## NORTH CAROLINA

## Children Aged 5 to <20 Years

2005
Pediatric Nutrition Surveillance System

## Source of data

## among children aged 5 to <20 years

Percentage


* Early Periodic Screening, Diagnosis, and Treatment Program.
** Title V Maternal and Child Health Program.
+ Health Maintenance Organization


## Racial and ethnic distribution

## among children aged 5 to <20 years

Percentage


## Age distribution

among children aged 5 to <20 years


## Prevalence of short stature, underweight, and overweight* <br> among children aged 5 to <20 years



* Short stature: < 5th percentile height-for-age; underweight: < 5th percentile BMI-for-age; overweight: $\geq 95$ th


## Prevalence of short stature*

## among children aged 5 to <20 years, by race and ethnicity



## Prevalence of short stature*

## among children aged 5 to <20 years, by age



## Trends in prevalence of short stature*

## among children aged 5 to <20 years, by race and ethnicity



## Prevalence of underweight*

## among children aged 5 to <20 years, by race and ethnicity



## Prevalence of underweight*

## among children aged 5 to <20 years, by age



## Trends in prevalence of underweight*

## among children aged 5 to <20 years, by race and ethnicity



## Prevalence of overweight*

## among children aged 5 to <20 years, by race and ethnicity



* $\geq$ 95th percentile BMI-for-age, CDC Growth Charts, 2000.
** Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to $5 \%$.


## Prevalence of overweight and risk of overweight*

## among children aged 5 to <20 years, by race and ethnicity



## ■ Overweight $\quad \square$ Risk of overweight

* Overweight: $\geq$ 95th percentile BMI-for-age; at risk of overweight: $\geq 85$ th-<95th percentile BMI-for-age, CDC Growth Charts, 2000. 15\% of children are expected to fall above the 85th percentile ( $5 \%$ above the 95 th percentile and 10\% between the 85th and 95th percentiles). Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight ( $\geq 95$ th percentile) to $5 \%$.


## Prevalence of overweight*

## among children aged 5 to <20 years, by age



* $\geq$ 95th percentile BMI-for-age, CDC Growth Charts, 2000.
** Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5\%.


## Prevalence of overweight and risk of overweight*

## among children aged 5 to <20 years, by age



* Overweight: $\geq$ 95th percentile BMI-for-age; at risk of overweight: $\geq 85$ th-<95th percentile BMI-for-age, CDC Growth Charts, 2000. 15\% of children are expected to fall above the 85th percentile (5\% above the 95th percentile and 10\% between the 85th and 95th percentiles). Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight ( $\geq 95$ th percentile) to $5 \%$.

2005 NC8 PedNSS Table 8C

## Trends in prevalence of overweight*

## among children aged 5 to <20 years, by race and ethnicity



* $\geq$ 95th percentile BMI-for-age, CDC Growth Charts, 2000.

Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to $5 \%$.

## Trends in prevalence of overweight*

## among children aged 5 to <20 years, by age



* $\geq$ 95th percentile BMI-for-age, CDC Growth Charts, 2000.

Year 2010 target: reduce the proportion of children and adolescents aged 6 to 19 years who are overweight to 5\%.

## Prevalence of anemia*

among children aged 5 to <20 years, by race and ethnicity


## Prevalence of anemia*

among children aged 5 to <20 years, by age


## Trends in prevalence of anemia*

## among children aged 5 to <20 years, by race and ethnicity



## Trends in prevalence of anemia*

among children aged 5 to <12 years, by age


## Trends in prevalence of anemia*

## among children aged 12 to <20 years, by age



