

## FY12 Agreement Addenda Section III: WIC Deliverable #4 - Promote Healthy Weights

### 4B. b. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained Excessive Weight based on the National Academy of Sciences-Institute of Medicine Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC Program Services during the time period indicated

County/District Health Department	CY01-CY03	CY04-CY06	CY07-CY09	% Change from first 3-year period to most recent 3-year period	CY2009		
					Numerator #	Denominator #	%
Alamance County	47.6%	47.3%	44.9%	-5.6%	327	710	46.1%
Albemarle Regional Health Services	44.4%	44.2%	44.0%	-0.9%	240	533	45.0%
Alexander County	45.7%	46.5%	49.6%	8.6%	101	191	52.9%
Anson County	45.7%	47.4%	47.7%	4.3%	85	186	45.7%
Appalachian District	46.4%	48.0%	49.0%	5.5%	138	281	49.1%
Beaufort County	48.5%	45.8%	43.8%	-9.6%	142	314	45.2%
Bladen County	44.0%	45.5%	43.7%	-0.8%	118	255	46.3%
Brunswick County	47.8%	50.1%	48.4%	1.3%	77	181	42.5%
Buncombe County	45.4%	46.4%	48.4%	6.5%	617	1,224	50.4%
Burke County	42.6%	42.1%	42.0%	-1.3%	208	513	40.5%
Cabarrus County	43.6%	46.3%	45.4%	4.2%	418	940	44.5%
Caldwell County	49.8%	51.8%	51.8%	4.1%	260	509	51.1%
Carteret County	52.8%	52.2%	49.9%	-5.6%	79	174	45.4%
Caswell County	43.9%	46.5%	41.6%	-5.1%	44	102	43.1%
Catawba County	44.5%	39.2%	34.0%	-23.6%	344	931	36.9%
Chatham County	47.6%	47.8%	43.1%	-9.4%	104	212	49.1%
Cherokee County	46.2%	47.0%	47.0%	1.8%	58	155	37.4%
Clay County	52.0%	51.8%	51.8%	-0.4%	28	59	47.5%
Cleveland County	46.9%	48.5%	40.9%	-12.8%	240	615	39.0%
Columbus County	47.6%	45.1%	44.7%	-6.0%	180	406	44.3%
Craven County	48.3%	49.2%	45.9%	-4.9%	320	677	47.3%
Cumberland County	50.8%	51.3%	52.1%	2.5%	1,459	2,875	50.7%
Dare County	46.4%	44.2%	35.6%	-23.3%	48	143	33.6%
Davidson County	49.2%	46.4%	42.1%	-14.3%	370	833	44.4%
Davie County	45.7%	47.9%	47.1%	3.0%	76	183	41.5%
Duplin County	38.2%	42.0%	39.4%	3.1%	115	280	41.1%
Durham County	42.3%	38.5%	43.7%	3.4%	600	1,356	44.2%
Edgecombe County	37.3%	38.2%	42.2%	13.2%	108	288	37.5%
Forsyth County	42.3%	42.2%	45.1%	6.4%	998	2,182	45.7%
Franklin County	40.0%	42.6%	42.5%	6.3%	130	298	43.6%
Gaston County	48.9%	46.3%	44.0%	-10.1%	623	1,438	43.3%
<b>North Carolina</b>	<b>46.4%</b>	<b>46.3%</b>	<b>45.7%</b>	<b>-1.3%</b>	<b>21,817</b>	<b>47,344</b>	<b>46.1%</b>

\* Excessive total prenatal weight gain by prepregnancy weight category is > 40 lbs. for underweight women (BMI < 18.5); > 35 lbs. for normal weight women (BMI 18.5 to 24.9); >25 lbs. for overweight women (BMI 25 to 29.9); and >20 lbs for obese women (BMI >= 30).

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County/District Health Department	CY01-CY03	CY04-CY06	CY07-CY09	% Change from first 3-year period to most recent 3-year period	CY2009		
					Numerator #	Denominator #	%
Graham County	53.6%	51.9%	57.9%	8.1%	33	56	58.9%
Granville-Vance District	38.7%	41.1%	42.9%	10.8%	258	609	42.4%
Greene County	42.8%	38.8%	39.8%	-7.1%	59	145	40.7%
Guilford County	51.7%	48.8%	49.3%	-4.6%	1,162	2,290	50.7%
Halifax County	46.8%	47.0%	46.8%	-0.2%	183	413	44.3%
Harnett County	45.1%	47.8%	49.1%	9.0%	320	688	46.5%
Haywood County	50.9%	48.8%	51.5%	1.2%	182	336	54.2%
Henderson County	44.7%	44.8%	46.3%	3.5%	153	338	45.3%
Hertford County	46.5%	50.8%	45.2%	-2.7%	89	188	47.3%
Hoke County	45.4%	49.9%	46.5%	2.5%	113	234	48.3%
Hyde County	41.1%	56.2%	44.4%	8.3%	7	19	36.8%
Iredell County	46.3%	49.5%	49.2%	6.4%	406	814	49.9%
Jackson County	50.5%	53.5%	51.5%	2.0%	106	216	49.1%
Johnston County	37.6%	44.8%	44.5%	18.4%	333	684	48.7%
Jones County	41.5%	46.4%	49.1%	18.2%	31	76	40.8%
Lee County	41.9%	45.2%	46.3%	10.5%	138	332	41.6%
Lenoir County	44.1%	48.5%	45.9%	4.1%	142	342	41.5%
Lincoln County	50.8%	49.6%	47.4%	-6.7%	180	391	46.0%
Macon County	49.5%	45.9%	44.2%	-10.8%	56	126	44.4%
Madison County	43.1%	50.3%	48.3%	12.0%	54	116	46.6%
Martin-Tyrrell-Washington District	41.2%	43.8%	43.5%	5.5%	147	343	42.9%
Mecklenburg County	48.5%	49.0%	47.7%	-1.7%	1,949	3,969	49.1%
Montgomery County	43.6%	46.7%	43.1%	-1.1%	88	202	43.6%
Moore County	54.4%	51.4%	53.9%	-0.9%	197	373	52.8%
Nash County	47.1%	44.1%	40.2%	-14.6%	273	665	41.1%
New Hanover County	48.9%	49.4%	48.8%	-0.1%	169	369	45.8%
Northampton County	48.8%	51.2%	49.5%	1.5%	64	140	45.7%
Onslow County	48.7%	48.8%	49.5%	1.7%	762	1,618	47.1%
Orange County	49.3%	52.5%	49.1%	-0.3%	160	345	46.4%
Pamlico County	49.2%	53.2%	47.2%	-4.0%	35	77	45.5%
Pender County	50.1%	45.3%	48.6%	-3.2%	106	215	49.3%
<b>North Carolina</b>	<b>46.4%</b>	<b>46.3%</b>	<b>45.7%</b>	<b>-1.3%</b>	<b>21,817</b>	<b>47,344</b>	<b>46.1%</b>

\* Excessive total prenatal weight gain by prepregnancy weight category is > 40 lbs. for underweight women (BMI < 18.5); > 35 lbs. for normal weight women (BMI 18.5 to 24.9); >25 lbs. for overweight women (BMI 25 to 29.9); and >20 lbs for obese women (BMI >= 30).

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County/District Health Department	CY01-CY03	CY04-CY06	CY07-CY09	% Change from first 3-year period to most recent 3-year period	CY2009		
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Person County	50.7%	44.2%	48.1%	-5.1%	122	246	49.6%
Pitt County	44.5%	45.4%	47.2%	6.1%	476	973	48.9%
Randolph County	51.5%	52.4%	48.8%	-5.2%	366	766	47.8%
Richmond County	52.4%	49.5%	48.1%	-8.3%	164	349	47.0%
Robeson County	44.2%	41.2%	43.1%	-2.4%	509	1,162	43.8%
Rockingham County	47.4%	48.1%	49.3%	4.2%	116	226	51.3%
Rowan County	46.5%	45.5%	45.6%	-1.8%	359	800	44.9%
Rutherford-Polk-McDowell District	40.0%	37.0%	41.9%	4.7%	291	670	43.4%
Sampson County	47.5%	48.6%	50.3%	5.7%	250	483	51.8%
Scotland County	47.7%	47.6%	46.5%	-2.5%	107	212	50.5%
Stanly County	42.6%	41.2%	44.4%	4.2%	178	386	46.1%
Stokes County	49.0%	52.3%	54.1%	10.3%	89	176	50.6%
Surry County	49.3%	52.3%	53.0%	7.5%	148	315	47.0%
Swain County	51.9%	49.5%	57.8%	11.5%	55	107	51.4%
Toe River District	43.2%	42.7%	46.3%	7.3%	102	231	44.2%
Transylvania County	45.2%	51.0%	47.8%	5.7%	78	155	50.3%
Union County	39.8%	43.0%	40.0%	0.4%	280	658	42.6%
Wake County	42.0%	42.1%	40.0%	-4.7%	712	1,687	42.2%
Warren County	41.9%	45.5%	40.7%	-2.9%	62	150	41.3%
Wayne County	47.1%	46.8%	43.4%	-8.0%	257	623	41.3%
Wilkes County	51.7%	46.0%	37.7%	-27.1%	146	380	38.4%
Wilson County	39.5%	40.6%	39.1%	-1.0%	246	605	40.7%
Yadkin County	44.8%	47.5%	47.0%	5.1%	94	211	44.5%

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Alleghany	45.3%	43.5%	55.9%	23.4%	27	47	57.4%
Ashe	44.3%	45.3%	45.9%	3.6%	67	144	46.5%
Avery	45.0%	44.9%	45.3%	0.8%	38	88	43.2%
Bertie	45.9%	49.3%	47.1%	2.6%	77	145	53.1%
Camden	45.6%	33.3%	48.0%	5.3%	21	44	47.7%
Chowan	39.7%	43.8%	43.0%	8.2%	36	90	40.0%
Currituck	52.8%	47.9%	45.0%	-14.7%	24	55	43.6%
Gates	46.7%	43.9%	40.0%	-14.3%	9	24	37.5%
Granville	37.8%	38.7%	45.6%	20.6%	130	297	43.8%
Martin	38.3%	43.3%	41.7%	8.9%	76	185	41.1%
McDowell	39.7%	34.9%	43.1%	8.5%	127	272	46.7%
Mitchell	45.5%	37.6%	49.6%	9.1%	41	83	49.4%
Pasquotank	43.3%	42.6%	42.7%	-1.3%	57	126	45.2%
Perquimans	42.9%	38.5%	37.2%	-13.4%	16	49	32.7%
Polk	40.7%	38.9%	46.4%	14.0%	36	73	49.3%
Rutherford	40.1%	38.9%	40.1%	0.1%	128	325	39.4%
Tyrrell	44.0%	42.6%	44.4%	1.1%	14	37	37.8%
Vance	39.5%	44.8%	40.4%	2.2%	128	312	41.0%
Washington	45.5%	44.8%	45.7%	0.5%	57	121	47.1%
Watauga	48.5%	51.5%	49.9%	2.9%	44	90	48.9%
Yancey	39.7%	44.9%	43.8%	10.2%	23	60	38.3%

<b>North Carolina</b>	<b>46.4%</b>	<b>46.3%</b>	<b>45.7%</b>	<b>-1.3%</b>	<b>21,817</b>	<b>47,344</b>	<b>46.1%</b>
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