 (81)
Mecklenbur	9,950	9.5 (54)	6.6 (44)	9,774	12.8 (22)	8,522	3.7 (33)	8,966	59.1 (33)
Mitchell	249	7.6 (11)	8.0 (74)	243	14.8 (54)	207	1.0 (2)	235	64.7 (23)
Montgomery	610	7.9 (17)	7.5 (68)	597	12.2 (14)	524	3.2 (17)	525	53.7 (51)
Moore	1,335	9.1 (41)	7.1 (57)	1,293	13.3 (28)	1,121	4.3 (58)	1,283	44.8 (69)
Nash	1,838	8.9 (34)	6.7 (45)	1,802	14.0 (40)	1,550	3.5 (26)	1,784	49.5 (59)
New Hanove	2,764	10.1 (66)	7.2 (61)	2,741	15.5 (63)	2,315	3.3 (21)	2,696	46.4 (63)
Northhampt	456	13.6 (96)	5.3 (12)	450	23.6 (98)	344	5.8 (86)	416	13.2 (96)
Onslow	5,281	7.7 (14)	8.6 (88)	5,217	11.7 (10)	4,606	3.4 (22)	5,028	58.2 (37)
Orange	993	8.2 (22)	9.4 (93)	965	14.7 (51)	823	2.9 (9)	882	66.8 (22)
Pamlico	206	7.3 (10)	7.3 (65)	201	12.9 (24)	175	4.0 (48)	194	76.3 (13)
Pasquotank	817	6.1 (5)	5.8 (20)	810	12.2 (14)	711	3.4 (22)	760	19.9 (95)

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(6) <37 weeks gestation.  
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**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>County</b>	<b>Birthweight</b>			<b>Preterm</b> (6)		<b>Full Term LBW</b> (7)		<b>Ever Breastfed</b>	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Pender	811	8.0 (19)	7.2 (61)	805	13.4 (30)	697	2.9 (9)	627	46.7 (62)
Perquimans	191	7.9 (17)	5.8 (20)	187	16.0 (71)	157	3.8 (39)	187	20.3 (94)
Person	637	11.3 (84)	8.3 (83)	624	16.5 (74)	521	6.0 (92)	601	43.4 (74)
Pitt	2,984	12.5 (92)	5.8 (20)	2,914	16.8 (77)	2,423	5.1 (75)	2,839	46.4 (63)
Polk	191	9.4 (49)	6.8 (48)	189	12.7 (20)	165	6.1 (93)	186	61.3 (26)
Randolph	2,522	8.1 (21)	8.1 (77)	2,481	13.1 (25)	2,157	3.1 (15)	2,286	70.1 (20)
Richmond	1,326	9.8 (57)	6.9 (50)	1,283	14.6 (50)	1,096	4.7 (68)	1,280	45.2 (68)
Robeson	3,339	10.7 (78)	6.3 (37)	3,283	15.3 (59)	2,782	5.8 (86)	3,132	34.1 (88)
Rockingham	1,739	9.3 (44)	6.2 (33)	1,718	15.7 (66)	1,448	4.2 (54)	1,692	44.0 (72)
Rowan	2,597	10.0 (63)	6.5 (41)	2,546	14.3 (44)	2,181	4.1 (50)	2,544	53.5 (52)
Rutherford	641	9.0 (38)	5.9 (25)	634	14.8 (54)	540	5.2 (78)	515	48.3 (60)
Sampson	1,572	8.9 (34)	8.1 (77)	1,547	14.3 (44)	1,326	3.6 (30)	1,297	41.6 (76)
Scotland	1,075	11.2 (82)	5.7 (15)	1,047	18.1 (88)	858	4.3 (58)	1,007	40.0 (79)
Stanly	1,024	8.9 (34)	6.2 (33)	1,010	15.4 (60)	854	3.7 (33)	925	75.1 (14)

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(4) <2500 g.  
(5) >4000 g.  
(6) <37 weeks gestation.  
(7) 37 or more weeks gestation and <2500 g.  
\* Percentages are not calculated if <100 records are available for analysis after exclusions.



**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

Comparison of Infant Health Indicators <sup>(2, 3)</sup>									
County	Birthweight			Preterm (6)		Full Term LBW (7)		Ever Breastfed	
	Low (4)	High (5)							
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Stokes	672	10.1 (66)	6.1 (29)	656	14.3 (44)	562	4.6 (67)	643	53.2 (53)
Surry	1,469	9.3 (44)	7.1 (57)	1,446	15.4 (60)	1,223	3.9 (43)	1,449	56.7 (43)
Swain	406	5.9 (4)	9.4 (93)	398	13.8 (36)	343	1.2 (3)	390	92.3 (4)
Transylvan	308	9.4 (49)	6.5 (41)	307	18.6 (90)	250	3.6 (30)	192	86.5 (6)
Tyrrell	102	9.8 (57)	8.8 (90)	100	14.0 (40)	86	* *	96	* *
Union	2,261	9.3 (44)	6.9 (50)	2,225	16.2 (72)	1,865	3.5 (26)	2,124	78.9 (8)
Vance	1,266	11.5 (85)	5.1 (7)	1,236	20.1 (96)	987	5.3 (81)	1,177	60.1 (30)
Wake	9,858	7.8 (15)	8.1 (77)	9,718	13.4 (30)	8,410	3.4 (22)	7,651	87.2 (5)
Warren	441	11.1 (81)	5.2 (9)	434	20.0 (95)	347	4.0 (48)	432	39.6 (80)
Washington	344	10.2 (70)	5.8 (20)	337	17.2 (79)	279	4.7 (68)	333	44.1 (71)
Watauga	476	6.9 (7)	5.7 (15)	475	11.6 (7)	420	2.6 (6)	452	70.4 (19)
Wayne Coun	2,167	8.5 (27)	8.5 (85)	2,128	12.8 (22)	1,855	2.9 (9)	1,953	56.8 (42)
Wilkes	1,255	9.9 (59)	6.9 (50)	1,248	15.6 (64)	1,053	4.5 (63)	1,181	51.8 (55)
Wilson Cou	1,940	10.3 (73)	6.0 (27)	1,926	16.6 (75)	1,606	4.8 (70)	1,881	40.4 (78)

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(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

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**Table 8B**  
**2003 - 2005 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
**North Carolina**  
**Comparison of Infant Health Indicators by County**  
**Combined 3 Years**

<b>Comparison of Infant Health Indicators</b> <sup>(2, 3)</sup>									
<b>County</b>	<b>Birthweight</b>			<b>Preterm</b> (6)		<b>Full Term LBW</b> (7)		<b>Ever Breastfed</b>	
	Low (4)		High (5)						
	Number	% (Rank)	% (Rank)	Number	% (Rank)	Number	% (Rank)	Number	% (Rank)
Yadkin	647	9.4 (49)	7.4 (67)	642	15.4 (60)	543	2.9 (9)	633	74.2 (16)
Yancey	295	10.8 (79)	6.1 (29)	294	13.6 (33)	254	5.9 (90)	278	96.8 (2)
Unknown Counties	705	10.5 (76)	7.2 (61)	697	14.3 (44)	597	5.0 (74)	661	57.8 (39)
<b>North Carolina</b>	<b>157,035</b>	<b>9.5</b>	<b>7.0</b>	<b>154,659</b>	<b>14.8</b>	<b>131,818</b>	<b>4.1</b>	<b>145,647</b>	<b>56.6</b>

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(3) Rank compares one county's rate to other counties. Rank 1 = best rate.  
(4) <2500 g.  
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(7) 37 or more weeks gestation and <2500 g.  
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