#### Table 1C

### 2011 Pediatric Nutrition Surveillance North Carolina

#### **Summary of Demographic Indicators** Children Aged < 5 Years

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Total Records	Number
Individual Children	238,519
Total Records (All Visits)	315,919

Source	of Data	a		Number	%
WIC EPSDT Child Health-MCH Child Health-HMO Headstart School Health Other				238,519 0 0 0 0 0 0	100.0 0.0 0.0 0.0 0.0 0.0 0.0
<b>Total</b> <i>Excluded Unknown:</i>	0	0.0	%	238,519	100.0

(1)

(2,3)

Race/Ethnic Distribution	Number	%
White, Not Hispanic Black, Not Hispanic	87,822 75,808	37.0
Hispanic	67,556	31.9 28.5
American Indian/Alaska Native Asian/Pacific Islander	2,610 3,643	1.1 1.5
Multiple Races All Other	0	0.0
All Other	0	0.0
Total Excluded Unknown: 1,080 0.5 %	237,439	100.0

Age Distribution (4)	Number	%
0 - 5 Months 6 - 11 Months 12 - 23 Months 24 - 35 Months 3 - 4 Years	56,164 13,392 54,957 42,220 71,786	23.5 5.6 23.0 17.7 30.1
Total	238,519	100.0

% of Pove	erty Level		Number	%
0-50			23,461	10.0
51-100			11,121	4.7
101-130			7,011	3.0
131-150			5,762	2.4
151-185			7,414	3.2
186-200			108	0.0
Over 200			279	0.1
Adjunctive	e Eligibility		180,152	76.6
Total			235,308	100.0
Excluded Unknown:	3,211	1.3 %		

Program Participation	Number	%
WIC SNAP Medicaid TANF	238,519 238,519 238,519 238,519	41.3 83.6
Excluded Unknown: WIC SNAP Medicaid TANF	0 0 0 0	0.0 0.0 0.0 0.0

Migrant Statu	IS		Number	%
Yes No			1,204 237,315	0.5 99.5
Total			238,519	100.0
Excluded Unknown	0	0.0 %		



<sup>(1)</sup> Reporting period is January 1 through December 31.(2) Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

Records rejected if date of birth and date of visit unknown.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 2C 2011 Pediatric Nutrition Surveillance (1) North Carolina

### Summary of Health Indicators Children Aged < 5 Years (2)

Summary of Health Indicators (3)								
	North Car Prevale		Natior Prevale (Prior Y	nce				
	Number	%	Number	%				
Birthweight (4) Low High	54,086	9.7	1,851,546	9.0				
	54,086	6.7	1,851,546	6.3				
Height and Weight (5,6) < 5 Yrs Short Stature < 5 Yrs Underweight < 5 Yrs Obese	205,721	6.1	8,057,124	6.3				
	205,721	6.6	8,057,124	3.6				
	205,721	13.6	8,057,124	12.4				
≥ 2 Yrs Overweight	103,874	16.2	3,572,939	16.1				
≥ 2 Yrs Obese	103,874	15.4	3,572,939	14.4				
Anemia (7) Low Hb Low Hct Low Hb/Hct	154,258	15.2	5,147,185	14.7				
	14,741	5.8	435,650	10.9				
	162,946	14.7	5,391,027	14.6				
Breastfeeding (8) Ever Breastfed Breastfed At Least 6 Months Breastfed At Least 12 Months	54,697	63.0	1,689,615	63.2				
	23,200	23.2	908,604	25.1				
	34,586	18.1	1,069,942	16.9				
Smoking in Household ≤ 2 Hours TV Viewing/ Day (9)	0	*	4,203,554 1,200,700	9.4 79.2				

- (1) Reporting period is January 1 through December 31.
- (2) Analyses based on one record per child.
- (3) Excludes records with unknown data or errors.
- (4) Infants born during the reporting period included in the analysis. Low birthweight is defined as < 2500 grams and high birthweight is defined as > 4000 grams.
- (5) Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.
- (6) Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.
- (7) Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.
- (8) Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.
- (9) Children aged 2 years and older included in the analysis.
- Percentages are not calculated if < 100 records are available for analysis after exclusions.



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# Table 3C 2011 Pediatric Nutrition Surveillance North Carolina Summary of Breastfeeding Indicators

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Children Aged < 5 Years (2)

Summary of Breastfeeding Indicators (3)								
	North Caro Prevalend		Nationa Prevalend (Prior Yea	ce				
	Number	%	Number	%				
Breastfeeding Duration (4,5)								
Ever Breastfed	54,697	63.0	1,689,615	63.2				
Breastfed 1+ Weeks Breastfed 2+ Weeks Breastfed 3+ Weeks Breastfed 4+ Weeks Breastfed 6+ Weeks	23,885 17,984 14,687 12,945 11,265	67.9 60.0 56.3 53.3 45.2	1,377,351 1,047,691 856,066 754,209 655,027	60.6 57.9 54.5 51.2 44.1				
Breastfed 2+ Months Breastfed 3+ Months Breastfed 4+ Months Breastfed 5+ Months Breastfed 6+ Months	11,554 13,626 16,608 19,931 23,200	36.6 30.5 27.7 25.1 23.2	631,752 686,347 774,371 867,746 908,604	38.2 33.3 29.7 26.8 25.1				
Breastfed 9+ Months Breastfed 12+ Months	32,778 34,586	19.9 18.1	987,191 1,069,942	20.4 16.9				
Breastfed 18+ Months	23,384	16.1	794,365	10.9				
Exclusive Breastfeeding (6)	Exclusive Breastfeeding (6)							
Exclusively Breastfed at Least 3 Months Exclusively Breastfed at Least 6 Months	0	*	363,039 466,279	10.7 6.1				

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. For each breastfeding duration category, the analysis includes only children who turned that age during the reporting period by/on their date of visit. For example, infants who turned 9 months old during the reporting period by/on their date of visit are included in the 9+ months analysis.

<sup>(5)</sup> It is possible the analysis will show that slightly more infants are breastfed at older ages, e.g. 1+ week of age, than at younger ages, e.g. at birth (ever breastfed), due to variation in infants included in each breastfeeding analysis category.

<sup>(6)</sup> The analysis includes infants who were ever breastfed and who turned that age during the reporting period by/on their date of visit.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 4C

#### **2011 Pediatric Nutrition Surveillance** (1)

#### **North Carolina**

### **Comparison of Racial and Ethnic Distribution by Contributor to Nation**

Children Aged < 5 Years (2)

	Comparison of Racial and Ethnic Distribution											
Contributor	Number Included in	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other / Unknown				
	Analysis (3)	%	%	%	%	%	%	%				
North Carolina	238,519	36.8	31.8	28.3	1.1	1.5	0.0	0.5				
Nation (Prior Year)	8,672,965	32.5	19.1	39.7	0.9	2.5	2.7	2.5				



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<sup>(1)</sup> Reporting period is January 1 through December 31.(2) Analyses based on one record per child.

<sup>(3)</sup> Excludes records with errors.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 5C

### 2011 Pediatric Nutrition Surveillance (1)

#### North Carolina

#### Comparison of Age Distribution by Contributor to Nation Children Aged < 5 Years (2)

**Comparison of Age Distribution** Contributor Number 0 - 11 Months 12 - 23 Months 24 - 59 Months Included in Analysis (3,4) % % % 238,519 29.2 23.0 47.8 **North Carolina** Nation 8,672,965 33.7 22.1 44.2 (Prior Year)



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<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Records rejected if date of birth and date of visit unknown.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 6C 2011 Pediatric Nutrition Surveillance North Carolina (1)

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#### Comparison of Growth and Anemia Indicators by Contributor to Nation Children Aged < 5 Years (2)

			Comparis	on of Gr	owth an	d Aner	mia Indi	cators (3)	
		Birthweigh	t (4)			Н	eight and V	Veight (5,6)	Anemia
		Low	High		Short Stature	Under- weight	Obese	≥ 2 Yrs Overweight and Obese	Low Hb/Hct (7)
Contributor	Number	% <2500 g	% >4000 g	Number	%	%	%	Number % % Overweight Obese	Number %
North Carolina	54,086	9.7	6.7	205,721	6.1	6.6	13.6	103,874 16.2 15.4	162,946 14.7
Nation (Prior Year)	1,851,546	9.0	6.3	8,057,124	6.3	3.6	12.4	3,572,939 16.1 14.4	5,391,027 14.6



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

<sup>\*</sup> Percentages and ranks are not calculated if < 100 records are available for analysis after exclusions.

#### Table 7C 2011 Pediatric Nutrition Surveillance (1)

**North Carolina** 

Comparison of Breastfeeding, TV Viewing, and Smoking in Household by Contributor to Nation Children Aged < 5 Years (3)

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Comparison of Breastfeeding, TV Viewing, and Smoking in Household (4)									
		Breastfeeding (5)		Exclusive B	Breastfeeding (6)	<2 Hours TV Viewing/Day (7)	Smoking in Household		
Contributor	Number % Ever Breastfed	Number % Breastfed At Least 6 Months	Number % Breastfed At Least 12 Months	Number % Breastfed At Least 3 Months	Number % Breastfed At Least 6 Months	Number %	Number %		
North Carolina	54,697 63.0	23,200 23.2	34,586 18.1	0 *	0 *	0 *	0 *		
Nation (Prior Year)	1,689,615 63.2	908,604 25.1	1,069,942 16.9	363,039 10.7	466,279 6.1	1,200,700 79.2	4,203,554 9.4		



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> TV Viewing and Smoking in Household data are not reported by all contributors.

<sup>(3)</sup> Analyses based on one record per child.

<sup>(4)</sup> Excludes records with unknown data or errors.

<sup>(5)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

<sup>(6)</sup> The analysis includes infants who were ever breastfed and who turned that age during the reporting period by/on their date of visit.

<sup>(7)</sup> Children aged 2 years and older included in the analyses.

Percentages and ranks are not calculated if < 100 records are available for analysis after exclusions.

#### Table 8C 2011 Pediatric Nutrition Surveillance (1) North Carolina

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#### Growth and Anemia Indicators by Race/Ethnicity or Age Children Aged < 5 Years

	Growth	and An	emia In	dicators	by Rac	e/Ethn	icity o	r Age (	3)			
	Bii	rthweight (4	.)			Height	and Wei	ght (5,6)				
		Low %	High %		Short Stature	Under- weight	Obese	Ov	> <u>2</u> Yrs /erweight and Obese	d	Aner Low HI	b/Hct
	Number	<2500 g	>4000 g	Number	%	%	%	Number	% Overweight	% Obese	Number	%
Race/Ethnicity												
White, Not Hispanic	22,649	8.7	8.0	74,457	6.4	7.3	11.8	34,630	15.4	13.0	58,547	10.2
Black, Not Hispanic	18,315	12.5	4.2	65,268	6.2	7.8	12.6	31,906	14.8	13.4	50,285	21.3
Hispanic	11,483	6.9	8.2	59,713	5.4	4.6	17.2	34,126	18.3	19.8	49,120	13.2
American Indian/Alaska Native	549	11.3	6.7	2,303	7.2	5.7	15.7	1,350	16.1	17.1	1,919	10.7
Asian/Pacific Islander	928	9.2	5.9	3,060	7.4	7.5	10.8	1,413	13.8	10.4	2,331	15.4
Multiple Races	0	*	*	0	*	*	*	0	*	*	0	*
All Other	162	8.6	8.0	920	5.8	5.4	14.3	449	15.8	14.7	744	17.7
Total	54,086	9.7	6.7	205,721	6.1	6.6	13.6	103,874	16.2	15.4	162,946	14.7
Age												
0 - 11 Months	_	_	_	50,840	9.0	17.1	10.1	_	*	*	10,265	19.1
12 - 23 Months	_	_	-	51,007	7.1	1.1	13.6	_	*	*	53,196	18.7
24 - 35 Months	-	-	-	38,625	4.5	4.8	13.3	38,625	15.1	13.3	39,456	14.8
36 - 47 Months	-	-	-	34,868	4.0	4.2	16.2	34,868	16.4	16.2	34,661	11.2
48 - 59 Months	-	-	-	30,381	3.6	3.6	17.1	30,381	17.2	17.1	25,368	9.0
Total	-	-	-	205,721	6.1	6.6	13.6	103,874	16.2	15.4	162,946	14.7

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis. Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 9C

### 2011 Pediatric Nutrition Surveillance

North Carolina

Breastfeeding, TV Viewing, and Smoking in Household by Race/Ethnicity or Age
Children Aged < 5 Years
(3)

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(2)

(1)

Breastfeeding,	TV Viewin	g, and S	Smoking	in Hous	sehold by	Race/	Ethnicity	or Ag	<b>e</b> (4)	
			Breastf (5		<2 Hou TV/Vid Viewing/E	leo	Smoking in Household			
	Number % Ever Breastfed Breastfed At Least 6 Months		At Least 6	Number % Breastfed At Least 12 Months		Number	%	Number	%	
Race/Ethnicity										
White, Not Hispanic	22,854	63.3	9,117	20.4	12,877	15.0	0	*	0	*
Black, Not Hispanic	18,538	53.7	7,466	15.3	11,754	12.4	0	*	0	*
Hispanic	11,638	77.2	5,869	37.1	8,884	30.1	0	*	0	*
American Indian/Alaska Native	556	55.0	217	17.1	343	14.3	0	*	0	*
Asian/Pacific Islander	947	64.3	384	28.9	540	22.4	0	*	0	*
Multiple Races	0	*	0	*	0	*	0	*	0	*
All Other	164	72.0	147	29.9	188	16.5	0	*	0	*
Total	54,697	63.0	23,200	23.2	34,586	18.1	0	*	0	*
Age										
0 - 11 Months	-	-	-	-	-	-	0	*	0	*
12 - 23 Months	-	-	-	-	-	-	0	*	0	*
24 - 35 Months	-	-	-	-	-	-	0	*	0	*
36 - 47 Months	-	-	-	-	-	-	0	*	0	*
48 - 59 Months	-	-	-	-	-	-	0	*	0	*
Total	54,697	63.0	23,200	23.2	34,586	18.1	0	*	0	*



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> TV Viewing and Smoking in Household are not reported by all contributors.

<sup>(3)</sup> Analyses based on one record per child.

<sup>(4)</sup> Excludes records with unknown data or errors.

<sup>(5)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

<sup>(6)</sup> Children aged 2 years and older included in the analysis

Percentages are not calculated if < 100 records are available for analysis after exclusions.

### Table 10C 2011 Pediatric Nutrition Surveillance (1) North Carolina

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#### **Summary of Trends in Racial and Ethnic Distribution** Children Aged < 5 Years (2)

		Sur	nmary of Trer	nds in Racial	and Ethnic Dis	stribution		
Year	Number Included in	White, Not Hispanic	Black, Not Hispanic	Hispanic	American Indian/Alaska Native	Asian/Pacific Islander	Multiple Races	All Other / Unknown
	Analysis (3)	%	%	%	%	%	%	%
2011	238,519	36.8	31.8	28.3	1.1	1.5	0.0	0.5
2010	242,000	35.7	31.2	29.7	1.0	1.4	0.0	1.1
2009	246,877	36.1	30.7	30.1	0.9	1.3	0.0	0.9
2008	241,867	35.9	31.3	29.8	1.0	1.2	0.0	0.8
2007	225,666	36.2	31.3	29.5	1.1	1.3	0.0	0.6
2006	211,961	37.2	31.9	28.0	1.1	1.2	0.0	0.5
2005	208,992	26.8	22.8	19.0	0.8	1.1	0.0	29.6
2004	219,926	38.8	33.5	25.0	1.2	1.6	0.0	0.0
2003	202,642	42.7	34.8	18.6	1.3	2.6	0.0	0.0
2002	184,727	40.2	35.6	21.5	1.2	1.5	0.0	0.0
2001	191,177	45.1	37.1	13.9	1.5	2.5	0.0	0.0
2000	189,367	45.3	38.2	12.3	1.6	2.6	0.0	0.0
1999	192,994	44.5	39.3	12.1	1.8	2.4	0.0	0.0
1998	202,224	43.5	40.4	12.5	1.9	1.7	0.0	0.0
1997	202,922	44.0	41.6	10.8	1.8	1.7	0.0	0.0
1996	201,120	50.7	44.1	2.8	1.8	0.0	0.0	0.8
1995	175,156	49.8	45.6	2.2	1.7	0.0	0.0	0.8
1994	197,536	49.1	46.7	1.7	1.7	0.0	0.0	0.7
1993	104,280	45.1	47.4	4.5	2.3	0.7	0.0	0.0



<sup>(1)</sup> Reporting period is January 1 through December 31.
(2) Analyses based on one record per child.
(3) Excludes records with errors.
\* Percentages are not calculated if < 100 records are available for analysis after exclusions.</li>

### Table 10C 2011 Pediatric Nutrition Surveillance (1) North Carolina

**Summary of Trends in Racial and Ethnic Distribution** Children Aged < 5 Years (2)

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		Sui	nmary of Trer	nds in Racial	and Ethnic Dis	stribution		
Year	Number Included in Analysis (3)	White, Not Hispanic %	Black, Not Hispanic %	Hispanic %	American Indian/Alaska Native %	Asian/Pacific Islander %	Multiple Races	All Other / Unknown %
1992	162,047	45.5	47.4	4.0	2.3	0.7	0.0	0.0
1991	147,788	45.3	48.3	3.4	2.4	0.6	0.0	0.0
1990	142,296	45.3	49.0	2.7	2.3	0.6	0.0	0.0
1989	135,900	45.4	49.4	2.3	2.3	0.6	0.0	0.0
1988	120,632	44.4	50.6	2.0	2.4	0.6	0.0	0.0
1987	84,545	43.0	52.3	1.8	2.3	0.5	0.0	0.0
1986	13,297	40.5	56.3	0.7	1.8	0.7	0.0	0.0
1985	13,354	40.3	56.3	0.5	2.5	0.5	0.0	0.0
1984	18,830	37.5	59.4	0.5	2.0	0.6	0.0	0.0
1983	20,922	34.7	62.4	0.6	1.5	0.6	0.0	0.0
1982	20,450	34.4	62.2	0.6	2.2	0.5	0.0	0.1
1981	24,725	35.0	61.6	0.6	2.3	0.5	0.0	0.0
1980	14,933	35.6	62.2	0.4	1.1	0.6	0.0	0.0
1979	12	*	*	*	*	*	*	*



<sup>(1)</sup> Reporting period is January 1 through December 31.
(2) Analyses based on one record per child.
(3) Excludes records with errors.
\* Percentages are not calculated if < 100 records are available for analysis after exclusions.</li>

#### Table 11C **2011 Pediatric Nutrition Surveillance** (1) **North Carolina**

**Summary of Trends in Age Distribution** Children Aged < 5 Years (2)

	Summa	ry of Trends in Age	Distribution (3)	
Year	Number Included in Analysis (4)	0-11 Months %	12-23 Months %	24-59 Months %
2011	238,519	29.2	23.0	47.8
2010	242,000	29.0	23.0	47.9
2009	246,877	30.9	22.9	46.3
2008	241,867	32.8	23.1	44.1
2007	225,666	35.5	22.0	42.5
2006	211,961	36.1	21.7	42.2
2005	208,992	34.3	21.4	44.2
2004	219,926	36.8	21.3	41.8
2003	202,642	34.5	21.8	43.7
2002	184,727	32.3	22.7	44.9
2001	191,177	36.4	21.9	41.6
2000	189,367	38.8	21.3	39.9
1999	192,994	37.3	20.9	41.7
1998	202,224	36.8	20.4	42.8
1997	202,922	35.9	20.1	44.0
1996	201,120	35.5	20.5	44.1
1995	175,156	34.7	20.8	44.5
1994	197,536	36.7	20.5	42.8

<sup>(1)</sup> Reporting period is January 1 through December 31.(2) Analyses based on one record per child.



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<sup>(3)</sup> Records rejected if date of birth and date of visit unknown.

<sup>(4)</sup> Excludes records with unknown data or errors.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 11C **2011 Pediatric Nutrition Surveillance** (1) **North Carolina**

**Summary of Trends in Age Distribution** Children Aged < 5 Years (2)

	Summa	ary of Trends in Age	Distribution (3)	
Year	Number	0-11 Months	12-23 Months	24-59 Months
	Included in Analysis (4)	%	%	%
1993	104,280	29.3	25.5	45.2
1992	162,047	40.0	24.0	36.0
1991	147,788	43.6	23.1	33.2
1990	142,296	42.2	23.0	34.8
1989	135,900	40.7	22.6	36.8
1988	120,632	40.7	23.1	36.3
1987	84,545	36.3	23.8	40.0
1986	13,297	62.4	11.6	26.1
1985	13,354	63.7	12.0	24.3
1984	18,830	52.0	16.8	31.2
1983	20,922	45.4	16.7	37.9
1982	20,450	47.4	16.2	36.4
1981	24,725	46.4	18.7	34.9
1980	14,933	39.8	22.0	38.2
1979	12	*	*	*



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<sup>(1)</sup> Reporting period is January 1 through December 31.(2) Analyses based on one record per child.

<sup>(3)</sup> Records rejected if date of birth and date of visit unknown.

<sup>(4)</sup> Excludes records with unknown data or errors.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

## Table 12C 2011 Pediatric Nutrition Surveillance (1)

North Carolina
Summary of Trends in Growth and Anemia Indicators
Children Aged < 5 Years (2)

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		S	ummary	of Tren	ds in C	Growth	and A	nemia In	dicato	<b>'</b> S <sup>(3)</sup>		
	Bi	irthweight (	4)			Height	t and Wei	ght (5,6)			Anen Low Hb	
Year		Low	High		Short Stature	Under- weight	Obese		>_2 Yrs rweight a Obese	nd	(7)	/HCt
	Number	% <2500 g	% >4000 g	Number	%	%	%	Number Ov	% erweight	% Obese	Number	%
2011	54,086	9.7	6.7	205,721	6.1	6.6	13.6	103,874	16.2	15.4	162,946	14.7
2010	54,076	9.8	6.5	208,743	6.0	6.6	13.8	105,392	16.2	15.5	164,526	13.8
2009	57,396	9.9	6.5	212,200	5.9	6.8	13.9	104,323	15.9	15.2	163,488	13.4
2008	61,064	9.8	6.5	202,990	6.0	6.8	14.2	96,381	16.3	15.7	154,344	12.5
2007	60,884	9.9	6.5	185,665	6.2	7.2	13.7	85,511	15.9	15.3	140,180	13.4
2006	58,519	9.7	6.7	173,436	6.2	7.5	13.8	80,161	15.7	15.4	128,357	12.2
2005	54,813	9.8	6.8	168,930	5.9	7.3	13.7	81,449	15.8	14.7	129,106	11.6
2004	63,940	9.8	7.1	169,930	6.1	7.9	13.8	78,020	15.8	14.9	133,569	11.7
2003	53,434	9.9	7.2	158,708	6.1	7.8	13.5	75,206	15.5	14.5	128,056	11.8
2002	44,008	9.9	7.0	146,540	5.9	7.7	13.2	71,200	14.7	13.7	123,382	11.7

<sup>(1)</sup> Reporting period is January 1 through December 31.



<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 12C 2011 Pediatric Nutrition Surveillance (1) **North Carolina**

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#### Summary of Trends in Growth and Anemia Indicators Children Aged < 5 Years (2)

		S	ummary	of Tren	ds in C	Growth	and A	nemia In	dicatoı	<b>'S</b> (3)		
	Ві	irthweight (	4)			Height	and Wei	ght (5,6)			Anen Low Hb	-
Year		Low	High		Short Stature	Under- weight	Obese		>_2 Yrs rweight a Obese	nd	(7)	
	Number	% <2500 g	% >4000 g	Number	%	%	%	Number Ov	% /erweight	% Obese	Number	%
2001	52,692	9.4	7.5	143,912	5.7	9.0	12.3	65,418	14.1	12.3	117,713	11.7
2000	58,303	9.2	8.0	150,442	6.1	9.1	12.3	66,317	14.1	12.8	112,105	11.4
1999	56,381	9.2	8.2	156,459	6.2	9.1	11.5	72,151	14.0	11.6	118,457	11.2
1998	58,242	9.3	8.2	174,488	6.1	9.5	11.1	80,936	13.7	11.2	127,421	11.7
1997	55,789	9.2	8.2	195,641	5.9	10.5	10.2	87,598	13.6	10.4	132,707	11.8
1996	54,855	9.3	8.2	193,540	6.1	10.5	10.0	86,740	13.4	9.9	133,469	11.7
1995	42,289	9.3	8.5	72,223	7.8	5.9	11.0	35,566	14.3	10.4	119,072	12.0
1994	52,788	9.2	8.6	49,978	10.6	3.0	11.0	22,335	14.7	10.7	134,165	11.1
1993	21,114	9.4	8.2	101,779	5.6	8.0	7.9	46,396	12.7	8.7	78,503	12.4
1992	50,853	9.3	8.3	157,469	5.6	9.7	7.3	57,477	12.5	8.6	108,755	11.7

<sup>(1)</sup> Reporting period is January 1 through December 31.



<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

## Table 12C 2011 Pediatric Nutrition Surveillance (1)

North Carolina
Summary of Trends in Growth and Anemia Indicators
Children Aged < 5 Years (2)

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		S	ummary	of Tren	ds in C	Frowth	and A	nemia In	dicator	<b>s</b> (3)		
	В	irthweight (	4)			Height	and Wei	ght (5,6)			Aner Low HI	
Year		Low	High		Short Stature	Under- weight	Obese	Ove	>_2 Yrs rweight ar Obese	nd	(7)	
	Number	% <2500 g	% >4000 g	Number	%	%	%	Number Ov	% /erweight	% Obese	Number	%
1991	49,985	9.3	7.9	143,286	5.8	10.4	7.3	48,275	12.5	8.8	95,500	13.3
1990	47,230	9.3	7.9	137,877	5.8	10.1	7.5	48,657	12.8	8.9	92,655	12.5
1989	43,346	9.6	7.7	132,007	5.8	9.6	7.0	49,135	12.3	8.1	90,591	12.0
1988	38,859	9.4	7.6	117,289	6.1	9.4	6.9	42,995	11.9	7.9	80,179	12.0
1987	24,188	9.9	7.7	82,335	6.1	8.9	6.9	33,422	11.6	7.2	58,820	12.0
1986	586	13.0	6.7	12,657	5.1	9.7	4.1	3,386	12.3	7.4	3,868	10.1
1985	0	*	*	12,956	6.8	11.1	5.1	3,202	11.1	5.9	5,712	10.8
1984	0	*	*	17,784	6.6	9.6	5.5	5,675	11.2	6.2	9,901	9.7
1983	0	*	*	19,517	6.8	9.4	6.4	7,565	11.7	6.9	12,839	8.8
1982	0	*	*	19,300	6.7	9.8	6.2	7,154	11.4	6.9	12,343	11.0

<sup>(1)</sup> Reporting period is January 1 through December 31.



<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 12C

### 2011 Pediatric Nutrition Surveillance (1) North Carolina

#### Summary of Trends in Growth and Anemia Indicators Children Aged < 5 Years (2)

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		S	ummary	of Trer	nds in C	Frowth	and A	nemia In	dicato	<b>'S</b> (3)		
	Bi	rthweight (	4)			Height	and Wei	ght (5,6)			Aner Low H	-
Year		Low	High		Short Stature	Under- weight	Obese	Ove	>_2 Yrs erweight a Obese	nd	(7)	
	Number	% <2500 g	% >4000 g	Number	%	%	%	Number O	% verweight	% Obese	Number	%
1981	0	*	*	23,700	6.8	9.4	6.3	8,340	11.7	6.9	15,926	14.4
1980	0	*	*	14,171	6.2	8.7	7.2	5,511	11.5	7.4	10,690	13.8
1979	0	*	*	9	*	*	*	3	*	*	6	*

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.





<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

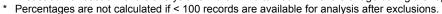
# Table 13C 2011 Pediatric Nutrition Surveillance (1) North Carolina

Summary of Trends in Breastfeeding Children Aged < 5 Years (2)

	Sı	ımmary of	Trends in	n Breastfe	eding (3)	l						
	Breastfeeding (4)											
Year	Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months						
2011	54,697	63.0	23,200	23.2	34,586	18.1						
2010	54,631	61.4	21,967	22.8	35,786	17.4						
2009	58,016	60.5	23,261	21.9	36,455	16.2						
2008	61,414	60.3	23,662	21.3	36,838	15.5						
2007	61,234	58.3	22,141	20.6	31,906	15.0						
2006	58,967	57.1	20,152	19.6	29,092	14.9						
2005	55,236	53.6	19,700	19.6	28,312	15.3						
2004	64,406	53.0	19,988	18.7	30,640	15.2						
2003	53,852	52.4	19,177	18.9	28,079	14.3						
2002	44,392	51.2	18,141	17.7	26,792	13.5						

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.





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<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

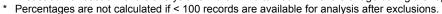
# Table 13C 2011 Pediatric Nutrition Surveillance (1) North Carolina

Summary of Trends in Breastfeeding Children Aged < 5 Years (2)

ı	Sı	ımmary of	Trends in	n Breastfe	eding (3)	) 
				otfeeding (4)		
Year	Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months
2001	53,216	50.4	18,880	16.6	27,230	12.6
2000	58,869	47.9	17,827	15.0	26,101	10.9
1999	56,772	45.1	16,499	14.4	24,575	10.8
1998	53,509	44.3	17,558	13.6	25,664	9.6
1997	49,776	42.0	16,683	13.3	24,538	10.2
1996	47,951	40.2	16,096	13.3	24,369	10.3
1995	37,680	36.2	11,434	11.7	18,647	9.0
1994	44,303	33.4	16,374	11.4	23,050	8.2
1993	21,224	26.3	1,569	10.4	9,274	5.8
1992	51,177	25.0	18,438	7.5	25,843	4.3

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.





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<sup>(2)</sup> Analyses based on one record per child.

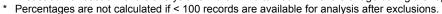
<sup>(3)</sup> Excludes records with unknown data or errors.

# Table 13C 2011 Pediatric Nutrition Surveillance (1) North Carolina

Summary of Trends in Breastfeeding Children Aged < 5 Years (2)

	Sı	ımmary of	Trends ir	n Breastfe	eding (3)	)
				etfeeding (4)		
Year	Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months
1991	50,241	24.2	17,852	6.3	22,719	4.5
1990	47,400	25.3	15,968	7.6	21,106	8.0
1989	43,481	23.9	15,248	14.5	20,377	14.0
1988	38,985	23.2	13,687	15.2	18,723	14.7
1987	24,277	24.2	12,301	15.0	15,142	20.8
1986	577	29.6	85	*	89	*

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.





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<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

# Table 14C 2011 Pediatric Nutrition Surveillance North Carolina Children Aged < 5 Years

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This table is forthcoming. It may present changes over time in the prevalence of short stature, underweight, overweight, or anemia among cohorts of children participating in the PedNSS.



# Table 15C 2011 Pediatric Nutrition Surveillance North Carolina Children Aged < 5 Years

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This table is forthcoming. It may present changes over time in the prevalence of short stature, underweight, overweight, or anemia among cohorts of children participating in the PedNSS.



#### Table 16C 2011 Pediatric Nutrition Surveillance (1) **North Carolina**

**Growth Indicators by Race/Ethnicity and Age** Children Aged < 5 Years (2)

**Growth Indicators by Race/Ethnicity and Age** Underweight > 2 Yrs Overweight and Obese Short Stature Obese (4,5)(4,5)(4,5)(4,5)% % % % Number Number Number % Number Obese Overweight White, Not Hispanic 0 - 11 Months 21,164 8.9 21,164 17.0 21,164 9.4 0 0.0 0.0 18,663 18,663 12.4 0 0.0 0.0 12 - 23 Months 6.8 18,663 1.0 24 - 59 Months 34,630 4.6 34,630 4.8 34,630 13.0 34.630 13.0 15.4 Total 74,457 6.4 74,457 7.3 74,457 11.8 34,630 15.4 13.0 Black, Not Hispanic 0 0 - 11 Months 16.281 10.2 16,281 19.3 16,281 10.3 0.0 0.0 0 12 - 23 Months 17,081 17,081 1.4 17,081 13.2 0.0 0.0 7.5 24 - 59 Months 31.906 3.5 31.906 5.4 31.906 13.4 31.906 14.8 13.4 Total 65,268 6.2 65,268 7.8 65,268 12.6 31,906 14.8 13.4 Hispanic 0 - 11 Months 11,855 7.3 11,855 14.7 11,855 11.1 0 0.0 0.0 13.732 12 - 23 Months 7.2 13.732 0.7 13.732 15.7 0.0 0.0 24 - 59 Months 34.126 4.0 34.126 2.6 34.126 19.8 34.126 18.3 19.8 Total 59.713 5.4 59,713 4.6 59,713 17.2 34,126 18.3 19.8 American Indian/Alaska Native 0 - 11 Months 489 12.5 489 14.7 489 11.9 0 0.0 0.0 0.0

12 - 23 Months

24 - 59 Months

Total

1.9

3.7

5.7

464

1,350

2.303

15.5

17.1

15.7

1,350

1.350

464

1,350

2.303

7.3

5.2

7.2

464

1,350

2.303



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0.0

16.1

16.1

17.1

17.1

23

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<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(5)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 16C 2011 Pediatric Nutrition Surveillance (1) North Carolina

Growth Indicators by Race/Ethnicity and Age Children Aged < 5 Years (2) Page: 24 Run Date: 3/13/2012

	G	rowth Inc	dicators by	Race/Ethr	nicity and A	ge <sup>(3)</sup>				
	Short Si (4,5		Underweight (4,5)			Obese (4,5)		≥ 2 Yrs Overweight and Obes (4,5)		
	Number	%	Number	%	Number	%	Number	% Overweight	% Obese	
Asian/Pacific Islander										
0 - 11 Months	862	9.2	862	14.0	862	11.3	0	0.0	0.0	
12 - 23 Months	785	8.2	785	3.1	785	11.0	0	0.0	0.0	
24 - 59 Months	1,413	5.9	1,413	5.9	1,413	10.4	1,413	13.8	10.4	
Total	3,060	7.4	3,060	7.5	3,060	10.8	1,413	13.8	10.4	
Multiple Races										
0 - 11 Months	0	*	0	*	0	*	0	*	*	
12 - 23 Months	0	*	0	*	0	*	0	*	*	
24 - 59 Months	0	*	0	*	0	*	0	*	*	
Total	0	*	0	*	0	*	0	*	*	
All Other/Unknown										
0 - 11 Months	189	8.5	189	11.1	189	12.7	0	0.0	0.0	
12 - 23 Months	282	6.0	282	2.5	282	14.9	0	0.0	0.0	
24 - 59 Months	449	4.5	449	4.9	449	14.7	449	15.8	14.7	
Total	920	5.8	920	5.4	920	14.3	449	15.8	14.7	
Total All Race/Ethnic Groups										
0 - 11 Months	50,840	9.0	50,840	17.1	50,840	10.1	0	0.0	0.0	
12 - 23 Months	51,007	7.1	51,007	1.1	51,007	13.6	0	0.0	0.0	
24 - 59 Months	103,874	4.1	103,874	4.2	103,874	15.4	103,874	16.2	15.4	
Total	205,721	6.1	205,721	6.6	205,721	13.6	103,874	16.2	15.4	

<sup>(1)</sup> Reporting period is January 1 through December 31.



<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(5)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 17C 2011 Pediatric Nutrition Surveillance (1) North Carolina

Anemia Indicators by Race/Ethnicity and Age
Children Aged < 5 Years (2)

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	Anemia	Indicators	y Race/Ethnicity and Age (3, 4)		
	Number	Anemia Low Hb/Hct %	, , , , , , , , , , , , , , , , , , ,	Number	Anemia Low Hb/Hct %
White, Not Hispanic			Asian/Pacific Islander		
6 - 11 Months	4.416	14.3	6 - 11 Months	161	14.9
12 - 17 Months	11,864	15.1	12 - 17 Months	515	17.1
18 - 23 Months	7,903	11.1	18 - 23 Months	339	15.0
24 - 35 Months	14,018	9.9	24 - 35 Months	561	18.9
36 - 59 Months	20,346	6.4	36 - 59 Months	755	12.1
Total	58,547	10.2	Total	2,331	15.4
Black, Not Hispanic	, -		Multiple Races	,,,,,,,	
6 - 11 Months	2,758	23.6	6 - 11 Months	Ιo	*
12 - 17 Months	10,600	25.8	12 - 17 Months	0	*
18 - 23 Months	6,857	24.7	18 - 23 Months	0	*
24 - 35 Months	12,259	21.4	24 - 35 Months	0	*
36 - 59 Months	17,811	16.9	36 - 59 Months	0	*
Total	50,285	21.3	Total	0	*
Hispanic			All Other/Unknown		
6 - 11 Months	2,787	22.5	6 - 11 Months	62	*
12 - 17 Months	8,177	19.4	12 - 17 Months	186	24.7
18 - 23 Months	6,162	16.0	18 - 23 Months	103	18.4
24 - 35 Months	11,897	13.8	24 - 35 Months	168	16.7
36 - 59 Months	20,097	8.2	36 - 59 Months	225	12.0
Total	49,120	13.2	Total	744	17.7
American Indian/Alaska Native			Total All Race/Ethnic Groups		
6 - 11 Months	81	*	6 - 11 Months	10,265	19.1
12 - 17 Months	319	17.2	12 - 17 Months	31,661	19.9
18 - 23 Months	171	17.0	18 - 23 Months	21,535	17.0
24 - 35 Months	553	8.3	24 - 35 Months	39,456	14.8
36 - 59 Months	795	7.7	36 - 59 Months	60,029	10.2
Total	1,919	10.7	Total	162,946	14.7



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

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Summary of Trends in Growth and Anemia Indicators by Race/Ethnicity Children Aged < 5 Years (2)

	Sumi	mary of T	Γ <mark>re</mark> nds ir	n Growtl	h and Ar	nemia In	dicato	rs by F	Race/Eth	nicity (3)			
Race/Ethnicity and Year		E	Birthweight	(4)			Heigh	t and We	eight (5,6)			Ane	mia
			Low	High		Short Stature	Under- weight	Obese	Over	≥ 2 Yrs veight and Obe	ese	Low H	lb/Hct
		Number	% <2500 g	% >4000 g	Number	%	%	%	Number	% Overweight	% Obese	Number	%
White, Not Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	22,649 21,820 23,058 23,674 23,551 23,314 18,991 27,347 23,556 19,234	8.7 9.1 9.4 9.4 9.6 9.7 9.4 9.7	8.0 8.1 7.6 7.6 7.6 7.9 8.1 8.2 8.5 8.1	74,457 73,294 75,275 71,283 66,086 62,837 42,572 64,104 66,949 58,098	6.4 6.4 6.1 6.3 6.6 6.4 6.5 6.2 6.3 6.2	7.3 7.3 7.4 7.4 8.0 8.3 8.9 8.4 7.6 7.8	11.8 11.9 12.1 12.3 11.7 12.0 11.6 12.0 12.7 11.8	34,630 34,347 34,751 32,592 29,318 27,664 19,419 27,711 30,603 27,503	15.4 15.5 15.3 15.4 15.2 14.9 15.0 15.2 15.3 14.4	13.0 12.7 12.8 13.1 12.7 13.0 12.3 12.7 13.5 12.2	58,547 57,564 58,556 55,712 51,378 48,585 31,162 51,916 56,674 49,917	10.2 9.6 9.2 8.9 9.6 8.9 9.0 9.0 9.2 8.6
Black, Not Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	18,315 18,146 18,991 20,157 20,308 19,526 14,929 21,631 18,140 15,038	12.5 12.9 13.1 13.1 13.0 12.4 13.3 12.6 12.3 12.3	4.2 4.1 4.2 4.1 4.2 4.4 4.7 4.7 5.0 5.0	65,268 64,914 64,883 63,100 57,632 55,322 37,805 57,653 56,196 52,936	6.2 6.1 6.2 6.0 6.3 6.2 6.1 5.9 5.9	7.8 7.9 8.3 8.0 8.4 8.6 9.1 9.1 8.6 8.3	12.6 12.5 12.6 12.8 12.1 12.6 12.3 12.8 12.9	31,906 31,679 30,978 29,486 26,190 25,666 18,792 27,172 27,650 26,762	14.8 14.5 14.4 14.9 14.3 14.1 14.7 14.6 14.4	13.4 13.3 12.6 12.9 12.7 12.9 12.5 12.9 13.2 12.5	50,285 49,417 47,828 45,987 41,616 38,898 24,623 43,123 43,712 43,574	21.3 19.9 19.6 18.0 19.1 17.3 16.2 16.3 16.3

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

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Summary of Trends in Growth and Anemia Indicators by Race/Ethnicity Children Aged < 5 Years (2)

Race/Ethnicity and Year		E	Birthweight	(4)			Heigh	t and We	ight (5,6)			Anei	mia
			Low	High		Short Stature	Under- weight	Obese	Oven	≥ 2 Yrs weight and Obe	ese	Low H	b/Hct
		Number	% <2500 g	% >4000 g	Number	%	%	%	Number	% Overweight	% Obese	Number	%
Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	11,483 12,209 13,593 15,160 15,125 13,901 10,551 13,229 9,727 8,454	6.9 6.6 6.1 6.2 6.6 6.0 6.3 6.4 6.2 6.8	8.2 7.5 8.0 8.1 7.9 8.0 8.2 8.8 8.7	59,713 63,433 65,516 62,577 56,670 50,388 32,692 43,478 29,464 31,646	5.4 5.4 5.6 5.7 5.8 5.9 5.9 6.4 5.9	4.6 4.4 4.5 4.8 5.1 5.3 6.0 5.7 6.7 6.1	17.2 17.6 17.6 17.9 17.8 17.7 17.5 17.7 16.8 16.9	34,126 35,776 35,284 31,419 27,390 24,388 16,580 20,814 13,974 14,833	18.3 18.3 17.9 18.5 18.3 18.2 18.5 18.2 18.0 17.0	19.8 20.4 20.1 21.2 20.8 20.9 20.6 20.5 19.7 19.0	49,120 52,122 52,206 48,266 43,246 37,380 22,276 34,830 22,638 26,717	13.2 12.6 12.5 11.7 12.6 11.3 9.6 10.3 9.9
American Indian/Alaska Native	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	549 452 429 606 723 749 567 749 774 583	11.3 11.7 14.2 9.9 10.0 10.4 11.6 11.3 11.6 9.8	6.7 6.0 7.0 5.1 5.1 6.3 5.3 7.7 5.7	2,303 2,066 1,931 1,929 1,855 1,819 1,206 1,979 2,000 1,726	7.2 6.9 6.1 7.0 5.9 6.0 6.5 8.1 5.3 5.2	5.7 6.5 7.1 5.5 8.5 10.8 9.2 8.7 10.2 9.7	15.7 15.5 15.5 16.4 13.9 12.6 14.3 13.8 12.8 12.2	1,350 1,262 1,256 1,161 1,058 1,006 720 1,197 1,280 1,121	16.1 18.7 16.0 17.8 14.8 14.2 14.7 15.1 12.6 13.9	17.1 16.6 15.7 15.6 14.2 13.5 13.9 13.7 10.5 11.1	1,919 1,716 1,632 1,586 1,472 1,383 868 1,646 1,719 1,509	10.7 12.3 11.5 11.5 11.4 10.4 9.8 11.8 10.8

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

### 2011 Pediatric Nutrition Surveillance (1) North Carolina

#### Summary of Trends in Growth and Anemia Indicators by Race/Ethnicity Children Aged < 5 Years (2)

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	Sumi	mary of 1	rends ir	n Growt	h and Ar	nemia In	dicato	rs by F	Race/Eth	nicity (3)			
Race/Ethnicity and Year		E	Birthweight	(4)			Heigh	t and We	ight (5,6)			Anei	mia
			Low	High		Short Stature	Under- weight	Obese	Oven	≥ 2 Yrs weight and Obe	ese	Low H	b/Hct
		Number	% <2500 g	% >4000 g	Number	%	%	%	Number	% Overweight	% Obese	Number	%
Asian/Pacific Islander	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	928 829 794 797 797 725 662 984 1,237 699	9.2 7.2 8.8 7.8 9.7 9.4 8.8 7.7 6.9 7.3	5.9 4.2 5.2 5.3 4.4 5.9 5.1 6.2 6.0 6.3	3,060 2,770 2,600 2,340 2,188 2,032 1,881 2,716 4,099 2,134	7.4 8.1 8.0 9.1 8.8 8.3 7.7 8.0 6.3 8.2	7.5 7.4 8.9 7.1 7.4 7.9 8.3 8.5 7.0 8.4	10.8 9.9 10.1 10.6 9.2 10.5 11.5 12.7 13.6 11.8	1,413 1,283 1,224 1,065 999 964 872 1,126 1,699 981	13.8 15.0 14.0 15.5 13.2 16.7 17.2 14.3 16.0 13.8	10.4 10.3 10.4 12.1 10.8 10.8 14.2 15.6 15.3 13.3	2,331 2,125 1,971 1,816 1,660 1,484 1,178 2,054 3,313 1,665	15.4 14.9 13.7 12.0 11.9 11.3 9.3 10.4 8.6 9.2
Multiple Races	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	0 0 0 0 0 0 0	* * * * * * * * * * * *	* * * * * * * * * * * *	0 0 0 0 0 0 0 0	* * * * * * * * * * * *	* * * * * * * * * * * * *	* * * * * * * * * * * *	0 0 0 0 0 0 0	* * * * * * * * * * * *	* * * * * * * * * * * * * *	0 0 0 0 0 0 0	* * * * * * * * * * * *

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

\* Percentages are not calculated if < 100 records are available for analysis after exclusions.

### **North Carolina**

Summary of Trends in Growth and Anemia Indicators by Race/Ethnicity Children Aged < 5 Years (2)

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Race/Ethnicity and Year		Е	Birthweight	(4)			Height and Weight (5,6)						
			Low	High		Short Stature	Under- weight	Obese	Overw	≥ 2 Yrs ⁄eight and Obe	ese	Anen Low Hb (7)	o/Hct
		Number	% <2500 g	% >4000 g	Number	%	%	%	Number	% Overweight	% Obese	Number	%
All Other/Unknown	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	162 620 531 670 380 304 9,113 0 0	8.6 10.0 9.6 8.2 11.3 7.9 8.3	8.0 6.0 7.3 5.4 8.2 8.6 6.4	920 2,266 1,995 1,761 1,234 1,038 52,774 0 0	5.8 5.4 5.7 6.7 6.9 5.7 5.3	5.4 6.5 6.3 7.3 6.2 6.5 5.3	14.3 12.5 10.0 11.2 12.2 14.5 14.2	449 1,045 830 658 556 473 25,066 0	15.8 18.1 17.2 17.3 17.6 14.4 15.5	14.7 14.5 12.0 12.8 14.4 17.1 14.4	744 1,582 1,295 977 808 627 48,999 0 0	17.7 16.4 15.0 8.2 10.0 6.9 12.1
Total All Race/Ethnic Groups	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	54,086 54,076 57,396 61,064 60,884 58,519 54,813 63,940 53,434 44,008	9.7 9.8 9.9 9.8 9.9 9.7 9.8 9.8 9.9	6.7 6.5 6.5 6.5 6.7 6.8 7.1 7.2 7.0	205,721 208,743 212,200 202,990 185,665 173,436 168,930 169,930 158,708 146,540	6.1 6.0 5.9 6.0 6.2 6.2 5.9 6.1 6.1 5.9	6.6 6.8 6.8 7.2 7.5 7.3 7.9 7.8 7.7	13.6 13.8 13.9 14.2 13.7 13.8 13.7 13.8 13.5 13.5	103,874 105,392 104,323 96,381 85,511 80,161 81,449 78,020 75,206 71,200	16.2 16.2 15.9 16.3 15.9 15.7 15.8 15.8 15.5	15.4 15.5 15.2 15.7 15.3 15.4 14.7 14.9 14.5	162,946 164,526 163,488 154,344 140,180 128,357 129,106 133,569 128,056 123,382	14.7 13.8 13.4 12.5 13.4 12.2 11.6 11.7 11.8

<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the analysis.

<sup>(5)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(6)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>(7)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis. Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 19C **2011 Pediatric Nutrition Surveillance** (1)

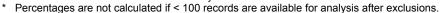
#### **North Carolina**

#### Summary of Trends in Breastfeeding Indicators by Race/Ethnicity Children Aged < 5 Years (2)

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S	Summary of Tren	ds in Brea	stfeeding In	dicators by	/ Race/Ethnic	city (3)	
Race/Ethnicity and Year							
		Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months
White, Not Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	22,854 21,998 23,216 23,779 23,661 23,447 19,084 27,458 23,708 19,351	63.3 60.8 59.4 58.4 55.8 55.1 52.6 52.4 52.2 50.4	9,117 8,245 8,948 8,607 8,058 7,523 2,672 8,003 9,193 7,147	20.4 18.0 15.9 15.8 15.8 15.0 16.6 14.6 18.4	12,877 12,783 13,187 12,968 11,384 10,701 5,378 11,655 12,451 10,250	15.0 12.7 11.4 11.0 10.9 11.0 11.1 11.1 12.7 10.8
Black, Not Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	18,538 18,346 19,260 20,293 20,420 19,645 15,012 21,783 18,255 15,175	53.7 52.6 50.0 49.4 47.5 46.4 43.1 41.4 40.8 40.6	7,466 7,083 7,067 7,583 6,901 6,348 2,205 6,406 6,499 6,345	15.3 14.5 12.4 12.3 10.9 10.7 11.8 10.0 10.6 10.0	11,754 11,832 11,661 11,900 10,275 9,345 4,725 10,108 9,905 9,630	12.4 10.7 9.3 8.6 8.3 7.9 9.3 8.4 8.1 7.9

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.





<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

# Table 19C 2011 Pediatric Nutrition Surveillance (1)

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North Carolina

Summary of Trends in Breastfeeding Indicators by Race/Ethnicity Children Aged < 5 Years (2)

Sum	mary of Tren	ds in Brea	stfeeding In	dicators by	Race/Ethnic	city (3)				
Race/Ethnicity and Year		Breastfeeding (4)								
		Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months			
Hispanic	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	11,638 12,369 13,759 15,252 15,239 14,075 10,669 13,410 9,851 8,576	77.2 75.4 76.8 77.4 77.0 76.1 73.6 74.1 74.9 72.6	5,869 5,925 6,601 6,850 6,560 5,803 2,012 5,069 2,529 4,253	37.1 38.7 40.1 38.1 37.1 35.5 36.2 36.4 38.5 34.9	8,884 10,000 10,555 11,006 9,427 8,396 3,963 8,041 4,458 6,325	30.1 31.1 29.9 28.1 27.8 27.9 30.3 29.5 29.9 26.5			
American Indian/Alaska Native	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	556 456 430 611 727 755 568 752 776 584	55.0 44.5 47.0 44.8 41.4 38.0 31.7 36.6 35.3 37.2	217 154 117 147 178 139 26 125 133 110	17.1 16.2 13.7 13.6 9.6 8.6 * 8.0 11.3	343 262 220 257 247 214 78 241 208 178	14.3 9.2 11.4 7.4 3.2 7.0 * 9.5 11.1 5.6			



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

### Table 19C

#### **2011 Pediatric Nutrition Surveillance** (1) **North Carolina**

#### Summary of Trends in Breastfeeding Indicators by Race/Ethnicity Children Aged < 5 Years (2)

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s	ummary of Tren	ds in Brea	stfeeding In	dicators by	/ Race/Ethnic	ity <sup>(3)</sup>					
Race/Ethnicity and Year		Breastfeeding (4)									
		Number	% Ever Breastfed	Number	% Breastfed At Least 6 Months	Number	% Breastfed At Least 12 Months				
Asian/Pacific Islander	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	947 836 813 805 803 738 667 1,003 1,262 706	64.3 62.0 63.6 58.8 57.7 52.7 58.8 52.8 59.0 53.7	384 313 295 304 302 228 137 385 823 286	28.9 29.1 20.7 19.7 17.5 15.8 25.5 21.3 31.5	540 510 426 443 381 311 226 595 1,057 409	22.4 21.0 15.7 18.7 11.0 14.1 15.9 18.5 26.4 13.7				
Multiple Races	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	0 0 0 0 0 0 0 0	* * * * * * * * * *	0 0 0 0 0 0 0 0	* * * * * * * * *	0 0 0 0 0 0 0	* * * * * * * * * * *				



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

### Table 19C 2011 Pediatric Nutrition Surveillance (1)

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#### North Carolina

#### Summary of Trends in Breastfeeding Indicators by Race/Ethnicity Children Aged < 5 Years (2)

Summary of Trends in Breastfeeding Indicators by Race/Ethnicity (3) Breastfeeding Race/Ethnicity and Year (4) Number % Number % Number Ever Breastfed Breastfed Breastfed At Least At Least 6 Months 12 Months All Other/Unknown 2011 164 72.0 147 29.9 188 16.5 2010 626 78.0 247 33.2 399 22.8 2009 538 70.3 233 26.2 406 20.4 2008 674 81.5 171 31.6 264 25.0 384 77.9 142 2007 29.6 192 17.7 307 75.6 2006 111 30.6 125 19.2 2005 9,236 50.5 12,648 18.8 13,942 14.7 2004 0 0 0 2003 0 0 0 0 0 0 2002 Total All Race/Ethnic Groups 2011 23,200 23.2 34,586 54,697 63.0 18.1 21,967 2010 54,631 61.4 22.8 35,786 17.4 2009 58,016 60.5 23,261 21.9 36,455 16.2 2008 61,414 60.3 23,662 21.3 36,838 15.5 2007 61,234 58.3 22,141 20.6 31,906 15.0 2006 58.967 29.092 57.1 20.152 19.6 14.9 2005 55,236 53.6 19,700 19.6 28,312 15.3 53.0 2004 64,406 19,988 18.7 30,640 15.2 2003 53,852 52.4 19,177 18.9 28,079 14.3 2002 44,392 51.2 18,141 17.7 26,792 13.5



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Infants born during the reporting period included in the Ever Breastfed analysis. Infants who turned 6 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 6 Months analysis. Children who turned 12 months of age during the reporting period by/on their date of visit included in the Breastfed At Least 12 Months analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 20C 2011 Pediatric Nutrition Surveillance North Carolina

Summary of Trends in Growth Indicators by Age Children Aged < 5 Years (2) Page: 34 Run Date: 3 / 13 / 12

				Su	mmary	of Tren	ds in G	rowth Indicators	by Age	<b>e</b> (3)					
Age and Year *			Height a	and We	ight (4,5)			Age and Year *			Height a	and Wei	ght (4,5)		
		Short Stature	Under- weight		Ov	≥ 2 Yrs ⁄erweight and Obese	i			Short Stature	Under- weight	Obese	Ov	≥ 2 Yrs verweight an Obese	d
	Number	%	%	%	Number	% Overweight	% Obese		Number	%	%	%	Number	% Overweight	% Obese
0 - 11 Months								24 - 35 Months							
2011	50,840	9.0	17.1	10.1	0	*	*	2011	38,625	4.5	4.8	13.3	38,625	15.1	13.3
2010	51,754	9.2	16.0	10.3	0	*	*	2010	39,710	4.5	5.1	13.9	39,710	15.5	13.9
2009	55,567	8.9	15.7	11.0	0	*	*	2009	40,527	4.4	5.4	13.1	40,527	15.3	13.1
2008	55,152	8.5	15.9	10.9	0	*	*	2008	37,347	4.5	5.1	13.9	37,347	15.4	13.9
2007	55,142	8.9	15.9	10.6	0	*	*	2007	32,871	4.6	5.3	13.7	32,871	14.9	13.7
2006	51,916	8.8	16.2	10.8	0	*	*	2006	30,497	4.5	5.9	13.7	30,497	15.0	13.7
2005	47,329	8.5	15.8	11.0	0	*	*	2005	30,716	4.5	5.7	13.3	30,716	15.1	13.3
2004	51,057	7.9	17.2	10.6	0	*	*	2004	29,731	4.7	5.8	13.5	29,731	15.2	13.5
2003	44,958	8.0	17.2	10.6	0	*	*	2003	29,027	4.8	6.0	13.2	29,027	15.1	13.2
2002	38,241	7.9	16.7	10.3	0	*	*	2002	27,288	4.5	6.5	12.7	27,288	14.1	12.7
12 - 23 Months								36 - 47 Months							
2011	51,007	7.1	1.1	13.6	0	*	*	2011	34,868	4.0	4.2	16.2	34,868	16.4	16.2
2010	51,597	6.7	1.1	13.9	0	*	*	2010	35,069	4.1	4.9	15.6	35,069	16.0	15.6
2009	52,310	6.6	1.0	14.6	0	*	*	2009	33,880	4.1	5.1	15.7	33,880	15.9	15.7
2008	51,457	6.9	1.0	14.8	0	*	*	2008	31,466	4.2	4.6	16.4	31,466	16.4	16.4
2007	45,012	6.8	1.1	14.4	0	*	*	2007	27,889	4.3	5.0	16.0	27,889	16.0	16.0
2006	41,359	6.6	1.2	14.7	0	*	*	2006	26,360	4.4	5.2	16.0	26,360	15.6	16.0
2005	40,152	6.6	1.2	14.9	0	*	*	2005	26,619	4.1	5.7	15.2	26,619	15.7	15.2
2004	40,853	6.9	1.1	15.5	0	*	*	2004	25,572	4.6	5.9	15.3	25,572	15.6	15.3
2003	38,544	7.2	1.1	15.1	0	*	*	2003	24,531	4.6	5.7	14.9	24,531	15.2	14.9
2002	37,099	7.1	1.2	15.3	0	*	*	2002	22,918	4.5	6.7	13.9	22,918	14.4	13.9



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(5)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 20C 2011 Pediatric Nutrition Surveillance North Carolina

Summary of Trends in Growth Indicators by Age Children Aged < 5 Years (2) Page: 35 Run Date: 3 / 13 / 12

				Su	mmary	of Tren	ds in
Age and Year *			Height a	and We	ight (4,5)		
		Short Under- Obes Stature weight			Ov	≥ 2 Yrs verweight and Obese	d
	Number	%	%	%	Number	% Overweight	% Obese
48 - 59 Months							
2011	30,381	3.6	3.6	17.1	30,381	17.2	17.1
2010	30,613	3.4	3.8	17.6	30,613	17.3	17.6
2009	29,916	3.2	4.0	17.4	29,916	16.9	17.4
2008	27,568	3.6	3.9	17.3	27,568	17.3	17.3
2007	24,751	3.8	4.0	16.7	24,751	17.2	16.7
2006	23,304	3.7	4.2	16.9	23,304	16.7	16.9
2005	24,114	3.6	4.4	16.0	24,114	16.9	16.0
2004	22,717	3.9	4.5	16.4	22,717	16.8	16.4
2003	21,648	3.9	4.8	15.7	21,648	16.2	15.7
2002	20,994	3.9	5.2	14.9	20,994	15.9	14.9
Total All Age Groups							
2011	205,721	6.1	6.6	13.6	103,874	16.2	15.4
2010	208,743	6.0	6.6	13.8	105,392	16.2	15.5
2009	212,200	5.9	6.8	13.9	104,323	15.9	15.2
2008	202,990	6.0	6.8	14.2	96,381	16.3	15.7
2007	185,665	6.2	7.2	13.7	85,511	15.9	15.3
2006	173,436	6.2	7.5	13.8	80,161	15.7	15.4
2005	168,930	5.9	7.3	13.7	81,449	15.8	14.7
2004	169,930	6.1	7.9	13.8	78,020	15.8	14.9
2003	158,708	6.1	7.8	13.5	75,206	15.5	14.5
2002	146,540	5.9	7.7	13.2	71,200	14.7	13.7

Gr	owth Indicators	by Ag	<b>e</b> (3)					
	Age and Year *			Height a	and Wei	ght (4,5)		
			Short Stature	Under- weight	Obese	O	≥ 2 Yrs verweight and Obese	d
		Number	%	%	%	Number	% Overweight	% Obese



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 2006 WHO growth chart percentiles for children under 2 years of age; short stature is defined as length-for-age <= 2.3rd percentile, underweight is defined as weight-for-length <= 2.3rd percentile, and high weight-for-length (labeled as "Obese") is defined as >= 97.7th percentile.

<sup>(5)</sup> Based on 2000 CDC growth chart percentiles for children 2 years of age and older; short stature is defined as height-for-age < 5th percentile, underweight is defined as BMI-for-age < 5th percentile, overweight is defined as BMI-for-age >= 85th to < 95th percentile, and obesity is defined as >= 95th percentile.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

# Table 21C 2011 Pediatric Nutrition Surveillance (1) North Carolina

# North Carolina Summary of Trends in Anemia by Age Children Aged < 5 Years (2)

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		Summa	ary of Tr	nds in	Anemia by Age	e <sup>(3)</sup>		
Age and Year		Anemia Low Hb/Hct (4)			Age and Year		Anem Low Hb	nia /Hct (4)
		Number	%				Number	%
6 - 11 Months					18 - 23 Months			
0 - 11 Months	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	10,265 9,325 11,563 11,199 12,268 11,508 11,141 10,956 11,371 11,411	19.1 18.3 18.1 16.6 18.4 16.0 15.0 15.5 15.0		10 - 20 Montais	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	21,535 23,175 23,482 22,179 19,847 17,857 16,977 17,539 17,130 16,779	17.0 16.6 15.3 13.8 15.4 14.2 13.6 13.0 13.3
12 - 17 Months	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	31,661 30,229 29,817 30,079 26,587 23,458 23,047 25,656 23,206 22,544	19.9 19.1 18.0 16.1 18.1 15.5 14.0 14.2 13.8 13.8		24 - 35 Months	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	39,456 41,004 40,901 37,906 33,627 31,297 29,598 30,442 29,778 28,153	14.8 13.9 13.5 13.0 13.3 12.5 13.1 13.1 13.0 12.9



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.

#### Table 21C **2011 Pediatric Nutrition Surveillance** (1)

#### **North Carolina** Summary of Trends in Anemia by Age

Children Aged < 5 Years (2)

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> Anemia Low Hb/Hct (4)

		Summa	ary of Tr	ends i	n Anemia by Age <sup>(3</sup>	)
Age and Year		Anem Low Hb	nia /Hct (4)		Age and Year	
		Number	%			
36 - 59 Months	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	60,029 60,793 57,725 52,981 47,851 44,237 48,343 48,976 46,571 44,495	10.2 9.3 9.2 8.7 8.8 8.5 8.2 8.3 8.6 8.5		2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	20 20 20 20 20 20 20 20 20 20 20 20 20 2
All Other/Unknown	2011 2010 2009 2008 2007 2006 2005 2004 2003 2002	0 0 0 0 0 0	* * * * * * * * *			

		Number	%
Total All Age Groups			
rotal / til / tgc Oloups	2011	162,946	14.7
	2010	164,526	13.8
	2009	163,488	13.4
	2008	154,344	12.5
	2007	140,180	13.4
	2006	128,357	12.2
	2005	129,106	11.6
	2004	133,569	11.7
	2003	128,056	11.8
	2002	123,382	11.7



<sup>(1)</sup> Reporting period is January 1 through December 31.

<sup>(2)</sup> Analyses based on one record per child.

<sup>(3)</sup> Excludes records with unknown data or errors.

<sup>(4)</sup> Based on 1998 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States", altitude adjusted, children 6 months of age and older included in the analysis.

<sup>\*</sup> Percentages are not calculated if < 100 records are available for analysis after exclusions.