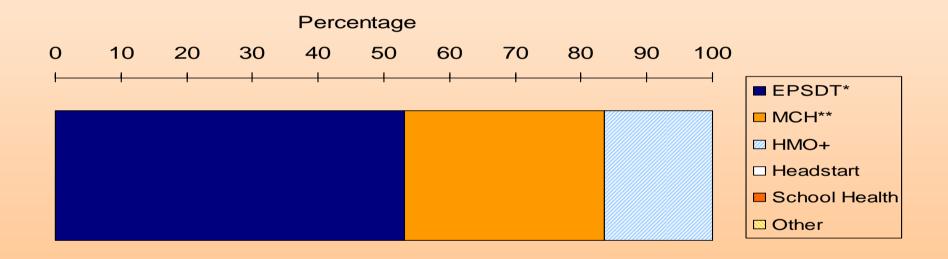
### **NORTH CAROLINA**

Children Aged 5 to <20 Years

**2005**Pediatric Nutrition
Surveillance System

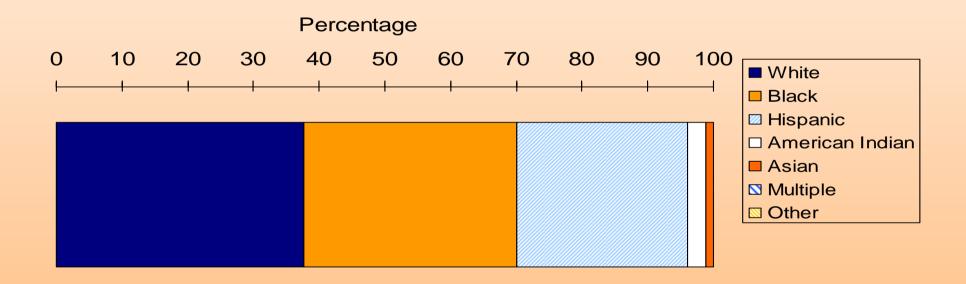
### Source of data among children aged 5 to <20 years



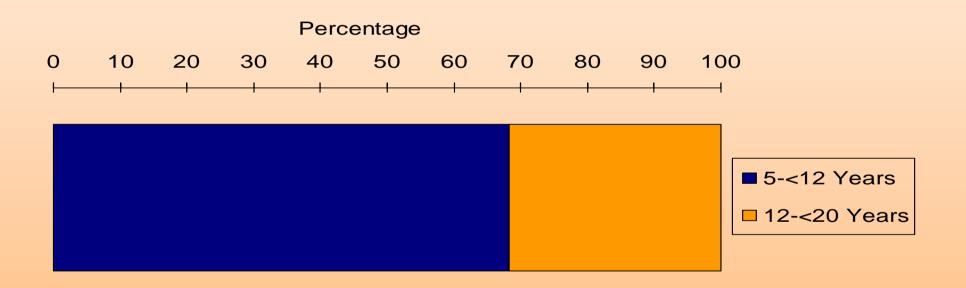
- \* Early Periodic Screening, Diagnosis, and Treatment Program.
- \*\* Title V Maternal and Child Health Program.
- + Health Maintenance Organization

#### Racial and ethnic distribution

among children aged 5 to <20 years

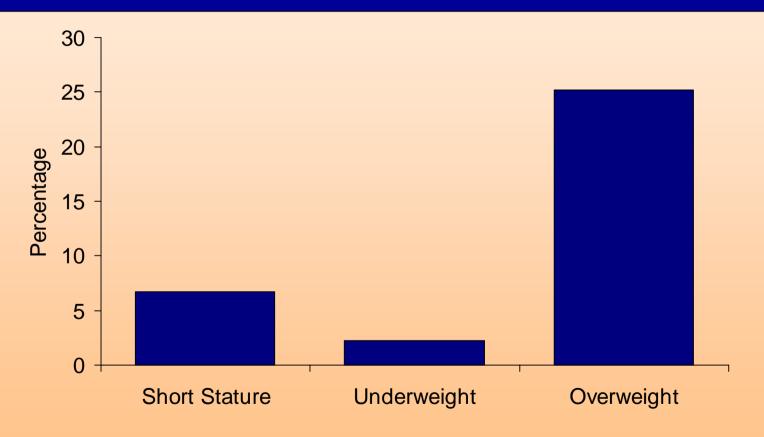


### Age distribution among children aged 5 to <20 years



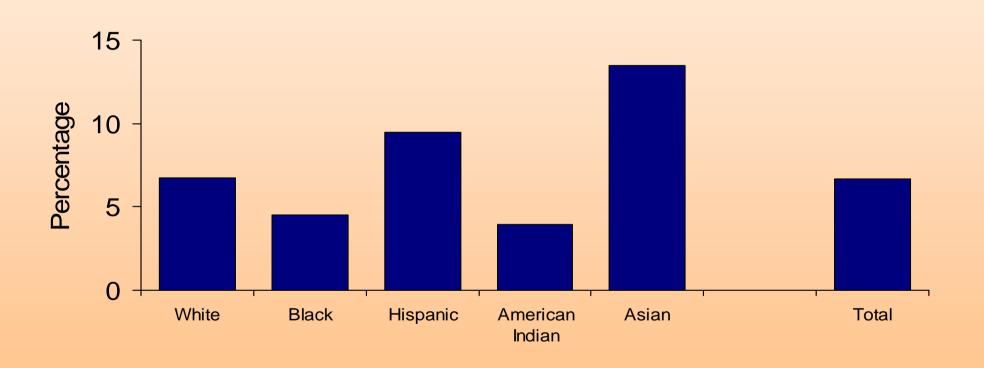
# Prevalence of short stature, underweight, and overweight\*

among children aged 5 to <20 years



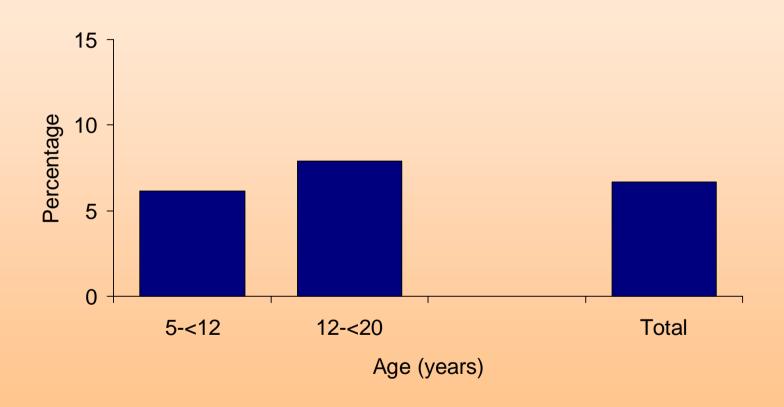
<sup>\*</sup> Short stature: < 5th percentile height-for-age; underweight: < 5th percentile BMI-for-age; overweight: > 95th percentile BMI-for-age. CDC Growth Charts, 2000. 2005 NC8 PedNSS Table 2C

#### Prevalence of short stature\*



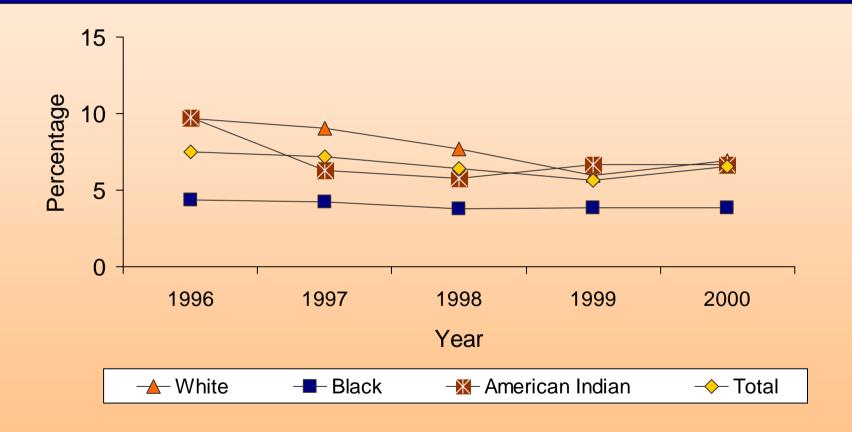
<sup>\* &</sup>lt; 5th percentile height-for-age, CDC Growth Charts, 2000. 5% of children are expected to fall below the 5th percentile.

### Prevalence of short stature\*



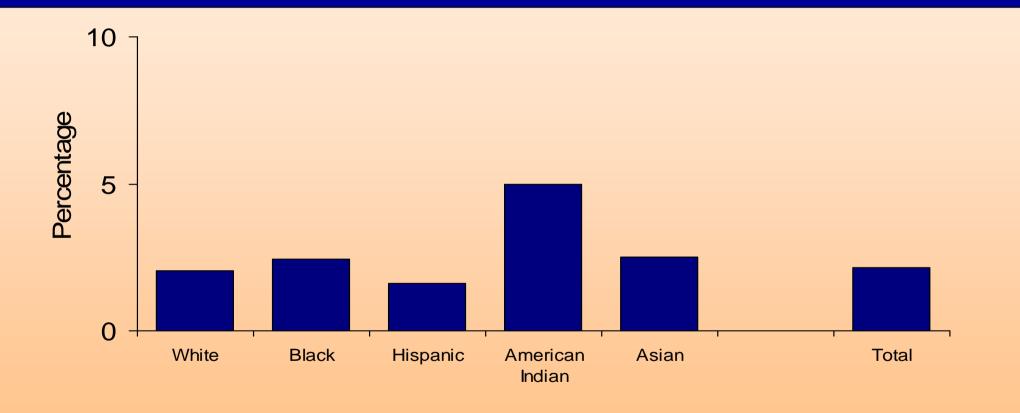
<sup>\* &</sup>lt; 5th percentile height-for-age, CDC Growth Charts, 2000. 5% of children are expected to fall below the 5th percentile.

### Trends in prevalence of short stature\*



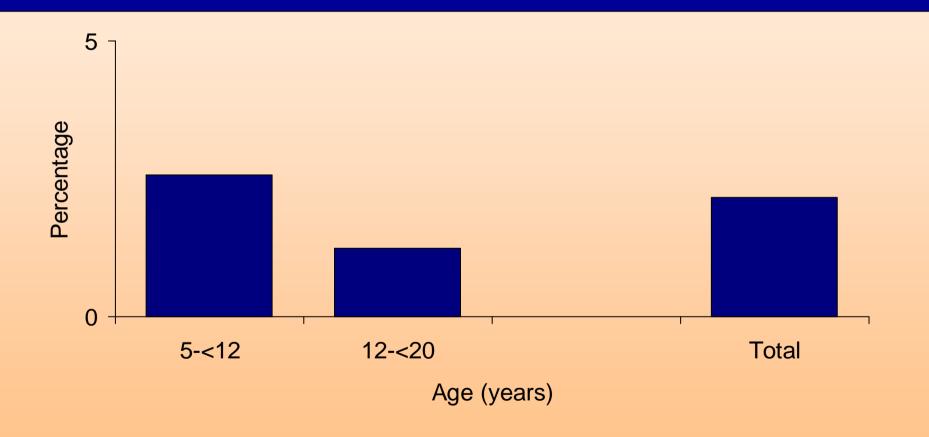
 <sup>\* &</sup>lt; 5th percentile height-for-age, CDC Growth Charts, 2000.</li>
 5% of children are expected to fall below the 5th percentile.

### Prevalence of underweight\*



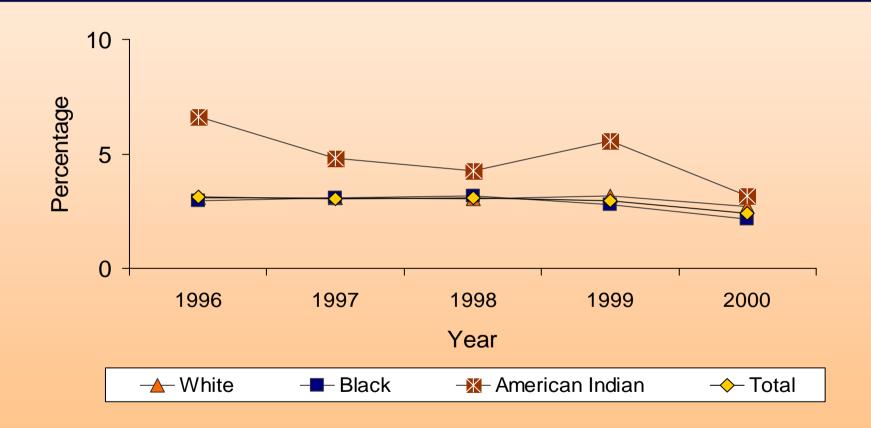
<sup>\* &</sup>lt; 5th percentile BMI-for-age, CDC Growth Charts, 2000. 5% of children are expected to fall below the 5th percentile.

### Prevalence of underweight\*



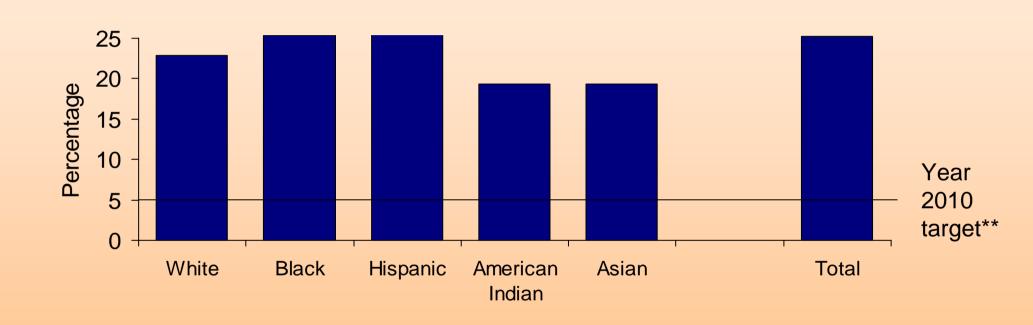
 <sup>\* &</sup>lt; 5th percentile BMI-for-age, CDC Growth Charts, 2000.</li>
 5% of children are expected to fall below the 5th percentile.

### Trends in prevalence of underweight\*



 <sup>\* &</sup>lt; 5th percentile BMI-for-age, CDC Growth Charts, 2000.</li>
 5% of children are expected to fall below the 5th percentile.

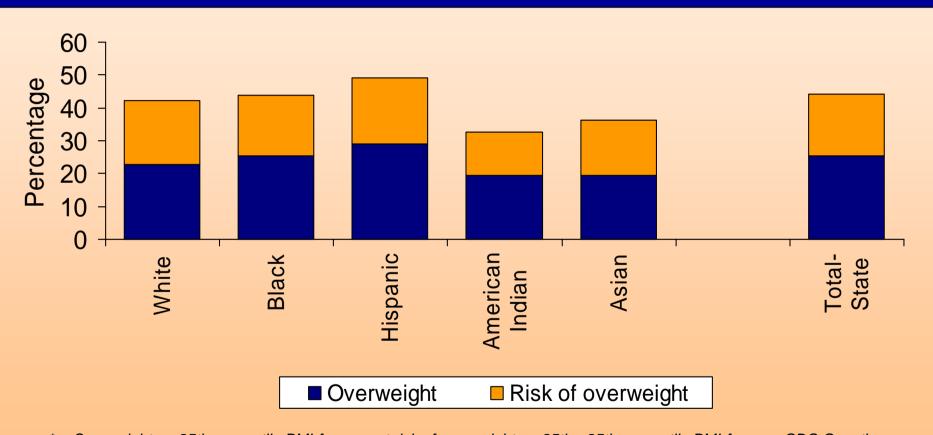
### Prevalence of overweight\*



<sup>\* ≥ 95</sup>th percentile BMI-for-age, CDC Growth Charts, 2000.

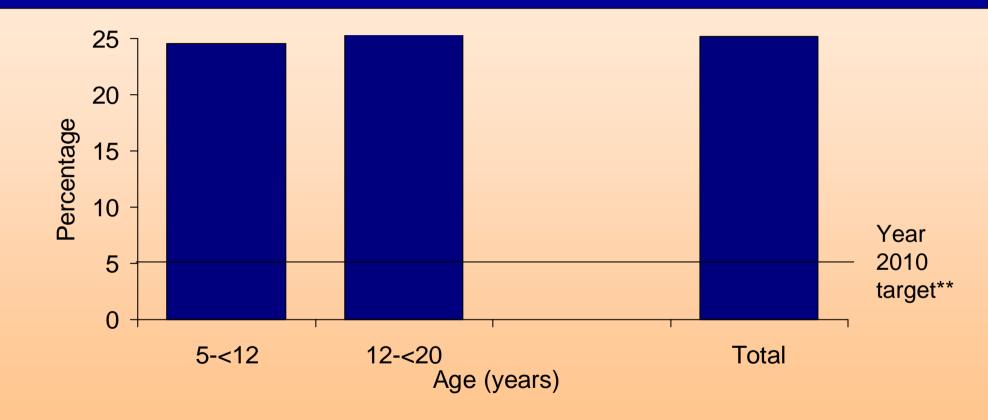
Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5%.

# Prevalence of overweight and risk of overweight\*



<sup>\*</sup> Overweight: ≥ 95th percentile BMI-for-age; at risk of overweight: ≥ 85th-<95th percentile BMI-for-age, CDC Growth Charts, 2000. 15% of children are expected to fall above the 85th percentile (5% above the 95th percentile and 10% between the 85th and 95th percentiles). Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight (≥ 95th percentile) to 5%.

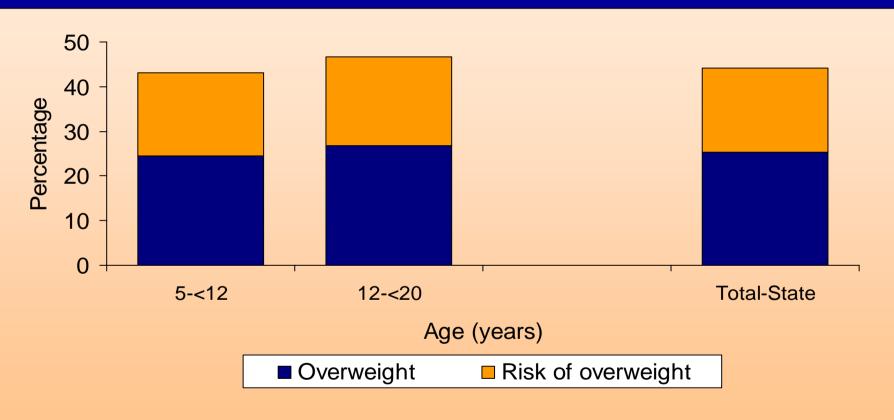
### Prevalence of overweight\*



<sup>\* &</sup>gt; 95th percentile BMI-for-age, CDC Growth Charts, 2000.

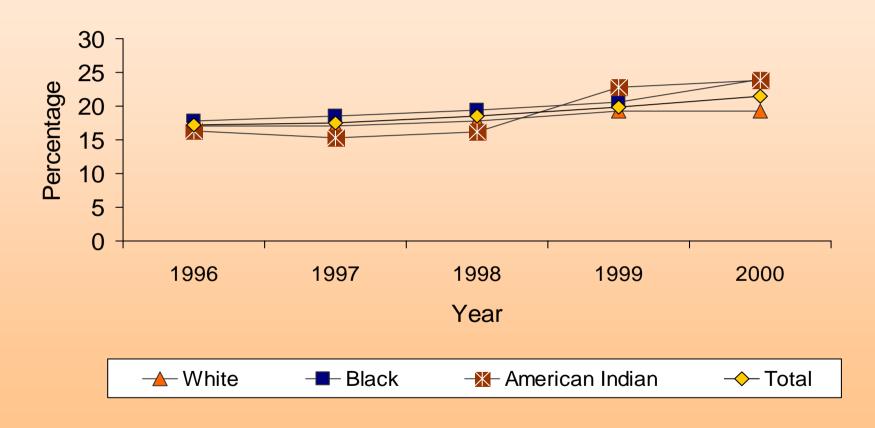
Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5%.

## Prevalence of overweight and risk of overweight\*



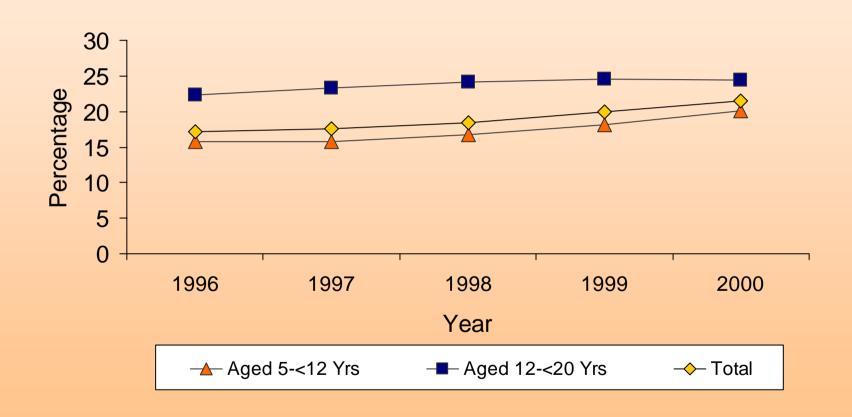
<sup>\*</sup> Overweight: ≥ 95th percentile BMI-for-age; at risk of overweight: ≥ 85th-<95th percentile BMI-for-age, CDC Growth Charts, 2000. 15% of children are expected to fall above the 85th percentile (5% above the 95th percentile and 10% between the 85th and 95th percentiles). Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight (≥ 95th percentile) to 5%.

### Trends in prevalence of overweight\*



<sup>\* ≥ 95</sup>th percentile BMI-for-age, CDC Growth Charts, 2000. Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5%.

### Trends in prevalence of overweight\*

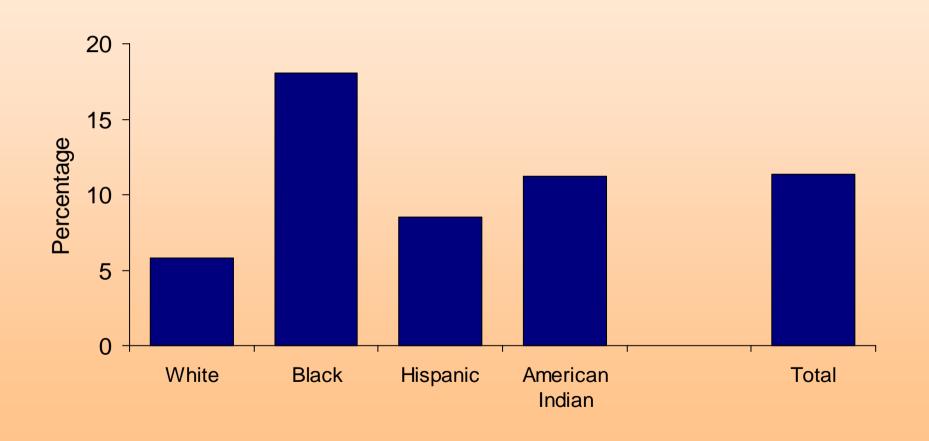


<sup>\* &</sup>gt; 95th percentile BMI-for-age, CDC Growth Charts, 2000.

Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5%.

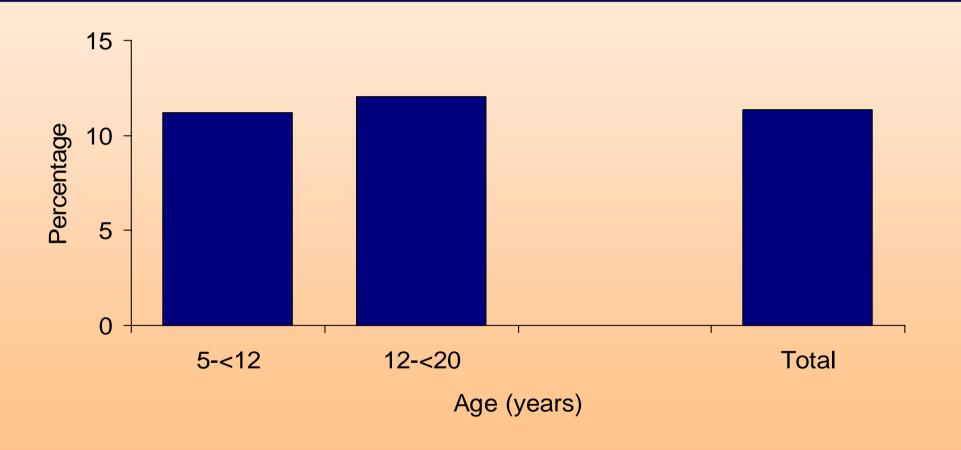
2005 NC8 PedNSS Table 20C

### Prevalence of anemia\*



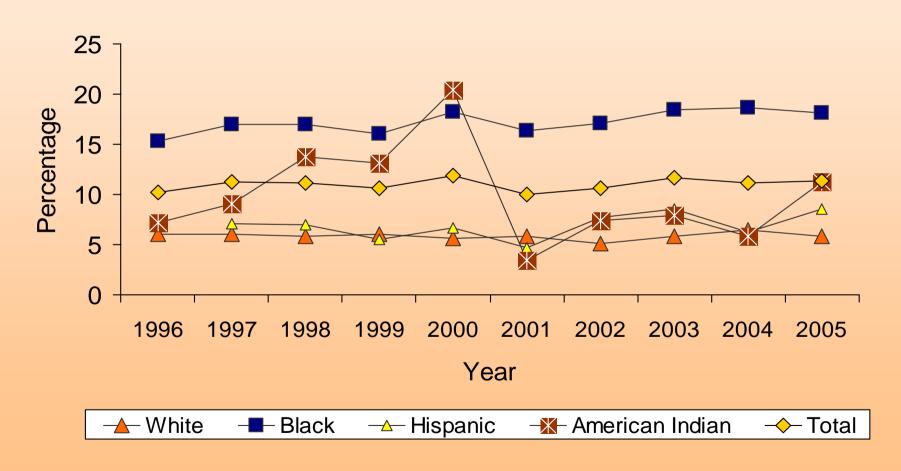
<sup>\*</sup> Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

### Prevalence of anemia\*



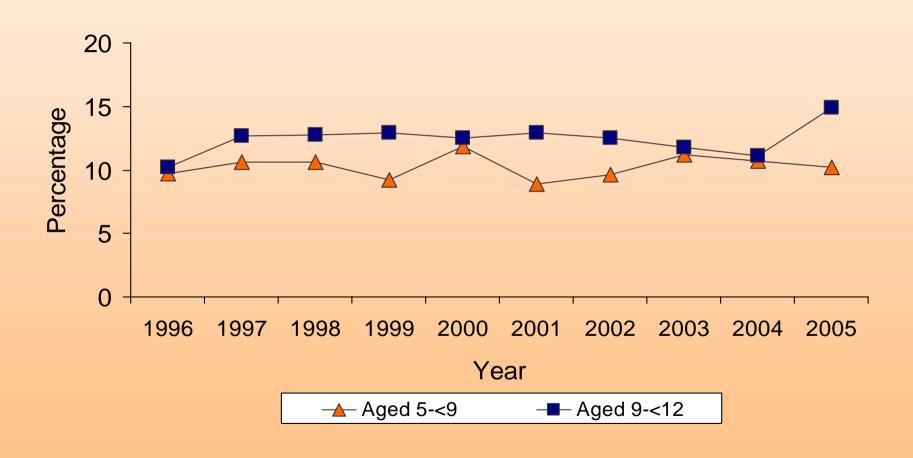
<sup>\*</sup> Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

### Trends in prevalence of anemia\*



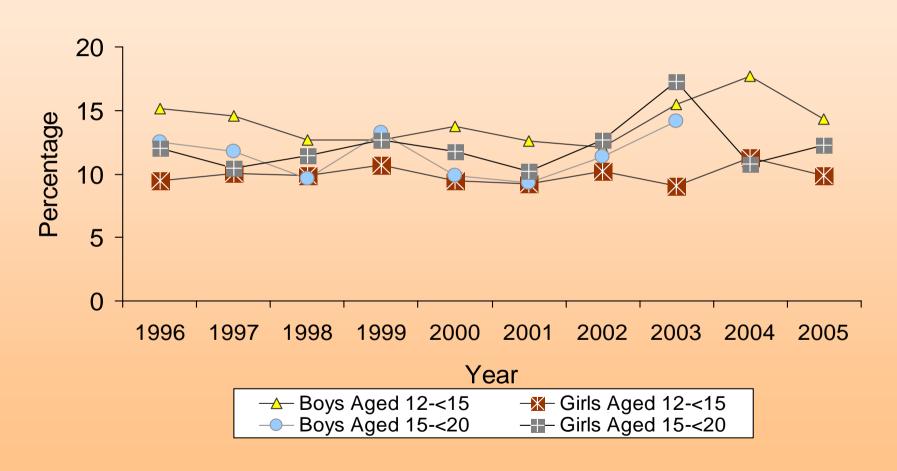
<sup>\*</sup> Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

### Trends in prevalence of anemia\*



<sup>\*</sup> Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.

### Trends in prevalence of anemia\*



<sup>\*</sup> Hb or Hct < 5th percentile, CDC MMWR vol. 47 (No. RR-3), 1998.