Go Outdoors for Fun at a State Park

Every day is a great day to be outdoors in North Carolina. June is Great Outdoors Month. It is the perfect time of year to get into the swing of things and have some outdoor family fun. There are dozens of North Carolina State Parks. Most don’t cost very much and many are free.

**Plan**
- **Learn where the parks are.** Visit the North Carolina State Park website at [www.ncparks.gov](http://www.ncparks.gov).
- **Explore opportunities to play.** Hiking, biking and swimming are just a few activities to choose from.
- **Plan the best times to visit.** As a family, pick when you will visit the park(s) of your choice.

**Play**
- North Carolina State Parks have something for everyone. Lots of parks are accessible for those with disabilities. Check out what you can do and see at these parks.
  - **Carolina Beach State Park:** miles of hiking trails, boating, fishing and a visitor center.
  - **Chimney Rock State Park:** a visitor center, nature center, hiking trails and a waterfall.
  - **Cliffs of the Neuse State Park:** boating, fishing, swimming, hiking and a museum.
  - **Crowders Mountain State Park:** miles of trails through a variety of terrain.
  - **Dismal Swamp State Park:** canoeing, kayaking, hiking and mountain biking trails.
  - **Elk Knob State Park:** habitat for a number of woodland species.
  - **Eno River State Park:** canoeing, camping, hiking and educational events.
  - **Falls Lake State Park:** miles of hiking and biking trails, and miles of water to explore.
  - **Fort Fisher State Park:** a museum and a large lagoon popular with windsurfers.
  - **Fort Macon State Park:** nature trails, a swimming beach, picnic shelters and fishing.
  - **Goose Creek State Park:** boardwalks and nature trails.
  - **Gorges State Park:** waterfalls, hiking, fishing and boating.

**Enjoy**
- Spending time in North Carolina State Parks is a perfect way to combine family fun with physical activity. Just GO and have FUN!